

VIRGINIA

CAMPBELL COUNTY HOME DEM. AGENT ANNUAL REPORT 1934

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**REPORT FILES**  
OFFICE COOPERATIVE  
EXTENSION WORK

ANNUAL NARRATIVE REPORT  
HOME DEMONSTRATION WORK  
CAMPELL COUNTY  
VIRGINIA

1934

Mary E. Moorman -  
Home Demonstration Agent

December 1, 1933 - November 30, 1934

HOME DEM AGENT ANNUAL REPORT

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III. Personal Report Summary.

Days in field (Agent).....	214½
Days in office (Agent).....	74½
Days in field (Assistant Agent).....	15½
Days in office (Assistant Agent).....	9½
Days annual leave.....	17
Days sick leave (Agent).....	0
Days sick leave (Assistant Agent).....	1
Days leave without pay.....	0
Legal holidays taken.....	7
Number of home visits made.....	767
Number of different homes visited.....	406
Number of 4-H club demonstrations visited...	205
Number of office calls.....	478
Number of telephone calls.....	42
Number of news articles published.....	174
Number of individual letters written.....	3271
Number of different circular letters prepared	13
Number of bulletins distributed.....	887

#### IV. Status of County Extension Organization.

1. County Organization Giving Financial Support.

The County Board of Supervisors, which is made up of a representative from each of the five magisterial districts of the county, makes an appropriation each year for the support of home demonstration work in the county.

2. County Organizations Supporting the Work.

a. Home Demonstration County Advisory Board.

1- The County Advisory Council for home demonstration work is composed of five members at large, one from each magisterial district in the county. The members are elected by the Council for a term of three years - and the officers of the Council are elected from these five district members. Other members of the Council are all presidents of the home demonstration clubs, chairman of the County All-Star Chapter and president of the County 4-H Council. There are now twenty-five members of the Council. The purpose of the Council is to assist in planning the work in the county each year, to advise the agent from time to time as to the county's needs, to assist in planning the special programs, to assist in raising money for the various county activities and to secure prizes. The Council, also, has the responsibility of securing the appropriation for home demonstration work in the county from the Board of Supervisors each year. To accomplish its work it is necessary that the Council meet three times annually.

The planning meeting for the year's work for 1934 was held by the County Advisory Council and leaders of the home demonstration clubs in November, 1933. Due to the fact that Home Management was the major project for 1933 - and that the women had become intensely interested in promoting better homes and home management on other lines - the Council decided on Food Preparation for the major project for 1934, with Food Preservation as a minor. Because of the need in the county for higher standards of Health and Good Citizenship these two projects were chosen, as the county wide projects for the year, with goals for better health through physical examinations, and better citizens by holding inspirational citizenship meetings. Due to the fact that there are in Campbell County 1,911 white homesteaders living on farms and 1,456 who do not live on farms the Council decided to make a bigger effort than ever to reach more of these.

2. Advisory Council Program of Work for 1934.

Goals	Accomplishments
Two meetings during year	Two meetings held
75% of members present	60% of members present
County wide physical examinations for women with 150 women examined	Clinic held with 200 women examined
Have each home demonstration club hold one public meeting on good citizenship	15 clubs held public meetings
Have one county wide mass meeting on good citizenship	This was not held
Have 5 new home demonstration clubs	5 new home demonstration clubs organized
Have Food Preparation for major project - with 6 demonstrations in each club	This was accomplished
Secure appropriation for Home Demonstration Work another year	Appropriation was made as Council requested
Have county wide Achievement Day in Oct. 1934	Achievement Day held, with 300 present

b. 4-H Club Council.

1. The County 4-H Club Council is composed of the officers of all the 4-H Clubs in the county. At the present time the Council has 75 members. The Council has held two regular meetings this year, the late fall meeting for the purpose of organization work and the making of the county and club 4-H programs for the year. The early summer meeting to select the major projects for the coming year and to plan county wide club activities such as camps, picnics and Achievement Day and financing these affairs.

B. 4-H Club Council Program of Work for 1934.

Goals	Accomplishments
Two meetings during year	Two meetings held
60 members present at each meeting	Attendance 140
Have 40 girls attend the district camp	52 girls and 7 leaders attended
Have representatives from each club attend State Short Course	Representatives from 9 clubs attended
Have each 4-H Club make and follow a program of work	12 programs made 10 programs followed
Have Clothing for major project, with 100% completions	Clothing in 15 clubs with 304 enrolled and 247 completions
Have Food Preservation as minor project	Food Preservation was minor project for 15 clubs
Have 50 club members enter canning contest	141 entered canning contest with 103 exhibits
Hold county wide dress contest	Held with 45 contestants
To hold county wide Achievement Day	Held with 325 present
To finance Achievement Day	\$7.50 spent for Achievement Day
To send 5 girls to State Short Course (Winners in County Correct Dress Contest)	5 girls were sent with \$5.00 scholarships given by Council to each
To secure a club leader in every club	Leaders secured for 12 clubs

3. Campbell County has in it 2,490 girls within club age, these girls are in forty different communities, needing 4-H club work. This year there were 15 4-H clubs in the county - reaching girls in twenty-two communities. The Council has plans underway to reach more girls in their home communities by holding more of the meetings out of the school. To do this more experienced leaders are necessary and the securing of such leaders is the responsibility of the 4-H Council. There are now 394 club members in the county.

3. General Policies and Relations With Other Organizations.

The Poultry Association, Red Cross, F.E.R.A. and Community League are the county organizations in closest co-operation with home demonstration work this year. The home agent is a member of these organizations and assists in carrying out their plans of work. The agent is an honorary member of two garden clubs and assists wherever possible in getting close co-operation between these organizations and home demonstration work in the county.

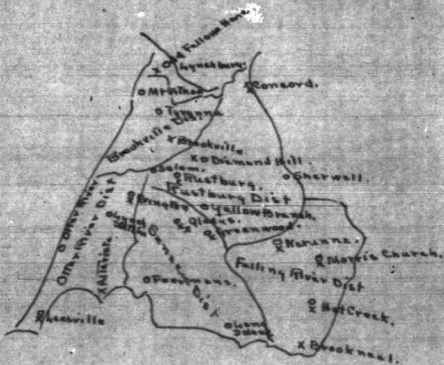


V. Program of Work.

1. Map of Campbell County-

O-Demonstration Clubs.

X-I-H Clubs.



a. Map Index-

18 Home Demonstration Clubs-

Name	Number of Members	Number of Meetings
Diamond Hill	27	11
Evington	50	12
Gladys	30	12
Greenwood	28	12
Hat Creek	19	12
Leesville	19	11
Long Island	20	12
Lynch Station	23	11
Morris Church	23	12
Mt. Athos	56	12
Naruna	28	12
Otter River	19	11
Peermans	28	9
Rustburg	28	12
Salem	20	12
Shawville	52	12
Tyranna	14	9
Yellow Branch	26	12
Poultry Association	25	12
<b>Totals</b>	<b>532</b>	<b>212</b>

15 4-H Clubs-

Name	Number of Members	Number of Meetings
Altavista	20	12
Brookmeel	25	10
Brookville	16	12
Concord	24	14
Diamond Hill	15	11
Evington	26	12
Gladys	27	12
Gladys Junior Homemakers	16	12
Greenwood	19	12
Hat Creek	16	11
Morris Church Junior Homemakers	15	11
Naruna	28	12
Odd Fellows	23	12
Rustburg	28	12
Leesville	10	12
<b>Totals</b>	<b>324</b>	<b>179</b>

2. Scope of Work.

a. Enrollment for Past Three Years-

Year	Women		Girls	
	No. Clubs	No. Members	No. Clubs	No. Members
1932	9	259	9	259
1933	13	349	12	338
1934	18	512	15	384

3. Women's Work.

a. Major Project-

1. Food Preparation.

Food preparation was chosen as the major project for women's work for 1934. With an aim and desire to use home grown products in less expensive dishes and yet be more attractive and of greater food value. There were six demonstrations selected in this project to be given to the eighteen organized groups of women with a membership of 512.

The State Food Specialist conducted three training meetings, giving leaders and agent six demonstrations. The clubs were then given these and much interest was created. The eighteen groups were given a total of 120 demonstrations by local leaders and agent. The results obtained were - 34 different dishes prepared at meetings on meats, yeast breads, home grown fruits and vegetables, refreshments and desserts. It is estimated that 700 women are following some of the suggestions and recipes, and giving their family better food prepared from home products.

Discussions were conducted at the meetings on using home products and budgeting the home food supply. As a result - 71 homes report they are budgeting food expenses for the year, 330 are having well balanced meals, 89 families are following food buying recommendations and 237 are making yeast breads from home grown flour - with an estimate of a total of 450 of the home demonstration club membership making all of the bread used in the home. It is estimated that these 450 families save annually more than \$2,000 on their bread making alone.

The hot school lunch was sponsored in three schools by the home demonstration groups. There were 400 children who derived benefit from these lunches.

Food preparation also led to improving health through better prepared food and diet - with 134 individuals following suggestions for weight control, posture and constipation.

b. Minor Projects-

1. Food Preservation.

There were 20 demonstrations given by leaders and agent on food preservation during the year - with special emphasis given to following a well planned canning budget giving the family an adequate food supply. As a result - 242 women made a canning budget and 158 exhibited canned products in contests. 250 women were assisted in canning problems. Budgets and reports show a total of 197,873 quarts of home products canned by adults with a total value of \$40,682.90 - 2,876 pounds of fruit dried valued at \$1,006.60 and 2,500 pounds of vegetables dried with a value of \$877.60 - thus, giving a total value of \$42,573.30 for the adult food preservation work accomplished in the county for 1934.

The standard of canned products is higher than ever before. Women received inspiration from canning contests - prizes valued at \$19.00 were given in the county and third place in the State Contest was awarded to a county contestant with a prize of \$12.00. Canning budgets and year round gardens have made it possible for more of the farm families to "live at home". Reports show that 185 families of club members are now "living at home".

2. Cheese Making.

Cheese making has been another phase of food preservation stressed this year. There have been given by specialist, agent and leaders eleven cheese making demonstrations - with 75 women making cheese from the surplus milk on the farm. A total of 6,126 pounds of cheese has been made during the year - with a value of \$1,227.60. This furnished not only a wholesome food but adds variety to diet. An estimate of 1,000 pounds has been sold at the price of \$200.00 - thus bringing in some income to nine families. One club member, as a result of demonstration work, has sold 500 pounds of cottage cheese at 20¢ per pound, with a total value of \$100.00. One woman in the county who has sold over 200 pounds of cheese and given away as much, says "Cheese has become my 'Hobby'. I use it for gifts, pin money and even some of the necessary things of life - and adore making it". She has shipped cheese to friends in five other states and enjoys the letters from them telling how they enjoyed it. One interesting story of her cheese making is - she taught her niece to make cheese and this young lady returned to Mississippi and gave her home demonstration agent a demonstration.

### 3. Home, Health and Sanitation.

Following the plan of work as made by the Advisory Council - a campaign for physical examinations of county women was made this year. As a result - four clinics were held in four districts in the county - by county physicians - and a thorough examination was given at a cost of \$1.00 per person. One hundred and forty nine women were examined through these clinics and 50 other women had examinations as a result of the campaign. Follow up work has been outstanding - with 17 maternity cases getting regular advice - 3 who were found to have lung trouble being given special treatment - 7 had tonsils removed and many are following instructions as to treatment for general health. The number following a corrective diet has been outstanding. One most interesting fact about this clinic was that not one of these women were accustomed to an annual physical examination.

Other health and sanitation work was done through 3 contests held in the neighborhoods of the under privileged groups. Through these contests - 16 new toilets were built and 3 remodeled, screening was repaired and a great deal of cleaning was accomplished. Fences were mended and white washed and hog pens and manure piles moved to a safe distance from house and water supply - 4 wells and 3 springs were covered. Better dish washing and home laundering was encouraged. The personal improvement in neatness is most noticeable.

Two young women in one home made their own toilet. First they sawed the logs and dragged them to the home, then dug the pit - they used plank from a saw mill and did all the building.

### 4. Home Poultry.

The poultry work this year was done through the County Poultry Association, of 26 members, the ten persons keeping the farm flock calendar and the two Better Breeding contests. The object of the association is to encourage better poultry and market conditions in the county. This association sponsored the two county contests. Final reports from the association show - 30 flock owners followed an organized improved breeding plan for the year - 150 persons bought certified baby chicks - 40 bought improved sires - 30 improved equipment and housing conditions, with 4 new houses built - 22 kept accurate records and 150 fed and cared for flock according to recommendations.

The ten farm flock calendar records carried in the county involved 1,107 birds with a year's profit, above cost of feed, of \$1,670.78 - and a yearly average of 129 eggs per bird.

The Better Breeding contests had for their object the promotion of higher standards of poultry by keeping separate place for breeding pen through breeding season, keeping daily records of both pen and flock, records of number of baby chicks hatched and eggs set - with number of chicks raised and the identification of off spring. Reports from these contestants

show much stronger and healthier flocks and better sale for breeding stock and eggs for hatching. Housing conditions were improved with 6 houses remodeled, 2 brooder houses and 1 laying house built. These flocks show a profit for the year of \$1,305.62. Prizes were awarded amounting to \$12.00 in value. The contests have been of so much educational value in better breeding of poultry that a continuation of the work of line breeding will be continued for another year.

**c. Community Activities.**

**1. Citizenship.**

Public inspirational meetings on Good Citizenship were perhaps the outstanding community work done in the county this year. Eighteen communities took part in this work with fifteen communities holding public meetings. Programs for these meetings were planned ahead of time, with an address on Good Citizenship given at each meeting - the rest of the time was given over to round table discussions, musical and recreational programs and in some cases refreshments were served. A total of 900 people attended these meetings.

The object of these meetings was to encourage better citizens by higher standards of living, more intelligent voting and careful obedience of the law.

**2. Community Fair.**

The Greenwood home demonstration and 4-H clubs held a splendid community Fair in October. There were 167 exhibits of garden and canned products, baking, poultry, butter, flowers and sewing. The quality was much higher than that of 1933. This community has in it only marginal families and the Fair as a goal for the year's work has proven most successful.

A program was given by the club members, leaders and agent - and consisted of judging demonstrations on canned products and bread, a correct dress contest and a baby show with 14 babies entered. This was especially good as each baby was given a physical examination by an interested doctor and registered nurse.

There were 150 persons present at this occasion.

4. Leader Training.

Each of the 18 home demonstration clubs has two leaders. These 36 leaders are supposed to meet with the home agent and specialist of the major project three times during the year for special training in giving demonstrations on this project. The leaders then give demonstrations to their respective clubs. The leaders in Campbell County gave 78 demonstrations in 1934, aside from giving individual help to club members and other homemakers. They secured records and winning budgets from 18 clubs with 518 women involved.

Mrs. Carlyle Pettit, leader of the Yellow Branch Club, has done a most interesting and helpful piece of work as leader, not only in her club but in her community. Mrs. Pettit has given three of the food preparation demonstrations in the major project and assisted the leader with the other three. She has given three food preparation demonstrations to other groups and has given two cheese demonstrations in the county. She has, also, shown 50 women how to make yeast at home. She attended all training meetings, and assisted Mrs. Wallace, of the Kerr Canning Company, with two demonstrations in the county.

Perhaps the outstanding leadership work was shown in Mrs. Pettit's securing 1000 winning budgets from club members - with 17 entering the canning contest - and showing these women how to make their budgets.

She closed her year's leadership work with a "Tea" given to club members, thus in a lovely way bringing into practice some of the social customs she had tried to show through her demonstrations throughout the year. The Tea was followed with a shower of canned products for two underprivileged persons of the community.

Through her efforts a large steam pressure cooker was bought by the club for club use. Twenty-six families have been directly benefited through the leadership of Mrs. Pettit.

a. County Camp.

1. Campbell and Bedford Counties held a joint four day camp for women in May of 1934. This camp was held at Ruthers, F.W.C.A. Camp in Bedford County. Nineteen women from Campbell attended the full time and forty-eight women came for a day or for part time. There were, also, thirty-five other visitors from Campbell for a few hours.

2. Campbell, Bedford and Amherst Counties held week-end camp at Camp Ruthers in October of 1934, for women who were 4-H club leaders in these counties. Eight leaders and the home agent from Campbell attended. This was for the purpose of recreation and organization work.

*Working  
Camp &  
by Carl Pettit*

*Mr. Pettit*

f. State Federation of Home Demonstration Clubs.

Seven women who are members of the county home demonstration clubs attended the State Federation of these clubs held in Blacksburg in August. Five of these women were sent with their expenses paid by the clubs. They came home with a finer and clearer view of the objects and goals of the federation and program of work for rural women in the state, and have given inspirational reports to their clubs.

g. County Meetings.

1. Achievement Day.

Achievement Day was held at Rustburg, the county seat, with 300 present. Report of work accomplished by home demonstration clubs was given by a member of the Advisory Council, with each club showing in a tableau some outstanding accomplishment. The County Canning Contests were conducted at this time.

A splendid address was given by the State Director of the Virginia Extension Division on the A.A.A. program.

A most effective and successful feature of the day was exhibits made by members of home demonstration clubs of products they had brought up to a high standard and wished to market. These included food products, hand craft and sewing. \$52.00 was realized from sales made that day.

2. Egg Show.

The annual egg show was held in January in the county court-house. Fifty entries were made in white and brown eggs - with prizes valued at \$50.00 awarded. The quality of the eggs was superior to any previous egg exhibit held in the county.

The program of the day consisted of two addresses given on Selection of Eggs for Hatchings and the Selection of Breeding Stock. There were 75 present.

h. Market Work.

Market work in Campbell <sup>county</sup> this year has consisted of bartering among club members, an organized group doing hand craft for sale, and three individuals selling in the market as a result of home demonstration work. Twenty women have become interested within their clubs in bartering food products and the exchange of sewing. As a result, these women estimate they have saved during the year \$150.00.

Eight women, organized as a county hand craft group, have sold \$25.00 worth of articles and others not organized have sold articles and bottomed chairs bringing in a profit of \$115.00.

Three women, who have a stall on the community market, have sold \$100.00 worth of fruits and vegetables and baking valued at \$330.00 during the year.



Fifteen individuals have been given assistance by the agent in standard pecking and grading, processing, locating markets for produce, and the use of current market information. The total profit for the year - for these individuals and groups - is \$718.00. This money has been used largely to carry on the small necessary expenses of the home. Some of it has helped pay taxes and much has gone to feed and clothe the family.

**i. Relief Work.**

With both a welfare worker and garden director in the county this year the relief work for the home agent was not so heavy.

During the first three months of the year, there was with the agent a paid helper - and during that time work was established in eight communities with marginal families and those on relief. The groups were given 38 demonstrations on food preparation, using foods given by the Relief Office, and sanitation. This work was conducted on contests basis - and breads were baked and brought to meetings for judging - cleaning was done not only in the homes but personal care of body was stressed. As a result of this relief work three of these groups are now organized into regular home demonstration clubs.

Other relief work done has been assisting the garden director in getting her work started and acting in an advisory capacity in passing on individuals requesting help.

Twenty-nine farm families have been assisted in becoming self supporting by giving them instructions on bread making at home, year round gardens, following canning budgets and poultry improvement. Three families have been assisted in getting established when moving to farms in the following ways - getting spring gardens started, buying poultry and remodeling and building poultry houses and in butter making and canning. These are all families who had been on relief.

**j. Program of Best Home Demonstration Club.**

Plan of Work 1934.

Yellow Branch Home Demonstration Club - Membership 24.

Goals	Accomplishments
Major project: Food preparation - 6 demonstrations	Food preparation - 6 demonstrations
Minor project: Good Citizenship and Back-yard Improvement	Good Citizenship and Back-yard Improvement - 3 demonstrations.

Community project: Better Health:	19 in community took physical
Sanitation - Physical Examinations:	examinations
	7 Aid screening 2 toilets built
	20 back-yards cleaned
	:
Raise \$80.00 for use of club	Raised \$36.00
	:
Have special recreational	Recreation at 10 meetings
feature at each meeting	:
	:
Have one public meeting on Good	Public meeting held with
Citizenship	83 present
	:
Have 100% members vote	90% voting
	:
Have recipe book contest at end	Contest held - 10 books entered
of year	:
	:
Increase club membership to 30	Membership 26
	:
Assist with 2 under privileged	Assisted with 2 under privileged
clubs	clubs
	:
Have 2 members attend Camp	2 members attend full time
Rethers	7 members attend part time
	:
Have 2 members attend Virginia	2 members attended Virginia
Homemakers Association	Homemakers Association
	:
Have 100% make canning budgets	100% canning budgets
	:
Have 100% attend Achievement	90% attended
Day	:
	:
	:
	:

The Yellow Branch home demonstration club has been one of the best organized clubs in the county aside from doing such a splendid piece of work. After making their plan of work, standing committees were appointed to strive for the various goals. Every one of these committees functioned. Three sponsors were appointed to assist with two marginal and relief neighbor clubs. At least one of these sponsors has attended each of the meetings of these groups and has, also, attended some of the leaders conferences and given demonstrations in the two clubs.

The two leaders of the Yellow Branch club attended all leaders conferences and gave all 6 of the demonstrations. The leaders have given 6 other demonstrations in other communities.

The club did a splendid piece of health work. Through their influence in the community 19 women took a physical examination at the clinic, 20 homes had special back-yard cleaning done, 2 toilets were built and 7 put in screening that had not done so before.

The finance committee gave a "Banless Wedding" and cleared \$36.00. With this money the club sent 2 delegates, their leaders, to the State Home Demonstration Club Federation, bought a 25 quart steam pressure cooker, paid for materials used for demonstrations and paid transportation for a speaker for two meetings. The club, also, paid Federation dues of \$5.00 and gave \$5.00 for prizes for the community fair held by one of the clubs they were sponsoring.

The Good Citizenship project was outstanding. The public meeting had an afternoon attendance of 83 - with 5 clubs represented. A most excellent program was rendered. This project has influenced nine women to vote who had not done so before.

Two attractive meetings have been held for pleasure this year, one, the "Tea", given by the leader - who in her gracious way had this as a real demonstration, the other, the November meeting where officers were elected and the recipe book contest was held. These books showed how the members were using their knowledge on food preparation.

One hundred percent of the members of the Yellow Branch Club made canning budgets and seventeen entered the Contests - with one member winning second place in the Ball Contest and another winning second place in the Kerr Contest.

Perhaps one of the finest accomplishments of the Yellow Branch Club is the fellowship experienced and the delightful social hour held at each meeting. The husbands and brothers often come to the meetings and attend the social hour.

#### K. Recreation.

The Leesville home demonstration club has had three community recreational meetings - holding these in an old church no longer used. The object of these meetings is a "Good Time for Adults". The programs are planned by club committees - and organized games and good music for square dancing are the main sources of recreation. Refreshments are served, thus giving an hour for friendship chats and old friends getting acquainted all over again. These good times are filling a real need and developing a spirit of fellowship with 150 persons enjoying the delightful parties.

Other groups have accomplished something in having recreational features at regular club meetings and public meetings. Games, contests and community singing that can be used in the home and community gatherings are taught.

Three clubs have had annual picnics where "Friend Husband" has been invited and all enjoyed fishing and swimming.

#### 4. Girls Work.

##### a. Major Project

##### 1. Clothing.

Clothing was carried by the 15 4-H Clubs in the county as the major project for the year. There were 394 club members enrolled with 347 completing the year's work. These girls carried either first or second year's clothing work - and the following work was accomplished -- 622 dresses and 1,011 other garments made, 601 garments remodeled and 136 girls did dry cleaning of clothes. It is estimated that this program saved the club members \$3,652.23.

Posture and good grooming were goals for which the clubs worked and as a result 111 girls improved their posture during the year and 387 girls are now better groomed, with 364 wearing more comfortable shoes. There are 151 club girls doing their own mending and 216 part of their mending, while 42 do all the family mending.

Other important results of this major project are 326 girls following recommendations in improving care, renovation and remodeling of clothing, 373 are constructing garments, 347 are selecting their own clothes, 364 kept clothing accounts and 32 made budgets.

2. Correct Dress Contest.

The Correct Dress Contest for club girls was an outstanding feature. Two contests were held - one for girls over 14 years of age and one for girls under 14 years. Forty-eight girls entered these two contests in three classes. Six scholarships were offered to the State and District Camps. 425 people attended these contests and splendid publicity was given work being done by the 4-H girls. These contests had a real influence toward better posture and better grooming on the club girls and on many seeing the revue.

3. Dress Revue.

The County Dress Revue had 24 of the older girls to enter from 12 clubs. The contestants selected and made the costumes worn, with the exception of hat, shoes, hose and gloves.

A club girl wearing a cotton school outfit of blue won first place in the county contest held at Millner's Store in Lynchburg. The Campbell County winner also won first place in the district contest and entered the state contest held in Richmond.

4. Story of One Club Girl's Clothing Work.

Mary Bell, of the Brockville Club, has perhaps done the most outstanding clothing work in the county this year. Mary is doing second year's project work - and entered both the correct dress contest and the dress revue. She won first place in sport costume in the correct dress contest and was given a scholarship to the State Short Course, where she entered the state contest and won 3rd place in her class. She won 2nd place in the county dress revue and was awarded a certificate of merit.

Mary has made 9 dresses and 14 other garments and has remodeled 12 garments. These are estimated at a present value of \$48.00. In her own story she writes - "In looking over and checking up on my club account and record for the year I was pleased when I realized that at a very modest estimate I have this year saved my family \$35.00 in dry cleaning - and aside from this, my brothers and father have paid me a total of \$16.00 for doing their dry cleaning. I have mended for the family 330 garments and have remodeled a coat for my mother and one for my younger sister".

b. Minor Projects-

1. Canning.

The 15 4-H Clubs carried canning as their minor project this year, with 164 girls enrolled and 103 completing. 141 of these girls made canning budgets and entered the contests - with 103 exhibiting. These 4-H club members canned 32,196 quarts of fruits and vegetables, 1,910 quarts of jelly, jams and pickles and it is estimated that they dried 200 pounds of vegetables and fruits. The total value of these products is \$6,666.70.

Three county canning contests were held and prizes awarded amounting to \$12.00 in value. These exhibits were seen by 325 people. One state award of \$5.00 was given to a Campbell County 4-H Club girl.

2. Growth Work.

304 club girls enrolled in Growth Work as a second minor. 117 of these girls had health examinations, as recommended and 261 improved health habits. 111 girls improved posture.

Eight clubs held growth work contests, with 117 contestants. These results showed that 43 girls had brought up their weight to normal, by correct eating and exercise, 7 girls had reduced to correct weight and 101 were 5 Pointers in health.

3. Community Activities.

The community project that was most outstanding in the county was the serving of hot school lunches in three schools, reaching 400 boys and girls. These lunches were sponsored by the home demonstrations clubs but food was either prepared at home by 4-H club members and carried to the school or prepared and served by the club girls in school. One hot dish was served each school day for four months during the school term.

4. Program of Best Club.

Brookville 4-H Club - 1934  
16 Members

Goals	Accomplishments
Major project: Clothing	Clothing
Minor project: Food Preservation with 50% taking project	Food Preservation with 100% taking project.

Growth Work:	:	Accomplished
100% wear proper shoes	:	
100% improve posture	:	
100% well groomed	:	
100% cheerful and thoughtful	:	
100% physical examination	:	
	:	
Special activities -	:	Accomplished
100% completing project	:	
	:	
Every club member give one	:	Accomplished
demonstration	:	
	:	
100% entering Correct Dress	:	100% entered -
Contest	:	2 first places won
	:	
2 members entering Dress	:	3 members entered
Revue	:	
	:	
5 club members attend	:	8 members attended
District Camp	:	
	:	
2 members attend State	:	5 members attended
Short Course	:	
	:	
Special Recreational Features:	:	
Have one party - invited	:	Party - 100% present with
friends	:	20 guests
	:	
Hold one picnic for club	:	Picnic held -
members only	:	100% present
	:	
Have hour for planned play	:	Accomplished
and recreation at each	:	
meeting	:	
	:	
Have club leader attend	:	Attended 5
all training meetings	:	
	:	

The Brookville Club is again in 1934 the outstanding club in the county. Well planned programs have not only held the club members but the parents interest is even greater than it was last year.

The president of the club is a real leader and encouraged the girls toward higher standards of club work and a fine spirit of competition. As a result the following awards were won this year by the club -- First place in County and District Dress Revue -- First place in Sport Costume in Correct Dress Contest for older girls, with a scholarship to the State Camp -- First place in the Correct Dress Contest for little girls, with a scholarship to the DISTRICT Camp in 1933 -- First

and second awards in the County Hazel Atlas Contest -- Third in County Kerr Canning Contest -- First in State Club Members Poetry Contest -- and the County All-Star this year was from this club.

The president of the County Council is Embra Moorman of the Brookville Club and the secretary of District Camp is Eleanor Nash from the same club. The work of the club was accomplished by having good committees, well selected officers, an untiring leader and parents who gave splendid co-operation. The club meets in the home of the members in the evening and enjoys the social contacts.

#### e. Leader Training.

Each of the 15 4-H Clubs in the county has one adult leader. Four of the clubs have an assistant junior leader. These leaders have had, during the year, 8 training meetings with 124 present. These training meetings were held for the clothing project demonstrations and organization and program planning. The leaders gave during the year 70 demonstrations on clothing and related subjects.

The leaders attend the Council meetings and Achievement Day and assist in planning work and programs and carrying these out. The leaders, also, assist in public meetings and raising money to finance club activities in county and local communities. Individual help on project work is given club members by leaders.

The Swington Club has an exceptionally fine leader in Mrs. Herrick West - mother of one of the club girls. Mrs. West has attended every leaders conference - sometimes leaving home before seven o'clock to get to the meetings. In clothing project work Mrs. West is most excellent and has given the group 9 clothing demonstrations and has, also, given each of her 36 club members individual help. She gave 2 canning demonstrations to club members - and follows a well planned demonstration outline. She has been able to reach more of the under privileged girls than any other club is reaching and has a talent for using the resources around her.

Mrs. West has had 100% of officers at both Council Meetings this year, 90% attended the Achievement Day and 20 of her club members assisted with the county law party for raising money. Mrs. West and six of her club members attended the District Camp and she was responsible for having a representative at State Camp. She is most excellent in program arrangement and had entire charge of the Special Feature of "King Cotton" for the Correct Dress Contest held on Achievement Day.

Mrs. West's success is due to her real love for service to the young people and the faith in what 4-H Club work can do for the rural life.



APPENDIX

Pictures from Campbell County - -



Highest Record Pen - Betty Brooding  
Contest 1934



Kerr Contest Winner



County winner in  
Growth Work.

f. Camps and Short Courses.

1. District Camp.

The district 4-H camp was held at Hampden Sydney College in June with 28 girls and 7 leaders attending from Campbell. This was a five day camp. Work was given by leaders and Extension workers in grooming, hand craft and nature study. The recreation and vesper programs were outstanding, with the object of developing leadership. Those attending from Campbell had the amount of \$30.00 raised by local clubs to help defray their expenses. Others attending paid their own expenses.

2. State Short Course.

Fifteen girls, one leader and agent from Campbell attended the state short course at Blacksburg in July. Seven had won county scholarships. Others attending were chosen as representatives from their local clubs and had expenses paid by clubs. \$45.00 was raised for this purpose. A Campbell girl won first place in the State Poetry Contest. One club girl from Campbell was made an All-Star.

g. 4-H Achievement Day.

The 4-H Achievement Day in the county was attended by 325 club members and others who were interested. A program was rendered that portrayed in its different ways what 4-H club work has accomplished in the county during the year. 4-H club canning exhibits and contests were held at this time. The afternoon program was followed by a picnic supper and then a candle lighting service with 300 taking part. A moving picture - "Partners Three" - was given for all.

The county contests and achievement program, especially the candle lighting service, have been an inspiration for better things and have advertised club work as nothing else could have done.

h. Older Girls Work.

1. Two groups of older girls organized have an enrollment of 26 and have for the past year carried their work as 4-H work as the other clubs have done, but with more difficult problems. These groups were not organized in the beginning of the year - but have become so interested in advance work that they are making separate and definite programs of their own for 1935.

2. All Star Chapter.

An All Star-Chapter of seven members is organized in Campbell. This Chapter has held two meetings during the year for the purpose of promoting better 4-H club work in the county with especial efforts to be given work with older girls and boys. This year the All-Stars have secured three 4-H club leaders and have assisted in organizing 2 groups of older girls and boys.

As a special goal for the county chapter the All-Stars have chosen "Personal Improvement of Body, Mind and Customs".

i. Recreation.

Recreation has been developed at the local club meetings, picnics, achievement day, councils and camps. Organized games, music and contests are taught through committees or persons appointed for this work. In a few of the clubs these programs are meeting the social needs of the community - and these same phases of recreation are being taken by club members into school and church recreational activities.

VI. Progress Made in 1934.

Home demonstration clubs were increased from thirteen to eighteen in number this year, with an addition of 175 in membership. The Poultry Association has continued in the work of extending Extension work in the county. The 4-H Clubs have increased from twelve to fifteen in number, with an increase of 46 members. Better attendance and better work has been given by the leaders. The 4-H and adult leaders in 1933 gave 38 demonstrations - this year the leaders have given 129 demonstrations.

Food preparation has been especially helpful in preparing better and more wholesome food and in utilizing home grown foods - thus saving the food expenditures. Clothing for girls, canning, drying, cheese making, proper care of farm flocks and the keeping of records and making canning budgets have brought about economic saving and profit to the homes reached in demonstration work this year.

Exhibits, contests and Achievement Days have increased in number and attendance with better planned programs. Plans of work have been made with more thought and care as to county needs - and better results obtained.

All records are more complete and have been secured with better co-operation of leaders and club members.

For the first time the Health Program has taken a forward step and work has been accomplished with 200 women and 117 girls.

Though some outstanding pieces of work have been accomplished and some of the goals set for the year reached in 1934 the agent is not satisfied. Ways and means of transportation made county and even community meetings difficult. This means that even with the additional clubs organized this year a vast number of women and girls needing the work are not being reached.

The place and time of meetings of 4-H clubs is ever a problem. Short periods in school are not satisfactory nor are night meetings in many cases. The dependance on the agent for community detail arrangements has kept the work from meaning what is should in a number of communities.

Plans of work are not yet satisfactory throughout the county. The clubs, both 4-H and adult, are failing to meet the vital need in their communities that they should.

#### VII. Plans and Goals for 1935.

##### a. Women's Work.

###### 1. Major Project-

Foods - Meal Planning - 6 demonstrations with leaders giving all six.

###### 2. Minor Project-

Clothing, Health and Sanitation.

###### 3. County Campaign-

Health and Sanitation - Having as aims 250 women taking health examinations, the building of 100 sanitary toilets, the regular cleaning of at least 200 toilets, better screening of 150 homes and an educational drive for typhoid inoculation.

###### 4. Other Work-

a. Continuance of 2 poultry improvement contests, keeping of Farm Flock Calendar Records, support of County Poultry Association and an egg show.

b. Creditable participation in all the usual county-wide meetings and in state meetings and contests.

##### b. Girl's Work.

###### 1. Major Project-

Clothing - 12 demonstrations, and participation in Correct Dress, Style Dress Revue and Growth Work Contests.

###### 2. Minor Projects-

Canning - with good number entering state contests.

3. Send 40 girls to District Camp and 15 to State Camp.

###### 4. Some Other Goals for 4-H Clubs-

a. Improved leadership.

b. Definite programs for both 4-H Council and individual clubs - made and followed.

