

COOPERATIVE EXTENSION WORK IN AGRICULTURE  
AND HOME ECONOMICS

U. S. Department of Agriculture  
and State Agricultural Colleges  
cooperating

States Relations Service  
Office of Extension Work South

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ANNUAL REPORT OF HOME DEMONSTRATION WORK  
FOR WOMEN AND GIRLS  
CALENDAR YEAR 1919

State of Virginia

County Campbell

Report of Arthur J. St. John County Home Demonstration Agent.

Approved: \_\_\_\_\_  
State Home Demonstration Agent

Date forwarded \_\_\_\_\_

Director of Extension Work

Form No. 953

Space for agent's stamp

**ANNUAL REPORT OF HOME DEMONSTRATION WORK  
FOR WOMEN AND GIRLS  
CALENDAR YEAR 1919**

MISS CATHERINE H. ...  
Home Demonstration Agent  
ROSDEN, VIRGINIA

NOTE: This report is for the calendar year. A copy is furnished each agent in advance in order that she may become familiar with the data necessary for the report. Three copies should be made, two of those sent to the State Agent and the third retained for the agent's file.

Aside from statistics, both the state and Washington offices hope to secure from your report, accounts of your methods for developing plans of work. Will you, therefore, include this information in detail?

1. No. of years Home Demonstration work has been carried on in county: 1 1/2
2. No. months you have been employed during this year: 10
3. No. girls' clubs holding regular meetings: 8 Attendance: 120
4. Girls' Club members:
- |             | Enrolled      | Reporting     |
|-------------|---------------|---------------|
| First year  | <u>141</u>    | <u>76</u>     |
| Second year | <u>      </u> | <u>      </u> |
| Third year  | <u>      </u> | <u>      </u> |
| Fourth year | <u>      </u> | <u>      </u> |
5. No. women's clubs holding regular meetings: 6 Attendance: 100
6. (a) Have you a central county council or advisory board directly supporting and assisting your work? No What is it called? High school  
*Arrangements for organization existing but their work could not get their support*
- (b) How long has it been in existence? \_\_\_\_\_ No. of members \_\_\_\_\_
- (c) Who are its present officers? \_\_\_\_\_
- (d) Does the county organization have a definite plan of work for meeting the local needs of development? \_\_\_\_\_
- (e) Are there local committees or units who assist the county organization? \_\_\_\_\_
- (Outline your plan on separate sheets attached to this report)
- (f) Do you have regular conferences with the county farm agent in regard to general extension work in the county? No

*This county has no farm agent.*

- (g) How is your work and the work of the farm agent coordinated? Give reports of cooperative work.

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- (h) Are community activities developing in your county as a result of your work? Yes

How people are beginning to take considerable interest in things beyond the boundaries of their own yards

7. Number of:

Consultations at home or office	<u>221</u>	Home demonstrators visited	<u>330</u>
Bulletins distributed	<u>332</u>	Visits to farmers and others not included above	<u>490</u>
Letters written	<u>1212</u>	Club members visited	<u>190</u>
Schools or clubs visited	<u>40</u>	Estimated attendance	<u>7220</u>
Meetings held	<u>121</u>	Articles relating to your work prepared for publication	<u>60</u>
Miles traveled - by rail	<u>1421</u>	by auto	<u>2714</u>
		by team	<u>761</u>

5-267

8. Short Courses:

	Number held		No. Scholarships given		Attendance	
	Women	Girls	Women	Girls	Women	Girls
Community						
County		<u>1</u>			<u>4</u>	<u>22</u>
District						<u>3</u>
State						<u>1</u>

9. No. of girls using scholarships at normal schools, agricultural schools or colleges: \_\_\_\_\_
10. No. girls paying all or part of school expenses from money earned in club work: 2
11. No. of exhibits, fairs, poultry shows, etc., held in county: 1

12. Suggestions:

What do you consider the most effective and satisfactory demonstration work done in your county this year? Describe it in detail.

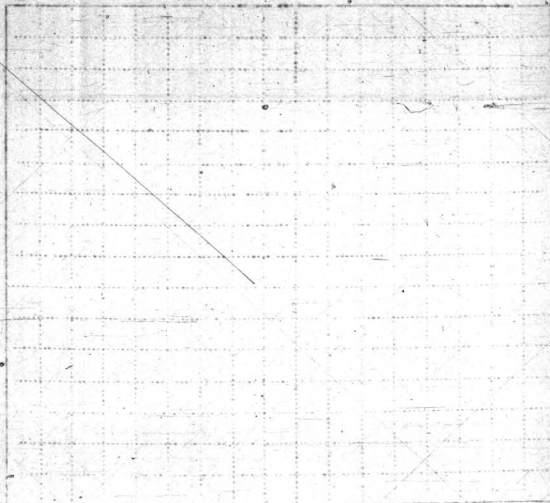
It could say that nearly one half of the women in the county are using Government methods of canning. The fly campaign did no end of good. It commenced early in the spring by pointing out the danger of flies. House were screened and sanitary out houses built all thro the county. Health and Home Sanitation have been stressed. And just at this time a trained nurse is giving courses of fifteen lessons in Home Care of the Sick in each of five towns in the county. The poultry campaign early in the spring possibly increased the production twenty five percent.

Suggestions for work needed in your county next year and your plans for carrying on your work.

As I am about to leave the county, my suggestions or plans of mine would be of little or no value.

MAP OF \_\_\_\_\_

COUNTY \*



## LEGEND:



Community Clubs



Girls - Poultry



Rest rooms established



Women - Poultry



Girls - Dairy



Bee keeping demonstrations



Women - Dairy



Girls - Gardening



School lunches



Women - Gardening




Home Demonstration centers



Home Improvement Demonstrations



Fish ponds established

- \* Draw an outline map of your county, or secure a county map and locate your clubs, using the symbols above. Inscribe in the symbol the number of demonstrators enrolled, i. e., if you have fifteen women enrolled as poultry demonstrators in one community, show it thus 

HOME DEMONSTRATION WORK FOR  
WOMEN

Space for agent's stamp

MISS GAYLETT  
SUSANNA, VIRGINIA

1. Total number organized clubs in county: 5
2. Total number demonstrators enrolled in clubs: 150  
Individual demonstrators not in clubs: *(90 out of them)* 200
3. Estimate the number of women aside from demonstrators influenced directly by your work: 2000

4. Specify number and kind of most important demonstrations given by agents to groups of women:

KIND	NO. GIVEN	KIND	NO. GIVEN	KIND	NO. GIVEN
Utilization of vegetables	_____	Invalid cookery	<u>4</u>	Vinegar - - -	<u>4</u>
Dairy Products	_____	Cookery under steam pressure	_____	Laundry - - -	_____
Poultry Products	<u>11</u>	Fireless cooker	_____	Clothing - -	_____
Bread Making	<u>2</u>	Canning - - -	<u>15</u>	Home conveniences	_____
Child Feeding, including school lunches	_____	Drying - - -	_____	Kitchen arrangement	_____
	_____	Brining - - -	_____	Improving the home grounds	<u>25</u>

5. Estimated total attendance of women at demonstrations: 100
6. No. women giving demonstrations to clubs: \_\_\_\_\_ to individuals: 25
7. No. women making bread in their home under your direction:  
Quick breads 75 Yeast breads 70
8. No. bread exhibits: 1
9. Name in order of importance the locally grown products such as peanuts, sweet potatoes, watermelons, etc., that are being used in bread making:  
Sweet potatoes, white potatoes.
10. No. gardens grown: 1371 No. winter gardens: 100  
No. orchards, groves, or vineyards established: \_\_\_\_\_

## HOME DEMONSTRATION WORK FOR WOMEN, cont'd.

11. Approximate number of quarts canned fruits (put up by women under demonstration methods) 23240 qts \$ 5660.00
- Approximate number of quarts canned vegetables 23700 qts 4680.00
- No. pints preserves, jellies and marmalades 6000 pts 1500.00
- No. pounds dried vegetables stored 2000 lbs 300.00
- No. pounds dried fruit stored 4000 lbs 600.00
- No. pounds brined fruits stored \_\_\_\_\_ lbs \_\_\_\_\_
- No. pounds brined vegetables stored 6000 lbs 2000.00
- No. gallons vinegar made 8200 gals 1600.00
- No. gallons fruit juices 800 gals 200.00
- No. cans - beef \_\_\_\_\_, pork \_\_\_\_\_, poultry and game \_\_\_\_\_ Total \_\_\_\_\_ cans \_\_\_\_\_
- No. cans fish and oysters \_\_\_\_\_ cans \_\_\_\_\_
- No. pounds smoked meat \_\_\_\_\_ lbs \_\_\_\_\_
- No. pounds sausage made \_\_\_\_\_ lbs \_\_\_\_\_
- No. pounds lard made \_\_\_\_\_ lbs \_\_\_\_\_
- Other products \_\_\_\_\_ \_\_\_\_\_
- TOTAL VALUE OF ALL PRODUCTS ----- \$ 16770.00
12. No. of fish ponds established or stocked: \_\_\_\_\_
13. No. of home demonstration centers established: \_\_\_\_\_
- Used as Kitchens \_\_\_\_\_ Output \_\_\_\_\_
- " " canneries \_\_\_\_\_ Output \_\_\_\_\_
- " " drying plants \_\_\_\_\_ Output \_\_\_\_\_
14. No. of women taking volunteer courses: 4
15. No. of demonstration units operated in mill or mining villages, etc. \_\_\_\_\_  
How were these established? \_\_\_\_\_  
(Use separate sheets attached to this form for detailed report)
16. No. of curb markets, marketing booths, farmers' exchanges, etc., established through cooperation with county home demonstration clubs: 1
- |   |                 | VALUE            |
|---|-----------------|------------------|
| a. No. pounds butter sold thru such agencies          | <u>1057</u> lbs | \$ <u>110.00</u> |
| b. No. pounds cheese " " " "                          | <u>227</u> lbs  | <u>42.00</u>     |
| c. No. pounds poultry " " " "                         | <u>7500</u> lbs | <u>2250.00</u>   |
| d. No. dozen eggs " " " "                             | <u>4200</u> doz | <u>1780.00</u>   |
| e. No. week-end baskets of fruits and vegetables sold | _____ baskets   | _____            |
| f. Other products                                     | _____           | _____            |
- TOTAL VALUE ----- \$ 9466.00

*The products on the curb market came from Campbell, Anson, Upper Meritt, and Bedford Counties.*

## HOME DEMONSTRATION WORK FOR

WOMEN, cont'd.

17. No. demonstrations in raising Belgian hares: \_\_\_\_\_
18. No. demonstrations in bee keeping: \_\_\_\_\_
19. How many women are planning household budgets? \_\_\_\_\_  
 How many are keeping household accounts? 30

If you have suggestions on this subject include them in the report.

20. What work has been done in sewing or clothing conservation?  
*None, except as women attend the Sewing  
 Clubs for girls, which they very often do.*

21. In what work are your women demonstrators especially interested?  
*Improvement of house and out-buildings,  
 canning, pickling, home nursing, poultry*

Suggest plans for next year's work with women.

*~~Water in the house~~ Altho. I am leaving  
 the county, I cannot help suggesting  
 this one thing*



HOME DEMONSTRATION WORK FOR  
GIRLS  
Gardening and Canning on  
Tenth Acre Gardens

Space for Agent's stamp

MISS CATHERINE M. ST. JOHN,  
Lecturer, Home Demonstration  
BUREAU, VIRGINIA

1. No. girls growing tenth-acre gardens: 18
2. Average cost of production per tenth acre:  
" " canning " " "

3. Names of girls making best record with tenth acre:

Names	Address	Yield in pounds:	Cost	Profit
Umbel Bessie	Rustburg		\$	\$
Ethel M. Garbo	Lynchburg			

4. No. girls having perennial gardens or orchards on tenth acre: \_\_\_\_\_
5. Total yield in pounds of fresh fruits and vegetables:  
Tomatoes \_\_\_\_\_ Pimientos \_\_\_\_\_ Other products \_\_\_\_\_
6. Total pounds vegetables and fruits used or sold fresh:  
Tomatoes \_\_\_\_\_ Pimientos \_\_\_\_\_ Other products \_\_\_\_\_
7. Value of vegetables and fruits used at home or sold fresh: \$ \_\_\_\_\_
8. Total of canning done:

	Tomatoes:	Tomato pro- ducts	Pimientos:	Other vege-: tables	Fruits
No. qts in tin					
No. qts in glass					
No. pts ketchup					
		Green tomato pickles			Dixie Relish
		B. S. Chutney			Other products

9. Total value of all tenth-acre club products \$ \_\_\_\_\_  
(Compute from price list furnished you, or when the products are marketed, use price actually received).

The success of the canning club girls was almost a failure, owing to heavy rains, some gardens being completely washed out; and later, when tomatoes did develop, were either scalded or destroyed by drought.

**HOME DEMONSTRATION WORK FOR  
GIRLS  
Gardening and Canning on  
Other than the Tenth-Acre**

Space for agent's stamp

MISS CATHERINE B. GIBBY  
147-THIRD, COLLETSVILLE, PENN.  
RUSTBURG, VIRGINIA

1. Approximate total area of gardens cultivated (exclusive of tenth-acre plots): \_\_\_\_\_

2. Pounds vegetables raised in garden: \_\_\_\_\_ Value: \$ \_\_\_\_\_

3. Total number quarts canned from gardens (other than tenth-acre). Name the most important.

Name of vegetable	Qts in tin	Qts in glass

4. Total value of canned products from gardens: \$ \_\_\_\_\_

5. Total No. qts vegetables canned from farm & orchard \_\_\_\_\_ Value \$ \_\_\_\_\_

Total No. qts fruits " " " " \_\_\_\_\_ Value \$ \_\_\_\_\_

6. Pounds dried vegetables saved \_\_\_\_\_ Value \$ \_\_\_\_\_

" " fruits " \_\_\_\_\_ Value \$ \_\_\_\_\_

7. Pounds vegetables and fruits brined. \_\_\_\_\_ Value \$ \_\_\_\_\_

8. Total containers products marketed: glass \_\_\_\_\_ tin \_\_\_\_\_ Value \$ \_\_\_\_\_

General Data for all girls in Gardening and Canning Work.

9. How many girls gave demonstrations in canning? \_\_\_\_\_ Drying? \_\_\_\_\_  
Use of club products \_\_\_\_\_

10. Equipment made or purchased by all club girls:

Kneeling pads and tool aprons		Garden tools	
Spraying outfits		Holders	210
Towels	204	Aprons	104
Emblems		Packing paddles	4
Jelly paddles		Fly traps	
Briers			
		Sewing bags	60
		Cups	141
		Uniform dresses	24
		Canning outfits	2
		Others	1026

**COMBINED REPORT OF  
HOME DEMONSTRATION WORK FOR  
Women and Girls  
in POULTRY**

Space for agent's stamp

MISS CAROLINE W. JOHNS  
1414 ...  
RUSTON, VIRGINIA

	Girls	Women	Value
1. No. enrolled:	26		
2. No. demonstrators fulfilling minimum requirements of club membership:			
3. No. regular organized clubs:			
4. No. demonstrators taking charge of entire flock:		1000	
5. Average number of fowls in flock:		20	
6. No. demonstrators raising feed for flock:		30	
7. No. of demonstrators purchasing standard bred stock:		30	
8. No. of demonstrators purchasing pure bred eggs:	22	75	
9. No. of demonstrators using standard bred males at head of flock:		75	
10. No. of demonstrators making brooders:	5	10	
11. No. of poultry houses built:		20	
12. Approximate number of chickens raised:	200	1200	
13. Approximate number of chickens fattened for market:		500	\$ 6000 <sup>100</sup> <sub>100</sub>
14. No. pounds market poultry sold:			
15. No. pounds poultry eaten at home:		12000	
16. No. fowls culled:		500	
17. No. demonstrators producing infertile eggs:		10	
18. No. roosters eliminated for infertile egg production:			
19. No. egg circles organized:			
20. No. cooperative breeding associations:			
21. No. dozen eggs preserved in water glass:		30	
22. Dozen eggs used at home:			
23. No. dozen eggs sold <del>comparatively</del> :		15000	\$ 250000
24. No. standard bred fowls sold for breeding purposes:		500	\$ 12500
25. No. standard bred fowls retained at home:			
26. Total Value of Products:			\$ 14700

27. List of equipment, other than above, made or purchased:

28. Give results as to greater use and better cooking of chickens and eggs in the home.

Local developments in Poultry work.

Reports of special work in the county.

As result of poultry campaign in spring it has been estimated that from 25 to 33% per cent more poultry was raised this year than heretofore.

Space for agent's stamp

COMBINED REPORT OF  
 HOME DEMONSTRATION WORK FOR  
 Women and Girls  
 DAIRY

MISS CATHARINE WATSON JONES,  
 Local Home Demonstration Agent,  
 HUNTERSBURG, VIRGINIA

1. Approximate number of dairy cows in county: 5,000  
 Average price of milk per gallon: 4.00  
 No. cows purchased thru your influence: 25
2. No. demonstrators enrolled in butter making - Girls \_\_\_\_\_ Women \_\_\_\_\_  
 No. demonstrations given in butter making: \_\_\_\_\_  
 No. pounds reported made: 4711 Pounds sold: 3220  
 Average present price per pound of butter secured by demonstrators: 50¢  
 Average price secured for other homemade butter: 40¢
3. No. demonstrators enrolled in cottage cheese making - Girls \_\_\_\_\_ Women 3  
 No. demonstrations given in cheese making: \_\_\_\_\_  
 No. pounds reported made 75 Sold 24 Average price per lb 25¢
4. No. demonstrators making Cheddar cheese \_\_\_\_\_ Pounds sold \_\_\_\_\_  
 Price per lb \_\_\_\_\_¢
5. No. pounds of cream sold \_\_\_\_\_ Value \$ \_\_\_\_\_
6. No. of demonstrations given in milk cookery: \_\_\_\_\_  
 What milk dishes have proven most popular? Cheese and Vegetables  
Soup and Milk  
 No. of families using more milk in the family diet: 50  
 No. of schools securing milk for the school lunch: \_\_\_\_\_  
 No. of pupils in these schools: \_\_\_\_\_
7. Equipment made or purchased: \_\_\_\_\_
- |               |           |                    |          |                       |          |
|---------------|-----------|--------------------|----------|-----------------------|----------|
| Brushes       | <u>8</u>  | Butter workers     | <u>1</u> | Paddles               | <u>7</u> |
| Molds         | <u>17</u> | Sanitary strainers | <u>1</u> | Dairy thermometers    | <u>9</u> |
| Milking pails | <u>34</u> | Cheese presses     | <u>1</u> | Iceless refrigerators | <u>4</u> |
| Barrel churns | <u>7</u>  | Shotgun cans       | <u>3</u> | Separators            | <u>7</u> |
| None others   |           |                    |          |                       |          |

8. What plans have proved especially helpful in the past year?

*The use of milk in cooking classes.*

9. Plans for enlarging and developing dairy work in county next year.

*"A Cow on Every Farm" if we have a farm agent in the county -*

IMPROVEMENTS ON HOUSE AND YARD

Report only work done with  
your advice or suggestions

Space for agent's stamp

MRS. C. W. WILSON  
12345 FARM ROAD  
ROCKVILLE, VIRGINIA

1. No. of demonstrators following a definite plan for improvement of the home \_\_\_\_\_
2. No. new houses built 1 Remodeled 5 Repaired 20
3. No. lighting systems installed 11 Heating systems \_\_\_\_\_  
Water systems 5
4. No. kitchens improved by - Rearrangement of equipment 7  
Screening 23 Improvement of floors 7
- |                        |           |                    |           |
|------------------------|-----------|--------------------|-----------|
| Labor saving devices - |           | Kitchen cabinets - | <u>3</u>  |
| Wood boxes             | <u>12</u> | Fireless cookers   | <u>2</u>  |
| Steam pressure cookers | <u>1</u>  | Food choppers      | <u>24</u> |
| Bread mixers           | <u>1</u>  | Bread raisers      | <u>1</u>  |
| None others            |           |                    |           |
5. No. of improvements in other parts of the house thru -
- Improvement of floors 10 walls 23
- Furnishings bought or made:
- |               |          |                |          |           |
|---------------|----------|----------------|----------|-----------|
| Wheel trays   | <u>1</u> | Sewing screens |          | Others    |
| Lancheon sets | <u>3</u> | Wall pockets   | <u>2</u> | <u>25</u> |
- Laundry equipment:
- |                                 |           |                |           |
|---------------------------------|-----------|----------------|-----------|
| Washing machines                | <u>7</u>  | Ironing boards | <u>9</u>  |
| Clothes hampers or laundry bags | <u>10</u> | Others         | <u>14</u> |
- Sleeping porches \_\_\_\_\_ Flower boxes 37 Others 50
6. Number of improvements in yard:
- |                 |            |  |            |
|-----------------|------------|--|------------|
| Fences repaired | <u>20</u>  | Unightly buildings repaired or removed       | <u>7</u>   |
| Trees planted   | <u>103</u> | Lawns or grass planted                       | <u>6</u>   |
| Shrubs planted  | <u>140</u> | Plantings of flowers, vines and other plants | <u>164</u> |
7. What help or instruction on this subject will you need this year in order to best meet the needs of your county?

Space for agent's stamp

MUSCADINE GRAPE CULTURE

(If muscadine grape demonstrations are not being carried on in your county report on other small fruit work, giving the names of fruits.)

- |  | Girls | Women |
|--|-------|-------|
| 1. No. demonstrators enrolled:   | _____ | _____ |
| How many demonstrations in the use of grapes were given in your county during the year?: | _____ | _____ |
| 2. No. grape vines planted by demonstrators:   | _____ | _____ |
| No. demonstrators planting five or more vines:   | _____ | _____ |
| 3. No. gallons of grape juice made:  | _____ | _____ |
| No. quarts of grape sauce made:  | _____ | _____ |
| No. pints of all other products made:  | _____ | _____ |
| 4. No. gallons of grape juice sold:  | _____ | _____ |
| Average price per gallon for grape juice \$ _____  |       |       |

5. If other products were sold indicate number of containers, prices and kind of product.

Name of product	No. pints	Price
_____	_____	\$ _____
_____	_____	_____
_____	_____	_____
_____	_____	_____

What difficulties, if any, have you met?

State any special needs or suggestions for improvement.

Space for agent's stamp

**MISCELLANEOUS ACTIVITIES**

MISSOURI  
 MISSOURI  
 MISSOURI

1. Report on demonstrations with special vegetables:

Name of vegetable:demon- strations	No. of : Area planted:	Results		Reason for failures
		No. suc- cessful :	No. fail- ures :	
Chinese cabbage	_____	_____	_____	_____
New Zealand Spinach	_____	_____	_____	_____
Chayote	_____	_____	_____	_____
Danhean	_____	_____	_____	_____
Pimientos	_____	_____	_____	_____
Hahto Soybeans	_____	_____	_____	_____

REMARKS: *Hahto Soybeans were distributed but some germinated*

2. Special campaigns - give in detail interesting facts and methods used. (Use attached blank sheet)

- a. Fly eradication.
- b. Extermination of rats.
- c. Child feeding and care.
- d. Red Cross and Junior Red Cross.
- e. School lunches.

No. schools establishing hot lunch \_\_\_\_\_

	Value \$	No. mem- bers buy- ing
3. War Savings Stamps bought by club members to date	\$ _____	_____
Thrift Stamps " " " " " "	\$ _____	_____
Liberty Bonds " " " " " "	\$ _____	_____

4. No. of rest rooms established: \_\_\_\_\_

Methods of establishing \_\_\_\_\_

5. Do you own a camera? *Yes* Are you able to get satisfactory pictures of your work? *Yes*

Can you use to advantage in your county photographs of club activities? *Yes*  
 Lantern slides *Yes* Charts *Yes*

Can you obtain for your use a stereopticon lantern? *Yes*