

ANNUAL NARRATIVE REPORT HOME DEMONSTRATION WORK
BUCKINGHAM COUNTY
VIRGINIA

1948

Miss Blanche Howard
Home Demonstration Agent

December 1, 1947 to November 30, 1948

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VIETNAM

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III. Scope of Work

A. Home Demonstration Clubs:

No. 16 Membership 347

Other women reached by home demonstration club members 750

B. 4-H Clubs:

No. 12 Membership 200

C. Number reached through other groups by agent 800

D. Number families reached through neighborhood and community leaders 1000

E. Other methods used to reach families (publicity, radio, office calls, visits) 4. Number families reached 1200 in county, radio over 8000.

F. Estimate total number families reached 1200. Number farm families in county 1812. Non-farm 421.

IV. Adult Work

A. Home Demonstration Club Program

1. Project work Program Determined for 1948

In September, 1947, the County Home Demonstration Committee, composed of the presidents of the fifteen home demonstration clubs, met with the agent and District Agent, Miss Sally Guy Davis, to plan the 1948 program. Last year (1947) County government and recreation, two phases of Citizenship were studied as a federation goal. The influence of this study can be traced in the 1948 plan which included a study of "Wills and Deeds" and "Banking" and in the selection of a county goal "Health". The women were much more aware of the conditions existing in the county and of county needs.

Food shortages at home and abroad influenced the women in selecting food production and preparation as a major part of the 1948 plan. Under Health, special attention was given to school lunches.

III. Scope of Work

A. Home Demonstration Units:

No. 1 is	Membership	141
Other women reached by home demonstration and contacts 130		
B. 4-H Clubs:		
No. 12	Home visits	300
C. Women reached through other groups by means 300		
D. Member families reached through neighborhood and community leaders 1000		
E. Grant methods used to reach families (publicity, radio, office calls, visits) 4		
1200 in county, radio over 3000		
F. Estimate total member families reached 1300		
Total families in county 1911 100-1000 451		

IV. Main Work

A. Home Demonstration Unit Program

1. Project work program determined for 1943

In September, 1943, the County Home Demonstration Committee, composed of the presidents of the fifteen home demonstration clubs, met with the agent and District Agent, Miss Sally Guy Davis, to plan the 1943 program. Last year (1942) County government and restoration, two phases of CALIFORNIA were studied as a demonstration goal. The influence of this study can be traced in the 1943 plan which included a study of "Wills and Wishes" and "Lending" and in the selection of a county goal "Health". The women were made aware of the conditions existing in the county and of county needs.

Food shortages at home and abroad influenced the women in selecting food production and preparation as a major part of the 1943 plan. Urban health, special attention was given to school lunches.

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Nutrition and Health-- Food production, preparation, conservation, the major part of the program, included demonstrations on wholesome desserts from fruit and milk, pecking the school lunch, pressure saucepan meals, know your vitamins (vegetables), know your minerals (eggs, milk, cheese dishes), Christmas candy.

112 days of the agents time, 5 days of specialists time and more than 200 days of 103 leaders time was given to improving the nutrition and health of the county. Club members shared their recipes with all the neighbors. Two clubs distributed the school lunch suggestions to every family, in the community that had children in school. One leader helped the young married women with canning and preserving. She counted thirty families that were using one or more of her methods or recipes. In all 290 families were assisted with improvement of diets, 900 with food preparation, 585 with food production, gardens. 650 women canned 111,670 quarts of food, cured 8000 pounds of meat, froze 106,000 pounds of food.

Demonstration meetings were successful from the standpoint of participation of members and leaders. For "school lunch" meetings, two or three leaders in each club made a variety of sandwiches and brought them to meetings, together with the recipes. They emphasized the importance of fruit and vegetables as well as meat sandwiches. One or more members took part in the demonstrations at every meeting. For "wholesome desserts from fruit and milk" either the hostess was leader and served the recipe demonstrated as refreshments or some other member acted as leader and gave the demonstration. For Christmas candies the women formed teams before coming to the meeting, brought the materials for the recipe that they had selected and demonstrated that recipe. In this way most of the recipes on the leaders sheets were tried and everyone had a good time. The Woodland Home Demonstration Club and the 4-H Club held joint meetings. In December the boys and girls had a tree and program with gifts for adults and children. Many of the gifts were made by the girls as part of their project work - sewing kits, aprons, pot holders. Then there were games to be kept at school and played on rainy days when they had to stay in the house, puzzles, etc. After the 4-H program, the women made enough candy for refreshments. The boys kept the fire going.

Nutrition and Health--Food production, preparation, conservation, the major part of the program, included demonstrations on various aspects of food preservation, including the school lunch, pressure canner, milk, and your vitamins (vegetables), how your vitamins (eggs, milk, cheese, bread), Christmas candy.

The date of the events was 2 days of specialists and more than 200 days of 101 leaders time was given to improve the nutrition and health of the community. Two members shared their recipes with all the neighbors. Two others distributed the school lunch information to every family in the community that had children in school. One leader helped the young married women with canning and preservation. She counted thirty families that were using one or more of her methods or recipes. In all 200 families were assisted with improvement of diet, 300 with food preparation, 200 with food production, gardens, 400 women shared 111,400 pounds of food, and 600 pounds of meat, there 100,000 pounds of food.

Demonstration meetings were successful from the standpoint of participation of men, boys and leaders. For "school lunch" meetings, two or three leaders in each club made a variety of sandwiches and brought them to meetings, together with the recipes. They emphasized the importance of fruit and vegetables as well as meat sandwiches. One or more members took part in the demonstration at every meeting. For "Household" meetings from fruit and milk, after the program was leader and served the recipe distributed as refreshment or some other member acted as leader and gave the demonstration. For Christmas meals the women formed teams before coming to the meeting, brought the materials for the recipe that they had selected and demonstrated their recipe. In this way most of the recipes on the lecture sheets were tried and everyone had a good time. The booklet Home Demonstration Club and the 4-H Club help joint meetings. In December the boys and girls had a tree and program with gifts for girls and children. Many of the girls were made up of the girls as part of their project work - writing lists, poems, not holders. They were given to be kept at school and played on rainy days when they had to stay in the house, games, etc. After the 4-H program the women made month cards for refreshments. The boys kept the live plants.

Many of the women and 4-H girls won prizes on canned foods exhibited at the county fairs. Hickory Grove club won second prize on the booth displaying canned and home grown foods for an emergency meal. As a result of the foods program many people have become interested in better nutrition. They are eating what is "good for them" because it is "good eating".

Housing and Clothing the family was considered too, tho it "played second fiddle" to feeding the folks this year. 24 days of the agents time, 4 days of specialists time, and 125 days of voluntary leaders' time was given to constructing 6 new homes, installing 150 water and sewage systems, improving 80 kitchens, improving 45 home grounds, and helping 4-H girls with clothing projects.

Clubs Study Wills and Deeds and Banking

For the third year, home demonstration clubs have devoted sometime to the study of civic or family economic problems - first United Nations Charter, last year County Government, and this time Wills and Deeds and Banking. A leader training meeting for the two discussion was held by the State Home Management Specialist, Miss Alverson. These leaders acted as chairmen at the club meetings. Outside speakers were invited to some of the meetings. The County Clerk talked about Wills and Deeds and the Banks' Vice-president talked about banking. One woman brought her own will (made by a lawyer) to the meeting to use for illustration. The state bulleting on wills and deeds was distributed to club members. Radio talks were given on the subjects. The Dillwyn Club made a poster (educational booth) on banking for the fair. A neighboring county has put the study of banking and wills and deeds into their program for 1949.

Timely economic information has assisted 500 families to buy better, whether it be food, clothing, or material to build a house. A few minutes at meetings or a radio talk, individual conference, house plans, or a bulletin was the means of giving them assistance.

45 Families Improve Home Grounds

This part of the extension program was developed through

Many of the women and 4-5 girls was broken on several
books exhibited at the county fair. Many more girls
was secured from the book distribution program and how
many more books for an emergency fund. As a result of the
book program many people have become interested in better
education. They are saying that is "good for them" be-
cause it is "good reading."

Reading and Discussion the family was considered too
and it "helped second grade" as reading the book was
over. 24 days of the agency time, 4 days of special
time, and 125 days of voluntary leadership time was given
to conducting a new course, installing 100 new and
newer speakers, improving 80 classrooms, improving 45
classrooms, and helping 4-5 girls with reading projects.

Girls Study Will and Books and Reading

For the third year, book distribution clubs have de-
veloped interest in the study of girls or family economic pro-
gram - first United Nations Charter, last year County
Government, and this year Will and Books and Reading.
A leader training meeting for the two districts was held
by the State Home Management Specialist, Mrs. Livingston.
These leaders acted as chairman at the club meetings.
Guest speakers were invited to some of the meetings.
The County Clerk talked about Will and Books and the
County Home Management talked about reading. The women
presented her own Will (made by a leader) to the meeting
to see for illustration. The state collection on Will
and Books was distributed to club members. Clubs take
were given on the subject. The Willing Club made a
poster (educational book) on reading for the fair. A
neighboring county has not the study of reading and will
and books into their program for 1947.

They recently information has contacted 300 families
to get better, whether it be food, clothing, or services
to build a home. A few minutes of reading or a radio
talk, individual conference, home plan, or a letter
was the means of giving help.

45 Families Improve Home Program

This part of the extension program was developed through

result demonstrations and reached some families not influenced by other phases of extension work. 5 4-H girls conducted such demonstrations with the assistance of their parents. The Mayor of Dillwyn built a \$30,000 house and asked assistance with landscaping the grounds. Mrs. Mary C. McBryde, Landscape Gardening Specialist came to the county twice to set up the demonstrations and direct them. One such demonstration will illustrate the work. Two years ago Mrs. C. I. Poole wished to build a house. The Specialist made a preliminary survey and located the dwelling on the lot. Then Mrs. Poole and the agent with the assistance of the housing specialist made a floor plan of the house. An architect added walls and roof. First, planting of an evergreen windbreak was made. The house was built and the driveway located and made. On November 10th final planting was made and a combined meeting of the home demonstration club and the garden club was held to see the finished house and to hear Mrs. McBryde speak and see her put the finishing touches to the project. All over the county evidences of the success of this program can be seen.

Recreation Goal Achieved

The Christmas parties and candy making gave wholesome recreation to 400 people. The Well Water club has a community house. In June they held a fellowship picnic supper to which all the community, young and old, was invited. The supper was served on the grounds at the school and community house. After supper the folks went into the auditorium and were entertained with a program by the school children and by community singing. Then there was ice cream and cookies and the young folks played the old folk games "Farmer in the Dell" etc.

The club now has the money in hand to buy curtains for the stage of their community house. They are organizing a class in group singing to meet once a week this winter. This class is sponsored by the home demonstration club but all the people of the neighborhood are invited to join the singing.

The Woodland school 4-H club held a lawnfete at which they sold handmade articles. In addition to having a

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community get together and a good time they made over \$7.00 which they are using to paint their school room and make it attractive. They bring their lunch to school and put all the sandwiches together. Then they serve lunch of sandwiches and fruit juice or milk or hot soup. Sometimes one's mother bakes a cake and sends it to school for simple refreshments. Perhaps this is a part of nutrition but the children think it is fun.

One 4-H leader, Mrs. George Pankey, has organized the small children of the community (ages 4 to 6) into a "club" 4-H group. They meet twice a month and learn good manners, health habits, and play games. This helps the children and gives their mothers some free time too. Mrs. Pankey has been a leader every since 4-H work began in the county.

Federation Goal this year Health

1. Through better nutrition
2. Better production of fruit and vegetables
3. Better use of income
4. Added facilities for improving health
5. Reaching more people with the health facilities that we already have.

The month of May was given to the study of health work in the county, calling attention to the health work that home demonstration women can do. Dr. Jenkins, Head of the Health department for the district, attended four meetings of home demonstration clubs and explained the work and the facilities available of the health department. He mentioned ways that the women might help. Miss Woodson, County Nurse, gave talks on child care at two meetings. These meetings were open or community meetings. The doctor and the nurse expressed a wish for as much organization in their county work as demonstration clubs have in theirs. Thereupon the women offered to cooperate in spreading health education to all the county since there is at least one Home Demonstration Club in every section of the county with a health chairman in each club. The educational part of the cancer control program will be one of the responsibilities of these chairwomen. The women helped with the TB clinics by telling when they would be held, where, and by transporting those who had no way of coming to the clinic.

community has together and a good time they have ever
[1]000 which they are going to bring their school
room as it is attractive. They bring their lunch to
school and put all the sandwiches together. They buy
candy from the neighborhood and their lunch is full of
hot soup. Sometimes when a child has a cold and needs
it so much for simple refreshments. Perhaps this is
a part of nutrition but the children think it is fun.

The 4-4 teacher, Mrs. George Lusk, has organized the
small children of the community (ages 4 to 6) into a
"4-4 group". They meet twice a month and learn
good manners, health habits, and play games. This
helps the children and gives their mothers some free
time too. Mrs. Lusk has been a leader every since
the 4-4 work began in the county.

Education Goal this year health

1. Provide better nutrition
2. Better production of fruits and vegetables
3. Better use of land
4. Added facilities for improving health
5. Teaching more people with the health facilities that we already have.

The main goal was given to the study of health work
in the county, calling attention to the health work that
has been done in the past. The health work has been
the health department for the district, attended four
meetings of home demonstration clubs and explained the work
and the facilities available to the health department. He
mentioned ways that the women might help. Mrs. Hodgson,
County Nurse, gave talks on child care at two meetings.
These meetings were open to community meetings. The
doctor and the nurse expressed a wish for a more organ-
ized in their county work as demonstration clubs have
in health. Therefore the women attend to cooperate in
providing health education to all the county since there
is at least one home demonstration club in every section
of the county with a health chairman in each club. The
educational part of the cancer control program will be
one of the responsibilities of these chairwomen. The
women helped with the 4-4 children by calling them to
be held, done, and by transferring those who had
to go to county to the clinic.

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The radio talks given during the month by the agent were about health. Mention was made of the 20 cases of rheumatic fever in the county, with the suggestion that childrens story books and games be exchanged with them so that they would not grow restless in bed so long. One of the county supervisors, who is also a Ruritan, heard the talk and presented it at meeting. A Ruritan "adopted" a child, twenty Ruritans, twenty children. He promised to take toys or books to his "child", to visit it, to help to amuse it. The club women sent books and games too.

Leadership Increases in the County

45 officers, organizational leaders, of fifteen clubs have attended 2 planning meetings, have planned the program for each club meeting, have kept records of attendance and work done; have campaigned for new members and carried information to non-members. These leaders have given 545 days of time and reached 347 families directly and 300 indirectly. They have cooperated with the PTA and with the Health Department; to run the school lunch room and to further the health work.

Six training meetings, three by the specialist, three by the agent, were given to project leaders. Eighty-two women were trained as leaders but this does not complete the picture of trained ability in the county. Leadership has developed through the years and a backlog of trained ability has been built up. Suppose leaders were needed at short notice, we could call on 103 women for nutrition and health, 20 for poultry, production, 12 for bread making, 15 for refurbishing furniture, 12 for clothing construction. This year when one club made the calendar for their year book they had a different leader for each meeting for the demonstration, the agent was put down for one demonstration. When the calendar was made for the coming year, this plan was adopted in 12 clubs. The agent is invited to be present and to assist where necessary but the leader has promised to attend training meetings and to be responsible for the demonstration.

Home Visits and Radio Reach Many People

Probably home visits and radio were two of the best ways

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The radio station was used by the agent
 very about 1945. The station was used in the
 county, with the suggestion that
 different every book and name to exchange
 on that they would not grow relations in
 one of the county organizations, who also
 heard the talk and presented it as
 "objection" a child, twenty children, twenty children.
 promised to take copy of book to his "child", so
 it to help to make it. The child would not book
 names for

Leadership Involvement in the County

15 officers, organizational leaders, of fifteen clubs
 have attended 2 planning meetings, have planned and pre-
 sented for each club and have kept records of attendance
 and work done; have organized for new members and carried
 out membership drives. These leaders have given
 days of time and reached 14 families directly and 100
 indirectly. They have cooperated with the FBI and with
 the Health Department; to run the school lunch room and
 to further the health work.

16 training meetings, three by the specialist, three
 by the agent, were given to project leaders. Eighty-two
 women were trained as leaders but this does not comprise
 the picture of trained leadership in the county. Leadership
 has developed through the years and a backlog of trained
 ability has been built up. Suppose leaders were needed
 at short notice, we could call on 100 women for service
 and health, 50 for publicity, production, 10 for bread making,
 10 for recreational functions, 10 for domestic construction.
 This year when one club made the request for their year book
 they had a different leader for each meeting for the demon-
 stration, the agent was put down for one demonstration.
 When the calendar was made for the coming year, this plan
 was adopted in 16 clubs. The agent is invited to be
 present and to assist where necessary but the leader has
 promised to attend training meetings and to be responsible
 for the demonstration.

Home Visits and Radio News People

Probably home visits and radio news two of the best ways

of reaching people, undertaken by the agent this year. 346 home visits were made, more than half of them to 4-H girls. Many 4-H girls come from homes not otherwise reached by extension work. By visiting these homes the agent became acquainted with more people and they in turn learned to know her and her work.

Radio talks have been given every other Tuesday in the month all during the year. The County Agent talks on alternate Tuesdays. Results have been surprising. Some of the results from the health talks have been mentioned. Last January because of bad weather, the agent took the bus to Farnville to give the broadcast. The bus driver said he listens every Tuesday and on the return trip he quoted from the talk just given. Usually several cards or letters are received after each broadcast. One of the older out of school 4-H girls wanted to know what training was needed to broadcast. She is raising a laying flock of chickens and would be a good one to assist with a program. When snow and bad roads cut club meetings in half, the club women showed that there was no lack of interest by writing letters to the agent regretting that they could not have a meeting but that they were listening to the radio talks. One woman sets her alarm clock so that she will be sure to hear the program.

Fair exhibits, Achievement day round out the year and show results of work done. 4-H girls and boys brought exhibits of project work to the Central High School on their Achievement Day. These exhibits were judged and county prizes awarded. Then the best exhibits were taken to the Five County Fair. The girls and women won a goodly number of prizes at the Five County Fair, which encouraged them greatly. The club that has tried for three years to win a prize succeeded in winning second on their booth and the judges said they were within one point of tying for first. The 4-H girl who did not win at all last year, has improved her technique and won some eight prizes this year. Maybe fairs and exhibits do help raise the standard of work done.

The garden 4-H girls took their canned goods to Lynchburg to exhibit them in the Sears, Roebuck Store (front window for two weeks). Phyllis Adams won first

prize (county) on her garden. She also won the scholarship trip to 4-H camp given at the county achievement day exhibit to the girl winning most ribbons on her exhibits. Her mother says the project would have been worthwhile if Phyllis had won no prizes. She had been in an automobile wreck and a cracked vertebra had made her very nervous. Taking care of the garden all summer had restored her to health. Three other mothers of garden girls spoke of advantages other than prizes. These mothers are not Home Demonstration Club members. They live too far from clubs, in sparsely settled areas. One of them has recently moved into the county and this gardening was a first means of community contact and "getting acquainted".

V. 4-H Clubs

Program for 4-H General Meetings

General meetings were held each month to; 1- train boys and girls to work together in organized fashion. 2- to be good citizens. 3- to develop initiative. 4- to be informed on rural problems. 5- to have health and safety training. 6- to develop wholesome recreation.

Each monthly program had singing, timely farm and home information given in an attractive way, and a short demonstration by boys or girls, this demonstration taken from their project work. These were general meetings and no attempt was made to give all of the demonstrations for any one project. The assistant agent trained the boys and the home agent trained the girls to give these short demonstrations. For example December called for Christmas gifts; the boys demonstrated making a wooden sewing box or magazine rack, the girls making felt or quilted scuffs. In February the boys prepared a seed box or window box for tomato seed, the girls demonstrated "getting ready for baby chicks". In March the boys demonstrated transplanting tomato plants; girls "how to fold a garment so it won't need pressing when unpacked".

As a result of these programs one club discovered a talent for group singing. The reporter in another club sent news directly to the club paper and to The Progressive Farmer and it was published in both. The Central High

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School club held a formal party and dance with dance programs, receiving line, favors etc. to acquaint them with formal party etiquette. They had a very good time.

Curdsville 4-H Club does Excellent Work

For 5 years Curdsville has won the banner or plaque for the highest percent of completed projects. At the end of the year their leader hands in a report from every member. Their officers are active and preside well at meetings. They always have a program ready for the monthly meeting. Last month they brought the National Geographic to meeting and told about the article in it on 4-H work. When they leave Curdsville school and come to high school they all come into the senior club. The Girl who won so many canning prizes came from that club, so did the girl who won frozen foods medal.

Project Work with 4-H Girls

With the consent of their parents and the advice of their leaders, 200 girls enrolled in 248 projects, completing 211. 56 of the 61 girls completed the Food preparation project, planning and serving 1680 meals. 30 girls canned or put in the frozen food locker 16,000 quarts of food, 100 of 117 made 468 garments and re-modeled 40.

Home Gardens again Community project

10 girls enrolled in the garden program promoted by Sears, Roebuck Company. They used \$3.00 worth of seeds each, supplied by Sears and added to it enough for the family garden together with tomato and sweet potato plants - an acre of garden for each girl. Their fathers and brothers helped with the cultivation. Their mothers helped them can the vegetables. A garden specialist from the Extension Department visited the gardens twice, once in the spring or early summer and once in the fall. The 10 girls harvested \$1200 worth of vegetables.

Mention has already been made of Phyllis Adams, who won first prize on her garden and won good health at the same time. They are trying to build a house and material shortages of various kinds has delayed finishing it. In the meantime they are living in a corrugated iron shack,

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seven people in three rooms. Phyllis' mother was a 4-H girl too and she does a very good job of housekeeping in such close quarters.

Another garden girl who won second prize on her garden and on her canning lives with her folks in a log house in a cove of Willis mountain. Some member of her fathers family has lived in that house for over one hundred years. Cornell canned over 900 quarts of food from her garden. She exhibited canned foods at the Farmville Fair and at the Lynchburg fair and won prizes at both places.

So you'd Like to Sew was the project having the largest enrollment of girls. This project gives training in hand sewing, handkerchief, stuffed toy, towels, simple blouse etc. 69 girls enrolled and 62 completed the project. There are no prizes or contests for this project, yet it had the largest enrollment. It was some of these girls who made the articles sold at the lawafete of the woodland school.

4-H Leadership

16 women and 6 girls, organizational and project leaders have helped the girls with their projects, sponsored canning exhibits, helped with parties, and other recreation and with monthly programs. In all they have given 200 days of time to the work.

The women have generally been so helpful and cooperative that it is hard to single one out as best. The Curdsville leader is really responsible for the high percentage of completions in that club. The Woodland School Club leader helped the children with their projects and with their program. They are the ones who put on a program each month for the Home Demonstration Club.

The Home Economics teacher is most cooperative and interested in 4-H work. In this way almost twice as many girls are trained in some phase of homemaking. In the summer the teacher and the agent make home visits together. When the girls begin practicing demonstrations for contests, such as frozen foods and food preparation, the teacher lets them come over to the Home Ec Cottage and give the demonstration

to a class for practice. Adult and leader training meetings are held in the home ec cottage.

VI. Cooperation with Other Agencies

In addition to cooperation with the Home Economic Department and with the Ruritan Club, the agent attended and assisted at USDA council meetings and with farm and home unit work of TVA.

Eleven days were given to public health. The agent talked over the radio during the TB clinic campaign; she and outside speakers visited home demonstration club meetings in the interest of health work.

VIII. Evaluations of the 1948 Home Demonstration Program

This year Home Demonstration women set out to better family living.

1. Better health through better nutrition - reached directly 900 people
2. Better use of income through study of banking - reached directly 275 people
3. Better family relations by cooperating with 4-H work and working as family unit - success of garden and grounds improvement projects reached 200 people
4. Better health through added health facilities and better use of present facilities - reached 300 people
5. Reach more people by having a program of interest to them based on county needs - Club membership increased. One new club now organized.

The table shows that the program was fairly successful and the women achieved their goals. But such goals are progressive and can always be better achieved, they are like the 4-H motto "To make the best better"

Health work will be continued in the coming year as part of the program but we will turn to the problems of housing this time since it is a county-wide problem and so many folks would like to have it solved.

to a class for practice. Adult and leader training
meetings are held in the home on a regular basis.

Cooperation with Other Agencies .IV

In addition to cooperation with the Home Economics
Department and with the Garden Club, the group attended
and assisted at YWCA council meetings and with their own
home visit work at YWCA.

Classes have been given in public health. The group
joined over the radio during the 1934 campaign and
had outside speakers visited from demonstration clubs
meetings in the interest of public work.

Evaluation of the 1934 Home Demonstration Program .VIII

This year Home Demonstration women set out to better
family living.

- 1. Better health through better nutrition - reached
directly 300 people
- 2. Better use of income through study of banking - reached
directly 177 people
- 3. Better family relations by cooperating with 4-5 work
and working as family unit - success of Garden and
grounds improvements projects reached 500 people
- 4. Better health through added health facilities and
better use of present facilities - reached 300 people
- 5. Health more people by having a program of interest to
them based on county needs - club membership increased.
One new club was organized.

The table shows that the program was fairly successful and
the women achieved their goals. But more goals are pro-
gressive and can always be better achieved, that are like
the old motto "To win the best better."

Health work will be continued in the coming year as
part of the program but we will turn to the problem of
demonstrating this also since it is a county-wide problem and
no many clubs would like to have it solved.