

**Appendix 1.** Pre-Library Session Library Course Guide from Spring 2014 [text only] – Home Page Content (Pre-Library Session Assignment)

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## **NTR 450: Nutrition in the Life Cycle I**

### **Guide Information**

Last Updated: Apr 28, 2014

Guide URL: <http://libguides.asu.edu/NTR450>

Description: Emphasizes nutritional needs and problems during pregnancy, lactation, infancy, and childhood.

RSS: [Subscribe to Updates via RSS](#)

### **Guide Index**

PreLibrary

Session Assignment

Research Databases

Searching Strategies

Citing Sources

Presentation Resources

Feedback

## **PreLibrary Session Assignment**

### **Welcome!**

Hi! My name is Virginia (Ginny) Pannabecker, and I'm one of two Health Sciences Librarians at the ASU Downtown Phoenix Campus Library. You can see my photo on the right side of this page.

This assignment should take you 30 minutes or less. Completing this assignment and your library quiz in your NTR 450 Blackboard course site will prepare you for our hands-on library research session on January 27th.

Follow the steps below to complete your assignment, then head to your blackboard course site for NTR 450 and complete the short quiz.

**Step 1:** Get to know your ASU Libraries

**Step 2:** ASU Libraries doesn't have it? We can get it for you!

**Step 3:** Set up your ILLIAD Account to use the Interlibrary Loan / Document Delivery service

**Step 4:** Get to know 2 research databases for Health Sciences research

**Step 5:** You try it!

**Step 6:** Last Step!

## Comments and Suggestions

Thanks! And, let me know if you have any kind of technical issues or other problems with materials on this page. My contact info is on the right, or here:  
[librarian email address]

~Ginny

### Step 1: Get to know your ASU Libraries

ASU Libraries is here to support you in your research and studying success!

**Watch this 1-minute 'Library Minute' video for an overview of ASU Libraries resources, services, and locations:**

<http://youtu.be/ZpzDwCp7yo4>

#### Look for:

1. How can you get to the online library at ASU?
2. Can you request materials to come to any location?
3. What are 'Library Guides?'
4. What service can connect you to research assistance anytime, 24/7?

[Embedded video in online guide. The URL displayed above can also be used to access the video.]

### Step 2: ASU Libraries doesn't have it? We can get it for you! (For free!)

Join Anali for a 'Library Minute' on the ASU Libraries Interlibrary Loan and Document Delivery service:

<http://youtu.be/1nKw6nnlyJA>

#### Look for:

1. How quickly will you usually receive a scanned PDF of an article that you request via Interlibrary Loan?

[Embedded video in online guide. The URL displayed above can also be used to access the video.]

### Step 3: Set up your Illiad Account to use the Interlibrary Loan / Document Delivery service

1. Start at the ASU Libraries home page, <http://lib.asu.edu>

2. Click on 'My Accounts' on the gray information bar across the page and select 'My Illiad Account.'

[screenshot image of 'My Accounts' drop down on library website]

3. On the ILLIAD Account page, click on the red text, 'First time users.'

4. Follow the steps to create your ILLIAD Account.

5. Problems creating your account? Contact the Interlibrary Loan office at: [phone number] or via email: [email address]

#### **Step 4: Get to know 2 research databases for Health Sciences research**

View the 2 videos below to see examples of keyword searching in 2 major Health Sciences research databases: PubMed and CINAHL.

##### **In each video, Look for:**

1. How do you use keywords to search each database?
2. How can you use synonyms to expand your first keyword search?
3. How can you limit your search results using categories like: publication date, gender, or article type?
4. How can you get to full text of an article showing in your search results?

##### **PubMed Keyword searching via YouTube:**

<http://youtu.be/GcOPnx0d0xY>

[Embedded video in online guide. The URL displayed above can also be used to access the video.]

##### **CINAHL Keyword searching via YouTube:**

[http://youtu.be/Ad\\_Q5vYYg\\_4](http://youtu.be/Ad_Q5vYYg_4)

[Embedded video in online guide. The URL displayed above can also be used to access the video.]

#### **Step 5: You try it!**

Now that you've seen how to use 2 Health Sciences research databases, try it out:

1. Get to the PubMed research database via ASU Libraries
2. Search for the keywords:  
vegetarian diet AND vitamin d

3. How many results did you get for your search?
4. How many results do you have if you click on the '5 years' filtering option on the left side of your results page?
5. Set up your results list so that you can view the abstract (article summary) for each of your results:
  - Click 'Display Settings,' and select 'Abstract' and click on 'Apply'
  - Now you should see abstracts and just below them, you'll see the Get it @ ASU' button.
6. Click on the Get it @ ASU' button for one article, such as, "The effect of vegetarian diet on selected essential nutrients in children."
  - For this article, 'Get it @ ASU' shows the message, "Sorry, this item was not found in our electronic holdings."
  - How could you get a scanned PDF copy of this article?
7. Find out if the journal that published the article you chose to look at is 'peer-reviewed' or 'refereed'?

(Hint: a journal is 'peer-reviewed,' (also called 'refereed') when the articles that are submitted for possible publication are reviewed by experts in the field who provide comments, ask questions, and recommend that the article be accepted or rejected for publication, based on its quality of research and analysis. [Find out more about 'peer-review.'](#)

- Scroll down in the 'Get it @ ASU' window to '**More about this resource,**' and click on the link, 'Find this journal in Ulrichsweb.com.'
- Scroll through the information page on Ulrich's web for the journal. Do you see a category saying 'Refereed'? If you do and you see the word, "Yes," and the referee shirt symbol, then the journal that published the article you looked at is a peer-reviewed journal.

[Image of referee shirt symbol indicating a 'Refereed' journal in the Ulrich's Web periodical database.]

### **Last step!**

Awesome! You have completed this pre-library session assignment!

All that's left is to head over to your Blackboard course site and take your library quiz. If you went through the steps above, you should ace it with ease!

Comments or suggestions on this assignment? Use the Feedback box below (the email address is optional feel free to leave that blank for anonymous comments).

Thanks!

### **What did you think of this assignment?**

Use the Feedback box below for comments or suggestions (the email address is optional feel free to leave that blank for anonymous comments).

Thanks!

Was this information helpful?  
Yes No Don't Know

Additional comments:

How useful is this page?  
Not Useful 1 2 3 4 5 'Very Useful'

Submit

[Following pages (tabs) on guide are listed below by page title only. They were made available for reference, especially during the in-class session; they were not part of the pre-library session assignment, but they were available at all times to students as a resource.]

### **Research Databases**

- **Searching Strategies**

**Citing Sources**

**Presentation Resources**