

## Panel Discussion Event Information

**Tuesday, September 20, 2016**

**6:00-7:00pm**

Locations:

- **VT University Libraries, Newman Library, Blacksburg** - 560 Drillfield Drive Blacksburg, VA 24061 - Map: <https://goo.gl/maps/r3npLCYAywt>
- **Virginia Tech Carilion School of Medicine (VTCSOM), Roanoke** - 2 Riverside Circle Roanoke, VA 24016 - Map: <https://goo.gl/maps/RjJgxFgFs6N2>

### **Exploring Native Peoples' Concepts of Health and Illness: Panel Discussion and Video Screening**

Join us for a panel discussion and screening of video interviews from the exhibit, "[Native Voices: Native Peoples' Concepts of Health and Illness](#)." Panelists will discuss topics in the videos, their own experiences, work, and research. Audience questions are welcome! (The physical exhibit is available to the public at Newman Library: Monday-Friday, 7:30am-midnight; Saturday, 9:00am-10:00pm; and Sunday, 9am-midnight.)

**Exhibit Credit:** The U.S. National Library of Medicine (NLM) developed and produced *Native Voices: Native Peoples' Concepts of Health and Illness*. The American Library Association (ALA) Public Programs Office, in partnership with NLM, tours the exhibition to America's libraries.

### **Program Outline and Process**

1. Welcome to audience, moderator, panelists - Ginny / Anthony
2. Introduction of Moderator - Ginny / Anthony
3. Introduction of Panelists - Sam
4. Show topic series of video interview clips with brief introductory statement
5. Moderator and panelists respond to / comment on the video/clip - related to the overall topic, themes/issues/statements in the video / related to Virginia, this region, elsewhere / related to moderator / panelists' personal, professional experiences and/or research
6. Repeat #4 and #5 three times, with about 7-10 minutes discussion time after each video series
7. Closing comments
8. Thank you to Moderator, Panelists, Audience

\*Audience questions will be either at the end of panelist discussion after each video or held to the end of the program

**Topic 1 - Environment and Health.** In these videos, Wilmer Stampead Mesteth, Laidman Fox Jr., James Hena, Noa Emmett Aluli, M.D., and Earl Kawa'a discuss connections between health and illness, and individuals, communities, past events leading to current circumstances, governmental policies, and other aspects of housing or environmental health.

**Videos - Total Time Combined:** About 4 minutes

Earl Kawa'a

**Health comes from the land** (40 seconds)

<http://apps.nlm.nih.gov/nativevoices/interviews/index.cfm?mode=video&speaker=31&clipId=43>

Laidman Fox Jr.

**Loss of stories about nature due to loss of nature itself** (56 seconds)

<http://apps.nlm.nih.gov/nativevoices/interviews/index.cfm?mode=video&speaker=73&clipId=20>

James Hena

**Reservations were created from the poorest land** (56 seconds)

<http://apps.nlm.nih.gov/nativevoices/interviews/index.cfm?mode=video&speaker=23&clipId=4>

Wilmer Stampead Mesteth

**Contamination of water leading to illness** (41 seconds)

<http://apps.nlm.nih.gov/nativevoices/interviews/index.cfm?mode=video&speaker=72&clipId=25>

Noa Emmett Aluli, M.D.

**Impact of changing environment on health** (55 seconds)

<http://apps.nlm.nih.gov/nativevoices/interviews/index.cfm?mode=video&speaker=3&clipId=44>

- **Discussion prompt:** Tell us about your experience of Native health benefits or concerns related to the environment

**Topic 2 - Food, Diet, Nutrition, Gardens, Healing Plants.** In these videos, Noa Emmett Aluli, M.D., Tamara Pickett, M.D., Earl Kawa'a, and Kamaki A. Kanahele discuss connections between health, healing, and practices related to food, diet, gardening, and the use of plants in healing.

**Videos - Total Time Combined:** About 3 minutes

Noa Emmett Aluli, M.D.

**The traditional, "Pre-Captain cook" diet, which reduces cardiovascular risk factors for Native Hawaiians** (58 seconds)

<http://apps.nlm.nih.gov/nativevoices/interviews/index.cfm?mode=video&speaker=3&clipId=130>

Tamara Pickett, M.D.

**A barrier to health in Alaskan village: the high cost of food and access to fresh food** (38 seconds)

<http://apps.nlm.nih.gov/nativevoices/interviews/index.cfm?mode=video&speaker=49&clipId=124>

Earl Kawa'a

**Gardens bring us closer to the environment** (33 seconds)

<http://apps.nlm.nih.gov/nativevoices/interviews/index.cfm?mode=video&speaker=31&clipId=7>

Kamaki A. Kanahele

**Plants as a treatment for a rash** (1 minute, 24 seconds)

<http://apps.nlm.nih.gov/nativevoices/interviews/index.cfm?mode=video&speaker=28&clipId=54>

**Discussion prompt:** Tell us about your experience of health in relation to food, nutrition, gardening, or other aspects of diet and healing practices

**Topic 3 - Intersections of Traditional and Western Healing.** In these videos, Monica Mayer, M.D., Yvette Roubideaux, M.D., Roger Fernandez, and Marjorie Mau, M.D. discuss choices and intersections between Traditional healing and Allopathic (western) healing. Such choices may involve individual decisions, community networks, or other factors.

**Videos - Total Time Combined:** About 5 minutes

Monica Mayer, M.D.

**Choice to pursue traditional or modern medicine lies with the patient** (1 minute, 5 seconds)

<http://apps.nlm.nih.gov/nativevoices/interviews/index.cfm?mode=video&speaker=37&clipId=89>

Yvette Roubideaux, M.D.

**The Indian Health Service respects those who wish to seek traditional healing** (1 minute)

<http://apps.nlm.nih.gov/nativevoices/interviews/index.cfm?mode=video&speaker=91&clipId=332>

Roger Fernandez

**Using traditional methods and modern medicine to treat illnesses** (30 seconds)

<http://apps.nlm.nih.gov/nativevoices/interviews/index.cfm?mode=video&speaker=16&clipId=69>

Daniel Dickerson

**Part 1 - Developing culturally relevant substance abuse treatment** (47 seconds)

<http://apps.nlm.nih.gov/nativevoices/interviews/index.cfm?mode=video&speaker=104&clipId=339>

**Part 2 - Developing culturally relevant substance abuse treatment** (58 seconds)

<http://apps.nlm.nih.gov/nativevoices/interviews/index.cfm?mode=video&speaker=104&clipId=340>

Marjorie Mau, M.D.

**Land, community, and immediate family are sources of healing** (38 seconds)

<http://apps.nlm.nih.gov/nativevoices/interviews/index.cfm?mode=video&speaker=36&clipId=106>

- **Discussion prompt:** Tell us about your experience of healing practice choices by individuals or within communities