

THE LOOK AHEAD

Reviewing the Extension Program for 1961 on the basis of contribution to better homemaking, rural living, improved practices change of skills and attitudes and improved people the program was very successful. It is probably significant that the majority of the request for assistance involved some phase of home improvement foods and nutrition, clothing, safety, care of electrical appliances and family life.

Limitations affecting the program included lack of school for space to have programs meeting and etc. A great number of 4-H Club members and leaders have moved out of the County in order to attend school.

In light of these facts, in strengthening the Extension Program for 1962 more emphasis should be placed on 4-H club work. Therefore, more leaders must be trained in both home demonstration and 4-H club work. We must organize a leaders association.

It is the agents opinion that progress was made and the results of the program should result in better homemaking, better rural living and improved people over the entire County.

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- a. County workers; by accepting and respecting their ideas and by planning together when practical.
- b. General public: by informing the public about services offered by the Extension program through exhibits and displays. By inviting them to participate in Extension programs.
- c. Professional Workers; by participating in other professional meetings, presenting the Extension facts and by becoming a member of civil and business organizations when practical.

PROFESSIONAL IMPROVEMENT

For professional improvement, the agent kept up to date on recent information available in professional and subject matter magazines and participated in annual in-service training programs, work shops and educational conferences as provided by specialists and district agents. Such programs provide new teaching methods, new practices and subject matter and an opportunity for self-evaluation.

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area we feel that Mrs. Amanda Carter a member of the New Hope Home Demonstration Club has made the most outstanding accomplishments this year.

Mrs. Carter have been a member of the home demonstration club for the past three years. She is an active member. In putting some of the things into practice this year they installed water under pressure.

A. FOR SPECIAL CONSIDERATION

- = Significant achievement of Extension work in
Home Economics.

PROBLEM

To enable more farm families to appreciate good living by making certain home improvements. This includes water, bathrooms, installation of telephones and homeground beautification. In order to solve these problems the following methods were used.

1. Home demonstration club meeting
2. Visitations and personal recommendations.
3. Printed and related materials.

As a result seven homes have installed running water and baths. More than five homes have been remodeled, painted and grounds beautified. More people are enjoying better family living.

PUBLIC RELATIONS

Progress has been made towards developing good relationship with

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	1959	1960	1961
a. County Agricultural Extension Service Board	<u>25</u>	<u>26</u>	<u>26</u>
b. Youth Council	---	---	---
c. Home Economics Council	---	---	---

2. Home Demonstration Club Leadership (Give in table below)

	1957	1958	1959	1960	1961
No. organizational leaders	12	18	19	18	
No. project leaders (subject matter)	0	6	6	8	
No Federation program of work chairmen	0	0	0	1	
No. program development leaders	0	0	2	4	
No. result demonstrators	0	0	0	5	
No. training meetings by specialists	1	3	4	3	
No. training meetings by dist. agents	0	4	4	3	
No. training meetings by agents	0	0	0	5	
No. training meetings by others	0	0	0	0	
Attendance at all training meetings	0	0	47	35	
No. Meetings held without an agent	0	3	4	2	
No. Meetings leaders assisted	0	0	6	9	
Demonstrations by leaders	0	0	6	9	
Talks and discussions by leaders	0	0	13	62	

3. 4-H Club Leadership (Give in table below)

	1957	1958	1959	1960	1961
No. club officers		10	32	56	56
No. adult project leaders		4	14	14	18
No. junior project leaders		4	6	6	6
No. training meetings by specialist		0	0	0	0
No. training meetings by dist. agents		0	0	0	0
No. training meetings by agent		0	4	4	3
No. training meetings by members club dept.		0	0	0	0
No. training meetings by others		0	0	0	0
Total attendance at ldr. tr. meetings		0	0	0	0
No. 4-H leaders trained individually		0	0	12	12
No. club mtgs. held by ldr. without agent		0	0	4	3
No attitional meetings at which leaders assisted		0	1	4	9
No. demonstrations given by adult ldrs.		0	0	4	5
No. demonstrations given by junior ldrs.		0	0	0	1

LEADERSHIP

Through the years the development of leadership has received major emphasis throughout Prince Edward County. However, in this

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	1957	1958	1959	1960	1961
Membership			13	13	13
No. 4-H Clubs		4	9	7	9
Membership		127	426	182	197
No. YMW					1
Membership					10
No. Community Clubs					
Membership					
No Home Ec. Committees					
No. General Interest Committees					1
No. Youth Committees					1
No. Other Organizations					
No. Farm & Home Dev. Families				5	9
No. Other Families Reached					
No Different Families Reached		173	272	273	275

*Report all groups that met 3 or more times a year.

The scope of work was increased and the public was informed about the home demonstration work in many ways such as circular letter, news articles and special interest activities. Programs and announcements were made in the different churches. Home visits were also made and movies, filmstrips and slides were shown.

LEADERSHIP

A. Over-all program leaders

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2. NATIONAL 4-H CLUB WEEK

OBJECTIVES:

1. To acquaint the public with 4-H activities.
2. To emphasize youth leadership by providing opportunity for 4-H members to participate.

A 4-H Junior Council was organized. 4-H members 3 bulletins boards at the training centers. A talk was given on the Importance of National 4-H Club Week.

3. 4-H SHORT COURSE

Three boys attended the Short Course at Virginia State College. The purpose for attending the Short Course was;

1. To create more interest in 4-H club work.
2. To be able to tell other boys and girls about opportunities in 4-H clubs and medals received and to provide opportunity for association with other 4-H members on a state wide basis.

	1957	1958	1959	1960	1961
No H. D. Clubs		4	6	6	7
Membership		31	91	95	103
No H. D. Groups *(unorganized)			2	1	1

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roundings of the homes. Club members and leaders made trash barrels.

C. OTHER ACTIVITIES

1. RURAL LIFE SUNDAY

OBJECTIVES:

1. To teach 4-H club members their responsibility to the church.
2. To teach the true meaning of worship in everyday living.

METHODS:

The 4-H club members leaders and agents planned a county-wide program with a panel discussion. A member from each club was on the panel. The Candle Lighting Ceremony followed at the end of the program. The pastors of the churches and church officials made it know that the 4-H clubs were priviledged to have this type of program or service at anytime.

RESULTS:

This activity provided good leadership as well as a learning experience for club members. It provided the general public to become better acquainted with the activities of the 4-H Clubs.

results were noted:

1. 4-H members practiced better grooming habits.
2. 4-H members have a better understanding of relationship between good food habits and good health.

III. SAFETY

OBJECTIVES:

1. To gain a better knowledge of how to practice good safety habits.
2. To gain a better knowledge of how accidents around and in the home can be prevented.

METHODS:

The method that we used in conducting this project were as follows:

1. 4-H leaders and club members conducted a clean up campaign for each club.
2. Group discussions
3. Safety materials received from the National Safety Council and visual aids.

RESULTS:

As a result all tin cans rubbish and and glass were removed from the sur-

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RESULT:

As a result of the selection of this project the following results were obtained.

1. 4-H Members secured and equipped sewing boxes properly.
2. Each club member made some small items such as aprons, pincushions potholders, dress and skirts.

II. HEALTH

OBJECTIVE:

To teach 4-H Members good health practices in order that they may become more aware of the need for better health.

METHODS:

The methods that were used in promoting better health habits were as follows:

1. Demonstrations by agent and 4-H leaders
2. Members keeping health check sheets
3. Talks and discussions with 4-H members by County nurse.
4. Visual aids

RESULTS:

As a result of teaching the importance of good health and ways by which good health practices could be maintained the following

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There are nine 4-H Clubs in Prince Edward County with 118 girls and 95 boys enrolled in agricultural and homemaking projects.

Assisting these members are eighteen 4-H voluntary leaders.

Some of the projects selected this year were as follows;

1. So you'd like to Sew
2. Looking your Best
3. Home Improvement
4. Health
5. Safety
6. Meal Preparation

B. 4-H PROJECT WORK

A planning meeting for 4-H leaders was held. After some of the problems were stated that are encountered by 4-H club members the project were chosen.

1. SO YOU'D LIKE TO SEW

OBJECTIVE:

To develop a better understanding of beginning skills of sewing.

METHOD:

Method demonstration and group discussions were conducted by leaders under the supervision of the Local Home Agent.

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1. How to landscape their lawns.
2. How to increase farm income.
3. How to grow and preserve sufficient food to last the entire year.
4. The best method to use in getting water under pressure in the home.
5. Choosing colors paints and furnishing.
6. Better homes.

Method used in assisting these families were farm and home visits, circular letters, related reading materials and through specialist help from VPI and Virginia State College.

TYPE OF ASSISTANCE GIVEN

Through home visits, the agents discussed ways in which the family could earn some additional income by growing additional grain to be marketed.

How to make and use a family budget and keep farm records. The main source of income is from tobacco but with proper crop rotation, soil testing and using the recommended variety of seed, gradual progress can be noted.

Robert Scott family took the suggestions that the agents gave them and they are doing a complete renovating to his house and plans are being made for landscaping the lawn after the house is completed.

II. COUNTY EXTENSION PROGRAM - YOUTH

A. ORGANIZATION - 4-H CLUB WORK

were as follows:

Blue Ribbon - New Hope Club "Steps In Making Hooked Rugs"

Red Ribbon - New Bethel Club

White Ribbon - Pamplin No I Club

Prizes were also awarded on canned products, handicrafts, bakery products, potted plants and on arrangement of cut flowers which were exhibited by both 4-H and Home Demonstration Members.

PROCEDURES FOR CARRYING OUT PROGRAM WITH URBAN FAMILIES

During the past year some families have said they would like to have a club organized here in Farmville. Because of the school situation some of these families have moved away. They are given an opportunity to attend the training meeting which are held for local leaders.

Namely - Color in kitchen and bedroom. Making slipcovers and finishes for garments.

By special request I work with them on an individual basis also, we keep them up to date through home visits, circular letters and by newspaper articles.

FARM AND HOME DEVELOPMENT WORK

Nine families have been given direct assistance during the past year through the farm and home development program. The families were: Mrs. Flossie White, Mrs. Elsie Venable, Mr. Leeman Allen, Mr. William Still, Mr. Russell Stiff, Mr. Moses Foster, Mr. Howard Thompson, Mr. Willie Jones, Mr. Sam Branch and Mr. Robert Scott.

The following problems were encountered:

54
32

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NATIONAL HOME DEMONSTRATION WEEK

The County highlighted the 14th annual observance of National Home Demonstration Week by twenty-one home demonstration club members attending the District Home Demonstration Committee Meeting on April 28 in Amherst County.

Taking a part in a church program and a county-wide program and Fashion Show and exhibit was held on May 5, at the First Baptist Church. The theme was "Today's Home Builds Tomorrows World".

Miss H. E. Ford, District Agent was the guest speaker.

The purpose of the week of special observance is to acquaint the general public with the educational programs that are available for families and for homemakers in particular, through Home Demonstration Work.

COUNTY WIDE PICNIC

For recreation and family fun a total of forth-eight Home Demonstration club members, friends and families met at Prince Edward Lake on August 16, for a day of relaxation and fun.

FIVE COUNTY FAIR

4-H and Home Demonstration club members participated in the Five County Fair here from the 11-17 of September.

Handicrafts, canned and bakery product, potted plants, arrangements of flowers and exhibits on project work were exhibited by members.

Home Demonstration Clubs winning prizes on project exhibit work

ments by doing this, they have more time to devote to other things also it helped to save time and energy.

MAKING SLIPCOVERS

OBJECTIVES:

1. To gain a better knowledge of how to make couch and covers in order to make old furniture appear new.
2. To change color schemes.

A training meeting for club leaders was conducted in the Reading Room of the Methodist Church. The demonstration was by, Miss Katherine Habel, Home Furnishing Specialist VPI, Blacksburg, Virginia.

The demonstration included the necessary steps and measurements to obtain the correct amount of material needed to slipcover a chair; also the different types of materials that can be used.

This project was conducted in the Mt. Carmel and New Bethel Home Demonstration Clubs. In the Mt. Carmel Club, we used a floral designed piece of fabric, and in the New Bethel Club we used a solid color.

In using these two different pieces of material it was easily brought out that the easiest material to use for persons who haven't made Slipcovers before is to use a solid color.

These two chairs are practically complete now.

As a result of the demonstration some of the members are going to make the slipcovers and draperies to match.

OTHER ACTIVITIES

arrangements to clarify the discussions on the different arrangements.

Flowers and materials were brought by individuals who attended the meeting.

The demonstration coupled with renewed interest in flowers should result in a movement towards better and more appropriate arrangements.

SIMPLE REFRESHMENTS

OBJECTIVE:

1. To be able to serve attractive and tasty refreshments at a minimum cost.

Knowing what to serve for parties or for club meetings was a problem to many of the homemakers.

Demonstration materials were sent to the Local Home Agent by Miss Mary Thompson, Food Specialist at VPI, Blacksburg, Virginia.

Demonstrations were given in each club by the agent assisted by club leaders. Each person was given the pamphlets on "Snacks and Simple Refreshments". From the demonstration conducted in each of the six clubs the members gained the following information:

1. All entertaining can be fun.
2. Snacks should be simple, attractive and not heavy enough to dull appetite for the next meal.
3. Snacks should be healthful, nutritious and not just something sweet.

Many of the club members have tried some of the recommended refresh-

be selecting paints and accessories.

SAFETY IN HOME SURROUNDINGS

OBJECTIVE:

To gain a better knowledge of how to make the home
"A Haven of Safety" and yet be attractive.

The method used in conducting this project was on an individual club basic. Bulletins and materials were collected and distributed. A safety check sheet was prepared by the agent and club leaders. Slides and pictures were used to help get the information over to the club members. A talk or discussion was given in each club by the Local Farm Agent, Mr. L. L. Blowe.

As a result of this project many of the homemakers made trash barrels and incinerators for burning trash and rubbish.

The selected slogan "A place for Everything" and "Everything in its Place".

This project was conducted by the Local Farm Agent because the Local Home Agent was sick when most of the demonstrations were given.

FLOWER ARRANGEMENT

THE OBJECTIVE FOR FLOWER ARRANGEMENT WAS:

1. To teach homemakers how to arrange flowers for the home, including table arrangements, stage, and church.
2. To teach leaders the proper procedures for arrangements for the table, church and stage.

The above was discussed and pictures were shown of the different

COLOR IN THE KITCHEN

COLOR IN THE BEDROOM

OBJECTIVES:

1. To gain a better knowledge of how to plan and select colors in the different rooms of the home and the accessories to be added that will give color.

Twelve (12) Home Demonstration Club Leaders attended a Leader Training Meeting that was held on February 24, 1961 with Miss Katherine Habel, Home Furnishing Specialist gave the demonstration. After the training meeting each club leader made a color wheel. Materials were collected from magazines, newspapers, display houses, and stores. Also, the bulletins from VPI on "Color and Design In Home Furnishing" and a pamphlet on "Color Planning" was given to each club member. Leaders gave this demonstration back in their clubs.

As a result the members learned how to blend one room to the next by using the same color scheme. Repeat one color note throughout the house but use different color emphasis in each room. In planning a room, it is well to use; Something Dull; Something Bright; Something Dark and Something Light.

Five club members repainted and rearranged their bedrooms. One redecorated her entire kitchen also, selected a new floor covering.

This project proves to be quite helpful especially for some of the homemakers that are getting ready to build new homes, because they will

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with the help of the Local Home Agent along with the bulletin on Furniture Arrangement, pictures and by doing actual arrangement this project proved to be very helpful to the homemakers.

They learned the following points:

1. Don't be afraid to try new arrangements
2. Discard any pieces of furniture or accessories you don't need.
3. Keep traffic lanes open
4. Develop a center of interest
5. Arrange furniture in groups, conversation, rest study, music and games.

Many members enjoyed the project as a result many club members have rearranged their furniture for comfort and attractiveness.

CLOTHING

Clothing with emphasis on construction and Finishes for Garments. Twelve leaders assisted with this project. A training meeting was given to leaders conducted by Miss Betty McClaskey, Clothing Specialist from VPI, Blacksburg, Virginia

Each club leader were given a chance to make a sample of "How To Set In A Gusset" and also the five different ways of putting in hems to be used in the different ways of putting in different fabrics found on the market today.

As a result of this project five dresses were completed. Six skirts and two suits were made by the various club members.

last meeting of the year was held in November 1961.

B. SUBJECT MATTER AND SPECIAL EMPHASIS AREA

PROJECT WORK

1. Christmas Decorations and gift wrapping

OBJECTIVES

1. To give suggestions to homemakers on gifts that may be given from the farm or kitchen.
2. To discuss the basic principles in making simple, inexpensive and attractive decorations.

Method demonstrations were given by the agent with two adult leaders assisting. The demonstrations included suggestions for the gifts from the farm, discussions of basic principles of decorating and gift wrapping for occasions. Mimeographed materials on the subject was also distributed.

The members seem to have enjoyed exchanging ideas on making decorations and the exchanging of gifts that were wrapped in gaily colored ribbons and paper. As a result of the project club members stated it has helped them to improve on the selection and wrapping of gifts more attractively.

CARE AND ARRANGEMENT OF FURNITURE

1. To teach homemakers correct arrangement of furniture according to Balance, Proportion and to fit the family.

A method demonstration was given to club leaders by Miss Ruth Jamerson, Home Furnishings Specialist from VPI, on the Basic Rules of Arrangement.

The leaders gave the demonstration in the six home demonstration clubs

I. COUNTY EXTENSION PROGRAM - ADULT

A. ORGANIZATION

The County Home Demonstration Committee is composed of the presidents and program development leaders of each club. The committee met four times this year to discuss problems, plan programs and analyze the County situation. The committee assisted in executing the program as planned for the year.

The committee assisted in planning a program for the observance of National Home Demonstration Week. They plan for a day of recreation, picnicking and pleasure at Prince Edward Lake, selected delegates to the District Home Demonstration Meeting, assisted in making the program calendars and club booklets.

The committee worked with the Advisory Board on all agencies that helped to strengthen the County Extension Program.

The County Agricultural Advisory Board is composed of representatives from the various communities. The Advisory Board is composed of twenty members.

The function of the Advisory Board is to assist the Extension Agents with the planning and promotion of county-wide programs in agriculture and homemaking; also to put into effect certain activities delegated to them by the U. S. Department of Agriculture.

The County Advisory Board was quite helpful in carrying out the program in 1961.

The Advisory Board is scheduled to meet quarterly. However, two meetings were held between January 1961 and August 1961. The

(3)

With careful analysis of these facts and other information brought out in discussions, home visits, surveys and meetings the Major phases of work for 1961 were chosen. They were as follows:

1. Care and Arrangement of Furniture.
2. Finishes for Garments.
3. Clothing Construction.
4. Color and Design in Home Furnishings.
5. Safety in Home Surroundings.
6. Flower Arrangements.
7. Simple Refreshments.
8. Making Slipcovers.
9. Christmas Decorations.
10. Club Choice was selected for two months in the year.

The month of August we didn't have any club meetings but each year we plan some type of recreational activity or an educational tour.

(2)

Most of the farm families have insurance for the entire family. All of the homes have electricity and a few of them have telephones.

The long time goal as I find it is for "Better Health Through Balanced Diets". More ways for getting money throughout the year. With no schools in the County, education is at a stand still for many of the families. Some of the families have moved to other counties so that the children can be given some form of education.

Many of the 4-H Club Members are placed in homes as far north as, Michigan some are in Pennsylvania, Kentucky and Ohio. Because of this 4-H Clubs go through a period of reorganization each year.

To arrive at the problem to be given attention in 1961, the general situation was studied with special attention given to the problems of the home and community.

The food for the family is produced on the farm except for a few commodities that can not be profitably produced locally.

General merchandise stores are in easy reach of most families.

There are twenty-one churches in the County, which serve as meeting places and recreation centers. The chief social activities of the family are carried on in the churches. There are fraternal orders and a few other outlets for social group expressions. The farm family is caught in the cost, price, squeeze. A car is a necessity for medical aid and transportation.

There are two laundries, few work in private homes and a garment factory which is twenty miles away.

PRINCE EDWARD COUNTY

COUNTY SITUATION:

Prince Edward County is located in Central Virginia in the Piedmont Plateau. It has an area of 357 square miles. The land is rolling and the annual rainfall is generally adequate for the pursuit of a general diversified farming program. Temperatures average 38.9 degrees in January and 79.5 degrees in July. Precipitation is about 54 inches annually. However, crops have suffered for lack of seasonal rains this year.

According to the 1959 census the population was 14,121 which includes Farmville population of 4,340. Also, there were 319 Negro farm operators and 853 white farm operators.

Mineral resources include Kyanite which is mined commercially, feldspar, coal granite, and brick clay. About two-thirds of the County is in forest. Prince Edward is an important producer of pulpwood and lumber.

The sources of income are from tobacco, livestock, poultry and truck crops.

Employment is available to women which include domestic service, and laundries. A few of the women and men are engaged in professional jobs which include teaching and nursing. The teaching jobs take these people out of the County because there are no schools being operated here in the County.

The soils are varied, but generally productive and adapted to general crops.

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ANNUAL NARRATIVE REPORT

COUNTY
EXTENSION
WORK

FILED

Virginia Agricultural Extension Service

Mary L. Moody
Mary L. Moody Name
Local Home Agent Agent
Title



1961

Assistant Agent

Assistant Agent

Assistant Agent

Prince Edward
County