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100 YEARS OF WOMEN AT VIRGINIA TECH

ANSWER TO MONDAY'S WOMEN'S MONTH TRIVIA QUESTION:
In the early years, women students were not allowed to be pictured as part of their class in *The Bugle*, so they created their own, handmade yearbook. What did they call it?

The Tin Horn

Congrats to our SWAG winners: *Alicia, Dina, Ma'Shayla, Christina, Sara, Rachel, Molly, and Anna!* You will have another chance to win by answering the Women's Month Trivia Question in the Monday, March 14th edition of *This Week in WoMo 2022!*



Please share through your networks far and wide. We are committed to recruiting a robust, diverse applicant pool for all positions.

The Women's Center is hiring for three positions: two assistant directors and one advocacy coordinator. Each assistant director – one for programming and one for prevention – will build upon signature programs/initiatives *and* bring their unique experiences, skills, and knowledge to leading efforts in new directions. The advocacy coordinator provides support services, facilitates trainings to allied professionals, and assists with Women's Center outreach and education efforts related to power-based and gender-based violence.

The Women's Center is in a transformational period in our 28-year history and seeks individuals who are creative, forward-thinking, and team-oriented to join our team. The Women's Center reports to the Office of the Executive Vice President and Provost, and these three positions are integral members of a staff dedicated to advancing the center's mission and re-imagining the work we do to support all faculty, staff and students at the university.

You can learn more about the assistant director, programming position ([Job no. 519413](#)), the assistant director, prevention position ([Job no. 519411](#)), and the advocacy coordinator position ([Job no: 519432](#)) – and apply – at jobs.vt.edu. The review date is March 18th, and we will continue to review applications until all three positions are filled. We extend our thanks to Dr. Shannon Alford Shastry, chair of the advocacy coordinator search committee and Alicia Cohen, chair of the assistant directors search committee, for leading these efforts for us.

March is Women's Month!

[Virginia Tech](#) is marking its 100 years of [women students](#) with a month-long series of programs and events in celebration of Women's Month 2022! The at-a-glance

WOMEN'S MONTH



calendar is available [here](#) and the detailed program and event information is [here](#). We encourage everyone to participate as much as possible in the month's events! There is certain to be something for everyone!

[Donate to the Women's Center](#)

If you do not see "Women's Center" in the drop-down menu, you can enter it manually

Become a Mentor -- Join the AWARE Student Volunteer Team

The AWARE Team develops curriculum and facilitates educational programs for 6th, 7th, and 8th grade girls at Blacksburg Middle School. VT women lead group discussions on topics such as healthy relationships, creativity, body image and self-esteem, and mentor young girls. Applications for the AWARE Team are open and will be accepted through March 14th. For more information on the AWARE Team and to apply, [click here](#).



RECLAIM SUPPORT GROUP

The Women's Center offers Support Group starting in March

Reclaim is a support group for folks of all genders, racial-ethnic identities, and sexualities who are victim-survivors of power-based and gender-based violence to connect with other survivors. The facilitators will promote discussions around coping mechanisms, validation, and normalization of trauma responses. Sessions will be held March 15th, March 29th, and April 12th at 5:30pm. Lower-level of the Women's Center. For more information, contact the Women's Center at wcsupport@vt.edu

Upcoming Events and Opportunities

EBONY WOMEN *of* EXCELLENCE

Need a safe community that allows for authenticity, empathy and relevant problem solving, specific to your experience?

This Group Is For You!



SPRING 22 DATES FEBRUARY 17TH, MARCH 17TH, APRIL 21ST
TIME 6PM - 7:15PM
LOCATION BLACK CULTURAL CENTER, SQUIRES

For more information and to make an accomodation request,
visit womenscenter.vt.edu/ewoe

WOMEN'S CENTER
AT VIRGINIA TECH.



SOAR
STUDENT OPPORTUNITIES &
ACHIEVEMENT RESOURCES PROGRAM
an initiative of the
VIRGINIA POLYTECHNIC INSTITUTE
STATE COLLEGE

i see you.



Navigating Free Speech and Civil Discourse

Featuring Professors Cornel West and Robert George

March 17, 2022 | **Haymarket Theater**
7:30 PM – 9:00 PM | Squires Student Center

RSVP by 3/14



In our very fractured society, how can we bridge real differences while maintaining meaningful relationships and civil conversation? Is it possible to have vigorous free expression while demonstrating genuine respect toward others? All Hokies are invited to attend this special event as we delve into these important topics with two leading political scientists who share a friendship across authentic difference.



OFFICE FOR INCLUSION
AND DIVERSITY
VIRGINIA TECH




STUDENT AFFAIRS
VIRGINIA TECH

Department of Political Science, Department of Religion and Culture, and the Kellogg Center for Philosophy, Politics, and Economics

I See You: Navigating Free Speech and Civil Discourse is supported in part by Heterodox Academy. The ability for HxA to provide Grants for HXCommunities events and other activities are made possible in full through the support of the John Templeton Foundation. The opinions at this event (or through such activities) are those of the individual Grantees, organizers, speakers, presenters, and attendees of such events/activities and do not necessarily reflect the views of Heterodox Academy and/or the John Templeton Foundation.

If you are an individual with a disability and desire an accommodation, please contact Alicia Cohen at 540-231-1822 or acohen@vt.edu during regular business hours at least 10 business days prior to the event.



WOMEN & GENDER IN INTERNATIONAL DEVELOPMENT

VIRTUAL DISCUSSION SERIES

SPRING 2022

February 10, 2022

Women, Smartphones, and Leafy Greens: How ICTs Support Women Producers in Western Kenya to Secure Their Position in Commercializing Value Chains for Indigenous Vegetables

Daniel Sumner

Associate Director of Gender and Youth,
ACDI/VOCA

Dr. Jessica Agnew

Associate Director,
College of Agriculture & Life Sciences Global
Programs, Virginia Tech

March 24, 2022

Climate Justice, Gender, and Challenges in A Fractured World

Dr. Farhana Sultana

Associate Professor,

Department of Geography and the Environment,

Maxwell School of Citizenship and Public Affairs, Syracuse University

April 14, 2022

Experiences in Merging Gender Transformative Approaches with Development Efforts in Aquatic Food Systems in Bangladesh

Afrina Choudhury

Research Fellow and Senior Gender Specialist,

WorldFish, Bangladesh



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EDUCATION, AND DEVELOPMENT
VIRGINIA TECH



@WGD_VT



womengenderdev@gmail.com



<https://bit.ly/2WDWMt2>

VIRGINIA TECH OFFICE OF INCLUSION AND DIVERSITY PRESENTS THE...

10TH ANNUAL FACULTY WOMEN OF COLOR IN THE ACADEMY NATIONAL CONFERENCE

▶ KEYNOTE SPEAKERS



DR. ROXANE GAY



NIKOLE HANNAH-JONES



NORMA V. CANTÚ

CONNECT . EMPOWER . SUPPORT

APRIL 1 - 3, 2022

CRYSTAL GATEWAY MARIOTT
1700 S EADS ST.
ARLINGTON, VA 22202

▶ LEADERSHIP PANEL



DR. KA YEE C LEE



DR. IRMA BECERRA



DR. CAROLYN HODGES



CARRIE L. BILLY, J.D.

▶ SCHOLARS CONVERSATION



DR. BONNIE THORNTON DILL



DR. RUTH ZAMBRANA

This year's conference will also include: Networking Socials, Wellness Facilitations, Vendors, Awards Banquet, and Workshops

Submit your workshop proposal starting **August 15th**
Early Bird Registration opens **September 1st**

If you have any questions, please email us at fwca@vt.edu

REGISTER ▶ www.inclusive.vt.edu/fwca



INCLUSION AND DIVERSITY
VIRGINIA TECH.



SPRING 2022

PROGRAMS AND RESOURCES

FOR EMPLOYEES

WELCOMING EMPLOYEES BACK TO CAMPUS TO MAKE THE BEST OF EVERY MOMENT

The new year has begun and with it brings new beginnings. Hokie Wellness remains committed to supporting you and helping you sustain your well-being. See below for programs we will offer this spring. The symbol next to each program designates the dimension of well-being associated with the program.

● Mental/Emotional
 ● Physical
 ● Social
 ● Community
 ● Financial
 ● Purpose

JANUARY

- REVIVE! Education Training** ● ●
Mon 1/10, 12 p.m. - 1:30 p.m.
- Koru Basic Mindfulness** ● ●
1/12 | 1/19 | 1/26 from 8 a.m. - 9 a.m.
- Manifest Your Future: Craft a Vision Board**
Thu 1/13, 11:30 a.m. - 1 p.m. ● ●
- Walking Wednesday Kickoff** ● ●
Wed 1/19, 12 p.m. - 1 p.m.
- The Six Dimensions of Well-being**
Tue 1/25, 12 p.m. - 1 p.m. ● ● ● ● ● ●
- Mental Health First Aid** ● ●
Thu 1/27, 8:30 a.m. - 4 p.m.

FEBRUARY

- Koru Basic Mindfulness** ● ●
Wed 2/2, 8 a.m. - 9 a.m.
- Meaning in Your Life: Ways to See It** ● ● ●
Thu 2/3, 12 p.m. - 12:30 p.m.
- Mental Health First Aid** ● ●
Tue 2/8 8:30 a.m. - 4 p.m.
- Planning for Baby - Faculty** ● ● ●
Wed 2/9, 12 p.m. - 1 p.m.
- Immune Support 101** ●
Thu 2/10, 12 p.m. - 1 p.m.
- Falling in Love with Credit** ●
Mon 2/14, 12 p.m. - 1 p.m.
- Planning for Baby - Staff** ● ● ●
Tue 2/15, 12 p.m. - 1 p.m.
- Resiliency in the Workplace: Self-Care**
Wed 2/16, 12 p.m. - 1 p.m. ●
- Tour of Goodwin Hall** ● ●
Wed 2/16, 2 p.m.
- Mental Health First Aid** ● ●
Wed 2/23, 8:30 a.m. - 4 p.m.
- Weaving Gratitude into your Week** ● ●
Thu 2/24, 12 p.m. - 12:45 p.m.

MARCH

- Thanx4 Gratitude Campaign** ● ●
All Month Long
- QPR Suicide Prevention** ● ●
Wed 3/2, 12 p.m. - 1 p.m.
- Banish Burnout** ● ●
Thu 3/3, 12:30 p.m. - 1 p.m.
- Learn About Animal Assisted Therapy**
Thu 3/10, 12 p.m. - 1 p.m. ● ● ●
- Decoding Nutrition Labels** ●
Tue 3/15, 12 p.m. - 1 p.m.
- Sleep Better Techniques** ●
Wed 3/16, 12 p.m. - 1 p.m.
- Koru 2.0** ● ●
3/16 | 3/23 | 3/30 from 8 a.m. - 9 a.m.
- Resiliency in the Workplace: Press Pause**
Thu 3/17, 12 p.m. - 1 p.m. ●
- Mindful Journaling** ● ●
Tue 3/22, 12 p.m. - 1 p.m.
- Mental Health First Aid** ● ● ●
Thu 3/24, 8:30 a.m. - 4 p.m.
- Improv Workshop** ● ●
Thu 3/24, 4 p.m. - 5 p.m.
- The Six Dimensions of Well-being**
Wed 3/30, 12 p.m. - 1 p.m. ● ● ● ● ● ●

APRIL

- Gardening as a Mindful Practice** ● ● ● ●
Tue 4/5, 12 p.m. - 1 p.m.
- Koru 2.0** ● ●
Wed 4/6, 8 a.m. - 9 a.m.
- Painting with Robin Scully** ● ● ● ●
Thu 4/7, 12 p.m. - 1 p.m.
- Invasive Plant Removal with Master Naturalists** ● ● ● ●
Tue 4/12, 3 p.m. - 5 p.m.

MAY

- Weaving Gratitude into your Week** ● ●
Thu 4/14, 12 p.m. - 12:45 p.m.
- Improv Workshop** ● ●
Thu 4/14, 4 p.m. - 5 p.m.
- Earth Week Activity** ● ● ● ●
Activity and date to be determined
- Outdoor Yoga** ● ● ● ●
Mon 4/25, 12:15 p.m. - 12:40 p.m. @ Hahn Garden
- Decoding Nutrition Labels** ●
Wed 4/27, 12 p.m. - 1 p.m.
- Glade Road Growing Farm Tour** ● ● ●
Thu 4/28, 5:45 p.m.
- Hahn Garden Tour** ● ● ●
Mon 5/2, 12:15 p.m.
- Invasive Plant Removal with Master Naturalists** ● ● ● ●
Tue 5/3, 3 p.m. - 5 p.m.
- Planning for Baby - Faculty** ● ● ●
Wed 5/4, 12 p.m. - 1 p.m.
- Last Walking Wednesday of the Semester**
Wed 5/4, 12 p.m. - 1 p.m. ● ● ● ● ●
- Mindful Journaling** ● ●
Tue 5/17, 12 p.m. - 1 p.m.
- Planning for Baby - Staff** ● ● ●
Tue 5/24, 12 p.m. - 1 p.m.

RESOURCES

- Student Distress Guide**
<https://hokiewellness.vt.edu/distressguide>
- Work/Life Resources**
<https://hokiewellness.vt.edu/Employees/work-life.html>

- Employee Assistance Program**
<https://hr.vt.edu/benefits/discounts/health-wellness/eap>
- Hokie Wellness on Demand**
<https://hokiewellness.vt.edu/hwondemand.html>

Program descriptions and registration will be promoted in the VT Daily News campus notices and in the Hokie Wellness monthly email.

To receive the monthly email, simply contact Hokie Wellness at hokiewellness@vt.edu and ask to be added to the google group.

Stay connected!



Subscribe Here