

## VIRGINIA

AGRICULTURAL EXTENSION SERVICE  
HOME DEMONSTRATION WORK

## ANNUAL NARRATIVE REPORT

SURREY

COUNTY

1950

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### III CONTRIBUTIONS OF THE 1950 PROGRAM TO BETTER FAMILY LIVING

#### A. Home Demonstration

A survey was made in order to find out just what progress was made as a result of the 1950 Home Demonstration Program in Surry County. Figures shown throughout this report are based upon the findings taken from reports of 85 Home Demonstration Club members.

The 1950 Home Demonstration program was divided under three main headings, the home grounds and garden, foods, and rural arts. Youth, the Federation Goal, also played an important part in the program.

Home grounds had been neglected, and there was a desire to improve home grounds, making them more attractive, more convenient for daily living with emphasis on economy in method used. Under the demonstration "Planning the Home Grounds", club members reported having made 143 improvements with 49 having made definite home grounds plans according to recommendations as a guide.

Work on the "Home Vegetable Garden" resulted mainly from the fact that farm and home vegetable gardens had been poor in many areas of the county. Insects had invaded the gardens, many new ideas in gardening were being recommended, and the farm people were interested in improving their home vegetable gardens. 51 women made a home vegetable garden plan and 41 followed recommendations for the control of garden pests.

"Flower Arrangement" proved to be a demonstration that was well liked, and the suggestions given were enthusiastically received and used. 64 reported having found the demonstrations most helpful. Demonstrations on time saving methods in food preparation created a great deal of interest. These were on "Summer Salads", The "Basic Homemade Master Mix" and "Packaging and Freezing Desserts". 62 women reported having used the suggestions on "Summer Salads", 44 on The "Basic Mix", and 32 freezer owners on "Packaging and Freezing Desserts". A display on the "Basic Homemade Mix" was featured at the County Fair by the Home

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Demonstration Clubs, and it is estimated that 350 people were reached through this demonstration.

The Rural Arts program featured "Christmas Gifts from Country Ideas" and "Festive Decorations". These were colorful and attractive demonstrations, and results from them cannot be given since the demonstrations were held in October and November. So effective were the demonstrations that special work meetings are planned for club members and non-club members in December.

In 1949 handicraft on "Etching Aluminum" was a very popular part of the program. 377 aluminum articles were made that year and it carried over into 1950 with 202 aluminum articles, etched and hammered, being made. About 105 articles were stenciled (1948 handicraft).

Results of the Federation Goal were indeed gratifying. 56 women reported having cooperated with the Rural Youth Goal 163 times. 70 cooperated in community A-H Club work. Particularly outstanding work under this goal was done by instigating and cooperating with swimming classes through the local Red Cross Chapter. Two club meetings were given during the year toward "Youth" by each club. The clubs collected toys for the Department of Public Welfare's baskets at Christmas-time.

"Floor Sanding" was a special feature in the year's program. 55 floors were reported having been sanded by club members. The program was carried beyond to non-club members with four community demonstrations. Other special county-wide demonstrations were held on "Home Freezing", "Slip Covers" and "Cleaning Sewing Machines". These were club-sponsored.

In May, Program Development Leaders from each club attended a training meeting which was lead by a representative from the State Extension Service. At this meeting plans were discussed toward long-time goals. At the July Program Planning Meeting for 1950, long-time goals were set up. It was decided to work toward better health nutritionally and the foods program for 1951 was made with this

idea in mind.

The Moorings Home Demonstration Club, with a membership of 10, was organized and its organization was sponsored by the Elberon Home Demonstration Club.

#### B. 4-H Club

There are 35 girls belonging to the two joint 4-H Clubs in the Surry County High School. This membership seems small, but Surry is a small and sparsely settled county. From these clubs there were three girls' 4-H project groups. Through these groups 4-H girls received their project instruction. Two groups were of older girls who carried projects on "Meal Planning, Preparation and Service". A younger group took the project "So You'd Like to Sew". Of course other projects were carried by more advanced members. 1949 County Contest Winners served as junior project leaders. They gave demonstrations at meetings on projects of which they were winners.

In 1950 Surry County had two county contest winners to participate in the District contests, and they became District Winners.

In 1948 there were three 4-H Clubs in the county. In 1949 one of the schools, in which there was a 4-H Club, closed, leaving two clubs in the one Surry County High School. Enrollment increased from 30 to 35 members in 1950. Project completions in 1948 were 34, in 1949, 25, and in 1950, 32.

In March, for National 4-H week, recruitment was the main feature. 5 new 4-H members were enrolled. An exhibit was placed at the High School, and at the regular March Club meeting a movie on 4-H Highlights was shown.

In July 13 4-H Club members attended the district camp, 4-H Camp Farrer.

The girls held their County 4-H Contest in the form of a rally in July. A Home Demonstration Club served as hostess and parents of 4-H Club members were invited to the contest and the picnic that followed.

The County 4-H Council had a very effective display at the County Fair on "4-H Helps Feed Surry County". 4-H Club committees served on both the Boys Farm Exhibits and the Girls Home Exhibits.

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A. Project Work

1. Home Grounds

The main objective of this project was to stimulate club members to improve their home grounds, to make them more attractive and convenient economically. Leaders were trained by a State Horticulture specialist to give demonstrations at their Home Demonstration Club meetings. There was 100% attendance of leaders at this meeting (12 leaders). The leader training meeting was held at the home of one of the Home Grounds Improvement leaders and suggestions were made by the specialist for her home grounds to illustrate how improvements could be made. (This became a result demonstration). Leaders gave six demonstrations, the agent one.

In carrying out the demonstrations the following reasons for making home grounds more attractive were brought out:

- (a) A better place in which to live
- (b) A duty, from the standpoint of being a citizen in the community, for community pride.
- (c) Increase of property value.

With these points considered, the next point brought out was a means of recognizing what needed to be done in order to make a more useful and attractive place. Club members were given a check sheet and they made an inventory of their home grounds. From this check sheet they saw what had already been done and what needed to be done. Selecting an item at a time, crossing it off as it was accomplished, would show progress made. Using charts and illustrations of the basic principles of landscaping were discussed to give a plan for working toward having nice lawns and proper tree spacing to support and present the house, foundation plantings, walks and driveways that were pleasing and useful. Club members received a mimeographed manual on "Design of the Home Grounds" to use as a guide. Throughout the year recommendations were made at club meetings according to time and seasons.

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49 women made a plan for home grounds and 143 improvements were made. Five result demonstrations were carried by Home Improvement leaders.

The Garry Home Demonstration Club selected as a community project in home grounds, improving the grounds of a community church. Non-club members in the community were invited to attend the planning meeting for the improvement of the church grounds. The agent met with the group and worked with the two Home Grounds Improvement leaders in charge. Overgrown shrubs were removed or pruned. Growth of shrubs was considered in planting new ones. A plan was made for parking automobiles and attention was given to the lawn on fertilising, re-seeding and general lawn care.

## 2. Home Vegetable Garden

Two months were spent on home gardens. Vegetable gardens had been poor in many areas of the county for several years. Insects had invaded the gardens, many new ideas on gardening had been advanced, and the rural people were interested in knowing how to improve their home gardens. A specialist from the Virginia Agricultural Experiment Station was obtained to train Home Demonstration Club leaders from each Home Demonstration Club (12 leaders) for the meetings on "Home Vegetable Gardens". The first club meetings on gardening were held in February, the time when people in this area begin their garden preparation. A discussion on well planned gardens was held, and club members received garden plans which showed them how to plan their own gardens according to their family needs. Each club member was asked to add at least one new vegetable to their garden. Freezer owners were advised, in their planning, to check on recommended varieties for freezing. Soil preparation was emphasized, and fertiliser recommendations were given. Leaders gave six demonstrations, the agent two. Soil samples from gardens were sent to the Norfolk Experiment Station for soil analysis.

The control of garden pests followed the garden planning demonstration. Each club member received "A Vegetable Gardener's Handbook on Insects and Diseases", a USDA publication. Garden leaders emphasized good growing conditions, good seed

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and plants, resistant varieties and materials and methods for spraying and dusting. Timely topics on gardening were discussed at monthly Home Demonstration meetings. Five demonstrations were given by leaders and three by the agent.

51 Made a home vegetable garden plan and 41 followed the recommendations for the control of garden pests.

"Flower Arrangement" was included in this series of demonstrations. 13 leaders were trained by a representative from the State Garden Club and they gave six club demonstrations. Two demonstrations were given by the agent. Preparatory steps for flower arrangement, what was to be considered in good flower arrangement and time savers were stressed. The agent secured slices on "Flower Arrangement" from Colonial Williamsburg, and these were shown at each club meeting. In home visits to club members throughout the county, the agent has noticed that these principles have been put into effect. Results were excellent, 64 reported having found the demonstrations helpful.

### 3. Foods

The idea behind the foods program was based upon the fact that time was scarce in the rural home and there was a need for using time-saving methods, particularly in the kitchen where the housemaker spent so much of her time in food preparation. Therefore, the main objective of this program was to encourage better use of time, particularly in food preparation.

The first foods demonstration was on "Summer Salads". The agent gave the demonstration to each club. Her source of information came from the Extension food specialist. Demonstrations were given on variations of vegetable salads, fruit salads, meat salads, dressings and garnishes. Each club member received mimeographed sheets on salads. 62 women reported that their families liked the salads, particularly the men of the households, because so often they are the ones who frown upon them. The women liked them because they were easy to prepare, as well as being tasty and attractive.

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The next demonstration in the foods series was on "Time Saving by the Basic Homemade Master Mix". Eleven leaders were trained for this demonstration by an Extension Foods Specialist. Also attending this meeting were 28 Home Economics girls and the Home Economics teacher. The leader training meeting was held in the High School Home Economics Cottage. Six demonstrations were given by leaders and two by the agent. The basic Master Mix was made, and from it two products from the mix were made. Club members were given mimeographed sheets of the recipes. 44 women reported that they had used the basic mix and had found it to be a great time saver. They were particularly pleased with the number of products which could be made from the mix.

In October the "Basic Mix" was featured at the County Fair as the Home Demonstration display. Each club made a different product from the mix for display, plus cookies which were given to those who saw the display. It is estimated that 350 people saw the display. This count was taken from the mimeographed recipe sheets of the mix and the Extension bulletin "Home Made Mixes" which were distributed. Home Demonstration Foods Leaders explained how the mix was made and used.

The last foods demonstration in the Home Demonstration Club program was on "Preparing Desserts for Freezing". Leaders were trained for this demonstration at the same leader training meeting for the basic mix. Seven demonstrations were given by foods leaders (two leaders who did not attend the training meeting were trained by the agent) and one by the agent. Since all club members do not have home freezers, demonstrations were given on desserts which could be made and used with or without freezers. Packaging was emphasized. Mimeographed sheets on refrigerator desserts and desserts adapted to freezing were given each club member. One recipe which was particularly well liked was that for fudge icing, an icing which is recommended for freezing well. 157 desserts were reported having been packaged and frozen by home freezer owners.

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As a club choice, one club was given a demonstration by the agent on "Cheese Dishes". USDA leaflets on "Cheese Dishes" were given each club member, and the products demonstrated were taken from these recipes.

#### 4. Rural Arts

When the 1930 Home Demonstration Program was planned, the women expressed a desire for creative work in rural arts, using ideas and material found around the farm home. The objective set for this program was to develop and use skills in creating with materials readily available to the homemaker at a minimum expense.

16 club leaders were trained by the Extension Rural Arts Specialist for the two Rural Arts demonstrations.

The first demonstration was on "Christmas Gifts from Country Ideas", based on the idea that Christmas really means something when one makes something to give. Six demonstrations were given by Rural Arts leaders and two by the agent. The demonstrations were most effective and enthusiastically received. Demonstrations on ideas were given on how foods, Christmas greens, seeds and bulbs, home-made toys, might be used as Christmas gifts. Suggestions for making Christmas wrappings and wrapping gifts were demonstrated. Club members were given patterns and directions for making the items demonstrated. The agent prepared an exhibit which was used at each meeting along with articles made by leaders.

The next demonstration was "Festive Decorations" for Thanksgiving and Christmas. Leaders gave six demonstrations, the agent two. An exhibit prepared by the agent was used with these articles prepared by the leaders. Demonstrations were given on using local overgreens for door, table and mantle decorations. Patterns and directions were given club members for making snow man-sleighs, Christmas tree decorations and bases for table arrangements.

Since the Rural Arts demonstrations were held in October and November, definite results are not obtainable. However, from the response shown at club meetings, everyone attending (at least 115 club members) will use suggestions given at Christmas-time.

The handicraft in 1949 was "Etching and Hammering Aluminum". Results from this project were carried over into 1950. Two clubs carried this project as a club choice in September. One club also chose as a club choice "Etching Glass". Some stenciling, carried over from 1948, was done by club members.

It was reported that 307 articles of handicraft were made by club members during 1950.

## B. Other Activities

### 1. Federation Goal

The 1950 Federation Goal was Youth. This goal was selected because the Home Demonstration women felt that more attention needed to be given to the youth in the county, particularly in guidance and recreation. The main objective was to reach a better understanding of youth and their problems, and to encourage more people to work with young people.

The following aims were set up by the County Youth Chairman and her committee of youth leaders from each of the Home Demonstration Clubs:

To help adults have a better understanding of young people and to encourage more people to open their homes to young people; to work with young people to plan parties and socials in the community and to serve as chaperones for these; assist young people in securing training in recreation; promote community recreation centers.

- (a) Study behavior of children of different age groups
- (b) Encourage adult organizations to use more young people in helping with community work.
- (c) Help youth become informed on national and world affairs.

The youth goal made a splendid start in 1950, and it is to be carried still further in 1951. The Youth committee met in July 1950 to discuss work accomplished throughout the county and to make plans for the rest of the club year. Goals for 1951 were also made.

At each club meeting during 1950, youth leaders were given a few minutes in the program to discuss community youth needs and to make plans for carrying on youth work. At the December club meetings "Youth and Recreation"

was the club topic. The 1930 club goals were presented and discussed. As a county project, toys and games were collected for underprivileged children. These were turned over to the Department of Public Welfare for their Christmas baskets.

Another project instigated by the Home Demonstration women was swimming classes for the young people in the county. The following story was prepared by the agent for publication:

When the Home Demonstration Club women in Surry County, Virginia, selected "Youth" as their Federation Goal for 1930, it was only a beginning - the seed-bed for activity. They mapped their objectives and they were based on one big thought. The youngsters in the county needed something they were not getting. They needed activity; something to DO outside of their regular home activities. Who could bring this about better than mothers and homemakers?

As the summer grew on, one of their ideas was turned into a reality. In July boys and girls from all over the county were having the time of their lives doing something that was most essential and fun. They were receiving swimming instruction. Many of these youngsters lived within a stone's throw of the historic James River, yet they had not a notion about how to swim.

This opportunity did not just happen. Parents wanted their children to have swimming instruction. The Surry County Red Cross Chapter wanted to give the instruction to them. But it took more than the wanting. It took cooperation, and soon after Mrs. Joseph Fisher, County Home Demonstration Youth Chairman, took over her duties, she and her committee got their heads together. In December, when thoughts do not ordinarily dwell upon a dip in the river, they approached John P. Huber, Chairman of the local Red Cross with their plan. If Mr. Huber could secure the instructors, the Home Demonstration women in Surry County would work with him and help push the idea through. He turned the job over to W. Turner Jenkins, Aquatic Chairman and Gerald P. Callis, First Aid Chairman.

Through January, February and on into the hot summer months plans grew. In June an appeal was made through the county schools, stating the hope of organizing swimming classes. Immediately more children than could be successfully handled signed up for the course. Mit Emerson, a county girl, agreed to attend Camp Minnehaha in Marlinton, West Virginia, and there Mit, already an expert swimmer, received specialized instruction. Beginning in July Mit, with the help of Jeanne Howell, held two swimming classes daily for younger boys and girls, age 8 to 12. Classes were held at Scotland, directly across from Jamestown Island, and at Claremont, further up the James River. G. Warren Taylor, Counsellor at Camp Waters, a district Boy Scout Camp, held another class during the same time for teen age boys.

And what were the Home Demonstration women doing now that they had pushed their idea through? They played chauffeur and saw that transportation was available.

Results proved that they were on the right track. First and foremost - **Sunny County** boys and girls learned to swim during the summer of 1950. Fifty youngsters had some good, constructive recreation, because the adults paved the way for them.

Plans are already in the making for a repeat performance in 1951. **Sam Berryman**, who was a year too young to join the class, is an ardent supporter. He was a daily observer and he has already put in his bid to **swim to swim** in 1951.

**Home Demonstration Clubs** had their own individual projects which were carried out on a community level.

The **Caraley Home Demonstration Club** worked with the **Caraley Community Center**, a project started by the club in 1947, and club members served as chaperones for Friday night youth gatherings. In April the club gave a party at the community center for the young people. In August they had a club wainer roast and the young people in the community were invited. A speaker was obtained to talk on the "Soul of the Race" with emphasis on youth for the September club meeting. A special Parent-Youth church service was held at the community church in September. On November 11th, the club had a community family supper at the community center and at that time they presented a United Nations Flag to the community center.

The **Clarendon Home Demonstration Club** secured pamphlets to study in order to help bring about a better understanding between parents and youth. In December they placed a Christmas tree in the town circle, and on Christmas Eve, town families gathered there for a carol service. The children were given oranges and candy. During the summer they obtained the use of a local swimming pool for town children. It was their responsibility to have an adult with the children when they were using the pool. In August the club had a guest speaker to talk on ways of working with youth in the community. In November a supper was held at the community center. A free will offering was taken to cover the expense of their Christmas tree project at Christmas-time this year. At this same supper, the club presented a United Nations Flag to the community center. A community 4-H group of girls was started by the club in the fall of 1950. This club was also hostess for

the 4-H girls contest rally. Early in the year the club had a March of Dimes supper at the community center and at that time \$19.00 was taken in for the March of Dimes.

The Elberon Home Demonstration Club had a guest speaker at the April club meeting who spoke on the "Soul of the Home". The Moorings Home Demonstration Club was invited to attend this meeting. In August the Elberon Club held a picnic to which the young people in the community were invited.

The Surry Club had a picnic for the Surry Junior 4-H project group and their families. 35 children were entertained by the club. In September the club sponsored a meeting on "Youth in the Community". A local minister who had majored in youth work spoke to the group. Notices were sent out through the school to parents and approximately 50 people attended.

Each Home Demonstration Club in the county cooperated with the swimming classes, particularly in furnishing transportation for the children taking part. Other activities in which all clubs participated were March of Dimes contribution and donations to the \$10.00 Sweepstakes prize for the high point winner Girls' Exhibits at the County Fair. In Communities where there were girls' 4-H project groups, Home Demonstration Clubs also cooperated.

## 2. Floor Finishes

In May a demonstration on "Floor Sanding & Finishing" was held with an attendance of 37. A representative from the Clarke Sanding Machine Company gave the demonstration and furnished the materials. The demonstration was held in the home of the local sanding machine representative whose wife was a non-club member. She later became a club member. Since the demonstration, the floor sanded has been shown to people interested in sanding their floors. Three community floor sanding demonstrations have been held following this first demonstration. The sanders were furnished by the local sanding machine representative, and the people whose floors were sanded furnished the materials. Three demonstrations were

held by leaders, assisted by the agent, and one by the agent. The total attendance to these was 24. As a result of one of the demonstrations, the homemaker sanded and finished the rest of the floors in her home - 4 rooms and a hall. Home Demonstration women reported having sanded and finished 55 floors according to recommendations.

### 3. Slip Cover Demonstration

A slip cover demonstration was held as a special feature in April with an attendance of 16. This was originally planned as a two-day clinic, and because attendance was small, it was decided to have a one day meeting with one demonstration. The women attending were more interested in seeing a demonstration and getting principles than doing a chair themselves. A representative from the Singer Sewing Machine Company gave a demonstration on slip covering a wing chair. Preparatory to this meeting, the agent held preliminary slip cover meetings on measuring chairs for materials and suitable materials to be used. 66 slip covers were reported having been made by club members in 1950. Slip covering had been done by Home Demonstration members previously. A member of the women, with the help of the USDA Bulletin "Slip-Covering", were able to do the job. The agent also worked individually with some of the women.

### 4. Home Freezing

In November the Alliance Home Demonstration Club sponsored a home freezing demonstration in a community where there was no Home Demonstration Club. The agent gave the demonstration and emphasized freezing and wrapping meats (pork and poultry), breads and cakes. Fudge icing, particularly adapted to freezing was also demonstrated. Packaging was discussed in detail; those recommended and those not were on exhibit. Some of these served as door prizes. They were furnished by manufacturers. 35 people attended. They were given bulletins on "Home Freezing Fruits and Vegetables" and "Freezing Meats and Poultry". The bulletin on "Home Made Mixes" were also given, especially for the recipe on Brown 'n Serve Rolls which were used in the demonstration.

### 5. Sewing Machine Clinic

A Sewing Machine Clinic was held by the Moorings Home Demonstration Club and the Surry Home Demonstration Club in October. The agent gave these demonstrations. Bulletins on cleaning and repairing sewing machines were given to the women. 21 sewing machines were cleaned by club women. Sewing machine clinics have been held in previous years.

### 6. County Fair

The Home Demonstration Clubs were responsible for the Home Exhibits at the County Fair. The Executive Home Demonstration Committee headed the County Fair Committees and arranged for the work done. Letters were sent out to the homeowners in the county, urging them to send in entries for Home Exhibits. A list of Home Exhibits was enclosed. The County Home Demonstration Committee offered sweepstakes prizes in the form of a jackpot to first and second highest point winners in Home Exhibits. These prizes were given by manufacturers.

As mentioned before, a \$10.00 Sweepstakes prize was given by the County Home Demonstration Committee to the high point winner of Girls Sweepstakes.

Most effective was the Home Demonstration display at the fair, featuring the "Basic Homemade Master Mix". As a background for the display, a map of Surry County was used. Each club in the county was spotted on the map with its members' names listed beside them. A streamer fell from each club to a product made by that club from the basic mix. Cookies were served to those who saw the display, and the mix bulletin was given to them following an explanation by club women of the mix. As stated before, at least 350 people saw this display.

### 7. United Nations Flags

The United Nations flag was explained at the Rural Arts leader training meeting by the Rural Arts specialist in September. An explanation was also given at each following club meeting. The County Home Demonstration Committee

made and presented a flag to the Board of Supervisors at the County Fair. Representative Watkins M. Abbitt, Congressman of the Fourth Congressional District, spoke to the gathering on the United Nations Program. A flag was also presented by S.A.M. and F.H.A. member to the High School. Four other United Nations flags were made by Home Demonstration Clubs for community centers, and these were presented at planned programs. Each club placed special emphasis on United Nations at the October club meetings. The school flag was loaned to the Local County Agent to be used at the Negro High School for a United Nations Program.

8. Other Home Demonstration Activities

Each Home Demonstration Club gave housecoats, scarfs, pajamas and quilt scraps to the Tuberculosis Association Rehabilitation Program. These were sent to a sanatorium for TB patients.

Mrs. Mavis Gibbs, Homemaking Editor of the Southern Planter, worked with the agent in April on a result demonstration of an electric kitchen. This project was started in 1947 when the home of Mrs. C. E. Barnes was wired for electricity under the direction of a specialist from the V. P. I. Extension Service. Mrs. Barnes' kitchen was featured in the June issue of the Southern Planter.

Each Home Demonstration Club contributed to the Patrick Henry Hospital, giving donations of money for the cancer ward and draw sheets.

Two clubs had loan closets from which needed articles were loaned to ill people in the communities.

The agent cooperated on an "Electric Range Field Study" for the Virginia Agricultural Experiment Station and interviewed five homemakers in the county on such items as: design, performance, cost, convenience and numerous other features of their electric ranges.

## V 4-H CLUB

## A. Project Work

## 1. Foods

## (a) Meal Planning, Preparation and Service

Objectives to be reached in this project were to help 4-H Club girls establish better food habits in planning diets, preparation and serving meals for the club members and their families and to teach better methods in food preparation. Club members carrying this project were given demonstration at their regular project group meetings. In one project group two girls worked together each month and gave the demonstration, thereby giving each girl an opportunity to give a demonstration. Before giving the demonstration, the agent met with the girls on what they were to do. The 1949 County Food Preparation winners gave a demonstration on making a cake to 4-H members in three project groups. All other demonstrations were given by the agent. 26 girls carried this project with 23 completions. Total results of the Meal Planning, Preparation and Service project are as follows:

- Total number times planned family dinner - 385
- Total number times planned and served school lunch - 471
- Total number times helped to plan, prepare and serve club meal - 12
- Total number times set the table - 3078
- Total number times made cake - 196 - cookies - 152
- Total number times made milk dish - 69
- Total number times made a salad - 163
- Total number times cooked a vegetable - 558
- Total number times helped prepare or serve club refreshments - 25
- Total number times took food to club meeting to be judged - 24

## (b) Food Preservation

This project covered home canning and freezing with 8 girls carrying the project. These were older girls who carried the project previously. Special instruction was given outside project group meetings by the agent and the 1949 County food preservation winner. Their project manuals gave them other help needed in carrying through their projects. Seven girls reported having earned the following:

Number jars of food canned alone - 167  
Number jars of food helped to can - 185  
Number people members showed how to can - 5 - to freeze 15  
Number packages of food members prepared for freezing - 263  
Number packages of food members helped to prepare for freezing - 393  
Number members who helped to plan amount of tomatoes needed - 5  
Number members who helped to plan for all canned food needed - 5

## 2. Clothing

### (a) So You'd Like to Sew

This project was carried by younger A-H Club girls who were in their first year of club work. Instruction was given by the agent and the 1950 County Clothing Winner (also District Winner). In this project, the girls made articles ~~which~~ ~~did~~ not require a pattern. Basic principles in sewing were demonstrated. In this project the following work was done with 12 girls completing:

Number members who equipped sewing boxes - 12  
Number members who made headscarf - 3  
Number members who made needle case - 10  
Number members who made baby's bib - 2  
Number members who made aprons - 10  
Number members who made laundry bag - 6  
Number members who made stuffed toy - 10  
Number members who made towels - Quilt - 3 - Kitchen - 7  
Number members who made tray cloth - 5

### (b) Looking Your Best

This project was carried by girls who had been in club work more than one year and through project group work in one group. The objectives considered were to improve the general appearance and the grooming habits of the girls. Each girl was given mimeographed sheets on the topics carried. This project was carried and completed by 7 girls. The following members improved the care of:

Number members improving care of feet - 5  
Number members improving care of hands - 7  
Number members improving care of hair - 7  
Number members improving care of skin - 6  
Number members improving care of posture - 5  
Number members improving care of voice - 2  
Number members improving care of teeth - 6  
Number members provided shoe shine kits - 7  
Number members stored clothing seasonally - 7  
Number members drycleaned unwashables - 4

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Number members pressed woollens - 6  
 Number members made quick repairs - 7  
 Number members replaced hose - 5  
 Number members practiced care of hosiery - 7  
 Number members hung up clothing when removed - 7  
 Number members improving rating sheets - 4  
 Number members improving care of sweaters - 31 Laundered by 6 members

(c) Make or Remake

This project was carried by older 4-H girls who had carried this project previously. Special help was given to members outside project meetings. The county 1949 clothing winner (also District winner) served as a junior leader to help the girls look their best by careful planning economically, to learn to choose becoming styles in clothing and to learn better sewing methods in making or remodeling their own clothing and clothing for others.

This project was carried and completed by 6 girls. They carried the "Looking Your Best" project also.

The following results were obtained:

6 girls made for themselves 36 new garments	Total Cost
3 girls made for others 12 new garments	\$ 75.33
4 girls remodeled for themselves 9 garments	24.30
1 girl dyed for herself 2 garments	5.15
Number completed a sewing kit - 6	2.00
Number who own patterns - 6	
Number who kept and reported on accounts for 6 months - 4	
Amount spent by group: outer garments - \$40.53 - Undergarments - \$17.03	
Shoes - \$42.91, Hose - \$6.95, accessories - \$36.38, Care and repair - \$9.10	
personal care - \$10.75 - TOTAL SPENT - \$205.65	
Number who kept and reported on accounts for 12 months - 1	
Amount spent by this group on: outer garments \$15.00, undergarments - \$5.00	
Shoes - \$20.00, hose - \$4.00, accessories - \$20.00, care and repair - \$5.00	
personal care - \$5.00 - TOTAL SPENT - \$74.00	

3. Housekeeping and Home Improvement

The Housekeeping project was taken by 16 girls who had been club members more than one year and who had it as a project previously. Objectives were to establish good housekeeping habits and methods; to instigate more orderly living in the home and to relieve the mothers' household tasks through the division of duties with the club member. Special instruction was given outside to club members and with their project manuals.

Each girl cared for her own room and arranged her room for easier care. They carried their project into storage and made shoe bags, laundry bags, provided a place for personal things and stored their clothing seasonally. 16 girls completed this Housekeeping project with the following results:

- Number members caring for room 3 months - 4 - 12 months - 12
- Number members who mended linens - 3 - set table - 16
- Number members who washed dishes - 16 - carried for baggage - 6
- Number members cleaned lamps - 4 - brought in fuel - 10
- Number members who lengthened pair of sheets - 1
- Number members who made & equipped tool box - 5
- Number members who made a set of table mats - 2 - place to hang them - 5
- Number members who rearranged a room for easier care - 16
- Number members who remodeled furniture - 3 - Number pieces - 5
- Number members who renovated curtains - 2 - Number of Pairs - 4
- Number members who renovated pictures - 4 - other furnishings - 3
- Number members who served as demonstrator - 1
- Number of meetings held in homes - 3

6 Carried the project into storage with the following results:

- Number members who provided a clothes closet - 2
  - Put in rod - 2
  - Shelves - 2
  - Hooks - 2
- Number of members who made closet accessories - 15
  - Laundry bag - 6
  - Shoe bag or rack - 6
  - Garment protector - 3
- Number members making or providing basket for cleaning supplies - 6
- Number members providing place to store cleaning equipment & supplies - 6
- Number members making bookshelves - 2
- Number members making bedside bookshelf table - 1
- Number members using mothproof bag for storing winter clothing - 6
- Number members who served as demonstrators - 1
- Number meetings held in homes - 2

Three girls carried housekeeping into a Home Improvement project.

One is the County and District winner. These three girls and their mothers accompanied the agent to Norfolk for a Home Improvement training meeting in the spring. From this meeting they received ideas for improving their project. Results of these three projects are as follows:

- Number members who cared for room - 3 - built closet - 1
- Number members who made color plan - 3
- Number members who rearranged room - 3
- Number members who cleaned, painted or papered walls - 3
- Number members who renovated curtains - 2 - Closet accessories - 2
- Number members who renovated bedspreads - 2 - Dust Ruffle - 1 - Rug - 3
- Dresser - 2 - Pictures - 2

Number members who refinished, upholstered or slip-covered  
furniture - 2 - No. pieces - 6  
Number members who built desk, bedside table or bookshelves - 2  
No. pieces - 2  
Number different rooms improved - 5  
Number club tours held - 1 - Attendance - 16

#### 4. Poultry

Three girls carried a poultry project and completed the requirements. They had a total of 195 chickens. One member (a fourth) was dropped because she lost her flock.

#### 5. Home Beautification

Three girls carried and completed this project. One member cleaned up the yard, did away with an unsightly wood pile and planted shrubs and flowers in its place. The other projects were by younger girls, and they did flower borders, planning, planting and caring for them.

#### B. Other Activities

The other 4-H activities had been given on page 3 under "Contributions of the 1950 Program to Better Family Living". These special activities were handled by committees appointed through the County 4-H Council or the 4-H Club. No real Achievement Day was held. However, the Girls' 4-H Contest-Bally and the County Fair were excellent opportunities for their work to be shown to county people.

In December 1949, the 4-H Council planned a Christmas party for the Junior and Senior 4-H Clubs. 1949 County contest winners were presented medals at the January club meetings.

#### VI OLDER YOUTH

There is no Older Youth organization in the county. However, there are 22 young women of the Older Youth age, eighteen to thirty, who are Home Demonstration Club members.

## VII SCOPE OF WORK

	1948	1949	1950
Number Home Demonstration Clubs or Groups	8	8	8
Membership	141	158	145
Number 4-H Clubs	3	2	2
Membership	40	30	35
Number of other families reached	250	265	175
Total number families reached	475	475	355

VIII STATEMENT OF ORGANIZATION

1. County Board of Agriculture

This board is known in Surry County as the County Agricultural Advisory Board. In 1930 the Home Demonstration Executive Committee did not meet with this board since a meeting was not called.

2. County Home Demonstration Committee

The County Home Demonstration Committee, which is made up by presidents from the eight Home Demonstration Clubs in the county and the committee's officers, met twice during the year. One meeting was a business meeting to check the program of the year's progress and future activities. The other meeting was to study and develop a program to meet the needs of the county women for the coming year.

Prior to each committee meeting, the Executive Committee met to plan for the meeting. The Program Development and Youth Leaders from each Home Demonstration Club met with the Home Demonstration Committee at their program planning meeting in July and assisted in planning the 1930 Home Demonstration Program and activities. Members of the County Home Demonstration Committee were also responsible for all of the planning for all activities on a county-wide basis during the year. These included the Floor Finishing Demonstration, the Slip Cover Demonstration, the United Nations Flag presentation, the club year book, the Sweepstakes prizes for the County Fair, Home and Girls Exhibits, the handling of the County Fair Home Exhibits and the Home Demonstration Display.

3. County 4-H Council

The County 4-H Council is made up of the officers and leaders of the Junior and Senior 4-H Clubs. Three meetings of the council were held in 1930, one at the beginning of the club year, one in the winter and one at the end of the school year. At the fall meeting officers were elected and goals for the 1930 4-H Club year were made. The winter meeting was a business meeting, at which time committees reported their work. At the May meeting, work accomplished during the year was reviewed and summer plans were made.

4. County 4-H Honor Clubs

There are no 4-H Honor Clubs organized in Surry County.

5. County Chapter of 4-H All-Stars

Surry County has seven All-Stars. There is no organized All-Star Chapter in the County.

6. U. S. D. A. Council

The U. S. D. A. Council met 12 times during the year and discussed various subjects but as in the past years did not set up production goals for 1930.

The reason for this is that the farms are producing very close to a maximum of the best commodity crops that are allowed to be raised in the county. This is done without the U. S. D. A. Council having to request it.

A definite program is set up for each meeting of the U. S. D. A. Council and approximately six of them are set up for the purposes of each member of the Council outlining his or her work and other projects on which they expect to put particular emphasis for the coming year. After he or she explains their program the Council then makes recommendations and offers any assistance from each individual member. This has proved very beneficial to each and every member of the U. S. D. A. Council.

IX ACTIVITIES OF LEADERS

The eight Home Demonstration Clubs in Surry County had 24 women serving as club officers, eight Youth (Federation Goal) leaders, 8 program development leaders, 16 Home Grounds and Garden Leaders, 16 Foods Leaders and 16 Rural Arts Leaders.

Besides the regular club duties of the officers at club meetings, the presidents attended the two county Home Demonstration Committee meetings. The Program Development leaders attended a training meeting in February where they were trained by the District Agent, at large, and the Program Planning meeting of the County Home Demonstration Committee in September. During the Club year, they made a study of the needs and activities of their club members and kept an open-eye for

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activities which they felt were needed in their community as a whole.

The project leaders gave demonstrations on the programs for which they were trained. They also gave help outside of club meetings to club and non-club members - individually and at scheduled demonstrations. A special effort was made to reach non-club members through special demonstration meetings.

The Youth leaders had ten minutes or as much time as was needed at each club meeting to emphasize the youth goal and discuss work being done. They cooperated in the Red Cross swimming classes and the Christmas toys for underprivileged children project, as well as special club activities which were previously mentioned under the Youth Goal.

In 4-H Club work there were the regular club officers for the two clubs who comprised the County 4-H Council.

Each 4-H project group had a chairman, a reporter, and a junior leader. The chairman was responsible for the planning of each group meeting and the reporter was to send reports of the meetings to the local newspapers. The junior leaders gave demonstrations at the project group meetings or assisted the agent in giving the demonstration. Club members also gave demonstrations in their project groups. These group meetings were held directly after school, and because buses got the members home so late, the agent generally picked the girls up at school and took them to their community meetings. For this reason, the chart below shows very few meetings held without the agent. 4-H Club members in Surry County live in rather scattered areas, and this means has been necessary in order to give the project instruction needed. Junior leadership for project instruction was used exclusively in order to help the 1949 4-H Contest winners build a leadership record.

<u>Growth of Home Demonstration Club Project Leadership</u>	<u>1948</u>	<u>1949</u>	<u>1950</u>
No. Project leaders and goal chairman	77	52	56
No. Training meetings held	7	3	5
	By Specialist	4	4
By Agent			

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	1948	1949	1950
Attendance at all training meetings	115	95	100
No. Club meetings held by leaders without agent	15	17	13
No. Club meetings at which leaders assisted	74	67	51
<u>Growth of A-H Club Project Leadership</u>			
No. adult project leaders	8	6	0
No. junior project leaders	15	3	3
No. training meetings held By Specialist	1	-	-
By Agent	3	4	7
Attendance at leader training meetings	30	36	11
No. A-H leaders trained individually	3	3	3
No. club meetings held by leaders without agent	28	11	8
No. club meetings at which leaders assisted	63	99	67
No. demonstrations given By leaders	37	28	16
By adult	10	11	0
By junior	27	17	16

#### X WORK IN COOPERATION WITH OTHER AGENCIES

##### A. Red Cross

As stated before, one of the major features in the 1950 Youth Program was done in cooperation with the Red Cross. Home Demonstration Clubs also contributed to the Red Cross drive and women were encouraged to learn more about the work done by the Red Cross.

##### B. TUBERCULOSIS ASSOCIATION

Home Demonstration women assisted with x-ray clinics and contributed to the TB drives. Club members were urged to take advantage of the x-ray clinics.

##### C. Department of Public Welfare

Another youth project, already stated, was the contribution of childrens' toys from the Home Demonstration Club women to the Department of Public Welfare Christmas baskets. The agent gave information and help on home making problems to the Superintendent of Public Welfare when called upon. In 1950 a Mental Hygiene

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Clinic was set up in this area. The welfare superintendent worked with this clinic. She explained the set-up to the agent, the agent attended a Mental Hygiene Clinic meeting with her. Following this, the Clinic was explained at Home Demonstration Club meetings. On several occasions the agent was asked to cooperate with the Clinic's work to help parents understand better the program.

#### D. County Health Unit

Health was the 1948-49 Federation Goal. Work was done in cooperation with the Health Unit then, and it was continued into 1950, particularly in encouraging club women and their families to take advantage of the Health Unit's Clinics.

#### E. Farmers Home Administration

Since the F. H. A. does not have a home economist in the county, the agent gave information to the F. H. A. Supervisor for his clients, particularly on food preservation and kitchen plans and improvement.

#### F. County High School Home Economics Department

The agent worked closely with the Home Economics teacher on the Girls' Exhibit for the County Fair. The Home Economics cottage was available for leader training meetings, to which the teacher and High School pupils were invited. The agent spoke at the Local Future Homemakers of America Chapter on "Home Demonstration Work as a Career". The agent also attended the fall F. H. A. District meeting and represented the Home Demonstration career department on the program for the day. She was interviewed on aspects of Home Demonstration work and then led a discussion group on Home Demonstration work.

#### G. Work with Local Groups

The demonstration on Christmas Ideas and Festive Demonstration was so effective that a church organization asked the agent to show some gift ideas to their members. The head of the American Home Department of the Women's Club also asked for a similar demonstration for her department by the home agent.

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The Farm Bureau each year calls upon the Home Demonstration women to help them with their annual picnic. This year the County Home Demonstration Committee handled the job of supplying potatoes salad.

The agent attended the regular monthly meeting of the Farmers' Union and carried to these farm men and women information regarding Home Demonstration work in the county. This was an excellent means of contacting other than non-club members.

#### XI SIGNIFICANCE OF THE YEAR'S WORK

The 1950 Home Demonstration Program was well planned by the County Home Demonstration Committee, and it was a program which fitted well into the needs of the club women. The agent feels that the club organization strengthened a great deal during the year. Attendance to County Home Demonstration Committee meetings was 100% and the women worked well together. It was interesting to note that only two women out of the 22 represented at the Program Planning Meeting had been in club work when the agent came to the county in 1945. This is another indication of growth in Curry County's Home Demonstration Program.

Club attendance and leadership were particularly good during the year, and leaders attended training meetings with an excellent percentage of representation. While the Home Demonstration Club enrollment is less than in 1949, the agent does not feel that this indicates a lack of interest. In December 1949 Home Demonstration rolls were revised and only active members were kept on roll. Actually 25 new members were added and most of these were young homemakers who have taken an extremely active part in club work. Results of the special programs or demonstrations by each club to reach non-club people were most helpful in the growth of the Home Demonstration Program.

The County Fair, in which the Home Demonstration Clubs had a leading part was one of the best tools for informing the people in the county of the work done by Home Demonstration women. Local newspapers gave strong support in publicity.

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The club women had excellent opportunities in reaching county people through their youth work and their work with other local organizations such as the Burien Club, the Farmers Union, the Farm Bureau, the Welfare Department, the Health Department, the Woman's Club and the school and church groups.

The agent feels that 1930 was a good Home Demonstration year. There was a strong feeling of unity and working together in the clubs and between clubs generally. The following summary of the accomplishments of 85 Home Demonstration women on the 1930 Home Demonstration Program gives a final evaluation of the results gained:

No. people to whom you carried information - 733  
 No. times cooperated in community 4-H Club work - 70  
 No. times you cooperated with the Rural Youth Goal - 163  
 No. who planned for home grounds - 49  
 No. improvements made on home grounds - 143  
 No. who planned vegetable garden - 51  
 No. who followed post control recommendations - 41  
 No. who found Flower Arrangement helpful - 64  
 No. who liked Sugar Salads - 62  
 No. who used master mixes for bread - 44  
 No. articles of handicraft made - 303  
 No. slip covers made - 66  
 No. who cleaned sewing machines - 21  
 No. floors refinished - 55  
 No. desserts packaged and frozen - 197  
 No. bushels vegetables stored - 751  
 No. quarts vegetables canned - 6105  
 No. quarts fruit canned - 2063½  
 No. quarts meat and fish canned - 1616½  
 No. pounds meat cured - 30994  
 No. pounds meat frozen - 4958  
 No. packages vegetables frozen - 2663  
 No. packages fruit frozen 1049  
 No. pints preserves, jams, jellies made - 1869

4-H Work definitely improved in 1930. Membership was not as high as desired although 5 new members were taken in during National 4-H Week. Interest in project work and project group meetings was excellent and this was indeed gratifying for the agent. From the county there were two district winners in 4-H contests. Through many of the younger 4-H members a new and better understanding of the Extension program was taken into their homes. In this way the agent was

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able to reach more non-club women. Project completion was excellent. A high percentage of work entered in Girls Exhibits was done by 4-H girls. This was excellent publicity for them and the value of the girls 4-H work was very definitely recognised by those attend the County Fair.