

Virginia



AGRICULTURAL EXTENSION SERVICE

Annual Report

Home Demonstration Work

1951

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★ **Agent**

Pittsylvania

COUNTY

Asst. Agent

III. COUNTY SITUATION

The main cash crop in Pittsylvania county is tobacco. Labor was difficult to secure and in many cases it took every member in the family to prepare it for the market. Prices have been very good this fall. A few farmers have supplemented their income through dairy and beef cattle. Efforts have been encouraged through the poultry market in Danville to raise more poultry and poultry products for the local market instead of just for home use.

Many people work in the Dan River Mills and some other form of public work. This has a tremendous effect on the income of county people. In many cases the man farms and the woman works in the mill - this provides a larger income but a limited family life.

IV. CONTRIBUTIONS TO BETTER FAMILY LIVING

The main emphasis of the Home Demonstration program was clothing. The rising cost of living the homemaker sought the need to economize on every phase of homemaking to keep her family well fed and clothed. Seven hundred and fifty-eight work dresses were made using approved work dress patterns. Nine hundred and seventy-six work aprons were made and one hundred and eighty-eight better dresses and three hundred and five tailored garments were made as a direct contribution of the home demonstration program. More women learned to use their sewing machine attachments, select better finishes and to save the cost of covering buttons and belts by doing them at home and select a basic dress with lines which would be becoming to the wearer and a style which would last a number of years.

Refinishing furniture - Mrs. Jake Berger and Mrs. Gilbert Carter refinished more furniture than any of the other club members. Mrs. Carter has refinished 36 pieces and Mrs. Berger 23. Refinishing furniture was in the program two years.

Food preservation - An increased number of people brought their pressure cooker gauges to be tested or to ask for information on canning fruits and vegetables. More people are freezing fruits, vegetables and meats in the county. A large percent are buying home freezers and a large number are using the community locker.

Tray etching proved very popular with the club members, and many have made trays for gifts.

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V. ADULT WORK

A. Project Work

1. Clothing

The main emphasis of the Home Demonstration Program was clothing. The increasing cost of living, the homemaker saw the need to economize on all phases of keeping her family well fed and clothed. By sewing at home and making and remaking clothes for members of her family which otherwise might have been cast off or had to be purchased new she saw a way to cut cost and keep her family better clothed. Also to make many other household articles which she could save cost of the purchase price.

Objectives of this project was to learn the material most suitable for the homemaker and the uses which she and her family would have for them, to know what raw materials and synthetic materials were and when they were present, and to know how to care for them and what to expect of the upkeep and cost of the garment, to select finishes and trims which would last the lifetime of the garment and a minimum amount of care, trims which would not have to be removed each time a garment was laundered or dry cleaned and still be attractive, to be able to recognize good workmanship on a garment if purchased, select a pattern which would be the most flattering to the figure and materials and colors which would be the best to the wearer's color and personality.

In January the method demonstration was the use of the sewing machine attachments; to teach each member and acquaint her with what attachments were available to her on the market. How to use the standard attachments which she had with her machine, many of the club members said during the demonstration that they had never tried to use their attachments. The following attachments were used as standard attachments which are purchased with the machine: the narrow hemmer, adjustable hemmer, tucker and gatherer. The members were taught how to use these attachments so that each would have a durable finish with a minimum amount of work and save time. Attachments which were used as extra attachments were: the zig-zag, zipper foot, button hole worker and hem stitcher. These were used so that the homemaker would know what was available to her on the market and let her decide which one would be the most satisfactory to her. The button hole worker was without a doubt the most popular of the extra attachments. Many of the women have reported buying one since the demonstration. Mrs. Roy Sundiff of the Climax club said she did not see how she got along without it. Many of the members have bought the button hole worker jointly with a neighbor. Mrs. Claude Beggarly of the Keeling club has found the blind hemmer very satisfactory. Mrs. Beggarly does a great deal of sewing for the people in her community and a store in Danville. She said that she had used it and that she saved more time because now she could put the hem in a dress in a jiffy, and she saved so much time where before it had taken

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her a long time and much harder on her eyes than using the blind hemmer. I think that Mrs. E. M. Richardson, Jr., of the Laurel Grove Home demonstration club summed up the value of the demonstration and expressed the feeling of the majority of the members when she said, "I have never taken the time to try to use my attachments, but now I am going home and learn how to use all of them. Six clubs have bought zig-zags for the use of club members."

The Singer Sewing Machine Company in Danville assisted in a leaders training meeting and the Sears-Roebuck Company in Danville assisted in loaning the use of their attachments for the demonstration and on two occasions they gave the demonstration at the club meetings.

In February the demonstration was Work Dresses and Aprons. The leaders training meeting was held by the Home Agent—nineteen leaders were present. The objectives of this training meeting were to train the leaders to return to their respective clubs and give the demonstration on "Work Dresses and Aprons." The objectives of this training meeting were to acquaint the members with the recommended features of a work dress by the Bureau of Human Nutrition, to acquaint them with the features which were satisfactory for working comfortably and safely, to select finishes and materials which could be easy to launder and still be attractive, and the wearer obtain a maximum amount of wear from them. Charts were used to stress the points of comfort, safety workmanship and materials. Each member was asked to wear to the meeting a work dress or an apron which she liked and to point out what she liked. Mrs. A. L. Conner of the Oak Grove Club pointed out the feature of the set-in belt by saying that, "she always had her belt with her when someone came to the door and that she did not lose it and did not have to hunt it when she was ironing the dress or laundering it. Self trim was pointed out as being very satisfactory because it would last the lifetime of the garment. A list of the approved patterns for work dresses and aprons was given to the leaders. The leaders made either a dress or apron by one of the patterns before going to the club meeting and giving her demonstration. Twenty-eight members from sixteen different clubs modeled the work dresses and aprons in the achievement program in November. Over 200 work dresses and aprons were made and exhibited at the Danville Fair. Mrs. Homer Amos of the Oak Grove club gave an excellent demonstration to her club. She had spent a great deal of time preparing her material and making work aprons which she used in her demonstration. She made a very attractive work apron using an Advance pattern recommended by the Bureau of Human Nutrition, but she added a touch of her own imagination to make the apron more attractive by making pockets in the shape of tulips in a contrasting color and pointed out that the flat trim was so much easier to iron and very attractive."

In March the subject of the demonstration was the selection of the "Better Dress or Basic Dress." The objectives of this demonstration were to teach each member how to select a pattern which would be the most becoming to her and meet the needs and occasions which they would have to wear them and be well dressed on all occasions, to be able to recognize the value of the dress by the material and workmanship and know what qualities

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to look for in the finishes and workmanship which would be the best service for the wearer and the most durable, to select basic colors that would be good the lifetime of the dress and be flattering to the wearer so that she would be well dressed, to select accessories for the dress which could be worn interchangeable with other articles in her wardrobe and to select the dress with the lines which were the most flattering to the wearer's figure depending on whether her figure needed slendering or she was underweight. A leaders training meeting was held and 18 women were trained to give the demonstration in their clubs.

Demonstration was given on how lines could make the figure more slender and by using flannel strips of material and using a club member for a model. Each club member had been asked in advance to wear or bring the basic dress or dress-up dress which she liked best. Discussions were held with each member telling what she liked about the dress she was wearing or had brought with her. Basic pattern pictures and dresses were displayed for each member to study. The leader led a discussion on what point you would look for if you buying a basic dress or pattern. The points which were stressed were: know what style to look for yourself which is the most becoming, know what occasions you are going to need it for, know the color which you will get the most service out of and still be becoming. Look for good workmanship and finishes, deep seams, hems at least 2½ inches to three inches deep, zipper put in straight and securely hidden, all facings hemmed, but not fastened or whipped down to the front of the dress, button and button holes neat and securely made whether worked or bound--expect to find bound button holes in the more expensive garments, a piece of tape or a straight piece of material at the waist to hold it in place. The seams on bias should have some reinforcement. Do you know what color is the most becoming to you? Samples of material were used with the different colors. If you must have the latest color use it in a hat or some other accessory, but do not invest it in a dress because the latest colors are the first which you are sure will be out of style. Mrs. George Shields of the Blairs club said "my style is a dress which opens down the front, whether it is a house dress or a dress-up dress." Sixteen women modeled dresses and suits which they had made at the Achievement program, and seven basic dresses made by women of the home demonstration clubs were exhibited at the Danville Fair.

The demonstration for April was "New Finishes and Trims for Cotton Dress." The objectives were to have the women help the women to have a more attractive trim in good taste and at a lower cost, how to cover buttons and belts at home, what materials were on the notions counters in department stores and five and ten cent stores which the women could buy to cover materials at home, belt stiffening - stitched belts the buckles which could be bought ready to cover and buttons which could be bought ready to cover. How to make piped button hole was demonstrated - many women had been afraid to make bound button holes. Discussions were held on how to use finishes which would be the prettiest, launder better, and dry clean better. The women were asked to bring a dress or blouse which had particular finish or trim which she liked on it. Many of the women brought dresses which were tucked on plaid or stripes and this gave a very pleasing effect. In the discussion points which were brought out were:

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how to cut stripes and plaids and be careful to have them matched perfectly and to not have them going too many different ways for a pleasing effect.

Illustrative materials used were: ivory rings - each club member had been asked to bring a small piece of material and her needle, thimble and thread to the home demonstration club meeting in April. An ivory ring was given to each member and she made a covered button at the meeting. Directions were given to each for making a stitched belt, piped button holes and loops and scallops. I saw the results of this demonstration many times when a club member wore a dress which she had made to the club meeting with the covered buttons, stitched belt and piped button holes and many of my 4-H club members came to club meetings with buttons which her mother had made.

The Oak Grove home demonstration club had "Trimming of Spring and Summer hats" for their demonstration. The objectives of this demonstration were to bring the hats which they had on hand and re-decorate them for the summer and spring wear, to decorate them in good taste to wear with low cost, to teach the members how to care for and clean their straw hats. Each woman brought a hat and the supplies which she thought she might use in decorating the hat. White pique and flowers were the main articles brought, and some net. A demonstration was given on removing an old trim and cleaning the hat. Also, how to clean and block hats at home. Twelve hats were trimmed and blocked at the club meeting. Information was given to the club members to carry home on the "Cleaning and Blocking of Hats." Also, when buying a hat, select a style which could be worn for several seasons and be redecorated as we said in the basic dress, select the style which is most becoming to you and can be worn interchangeable.

The sewing project in the home demonstration clubs have proved of great value because many women are sewing for themselves and their families. More are attempting to make more of their own clothes and families clothes. They are cutting down the cost of finishes by doing them at home. Mrs. Evelette Eades of the Sandy Level home demonstration club was in my office just after we had the demonstration on covering buttons. She was wearing a pretty brown wool dress which she had made and it had twenty-eight buttons on it. She said that she had priced the covered buttons at the Singer Sewing Company and they had wanted 3.50 to cover them. So she went to the five and ten and bought the ivory rings and covered them herself. She said that she was thrilled over it because she had saved so much on the one garment and her buttons were pretty and very neatly finished. Little Betty Sue Sours modeled a coat her mother had made for her out of her father's overcoat. Mrs. Sours said that the coat was fifteen years old. It was made into a very pretty and neat coat with a belted back and a velvet collar. She said the coat did not cost her anything except the thread which she bought. The velvet was a scrap which she had been saving, and the buttons were off Betty Sue's old coat.

Many of the women who are members of the home demonstration clubs in Pittsylvania county take in sewing to earn extra money for themselves and their

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family. Mrs. Claude Jaggary of the Keeling club makes dresses and ~~and~~ aprons for a store in Danville. Mrs. Ann Glass of Hurt makes slip-covers and drapes as her specialty. Mrs. Glass who has been a club member for several years, gives her knowledge of sewing to the home demonstration club complete. She said, "when she was first married she did not have any knowledge of sewing or cooking so she joined the home demonstration club and was a very apt pupil. She has made numerous slip covers for others and has earned money to send her daughter to college. Mrs. George Shields of the Blairs club is an excellent seamstress and sews for other people and earns extra money by remaking fur coats into short coats and capes for other people.

2. Home Furnishings

The demonstration for the month of July was "Furniture Arrangement." The objectives of this demonstration were: how to arrange furniture which the family already had to that they could enjoy it comfortably and conveniently, taking into consideration the age groups of the family, how the age groups of the family affects the needs of furniture and the furniture arrangement, how small accessories may assist in making a room more attractive, have each homemaker recognize her own family needs and arrange her room accordingly, to know the basic rules of furniture arrangement and have well lighted reading and working areas, select lamps for the amount of light you would get and buy lamps if needed that were certified.

A demonstration was given on actually arranging furniture in the hostess's home. Slides, pictures and posters were used to illustrate different points on basic rules of furniture arrangement. Discussions were held on keeping lanes open, grouping furniture for work, reading, study, and play areas; keeping furniture arranged parallel to wall, but not be afraid to pull furniture out from the walls. Arrange furniture so that it would be a minimum amount of work to clean the room, arrange furniture in groups, develop a center of interest and plan for spaciousness. The importance of balance and proportion were discussed. Know what the needs of your family are and buy accordingly. Develop your color scheme accordingly. In arranging furniture it was found by most of the clubs that they had more furniture in most cases than not enough. The members were urged to use what they had or refinish old pieces rather than buy a new piece of furniture. It is better to buy one good piece of furniture than a whole suite. The buying of suites was discouraged when information was asked for.

The Motley and Grtna clubs had Picture Selection and Arrangement for the club choice in May. The objectives of this demonstration were to select pictures which a person would enjoy, pictures which would harmonize with the furnishings and color scheme of the home, to have the homemaker recognize that she could enjoy pictures which were pretty and not expensive. Select the size of a picture for the space you expect to hang it. Hang the picture so that all fixtures and mechanics would be hidden. Never hang a picture on the wall without a piece of furniture under it, and always hang it so that it would seem a part of the unit. Illustrative materials used were: pictures which were desirable for the average home living room, pictures of different groupings and a demonstration

on how to hang pictures in groups to obtain a pleasing effect which was both properly balanced and attractive. Mrs. Evelyn Mann of the Gretna club brought to the club meeting a picture frame which she used and had a seasonal picture for each season which she used interchangeable at the different seasons of the year. Several of the women ordered copies of the prints which were offered in the Farm Journal. The furniture stores in Chatham loaned pictures to the home agent to be used in the demonstration. Discussion was carried on about selecting the proper frame for the picture.

The Brookville home demonstration club planned the use of feed bags in home furnishings. Mrs. Margaret Cahoon and the club assisted her, refinished her 15 year old daughter's room, using feed bags for making curtains, bedspread, dust duffle, and she slip-covered a chair and made the skirt for a dressing table. The cost of other materials and supplies amounted to about five dollars. The finished room looked very attractive and all the women were carried out in good taste. The women of that community said they had more feed bags than they could use for towels, dresses or aprons and they were interested in finding different ways to use them. The Galveston Mills at Gretna cooperated with us in providing the women with enough feed bags to be used for the demonstration. The club held a bag exchange where the women brought their odd bags and exchanged them for the ones they had alike so they would have more of the same bags to work with.

In October the home demonstration club had "Dried Flower Arrangements." The home agent gave the demonstrations. The objectives of this demonstration were to use dried flower arrangements in the home so they would be more attractive, to know when to gather different flowers, pods, seeds, leaves, plumes and ever greens so that the best colors and beauty would remain, to learn how to store and dry flowers so that they would look the best in arrangements, to learn how to color artificial flowers so that they would have the desired color and give the proper effect of arrangement, to learn what makes a good arrangement, to have each homemaker have a plan before she started to make the arrangement and have the proper mechanics for use in her arrangements. There are three types of arrangement - line, mass and a combination of line-mass. The line arrangement you do not use as many flowers as in the mass. Objective of this was to learn balance, harmony, proportion and design, how dark colors express weight and light colors are set as heavy, importance of having the container harmonize with the flowers. Pictures were used to illustrate the different types of flower arrangements that a person could use. Dried flowers were used for the arrangement using the basic rules for flower arrangements. Discussions were held on the pictures, and points brought out were design, balance, harmony and proportion. How to start making a flower arrangement - first, by getting height, then width, and then center of interest and then filling in from there. Mrs. Hattie Walters of the Laurel Grove club said that

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she always stuck her flowers down in the vase because she didn't know how to start making an arrangement and she was going home and try to make one. Suggestions were offered on the selection of the proper container of good line and design which could be used for almost any flowers and the importance of having a holder which would support the flowers. It was suggested that the pin-point holders were good, but chicken wire could be used very effectively and wet sand was also recommended by a few members. More emphasis was placed on flower arrangements than on the dried flowers in the discussion because both dried and cut flowers are arranged by the same rules. Reference material used was bulletin on Dried Flower arrangements from VPI Extension service by Miss Ruth Jamison and Eighteenth Century Garlands - Louise B. Fisher and The Complete Book on flower arrangement. These two books are available to the members on the Mobile Library.

The Martinsville Road home demonstration club had "Refinishing Furniture" for their demonstration during the month of May. The objectives of this demonstration were to improve furniture which the finish had become worn on, to use furniture by refinishing which had been cast away or stored out of sight, to select a finish which would be the most suitable of the piece of furniture to develop and preserve its beauty, to have the members recognize a good finish on a piece of furniture and select it when buying or refinishing. Three pieces of furniture were brought to the home demonstration club meeting and the members worked on them to clean off the old finish by using paint remover and sand the wood down until it was satin smooth and then apply a stain if desired, if not, floorseal was used and then the gloss was removed from the finish by using pumice stone and oil. Then the furniture was given a coat of oil and permitted to stand from twenty-four to forty-eight hours. Then rubbed down, if the homemaker chose she could rub it with oil more times.

Mrs. Jake Berger has refinished twenty-three pieces of furniture. Mrs. Gilbert Carter has a new home and she refinished thirty-six pieces of furniture to go in it. She refinished all of her old furniture and bought second hand and a few pieces of antiques which she refinished. Mrs. Carter made all of her draperies and slip covers for her new home. She saved cost by buying the material at the mill store in Burlington N.C. and making the draperies at home.

3. Home Management

A demonstration was given on the selection of small kitchen equipment. The objectives of this demonstration were to assist the homemaker in selecting small kitchen equipment with what she actually needed and not have her kitchen drawers full of gadgets which she had not learned to use. Where is the proper place to store the kitchen equipment? The women were asked to bring to the club their favorite

kitchen gadget or utensil. Demonstration was given on how to sharpen knives. Discussion was lead either ~~xxxx~~ by the home agent or the leader on how to arrange and place equipment in the kitchen properly to save working time and energy. A diagram was used to illustrate the placement of different articles in the kitchen so that they would be within arm's reach of the place where the homemaker would use them. Small kitchen equipment taken to the club meeting by the home agent or leader was a rubber scraper, cloth of gold, eight different knives. Stressing the need for three in each one and the others were optional. The butcher knife, paring knife and bread knife. A carborundum for sharpening knives and points brought out in discussing the care of knives, keeping them sharp, storing them in a knife holder and keeping them away from heat was stressed. What determined whether a knife would hold the edge, the importance of the handle and construction of the knife. A sponge for washing dishes, foley food mill and colander. Measuring spoons and measuring cups both the liquid and solid, rolling pin, can opener and the grater. Many of these same articles were brought to the club meeting by the members. The materials and supplies were loaned to the home agent by the hardware in Chatham. Many of the women have reported buying and using information given them on the selection of small kitchen equipment at home since the home demonstration club meetings. Several have reported making improvements on placing the equipment or storing it in a more convient place.

Many women are managing and saving time on the basic mix which was used in the club last year. More women are putting prepared foods in the freezer and planning it in advance so that they will have more time over the week-ends to be with their families and guests.

Improvements have been reported and the home agent has given assistance in the past year on arranging, buying and improving laundry equipment. More women are seeing the advantages of an electric ironer and how they can save time and energy in doing their washing. Many women have had automatic washers installed in their home. One hundred and six women have reported to own a home freezer and a large number use the food locker either here or in Danville.

4. Foods

There were two demonstrations on foods. Last December the clubs took as their demonstration "Gifts from the Kitchen." The objectives of this demonstration were to make gifts and use them for Christmas. A demonstration was given on making candies and wrapping gifts attractively to be given as gifts. The pecan roll was used, pulled mints and plum pudding also. One candy and one pudding was made at each club meeting. Storage and packing for mailing was discussed.

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The members reported nearly one hundred percent using the recipes and information on wrappings for Christmas gifts.

In November the demonstration was "Decoration of cakes and Cookies." The objectives of this demonstration were to decorate cakes and cookies for special occasions and have them attractive. The Comfort Frosting was used to decorate cakes and at several clubs on cupcakes. A leaders training meeting was held by Mrs. Mary Thompson VPI assistant food specialist. Twenty-three leaders were present. The leaders returned to their respective clubs and gave the demonstrations. Recipes for the cake and chewy noels were provided for each club member.

The Sandy Level club, after seeing the demonstration, changed the menu for their Church supper from pies to decorated cup cakes. The advantages of the Comfort Frosting was discussed. It was almost fool-proof and a success every time and what was left over could be stored for future use and comparisons were made between it and the common frostings which were used. It would not soak into the cake and it did not form a sugary crust on top.

Although the season was dry, a large number of canned fruits and vegetables have been reported to the home agent. The rise in cost of foods the women have seen the need and value of home canned or frozen fruits and vegetables. Over 16,850 cans of fruits and vegetables have been reported to this home agent's office as being canned this year and 4014 quarts of fruits and vegetables were frozen. A large percentage of the members are putting their meat in a locker or home freezer. We did not devote an adult meeting to food preservation. Three hundred and thirteen persons reported using information from the home agent's office on canning and freezing. Seventy-five pressure cooker gauges were tested. Of course this is a small number compared to all of the pressure canners in the county, but it is an increased number over the past two years of persons who brought in their canner gauges to be tested. A larger number of people are canning in the canneries and using the food locker and freezing at home than in the previous years.

Women have reported using the information and diet on foods for losing and gaining weight. Mrs. V. V. Motley perhaps has gotten the best results. She weighed over two hundred and fifty pounds. The doctor told her it would be necessary for her to lose weight. She followed the recommended diet on foods for losing and gaining weight. She has lost weight down to 158 pounds. The other seven women have lost weight and say they feel much better. Mrs. Mary Blair lost fifty-two pounds. They say after losing weight they feel much better and have more vigor and vitality.

5. Handicrafts

In the month of June the demonstration was etching trays. The objectives of this demonstration was to teach the women how to etch metal with acid and have a useful article for the home; how to select a design that would be attractive and neat and be in good taste and how to make transfers and have the pattern transferred to the metal. A leaders training meeting was held with twenty-nine leaders present. They were trained and returned to their respective clubs to give the demonstration. The orders for the metal discs were taken in advance so that they would be there when the meeting date was set. Most of the clubs found it necessary to have an all-day meeting or have two or three afternoons, many of the clubs re-ordered.

Several women made coasters - aluminum bowls and trays. Some of the women ordered the copper bowls in the second orders to etch for flower arrangements, fruit bowls and several women made something with their hands, like the copper ash trays for gifts. This was a very successful demonstration. Over five hundred trays and coasters have been reported that were made either for home use or to be given as gifts.

B. OTHER ACTIVITIES

1. Federation Goal

The Federation Goal for Pittsylvania county was home and community beautification. The goal was selected to be carried in the county the second year by the meeting of the planning committee for the 1951 program. A planning meeting was held for the federation goal leaders and they devoted five minutes of each meeting on a report of progress which had been made or giving suggestions which could be done to improve the home and community. Over 700 improvements were reported by club members after carrying it the second year. They devoted more time to their own home cleaning up. Three churches were landscaped and one community club house by the specialist from V.P.I. Mrs. Ruth Woodson who has been carrying a result demonstration for the past three years planted her shrubbery this fall. It is delightful to drive by her home which is a small four-room house and see that a properly planned and landscaped show up as attractive.

Eighty-six mailboxes were improved and drive ways. A flower exchange was held at the club each member brought slips, seeds, or potted plants and exchanged them at the club meeting. Eight new fences were

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reported and plans to carry out long-range landscaping projects. Twenty-three reported providing outdoor living areas and fireplaces. Reseeding of 19 lawns were reported.

The women chose not to continue the goal for 1952 but to have Health instead. Plans were made for all of the Health leaders attend a leaders training meeting in cooperation with the health department and receive training and information of the various ways which they could be of assistance to the public health department. A tentative date has been set for this meeting.

2. T. B. Association

The T. B. Association asked the assistance of the home demonstration clubs to aid in moral and financial support of the destitute patients from Pittsylvania county who are patients at Hilltop and Blue Ridge sanitoriums. Eighteen clubs responded and the clubs took one patient per club and sent small gifts and cards and money to buy medicines and supplies for those who were financially unable to do so. Guest speakers were sent to the home demonstration clubs which requested them to discuss the importance of educating a person to protect him or herself against T. B. and to ask the cooperation of the women in assisting in the X-ray mobile. The women served as hostesses to the X-ray mobile in their community. Thirty women assisted. The women helped to influence their neighbors to have a chest X-ray. Three hundred and fifty yards of material donated by the Dan River Mills have been turned over to the T. B. Association for the home demonstration clubs to make pajamas for the indigent patients in the sanitorium from Pittsylvania county. The home demonstration clubs assisted in the seal sale drive.

Mrs. Sallye Fugh, executive secretary, says through the efforts of the home demonstration clubs it is impossible to measure in dollars and cents the value of their work to the T. B. Association through moral and financial report.

3. Cancer Drive

Mr. George Dawson, chairman of the Pittsylvania county cancer campaign, asked the cooperation of the home demonstration clubs in assisting the county in raising funds for the cancer goal, to educate the people on the dangers of cancer and the importance of physical examinations yearly. The cancer association gave a dinner to open the campaign. Eight home demonstration Health chairmen were present. Posters and contributions cups were placed in various communities and soliciting was done in some communities. Excellent cooperation was shown by the members and more of them have become Cancer conscious and realize the need to combat cancer in the early stages.

4. Welfare Department

The Oak Grove home demonstration club furnished a room for the William Pitt Welfare Home. This house is rented by the welfare department to place homeless children until they can be placed in a foster home. The Oak Grove club members furnished girls' room. They bought material and made curtains for five windows. Their husbands painted the walls and woodwork. They repainted the furniture which was donated by club members or friends of club members. Linens were made by the club members. The Home Demonstration clubs were asked by the welfare department to assist in collecting old toys to be made over and given to underprivileged children. It is too early at date to report on this.

5. Red Cross

Fifty-three of the home demonstration club members participated in the Annual Red Cross drive through serving as chairman of the district and doing soliciting for the drive. The home agent assisted through helping organize a home nursing class.

6. Community Center

The community Center which has been the goal of the Mount Cross Home Demonstration club for a number of years was completed and paid for through the efforts of the club members. They have been using the club house to have Brunswick stews and square dances afterwards.

The Laurel Grove club has felt the need and realized a desire for a community center. They have set aside a building fund and plans are underway to earn more money and have a building started. They have a reserve fund chairman who is responsible for the funds to build a club house and have added a considerable amount to the fund since last year.

7. Danville Fair

Last year to create more interest in the Danville Fair, it was agreed to have a point system for the fair exhibits. Each club which exhibited the most points would receive a grand prize of 75.00 dollars, second prize 50.00; third prize 25.00; and fourth 15.00. One dollar was given to each club to cover the cost of travel and expense of putting up the booth. An organization committee was appointed, which met and made plans for the exhibit list and putting up the fair exhibits. Scott Davis for the Laurel Grove club won the grand prize and 27 blue ribbons. Thirteen clubs responded. Mr. Finch of the Danville Fair Association said this was the best response and exhibits he had from the home demonstration clubs.

8. Handbook

To improve the quality and use of the handbook, the committee decided to have a handbook printed for the second year in 1951. Provide a handbook which would be useful to each member and list suggested activities for each month besides having information concerning club meetings, hostesses and dates. Funds were raised to pay for having the book printed by soliciting advertisements. A new handbook committee was appointed to serve - Mrs. Lee Yeates, Mrs. England Love and Mrs. Virginia B. Evans.

9. Farmers Home Administration

Home Agent assisted the director of the Farm Home Administration, to provide information on request on purchase of articles for members of the Farm Home Administration, such as pressure cookers and thermoses of household use. I visited members when in their community and asked them to join the home demonstration club. I gave a demonstration to their mothers on how to use the pressure cooker. I assisted in making refreshments for the tour sponsored by the F.H.A. and gave a talk to the members on the Home Demonstration program.

10. Achievement Program

The home demonstration achievement program was held November 16 in Chatham High School. Senator Charles Farnley was guest speaker. He discussed Health, since that is to be our Federation Goal for next year. Forty-eight women and children participated in a dress relay. A report was given by the home agent on the accomplishments of the home demonstration clubs for 1951. Approximately 175 persons attended the program. Refreshments were served by the Home Demonstration Clubs.

11. National Home Demonstration Week

A bus was chartered to take thirty-one home demonstration club members to the district meeting in Powhatan the week of National Home Demonstration Clubs. Eight clubs set and a program emphasizing the part of home demonstration clubs was planned. One radio broadcast from Danville Station WJVA.

12. Public Library

The Fairview home demonstration club requested that the Book Mobile make a stop at the home of Mrs. Herman Johnson so that club members could obtain books. Miss Overbey, public librarian, obtained the books on the 1951 reading list and put them on a shelf for the home demonstration club members. The books were also taken on request to club members. The new reading list was given to each club.

Sixteen women from Pittsylvania county attended the Institute of Rural Affairs held on the V.P.I. Campus at Blacksburg this summer.

13. Recreational Activities

A social hour is observed at each meeting when the hostess serves refreshments. Eighteen clubs had Christmas parties last year and 13 had picnics in August. The Concord club had theirs jointly with the 4-H club. The Laurel Grove club had an annual Thanksgiving dinner served at 6:00 on Thanksgiving Day for their clubs, members and family. Several of the clubs sponsored Stanley products parties in effort to make money for the club. The Mount Cross Club had an annual steak dinner in April.

VI. 4-H CLUB WORK

A. Project Work

1. Clothing

Club members were enrolled in all three units of sewing in a total of 337 girls, with all girls completing. In Unit Three "So You'd Like to Sew", all of the girls reported having equipped a sewing box. The objectives of this project were to teach the club members how to thread a needle, how long your thread should be in the needle, how long the stitches should be when you baste, how to place pins when you pin baste, how to straighten a piece of material. 976 Articles were reported made by members. The members made such articles as headscarfs, wrist pinchers, aprons, laundry bags, shoe bags, baby bibs, towels, simple blouse and gathered skirts. Demonstrations were given by the home agent on how to make a wrist pin cushion, how to make a towel, how to make an apron, headscarf, and pincher. The Sandy Level club had a Dress Revue and all of the members modeled the garments they had made.

Make and re-make, 54 completed, making a total of 249 garments at the cost of 787.37 for themselves. One hundred percent had made new garments for other persons at the cost 376.32. One hundred and fifty remodeled garments. Patterns and a well equipped sewing kit was reported 100%. Joanne Winters of the Brownville 4-H club won \$5.00 at the Danville Fair. Joanne makes all of her own clothes and many of her clothes for an older sister.

"Looking Your Best" - most of the members carried this along with their other projects to look their best at all times and 78 reported caring for and giving special care.

2. Food Preparation Projects

One hundred and thirty-eight girls were enrolled in Food Preparation projects. Demonstrations were given on measuring dry ingredients, reading recipes correctly, studying the basic menu and meal planning and table service. Due to the lack of facilities it was impossible to give further demonstrations at the club meetings and the club members' mothers were written a letter asking them to assist their daughter in completing their project. They brought foods to club meetings to be judged.

Forty-eight completed bread projects. Biscuits were made 766 times. Cornbread was made 786 times, muffins 556, griddle cakes, andaffles 69, loaf bread 6, yeast rolls 52 times. Demonstrations were given on measuring the wet and dry ingredients, setting the oven, baking biscuits, cornbread and muffins. The Gatham Junior club when they completed their project, gave a program for their family and prepared a set of fire-ignitents.

3. Room Care and Arrangement

To help the girls care for their own rooms and improve them to be more attractively and convenient; 100% girls completed this project. Demonstrations were given in making a color scheme, furniture arrangement, making a dressing table and slip covering the headboard of a bed. Eighty-nine pieces of furniture were made or remodeled, painted, refinished. Eight made bed linens; 43 made or bought furniture; 51 members made color plans for their room and 51 improved the arrangements. Sixteen improved window treatment.

4. Food Preservation

To improve the diet and cut the cost of living was the goal in food preservation. Twenty-three completed this project. Demonstrations were given on canning vegetables and fruits. Seven hundred and nineteen jars of food were reported as canned alone and members helped can 1735 jars. Canned products were judged three times. Two hundred and eighty-six packages were frozen alone by the members and they helped prepare 157.

5. Garden

Ten girls completed the home garden project with total receipts of \$987.35. They raised and canned a large variety of vegetables.

Ten girls participated in the Sears-Roebuck Contest and the five winners earned \$5.00. The gardens were scored in June and again in September. Each girl canned from her garden and the five best vegetables or varieties were exhibited at the Sears-Roebuck store in Danville.

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6. Home Grounds Beautification

Nine girls completed the Home Grounds Beautification project. To improve the appearance of the lawn and their community was the goal. They reported assisting in mowing, landscaping, mowing lawn, and planting flowers and trees. Girls reported planting a rock garden.

B. OTHER ACTIVITIES

1. Danville Fair

One hundred and fifty-eight girls exhibited in the Danville Fair. Individual prizes were given for exhibits and the four clubs winning the largest number of prizes were given a grand prize. Over \$85.00 was won in Pittsylvania County by the girls.

2. Camp

Two girls attended Conservation Camp at Camp Wooten. Forty-eight girls attended District Camp at Holiday Lake. The girls attended the State Short Course at V.P.V.

3. Rural Life Sunday

There were clubs which participated in Rural Life Sunday at their churches. The Concord club had an exceptionally good program. Mr. Lanier Easley, leader, helped arrange the program and sent letters to all of the 4-H club members and church members asking them to attend the program. Letters were also sent to county workers.

4. Recreational Activities

Twelve 4-H clubs had picnics at the end of the year. The clubs, Chatham Jr. and Ronan Jr. and Senior had programs for their parents. The Senior Club at Brookville took a tour to Washington, D. C. They chartered a bus. The assistant agent and the leader of the club and home agent accompanied them on this trip.

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VII. SCOPE OF WORK

	1948	1949	1950	1951
No. W. D. Clubs or Groups	15	15	18	18
Membership	341	322	400	400
No. 4-H Clubs	21	23	30	29
Membership	451	408	448	574
No. YMW Groups	1	1	1	1
Membership	1	1	1	1
No. of other families reached	6939	4500	6500	1
Total No. families reached	7278	5000	7500	7500

VIII. ORGANIZATIONS FUNCTIONED IN THE 1951 PROGRAM.

A. County Board of Agriculture

The county board of agriculture has functioned in connections with the professional workers council. The county is divided into 14 communities and in each community there are small neighborhoods with a chairman (man) and co-chairman (woman). Work with the county board of agriculture has been left to the extension personnel and through them we can determine a good many of the needs and assist in meeting them. More development and strength of this organization is needed.

B. County Home Demonstration Committee

The county home demonstration committee is composed of presidents of the home demonstration clubs. This committee has 18 members. Two meetings were held the past year, one in the spring to check the program for the year and to make out necessary changes, and to hold achievement program. The board met again in the fall to plan the home demonstration club program for the following year. This committee is composed of members from 18 different communities and neighborhoods and it functions in county-wide capacity.

C. County 4-H Club Council

One meeting was held with the officers from the thirty 4-H clubs in the county. Twenty-three members were present. The goals were set up for the 4-H club program for 1951 and the club programs were planned for 1951. Officers were elected to serve for the following year.

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D. 4-H Home Club

Five meetings have been held the past year with 16 members present. They have served as junior leaders and assisted in trying to organize a committee of 4-H clubs. New members were taken into the Home Club meeting of 4-H club members.

IX. ACTIVITIES OF VOLUNTEER LEADERS, ETC.

A. There are 75 officers in the home demonstration clubs, 18 federation goal chairman and 272 club leaders listed. These leaders are valuable to the agent and to the extension program because they permit the agent to have more free time and carry on a more extensive program in the county. Last year 85 meetings were held without the assistance of the home agent or her being present. Mrs. Bill Cousins of the Motley HDC has done exceptionally good job on leadership. Mrs. Cousin's club has been organized for one year and they have conducted 6 of their regular meetings without the assistance of the home agent and have held meetings on subject matters which they were particularly interested in outside of the regular meetings.

B. The home demonstration club women in the county are realizing the importance of their service as leaders to the extension program and therefore more are volunteering to serve. In the past year the county committee set up in their program that home demonstration club meetings would be conducted without the assistance of the home agent.

Mrs. T. F. Mattox teacher and leader of 4-H club work at Hurt, has showed interest and ability for leadership in her community. She has organized 4-H clubs of interested boys and girls in 4-H club work. Mrs. Mattox's initiative in interests will aid in promoting a strong club. Leaders for 4-H clubs are one of our greatest needs in this county.

Growth of H. D. Club Project Leadership				
	1948	1949	1950	1951
No. project leaders and goal chairman	48	53	76	108
No. training meetings held by Specialist		2	11	18
by Agent		4	5	8
Attendance at all training meetings		60	246	454
No. club meetings held by leaders without agent present		23	60	85
No. additional club meetings at which leaders assisted		61	181	168

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Growth of 4-H Club Project Leadership	1948	1949	1950	1951
No. Adult Project leaders	17	18	15	15
No. Junior project leaders	8	9	7	7
No. Training meetings held by specialists	1	1	2	1
Attendance at leader <u>by agent</u> training meetings	28	32	33	8
No. 4-H leaders trained individually	0	3	7	5
No. club meetings held by leader without agent present	5	3	3	5
No. of additional club meetings at which leaders assisted	66	66	58	51
No. demonstrations given by Leaders	10	10	18	12
by adult	0	9	18	18
by junior	9	0	32	7

X. WORK WITH OTHER AGENCIES

In 1951 the home demonstration clubs cooperated with other agencies, T. B. Association, Red Cross, Cancer Drive and March of Dimes. The T. B. Association provided speakers for clubs to discuss the T. B. Association program both local and state-wide from educational standpoint. The clubs took a patient for a period of time and sent small gifts, cards and notes.

The home demonstration clubs assisted in Cancer and March of Dimes. Some soliciting was done, but main emphasis was to educate the people to the dangers of Cancer and the importance of polio.

The Home Agent assisted the F. H. A. in providing information on buying and selecting household equipment and called on their people when in the community and invited them to home demonstration club meetings.

XI. YEAR'S WORK

It would be hard to measure in dollars and cents the importance of the extension program in the county. Eighteen home demonstration clubs are organized in 18 different communities and 574 girls enrolled in home making projects. The major part of the program was sewing. They were interested in cutting the cost of keeping their family well fed and clothed.

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The home demonstration clubs tried to bring the community closer together through the meetings and the work they do together.

Making finishes and trims has been one of the most popular demonstrations. Many non-members have stopped by my office asking information on how to make covered buttons, belts, stitching trays proved to be very popular.