

VII. THE LOOK AHEAD

It has been proven that when a person is interested in a particular subject or program, an effort will be made to attend the meeting relating to that subject. With Home Demonstration club attendance average for the past year, but in need of improvement, it is felt that if more club members can be involved in program planning better attendance will be achieved. More thorough training for Program Development leaders may help involve a greater number of club members in program planning.

The youth program could be improved with greater expansion. More project leaders to conduct project training meetings in more communities is needed. With the older club members involved in so many school activities, a community club may help solve the attendance problem.

The past years extension program has been regarding because of progress made, particularly in the youth activities.

C. Professional Improvement

1. Membership in the Home Demonstration Agent's Association, the Virginia Home Economics Association, and the American Home Economics Association.
2. Attendance at the annual convention of VHEA in Roanoke and the annual Home Demonstration Agents meeting at V.F.I.
3. Reading professional books and magazines.
4. Attendance at agent's training meeting in Farmville on "Getting the most out of your Sewing Machine". The meeting was conducted by Mrs. Byrd J. Mangas, Clothing Specialist, V.F.I.
5. Attendance at Meat Information school in Lynchburg given by National Livestock and Meat Board.
6. Attendance at Food Preservation workshop at Longwood College in Farmville. The workshop was conducted by Mrs. Mary Thompson.
7. Attendance at Communication school in Blackstone.
8. Attendance at Nutrition Forum held in Thalheimer's Auditorium, Richmond.
9. Attendance at Art in Daily Living Forum in Charlottesville.
10. Attendance at Ceramics class conducted in the county by a local citizen.
11. Tour of National 4-H Club Center, Beltsville Home Economics Research Center, Department of Agriculture, and the National Arboretum.
12. Attendance at the New Extension Workers conference held at V.F.I.
13. Guided tour of the Virginia Museum of Fine Arts, Richmond.

Interest in this show has grown through the past few years as was shown when a local farm organization expressed the desire to help enlarge the program still more.

5. Public Relations

Good public relations have been maintained among the county workers. Staff conferences result in informing others of individual activities. The home agents share the office with three A.S.C. office workers with mutual cooperation and consideration.

The home agent aided the vacation Bible school workers with handicraft information, spoke on "Clean Up and Organize" at the Arvonia Improvement Club, and helps plan refreshments and serve at farm organization meetings. The assistant agent served on a panel as part of Career Day observance in the county high school. The large attendance at the 4-H and Home Demonstration Achievement Day programs indicated good relations with the general public. The Burlean Club and Young Farmers Association assisted with the Junior Farm Show.

The Board of Supervisors financed the premiums for the Junior Farm Show, and the chairman of the board presented the premiums and ribbons to winning 4-H'ers. The annual report is given to the Board of Supervisors each year.

The Slanger Sewing Machine Company sponsors the 4-H clothing project. Local merchants donated door prizes for the 4-H Achievement Day program. The Y.M.C.B. Home Economist has offered her assistance with work in the county and she will be used in the near future.

A local medical doctor reviewed basic first aid procedures, with the home agents, that homemakers could administer. These were presented to the Home Demonstration Club members. The general Supervisor of the public schools judged at the 4-H public speaking contest, and the teachers cooperated 100 percent as they do at all 4-H club meetings in the schools. The Home Economist teachers are most cooperative in sharing the home economics coverage for 4-H demonstrations, and in carrying out the Achievement Day which is held in the high school gymnasium.

The agents receive full cooperation from the public health officials. The health building and movie projector is offered to the extension workers in carrying out the county program. The two groups are working together to set up Red Cross Home Nursing classes in the county.

The Farmers Home Administration supervisor refers the home agent to new families in the county and on the other hand advises the homemakers to join the Home Demonstration club in their community.

Still another member served as a superintendent at the Five County Fair for the third year, and her job is always carried out well.

This club is unique in its money making project within the club community with the use of a friendship baggie.

The president of this club is the newly appointed County Federation Program of North Chatham. She and other members of the club showed their sword planting booth over a WETA - TV program. This booth, a paper mache map of Virginia with native wild flowers, sponsored by a club member, was presented to the local elementary school library for their use.

This club continues to grow, having added three new members this year.

The Home Demonstration Club organization and the home agents help this group of ladies focus their capable talents on home building and extending their knowledge to others through subject matter material and more effective teaching methods to reach greater numbers of people.

VI. SIGNIFICANT ACHIEVEMENTS

A. The annual Junior Farm Show serves as the Achievement Day in the county where club members display products of their years work and receive awards. This is an important event as it stimulates members to have quality exhibits and involves many parents and friends thus adding support to the youth program. It draws professional workers close together since it is held in cooperation with the F.F.A. and V.H.A. organizations.

The Junior Farm Show has been held for ten years with a/dad participation and interest on the part of all 4-H members and their parents. As an added interest, an evening program was given in which a dress revue, with 22 4-H'ers participating, was centered around a theme, "His Old Woman Who Lived in a Shoe". A narrator described each garment using an appropriate verse from the poem. An All Star played the piano using songs that helped carry out the central theme. The back drop was a large shoe with a door large enough for the girls to pass through.

One, two, three, and four year leaders plus were given to adults in recognition of their work with 4-H members. It is largely through their efforts that the exhibits of high quality are displayed. A short talent show was given, and door prizes were awarded. Approximately two hundred home-making exhibits were made.

B. Outstanding Club

The Andersonville Home Demonstration Club is outstanding in the fact that the whole membership is very public spirited and active in all club and community affairs. This group does not wait for the agent to present community project ideas to them; they are alert to worthwhile projects. Their accomplishments for the year include; winning first place award for their booth at the county Home Demonstration Achievement Day program; winning first place, in a group of 22, for their booth at the Five County Fair; taking complete charge of a county-wide bake sale to raise money for the county Home Demonstration treasury; furnishing leadership to plan and carry out a county wide pancake supper and bassar; circulating a lending library; collecting clothing for needy school children in the county; furnishing leaders at every training and special interest meeting who followed through with the demonstration in their own club; furnishing their own leaders for club choice demonstrations and presented a demonstration for other club; and a large number attended the upholstery clinic and will serve as leaders in their community. Five members attended the ceramics class and immediately started a fruit cake sale in the club to buy a kiln for their club in order that they might instruct others in their community in ceramics. This club gave a kitchen shower for the Veterans Memorial Hall. One club member composed the following poem:

You've been very generous
in the use of your hall
For our meetings, luncheons,
demonstrations and all.
The use of your kitchen has
helped us a lot
When food had to be kept
either cold or hot.
We would like to say thanks in
a practical way
But since our club isn't rich,
there's no money to pay
So we all chipped in, this trash
can to fill.
May it be of some help when
you clean, cook or spill.

The Federation Program of Work Chairman presented the Federation program at 10 meetings. This was the greatest number in the county. A member of this club has served as county chairman for two years. She fulfilled her duties in an exemplary manner. Another member serves as publicity chairman for the county Home Demonstration work performing her duty in a near professional manner.

V. LEADERSHIP

A. Growth of leadership

1. Overall program leaders

| | 1957 | 1958 | 1959 |
|--|------|------|------|
| a. County Agricultural Extension Service Board | 0 | 3 | 3 |
| b. Youth Council | 0 | 0 | 0 |
| c. Home Economics Council | 0 | 0 | 0 |

2. Home Demonstration Club Leadership

| | 1955 | 1956 | 1957 | 1958 | 1959 |
|---|------|------|------|------|------|
| No. organizational leaders | | | 45 | 47 | 47 |
| No. project leaders (subject matter) | 26 | 28 | 112 | 122 | 99 |
| No. Federation program of work chairmen | 14 | 14 | 15 | 15 | 14 |
| No. program development leaders | 14 | 14 | 14 | 15 | 14 |
| No. result demonstrators | 3 | 3 | 2 | 5 | 4 |
| No. training meetings by specialists | 8 | 9 | 9 | 9 | 6 |
| No. training meetings by dist. agents | 2 | 2 | 1 | - | - |
| No. training meetings by agents | 1 | 1 | 2 | 1 | - |
| No. training meetings by others | - | - | - | 1 | 1 |
| Attendance at all training meetings | 118 | 132 | 107 | 103 | 147 |
| No. meetings held without an agent | 54 | 36 | 33 | 41 | 50 |
| No. meetings leaders assisted | 29 | 14 | 27 | 32 | 25 |
| Demonstrations by leaders | 63 | 50 | 41 | 42 | 50 |
| Talks and discussions by leaders | 162 | 124 | 108 | 118 | 111 |

3. 4-H Club Leadership

| | 1955 | 1956 | 1957 | 1958 | 1959 |
|--|------|------|------|------|------|
| No. Club Officers | 55 | 72 | 66 | 66 | 72 |
| No. adult project leaders | - | 7 | 9 | 7 | 9 |
| No. junior project leaders | - | 4 | 4 | 4 | 5 |
| No. result demonstrators | - | - | - | - | - |
| No. training meetings by specialists | - | - | - | 1 | 1 |
| No. training meetings by dist. agents | - | - | - | - | - |
| No. training meetings by agent | 2 | 2 | - | 3 | 0 |
| No. training meetings by members club dept. | - | 1 | - | 1 | 0 |
| No. training meetings by others | - | 1 | 1 | - | - |
| Total attendance at ldr. tr. meetings | 53 | 26 | 14 | 17 | - |
| No. 4-H leaders trained individually | 21 | 7 | 9 | 2 | 5 |
| No. club mgs. held by ldr. w/out agent | - | 16 | 37 | 30 | 41 |
| No. additional club meetings at which leaders assisted | 22 | 11 | 22 | - | 11 |
| No. demonstrations given by adult ldrs. | - | 75 | 34 | 21 | 81 |
| No. demonstrations given by junior leaders | 22 | 4 | 3 | 4 | 13 |

IV. SCOPE OF WORK

A.

| | 1955 | 1956 | 1957 | 1958 | 1959 |
|---------------------------------|------|------|------|------|------|
| No. H. D. Clubs | 14 | 16 | 14 | 13 | 12 |
| Membership | 240 | 355 | 270 | 262 | 250 |
| No. H. D. Groups (unorganized) | | | | | |
| Membership | | | | | |
| No. 4-H Clubs | 11 | 12 | 11 | 11 | 12 |
| Membership | 220 | 214 | 226 | 200 | 215 |
| No. YMW Clubs | | | | | |
| Membership | | | | | |
| No. Community Clubs | | | | | |
| Membership | | | | | |
| No. Home Ec. Committees | | | 1 | 2 | 2 |
| No. General Interest Committees | 1 | 1 | 1 | 1 | 1 |
| No. Youth Committees | | | | | |
| No. Other Organizations | | | | 1 | 1 |
| No. Farm & Home Dev. Families | 35 | 44 | 45 | 54 | 62 |
| No. Other families reached | 875 | 820 | 511 | 516 | 411 |
| No. Different families reached | 1115 | 1125 | 536 | 539 | 473 |

B. Scope of Work

Home Demonstration work is most widely publicized by the active members now participating in the program who tell others of programs and activities as well as pass on information. Members stated that they gave information learned to 602 other persons.

Two newspapers, The Farmville Herald, a bi-weekly publication, and the Charlottesville Daily Progress, a daily publication, give complete coverage to all Extension activities. Alert reporters cooperate in taking pictures and getting information to the press. A local bi-monthly publication, The Shoppers Guide, carries pertinent information also. Twenty-two news articles were prepared by the agents in addition to information given reporters.

A county publicity chairman conscientiously contributes news worthy articles for publication in the papers.

The 15 minute weekly radio broadcast over WFLO, Farmville, serves as a means of reaching non club members who are interested in home-making.

Timely information is mailed a few homemakers who have requested any available subject matter as they are employed outside the home thus making attendance at regular meetings impossible.

6. Fairs

Participation in the Five County Fair and Lynchburg Farm Show showed a slight increase over the previous year. Entries were made in every home-making department of the Five County Fair with about 230 exhibits made and a notable amount of blue awards won. One member won more than forty dollars in prize money. The Farm Show had fewer exhibits because of distance involved. Ten girls entered 79 exhibits. Four girls entered the junior division of the dress revue where all won ribbons.

The County Council booth which was erected at both fairs placed 2nd at Farmville and third at Lynchburg.

Members participation in fairs teaches them good sportsmanship - this is to loose as well as win. It develops pride in having a job well done which means more interest and longer tenure in club work.

7. Special Events

a. All Star recognition and banquet

One girl, Gloria Brown, was inducted into the All Star organization during Short Course. She attended the recognition banquet held at Holiday Lake. Two all stars, Jane Pennington and Sue Ager, helped plan and carry out the weekend program.

b. Shure-The-Gun

Two 4-H'ers participated in Shure-The-Gun contest at Short Course, winning blue awards. They also entertained at the Eastern Tractor Operators banquet held in Richmond.

c. National 4-H Club Week

All clubs observed this week by making safety posters for exhibits in the local schools. Committees assisted agents in securing 4-H welcome signs on four road entrances to the county. One radio program was given in observance of the week.

for attendance. Numbers attending the various camps were:

Senior 4-N Camp - Holiday Lake - 6
Regular 4-N Camp - Holiday Lake - 35 girls; 5 Junior leaders
Conservation Camp - Camp Farrer - 2
State 4-N Short Course - Macksburg - 4

A radio broadcast was presented upon their return by girls who attended Short Courses.

3. Rural Life Sunday

Rural Life Sunday was observed by approximately one hundred members in 12 churches throughout the county. All ministers were written letters by the Agents explaining the program and asking their cooperation. 4-N's had complete charge of assembly programs in three churches. In the other nine churches, they either sang, served as ushers, provided flowers, read scripture, or gave pledges. All members were provided with 4-N insignias made by committees in each club for wearing on that day.

4. Achievement Day

The annual Junior Farm Show serves as the Achievement Day in the county where club members display products of their years work and receive awards. This is an important event as it stimulates members to have quality exhibits and involves many parents and friends. Additional information regarding this program will be found in VI-4.

5. Contests

Contests were held on the county-level in preparation for district competition. These contests included demonstrations and Public Speaking. Valuable experience was gained through these contests which improved the club members skills and techniques. It was the belief that by beginning with the Junior Club members we could develop higher quality work in the older members. Both the public speaking and demonstration contests had classes for the Junior as well as senior member. Both contests were held in the local schools thus a good relationship was established. Teachers cooperated in assisting members with their speeches.

Forty-five members took part in the public speaking elimination contest with twenty-five being in the final contest. Prize money was donated by the local Farm Bureau and Kurlian Club. Judges came from the State 4-N Club Department and from an adjoining county. 150 persons attended the final contest.

Sixteen girls participated in the demonstration contest with nine of these entering district demonstration contests. Other entries in the district made a total of eleven. No district awards were won but almost every entry placed.

4. Home Improvements

Twenty-six girls enrolled in this project feeling a desire to make the best use of furnishings on hand and to learn to attain beauty in their home. In order to carry out this project, individual instruction was provided each member with all receiving written instructions and subject matter material. Twelve girls completed the project with twelve rooms involved.

One member participated in the county demonstration contest and thus represented the county in the district home improvement contest where she placed third.

Results might have been better with more training for members. A group training meeting to include several subjects would probably mean more project completions.

C. Other Activities

1. Community Activities

4-H Clubs in all elementary schools in the county held money making projects; two held bake sales and one sponsored a movie. Money made was turned over to the county treasury. A contribution of \$12.00 was donated to the Virginia Flag Center at the interval 4-H Center.

4-H Club Welcomin Signs were erected on four highways entering the county.

Lifeless Girls assisted Home Demonstration members with serving a picnic supper to about 325 persons.

A county-wide picnic was held at Lee Vignale with all family members invited as well as prospective 4-H'ers. About one hundred persons attended. Entertainment was planned and led by several all stars.

All the before mentioned activities have greatly aided in promoting more public 4-H awareness and support. It has held unite members from all county areas for common causes thus increasing cooperation.

2. Camps

Increased attendance at all camps and Short Courses, where such was permitted, was noted this year. All camps and Short Courses aided in development of leadership, especially Junior leaders, for the youth program. They helped maintain interest and enthusiasm in the program; also increased record completions in the county-wide project since this was a prerequisite for

2. Food and Nutrition

One hundred twenty-six projects relating to foods were selected on an individual basis. All of these girls were interested in learning food preparation and food preservation, as well as developing skills in cooking. Many wished to learn demonstration techniques.

In order to carry out this program, two adult leaders held summer meetings which were attended by twenty girls. These members presented one or more demonstrations each with the leader giving additional information. Ballistics were furnished by the Agent. Members who were not enrolled in community projects received instructions from the agents. Eighty-four projects were completed.

Fourteen girls participated in foods demonstrations in the county demonstration contest which included both a Junior and Senior division. In the district foods contests were six girls. Participation in these events was greater than usual due to more interest in foods projects.

Food exhibits numbered over a hundred at the County Fair Show with six girls taking exhibits to the Five County Fair.

3. Clothing Projects

One hundred fifty-six girls enrolled in clothing projects with several needs evident. Their needs were to learn proper care and use of the sewing machine, to learn to select, alter, and fit patterns, and to learn improved sewing techniques.

In order to carry out this work, seven adult project leaders conducted a total of forty-one sewing classes having a total attendance of 294 with an average attendance of more than seven. Eighty-eight girls completed their clothing projects having made 209 garments and 157 articles. Four leaders had previously attended the training meeting conducted by Singer Sewing Company. Two attended the training meeting conducted by the Specialist and the other one was trained by already trained leaders. Instructor and attendance at sewing groups is increasing from year to year as more leaders are obtained.

Twenty-two girls participated in the annual county dress review. One represented the county in the district contest. Other clothing exhibits in the county totaled 41, with half of these exhibiting at the Five County Fair and seven at Lynchburg Farm Show.

demonstration club meeting occasionally. She always has questions to ask or some homemaking problem needing help to solve when a home visit is made.

It is a pleasure to work with this family whose cooperation with Extension is superlative.

III. COUNTY EXTENSION PROGRAM - YOUTH

A. Organization - County 4-H Council

The County Council, composed of officers of the twelve clubs in the county, met twice during the year. There were 30 members and 3 adults attending the spring meeting when plans were made for the county-wide picnic, committee appointed to prepare Five County Fair booth, and the project, forest appreciation, selected for county-wide study for 1959-'60.

Fifty-five members attended the fall meeting held in October to train new officers. Jane Pennington, Longwood College sophomore and a county All-Star, trained song leaders. Reporters were trained by Mr. Ben Bowers of "The Farmville Herald". Extension agents trained other groups. Business included voting to buy banquet tickets for any adults attending the leaders conference at Natural Bridge.

B. 4-H Project Work

1. Safety and Civil Defense

This project was selected by the project planning committee. Safety was studied in all elementary clubs and civil defense in the High School. All members, as well as their families, needed to become more safety conscious as was evidenced by farm and home accident records.

In order to effectively carry out the program, letters were written parents of all club members enlisting their assistance. Two safety films were shown in the younger clubs and two relating to Civil Defense were used in the High School. 81 safety demonstrations were given by club members during regular meetings. Eight skits depicting safety were presented by members. Agents gave demonstrations at nearly every monthly meeting.

Safety posters were made by 4-H'ers and put on display in all elementary schools during National 4-H Club Week.

Ten speeches were prepared by members relating to safety for entry in the public speaking contest.

A County Council booth depicting "Conelrad", a phase of Civil Defense, was made and entered at the Five County Fair and Lynchburg Farm Show.

A major problem in the program is one which presents a great challenge. Many older homemakers fail to recognize needs though they, in many instances, have more time and finances to meet the needs than does the younger homemaker who is rearing a family. The most cooperative and interested families seem to be in the younger age group.

Assistance in the field of remodeling, especially kitchens, was given ten families. Landscaping information was given twelve families and these are receiving the monthly publication, Landscape Notes. Detailed plans were made by the specialist for two lawns.

Two new homes were completed, the specialist having assisted with one of these. Another home is being built with the agent giving somewhat here.

Home-furnishing and food preparation assistance was given in some degree to three-fourths the families.

The Claude Morris family, who has been in the program since 1935, has made outstanding progress and is continuing to do so. This family is composed of Mr. and Mrs. Morris, a young couple, and two pre-school children, a boy and girl. They have a 232 acre farm which they moved to about six years ago. Both have a high school education and are active in some community affairs.

Mr. Morris is considered a good farmer, having good yields. His farm operation includes livestock and tobacco. He does some stunion work and carpentering for supplemental income. A good garden supplements the family food supply. Mrs. Morris cans and freezes large quantities of fruits, vegetables, and meats, spending a very small amount at the grocery store.

The home is inadequate for the family and does not furnish the wanted conveniences. Additions to the home including a bathroom, basement, porch, and extra bedroom were planned. Mr. Wharry, housing specialist, assisted the Morris' as with their remodeling plans. Mr. Morris has begun work on the home building and remodeling. He plans to do most of the work which means a longer time completing the job but at a cost he can afford. The exterior of the home will be painted and landscaping undertaken when the remodeling is completed sometime during the coming year.

Good management of family resources and income is largely responsible for this family making progress towards their goal. Mr. Morris is participating in the electronic record keeping supervised by the Assistant County Agent. Mrs. Morris attends the home

Four clubs were of good quality. Andersonville Club won one of two blue ribbons given for all booths entered. Beasville won one of two third place awards made. Two clubs sponsored girls in the beauty contest.

Individual entries were made in all departments with more entries this year than ever before.

Two club members served as department superintendents at the fair.

4. Special tours

A culminating activity of county wide interest was the special tour to the Virginia Museum of Fine Arts in Richmond. Having had "Art in Daily Living" as the program of work for two years it seemed most appropriate to conclude the study with this tour. Fifty-eight club members visited the Museum for a guided tour. Prior to the visit they took part in a T.V. broadcast over WBYA-TV when the National song was sung and two Andersonville Club members featured the State map they made of paper mache to show wild flowers of Virginia at the Five County Fair. The tour proved to be one of the most interesting highlights of the years adult work.

5. Judging by Leaders

Two local leaders who attended the judging school held in Farmville during 1958 assisted the Nelson County Home Agent in judging 4-H and F.H.A. exhibits at the annual Buckingham County Farm Show.

D. Urban Work in Buckingham

Because Buckingham County is entirely rural there is no urban work. However, members of the Dillwyn Club have interests of an urban nature. Monthly demonstrations are altered to meet the needs of this group.

E. Farm and Home Development

Farm and Home development was begun in the county in 1954. The number of families has increased since the time until there were fifty-three families in the program at the beginning of this year. The original families were selected by a committee representing each magisterial district. However, this committee is no longer being used, as families are now added to the program whenever the special need or interest is indicated. Twelve new families were added during the year and three dropped, making a total of sixty-two now in the program.

Home Demonstration Club members in Beckingham County observed National Home Demonstration Week in several ways. The aim was to interest new prospective members in the program and to renew interest and enthusiasm of some of the less active present members.

The highlight of the week was an Achievement Day which was the first held in the county in many years. Eleven clubs erected exhibits in the Veterans Memorial Hall where open house was held. These exhibits showed every phase of club work covered during the past year. Open house was held during the afternoon and evening of May 13 when the public was invited to visit club exhibits and enjoy the refreshments. A short evening program was held when awards were made to the clubs having the three best exhibits. The outstanding club of 1950, Cedar, was announced at this time. Clubs kept score cards during the year in order to determine the outstanding club. This club was also recognized on the radio program.

Another feature of the achievement program was the presentation of reading certificates to the 15 members earning them last year.

Approximately 150 people attended open house. It is believed that the program proved inspirational to club members as well as non-members. (A copy of the program is attached).

Also, in observance of the week, thirty-five members attended the District X Federation meeting held in Fivemans County.

c. Finance a delegate to the Institute of Rural Affairs.

The county sent Mrs. Walter Mumford as delegate to the Institute of Rural Affairs. Mrs. Mumford presented a 15 minute broadcast over radio station WTLD upon her return home.

d. Continue to encourage 100 percent payment of Federation dues.

All clubs paid federation dues on time.

e. Encourage active participation by all club members.

Individual members were encouraged to become leaders and through local community projects more members took an active part.

3. Fairs

Changes in the Five County Fair regulations and prizes meant less participation by clubs this year. Exhibits which were made by

of problems involved. It also gave to the agents one of the greatest sense of accomplishment because of satisfaction and appreciation which was expressed by the group. Home-makers from other county areas heard of the class and asked about possibilities of one in their area.

The attached picture shows a part of the group modeling the completed garments. It will be noted that the children modeled garments made by the mothers.

C. Other Activities

1. County Home Demonstration Projects

As a means of increasing funds in the county treasurer, several county-wide money making projects were undertaken during the year. Those projects not only meant monetary gain but were a means of developing leadership among club members throughout the county as well as serving to unite clubs for common cause.

The joint pancake supper and bazaar netted \$127.50 with 325 persons attending. Each club had members serving on some domestic.

The bake sale netted \$65.00 with ten of the thirteen clubs participating. Well Water club contributed the largest quantity of baked products.

Ten cook books were sold in the county, most of those during National Home Demonstration Week.

Twenty-four pie baskets were sold with this project being continued into the coming year.

Clubs contributed \$45.00 to Pennies for Friendship. They also contributed \$85.00 (\$15.00 each) to the elementary schools in the county to be used for buying lunch for needy children.

2. County Objectives

a. Develop more responsible leadership in Home Demonstration and 4-H Club work. Use of the club score card continued this year to encourage leadership. A silver tray will be presented to the club attaining the highest score. Fifty-five demonstrations were given by leaders, this being an increase over last year. Two new 4-H leaders were added to replace two who could not serve this year still giving a total of nine club members serving as leaders.

b. Observe National Home Demonstration Week with an achievement day, radio talk, and recognition of outstanding club.

5. Clothing

There was no planned adult program in the clothing field other than that planned by the special interest committee. In carrying out their plans several accomplishments were made.

4. One sewing class consisting of 5 meetings was held in one community with six homemakers participating. Four of these were women with whom extension had little or no previous contacts.

5. A training meeting for sewing leaders was conducted by Mrs. Byrd J. Hedges, Clothing Specialist. Six leaders attended the meeting and served as leaders in their respective communities.

6. Five radio broadcasts were devoted to clothing topics including buying and care of fabrics, seasonal styles and trends, and other subjects related to improved clothing.

6. Rural Arts

A special interest group of 12 club members, representing 5 clubs, plus both home agents attended classes in Curatiles. This class was taught by a Buckingham County club member. Each person made a leaf shape dish. The prizes were fired in the Buckingham General High School Kiln by the public school art instructor.

These classes were successful in that each lady felt a great sense of accomplishment and two clubs have completed plans to buy kilns.

Significant Story

A significant development growing out of real needs as expressed by one homemaker through routine visitation with a Farm and Home Development family was the formation of an adult sewing class. This class gave the agent an opportunity to reach homemakers who were not previously associated with the extension program. The nucleus of the class was a homemaker whose health limited her physical activities, whose economic situation handicapped her social life, but whose desire for some personal achievement and satisfaction led to the selection of sewing as an outlet for her energies. When confronted with her problem, which seemed that also of a few nearby neighbors, it was decided that she would organize the class and the agent give the instruction. The class met in the homes of the six members for five morning meetings, having lunch at the conclusion of each meeting. Four of the members were homemakers with whom extension had little previous experience, five had small children and needed to learn to sew in order to make garments for the children. Only one member knew how to sew at all and her methods often meant a homemade look for the completed garment. She wished to improve her techniques in order to sew for others, thereby having a source of income to assist the family financial status. This group of homemakers presented one of the greatest challenges during the year because

3. Home Management

Two topics were selected in the home management field in order to aid the homemaker in evaluating new cleaning materials on the market and to assist them in restoring old metals into having a "new look". The need was felt for all homemakers, especially the younger ones, of having adequate knowledge to take care of home emergencies involving first aid. It was expected that all members "would make some changes in first aid supplies or methods."

In order to achieve the desired end, the specialist conducted a leader training meeting on cleaning household metals to eleven leaders representing six clubs. Eight of these presented the demonstration at their club meetings. In view of technical information involved and because the Health Nurse could not train leaders, the agent presented the demonstrations on first aid after being trained by a local Doctor. Leaders, who were nurses, gave two demonstrations.

Changes in the people were reflected when 189 provided first aid supplies at home and 133 improved first aid techniques. Evaluation of use of knowledge gained in cleaning household metals will be reflected later as these demonstrations are just being completed.

Two young homemakers attended a meeting on Time and Energy Management held in Farmville, and conducted by the Specialist. These two homemakers kept time schedules for one week and submitted them to the specialist for summarizing. They plan to follow through with this as the specialist recommends.

4. Gardening

One couple "planning and planting the Home Grounds" was planned in order that home owners might have more attractive surroundings. In order to do this they needed to identify shrubbery according to name and know its best usage.

This program was carried out through a leader training meeting conducted by horticulture specialists to 10 leaders representing 5 clubs. These leaders gave demonstrations in 6 clubs; one leader giving the demonstration in both her own and another club. Effective use was made of actual shrubbery samples in helping members properly identify them. One hundred ten learned to identify one or more shrubs previously unknown. There were 814 shrubs planted and 239 flower borders made to improve home surroundings.

Progress made as a result of objectives planned by the nutrition committee include :

- a. Committee represented at Nutrition Forum held in Richmond in March.
- b. Study of the Daily Food Guide by committee members.
- c. Radio broadcasts on phases of nutrition which included economy in food purchases and preparation; special diets; nutrition for the aged; nutritive breakfasts for school children, and others.
- d. Use of local bi-monthly publication, "Shoppers Guide" to call attention to some nutritional needs.

2. House Furnishings

House furnishings continued in popularity with three programs planned to meet recognized needs for a broader knowledge of principles of good design, especially in furniture; a desire to remodel or change problem windows into those having better proportions and design; and the desire to repair and upholster furniture at home. This would be a means of attaining greater economic security too.

Attainment of the desired effects was reached through the following:

- a. Twenty leaders representing 10 clubs attended the leader training meeting by the specialist on Furniture Selection with 7 giving demonstrations in their own club. Another 20 leaders representing 10 clubs attended the training meeting by the specialist on "Window Treatment" with only 4 clubs having demonstrations by leaders. A noticeable shortage in demonstrations by leaders seemed due to the fact that slides were an important visual aid and they were handicapped in using these.

- b. Forty-five homemakers attended an all day meeting on upholstery and related subjects which was conducted by a commercial concern, Moser Furniture Company of Lynchburg. Information was given through use of slides, fabric samples and furniture.

Accomplishment in some degree of all objectives was noticed as three-fourths the members reported using knowledge gained in selection of new furniture; seventy-seven remodelled furniture and 252 refinished pieces of furniture. 483 pairs of curtains and drapes were made and 238 windows remodeled to improve size or appearance.

All homemakers attending the upholstery clinic have served or will serve as leaders for the 16 members having plans for upholstering. This project will carry over into next years work.

At the Spring meeting there were nineteen members present representing ten clubs. Plans were completed for the observance of National Home Demonstration Week, suggestions made for improvement of Five County Fair, and a delegate and alternate chosen to attend the Institute of Rural Affairs.

The Fall planning meeting was held in July with seventeen members representing nine clubs, District Agent, and Home Agents attending. The program for 1960 was planned and the Federation Program of Work, "Home and Community Beautification" selected. Score cards to determine the outstanding club will be continued with a silver tray being presented that club. Objectives were also selected for the coming year.

A new county chairman, Mrs. Calvin Morris, was elected. Re-elected as Treasurer was Mrs. C. J. Atkinson.

B. Subject Matter and Special Emphasis Areas

1. Foods and Nutrition

Foods was the special emphasis area selected during the past year. Needs of the homemakers which led to this selection were the desire to become better organizers in planning for and serving guests; finally members wishing to become more at ease by knowing correct etiquette, and all homemakers faced with a growing problem of food fads and diets with little understanding of dangers involved.

An improvement in work habits and factual knowledge was desired. This was accomplished through a variety of ways including the following:

- a. Eleven leaders attended a leader training meeting on Social Courtship with six giving the demonstration in their local clubs.
- b. All clubs had Christmas programs with games featured. Leaders presented two of these demonstrations.
- c. All clubs held spring luncheons of favorite Foods with 10 leaders in charge of these. Recipes were exchanged as well as a study of methods involved in preparing and serving the food. This was a follow-up of the previous demonstration on Preparing for and Serving Guests which was presented by the Agent.
- d. Seven demonstrations relating to "Food Fads and Tallacies" were presented by the agent with effective visual aids depicting these used.

Changes brought about in homemakers as stated by individuals showed that 161 practiced improved methods in preparing for guests with 140 improving methods of serving guests. 70 of these used time schedules. 147 made use of social courtesy information within their family.

II. COUNTY EXTENSION PROGRAM - ADULT

A. Organization

1. County Agricultural Extension Service Board

This board, which was organized in 1958 with representatives from all commodity committees, home economics special interest committees, and the home demonstration committee met twice during the year. Both meetings were held in cooperation with the Agricultural Committee of the local Burien Club. Also in attendance were representatives from the Agriculture Economic Department at V.F.I., and the Market Expansion Section in Richmond. Purpose of these meetings was to study and suggest means of improving local marketing conditions in addition to suggesting ideas for general county development and improvement. This was a step toward attainment of some long time goals to improve standards of living of low income groups as well as determine available services in the county and what others are needed.

2. Home Economics Committees

a. Nutrition and Health

The nutrition committee, composed of five members, met once during the year with all members attending. The County Health Nurse met with the committee in an advisory capacity. Activities planned by the committee for 1959 were as follows:

- (1) Committee represented at Nutrition Forum held in Richmond in March.
- (2) Study of the Daily Food Guide by committee members.
- (3) Radio broadcast on phases of nutrition.
- (4) Use of local bi-monthly publication, "Shoppers Guide" to call attention to some nutritional needs.

b. Clothing

The clothing committee, composed of six members, which was organized in 1958 held no special meeting during the year. Contacts were made with individual members to discuss progress made toward long time goals.

3. County Home Demonstration Club Committee

The county committee which is composed of presidents and program development chairman from each of the 13 clubs, in addition to the county officers, met twice during the year for planning the years program.

1. COUNTY SITUATION

Buckingham County is a rural county with numerous small villages but no large town. Having more than three-fourths of its 564 sq. mi. in forest, the county's largest income is derived from forestry and its by-products. However, because of a decline in the forestry operation (lumber mills) during the past years there has been a decline in income and employment for the people. There were 1,391 farms in the county according to the 1934 census as compared with 1,520 in 1920. The average farm size has increased from 134 acres in 1920 to 140 in 1934. More and more farms are being operated on a part-time basis for the operators are employed in other work either within the county or nearby. Poultry contributes a large share of farm income while dark tobacco is the biggest cash crop. Livestock continued to account for a sizeable portion of farm receipts. Manufacturing is second to agriculture in providing employment for the county, inhabitants having increased recently with the enlargement of a power plant and the erection of a kyanite mining operation. It is doubtful that there has been sufficient increase in income from industry to offset the loss from agriculture and forestry. Thus, total per capita income, expressed in dollars of purchasing power continues to decrease.

Recreational activities are inadequate and are for the most part sponsored by the schools, churches, 4-H and other civic clubs and organizations. Improvement is underway. Upon graduation from high school many of the young people leave the county to seek employment in larger towns and cities.

The level of living remains about the same as last year though during the past few years there has been a noted rise. Homemakers are interested in conserving at home on their family living expenses. This leads to a greater interest in food preparation and meal planning. To avoid neglecting the finer things in the routine of daily living, "Art in Daily Living" is of interest to all. The program was planned to meet the needs of all homemakers.

More and more homemakers are taking employment away from home. This trend has an influence on the standard of living, on Home Demonstration club enrollment, and on percentage of income spent for clothing.

OUTSTANDING CONTRIBUTIONS OF 1959 PROGRAM

It would be difficult to select the two most outstanding contributions made to family living as a result of the years program. It is felt, however, that contributions made through the youth program are among the most important.

The county wide safety project reached every member thus giving a large number of families safety information otherwise unobtainable. This meant family cooperation in carrying out safety measures in the home and on the farm.

The clothing projects, undertaken by more than two-thirds of the enrollment and supervised by seven adult leaders plus the agents, gave practical as well as technical aid to homemakers through their daughters. Through their clothing projects the girls entered contests and exhibits thus interesting all family members and establishing a spirit of competition. Win or lose, experience and knowledge gained was of inestimable value.

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ANNUAL REPORT
BUCKINGHAM COUNTY
HOME DEMONSTRATION WORK

1959

Virginia G. Bailey
Hilda F. Pendergrass
Helen M. McCraw

ANNUAL NARRATIVE REPORT

COUNTY EXTENSION WORK

Virginia Agricultural Extension Service

VIRGINIA G. BAILEY

Name

HOME DEMONSTRATION

Title

Agent

HELEN M. MC CRAN

Assistant Agent

Assistant Agent

Assistant Agent



1959

BUCKINGHAM

County