

ANNUAL NARRATIVE REPORT

COUNTY
EXTENSION
WORK

File copy

Virginia Agricultural Extension Service

Maude Weems
Name

Home Demonstration **Agent**
Title

Assistant Agent

Assistant Agent

Assistant Agent



1961

City of Hampton
County

TABLE OF CONTENTS

	Page
HIGHLIGHTS OF THE PROGRAM	3
I. SITUATION	4
II. COUNTY EXTENSION PROGRAM — ADULT	5
A. Organization	5
B. Subject Matter	6
1. Foods and Nutrition	6
2. Home Management	7
3. House Furnishings	7
4. Clothing	10
5. Family Living	12
6. Handcraft	13
C. Other Activities	14
1. Community Work	14
2. City Home Demonstration Objectives	15
3. National Home Demonstration Week	16
4. Achievement Program	16
5. Judging	17
6. Special Club Activities	17
D. Urban Work	18
III. COUNTY EXTENSION PROGRAM — YOUTH	19
A. Organization	19
1. 4-H Council	19
2. 4-H Leaders Organization	19
3. Home Demonstration Youth Committee	20
4. Tri 4-H Committee	20
B. 4-H Project Work	21
1. Clothing	21
a. So You'd Like to Sew	21
b. Make or Remake	21
c. Looking Your Best	22
2. Food and Nutrition	22
3. Wildlife	23
C. Other Activities	24
1. National 4-H Club Week	24
2. Spring Rally	24
3. Fair	24
4. County Contests	25
IV. SCOPE OF WORK	26
A. (Chart)	26
B. Activity to Increase Scope of Work	26

	Page
1. Publicity	27
2. Window Exhibits	27
3. Home Demonstration Committee	28
V. LEADERSHIP	28
A. Growth of Leadership	28
1. Over-all Program Leaders	28
2. Home Demonstration Club Leadership	29
3. 4-H Club Leadership	29
B. Leadership Development	30
VI. A. For Special Consideration	33
B. Public Relations	34
C. Professional Improvement	36
VII. THE LOOK AHEAD	37

HIGHLIGHTS OF OUTSTANDING CONTRIBUTIONS
MADE IN FAMILY LIVING

One of the outstanding contributions to family living has been the federation program of study on "Family Living". The women took a specific look at family problems themselves and worked out helps in meeting these problems from authoritative information followed by discussion in the group on these problems. Many of the women especially the young homemakers gained valuable information and a concrete application of this information. In turn they have applied much of the educational information to their homes and to some of these problems studied.

The development of leaders continues to be an important contribution. This makes for better citizens in their community as well as better families. To see the interest the husbands have in the home demonstration program indicates this becomes a family affair. We would like to get the same interest of parents in 4-H Club work.

Leadership has developed through taking a club office, by giving club demonstrations after being trained in the demonstration, working on and giving programs on Family Living, developing programs and getting others to participate and be leaders.

I. CITY SITUATION

The City of Hampton is a metropolis with a population of better than 89,000 people made up of Elizabeth City County, towns of Phoebus and Hampton by consolidation in 1952. It has an area of 50 square miles with part of this area devoted to Langley Air Force Base, NASA, and Fort Monroe, located on the lower Virginia Peninsula along Hampton Roads and Chesapeake Bay. These installations make for part of the population being transient against the more stable population of families with businesses of their own, or employed at Newport News Shipyard and Drydock Company or National Aeronautics and Space Administration, or some of the smaller industries.

There is very little area left in Hampton that could be classified as rural. There are only a few farms left, most of which are only part-time farms with the family living an urban or suburban life. The population increases year after year causing new housing developments and new schools in new areas. Areas that were low swampy land that was grown over in trees and bushes five years ago, now are large housing developments. Schools are large with no place in their schedule for 4-H Club work. Families living in new areas do not know their neighbors. Most of them do not know the names of people in the next block and very little about their next door neighbor. Home Demonstration Club work has helped many of these families to get better acquainted, feel more a part of their community and have more pride in their community. From these areas we draw many young homemakers with small children. This results in many of the home demonstration clubs meeting at night

since they use their husbands as baby sitters.

Due to the fast growth in population, and this population is still growing, there are only a few community centers that hold people together. Fox Hill and Buckroe are old established communities but their population is growing so the older families do not feel as close as before. Mythe has well out-grown any sense of a community. North Hampton is a new area that is making an effort to get a community center and pull together in a community spirit. All civic groups in this area are working toward this goal.

II. COUNTY EXTENSION PROGRAM - ADULT

A. Organization

The City Home Demonstration Club Committee is the organization that developed the home economics extension program in Hampton. This is and has been a very active and progressive committee. They planned the overall activities and objectives of all home demonstration clubs as well as topics for study each month and the Federation program of work topic "Family Life".

This committee and its sub-committees represent 23 home demonstration clubs, and is made up of women of various age groups as well as different economic levels, making a more representative group than any other organization in Hampton. The committee is made up of ten executive officers and committee chairmen with the presidents of each home demonstration club. The sub-committee functioning this year were: program development; handicraft; 4-H committee; achievement Day; History; by-laws; antiques; laws of Virginia; tea.

B. Subject Matter

1. Foods and Nutrition

The homemakers are always interested in good nutritious meals that can be prepared quickly due to their busy lives. Also, they want to know the simplest way to plan and prepare meals when they have a diet problem in the family.

"Meals for Families With Diet Problems" was given as a club demonstration to the clubs in January after training by Miss Cameron, Nutrition Specialist. They showed how each could take a regular meal and adopt or change it for the diet member of the family.

In May Mrs. Thompson, Nutrition Specialist, trained leaders in giving the demonstration on "Quick Meals". They showed how a good nutritious meal can be prepared in 20-30 minutes if time was very limited. This was especially helpful for the working homemakers.

In March Miss Ann Russell, Nutrition Specialist with American Institute of Baking gave excellent training to leaders in how to teach nutrition. At the same time Miss Russell taught the leaders much nutrition in a simple way. Following this the committee on exhibit at the Hampton Health Fair sponsored by the Health Department, used part of Miss Russell's demonstration in setting up their exhibit. This exhibit appealed to the teen-age and preteen-age in showing what and how much of each nutrient was needed by this age individual and how each could get it. This was one of the most popular exhibits.

Three home demonstration clubs had a demonstration and tour at the Colonial Store in Norfolk given by Miss Kaebnick, home economist.

2. Home Management

With many young homemakers in the clubs, they needed help with planning the overall family finances. This was given them by leaders after being trained by Mrs. O'Brien, home management specialist, at club demonstrations. Through this help they could get an overall picture of their financial status and how to adjust to fit their family.

The women were interested in the best ways to take care of their hardwood floors. Mrs. O'Brien trained leaders in this as well as the many different waxes and what each kind does best. Good results and much interest was reported by these leaders from their members.

The women wanted to understand more about some of the laws of Virginia. The Langley Home Demonstration Club took the responsibility of working up the speaker, program, time and place. Senator Victor P. Wilson had consented to give the information and answer questions. After 40 women convened for the meeting, Mr. Wilson's secretary called that he was called out of town early that morning on business. The women were disappointed.

3. House Furnishings

The women are always interested in improving their homes and are looking for ways they can do this.

Choosing and Making Draperies: After the demonstration last October in which the agent gave the demonstration to the club

on "Making Draperies", many women wanted more help in choosing draperies as well as to make a sample under direction. Four demonstrations were given on selection of draperies. Fifty-seven women attended these demonstrations. Following this, classes were offered for those who wanted to follow through and make a sample drapery. Sixty-one women made a sample of pinched pleat drapery. The clubs reported making 160 pairs of draperies.

How to coordinate colors in home furnishings is a perplexing problem for homemakers. Most women want to do their own planning and buying of house furnishings but few have confidence that they know enough about it and are always seeking more help. The agent gave the demonstration to all the home demonstration clubs at the Extension Center. This was approached by a discussion of selecting a color scheme and how to get a pleasing color balance using fabric, pictures or wall paper as a guide. Following this the women worked in two's and three's to select wall, floor, and fabric colors to use in the room of their choice using wall paper, pictures or fabric as a guide. Many members said they enjoyed this kind of demonstration since they could participate in the project.

Wise use of house furnishings accessories is another problem with many of the club women. Miss Ruth Jamison, house furnishing specialist, trained forty leaders to give the club demonstration on choosing and using house furnishings accessories.

The leaders used this demonstration to show their members how to select carefully for the right things, not to use too much but to use wisely, how to use many things they already have.

Miss Jamison also trained the leaders in Furniture Selection. This was approached from the standpoint of what goes with what, how to mix woods and styles. Some of the leaders used slides while others used pictures to illustrate their points. One club held a discussion in their club meeting then by appointment visited one of the better furniture stores.

The agent gave the demonstration to all the clubs on Choosing Household Fabrics. This was approached by a look at the different fibers and what can be expected of them, of finishes mainly used on cottons and what can be expected, of construction of the fabric and emphasis on reading tags for information. Many women expressed their interest and how very informative this program blends, finishes and weaves were used as illustrations.

The agent trained leaders to prepare them to give the club demonstration on Furniture Arrangement. This was approached from proportion, balance, traffic lanes and groupings.

The agent trained leaders in buying soft floor coverings. This is to be used as extra meetings, especially interested individuals, or club choice.

Some of the women were interested in a study of antiques. The Southampton Home Demonstration Club took the responsibility

of working a program and arrangements with Mr. Gammons of Gammons Antiques. This was held in March at his shop. Over fifty women attended and reported a very meaningful meeting.

The agent conducted a special interest workshop on Refinishing Furniture. Fifteen women worked on eighteen pieces of furniture. They were instructed to bring their piece of furniture with all old finish removed. Considerable time was spent in getting the final bit of finish removed, sanding smooth, and removing spots. Some pieces required stain to get the desired effects. Others used color in the floor seal to tone down. Four pieces were good and finished up well, the owners having enough pride to work hard enough to make it look good. The other pieces graduated on down to poor and about finished up that way. Eighty-one pieces of furniture were reported being refinished by the club members.

Several of the women enjoyed a tour of Mrs. E. L. Lewis' new home. Mrs. Lewis has been a club member in Newport News for several years. She and her family tried to put into practice many things she has learned through Extension Service in her house plan as well as her house furnishings.

4. Clothing

The women felt the need of some help on the Basic Dress and using accessories. Miss Margaret Croseclaw, Clothing Specialist, trained the leaders to give this demonstration. Evidence shows it was an effective demonstration and very well given back in the clubs. At the Fashion Show the women were careful about

accessories, one young homemaker modeled her basic dress and showed four changes of accessories that she uses. The Merrimac Shores Club was impressed. They were going out to lunch following their October meeting. Every member came into the meeting properly dressed. They even counted "points" on each other.

Much of the agent's and assistant agent's time was spent with clothing construction. Two classes in beginning sewing were held with each class having eight lessons. Twenty Four women took these classes, one was held during the day the other at night. Each of the women made a simple cotton dress.

The advanced class was set up to do certain things each day rather than construct the garment in class. Those attending could come for the things they needed. The first day was devoted to fitting patterns. They fitted first in the paper pattern, then cut this out in muslin and sewed it together to see if more fitting was needed. When they finished they had a basic fitted pattern that they could fit all others to. Another day was devoted to curves, corners, eliminating bulk, seam finishes etc. Another to zippers and sleeves, another to belts. Buttons, snaps and bound buttonholes. These women said they liked this method of doing certain things certain days. Some made a garment at home during this period to apply the things learned.

Fifteen women took all or part of these lessons.

Two tailoring classes were held this year. The leaders, Mrs. Roy Wilson, Mrs. L. R. Rowe, and Mrs. H. G. Carter were instructors for both classes. Nine women completed garments last winter, ten completed this fall. All did a good job and seemed most happy with their garments. Mrs. Rowe assisted five women with a tailored garment in June.

The agent took the hat making course with Mrs. Backus last winter. To date, she has not held a workshop on this.

The clothing projects were emphasized by having a Fashion Show at the Achievement Program. Forty-five women and girls modeled garments made. Mrs. Robert Spencer was commentator for the fashion show with Mrs. W. H Falk as pianist.

5. Family Living

The home demonstration club members continued their study of Family Living as their Federation Program of Work. They planned their own program as a group, divided the preparation of material to be used between the clubs and shared this material. Two clubs were responsible for material on one subject to be shared by all other clubs. The subjects used were: (1) Family Centered Activities; (2) Courtesy in the Home; (3) Cultivating an Appreciation for the Beautiful;

(4) Cultivating Good Reading Habits; (5) First Things First; (6) Controlling Your Tensions; (7) Temper Tantrums; (8) Helping the Child to Mature; (9) Teenage Problems; (10) The Parents Role in Education; (11) Money — An Idol or Ideal; (12) Mental Health. Many of the women did an excellent job with their material. This one was one of the most meaningful studies the women have made. It interested all ages. Mrs. G. D. McManus was chairman and coordinated the work of all the clubs.

Mrs. McManus was vice chairman of District XI of Federation of Home Demonstration Clubs. She was given the responsibility of planning the district meeting. Since she had a specific interest in the Family Living program she felt it would be a good theme to build the district program around. All county chairmen were asked to make their reports on what the home demonstration club program had contributed to Family Living in their county. The main speaker of the program was Dr. Donald Fessler, Extension Sociologist, taking his theme as Family Living.

6. Handcraft

Most women have a need of expressing themselves with their hands. Some do this with sewing, some with cooking, some with house furnishings, cleaning and re-arranging. Many other women need an extra way to

express themselves and something to give them a sense of accomplishment. This is where the handicraft program fits in with the Extension Program. The different things the Hampton Home Demonstration Club members makes a long list. Some of the more useful things have been the tote bags, sewing baskets, sofa pillows, cake decoration, china painting. The list could go on and on. Leaders will swap information from club to club. They held an exhibit in the Extension Center for two weeks to get an exchange in ideas. One workshop was held last fall on Christmas Decorations another this fall. One workshop was held on making sewing baskets out of icecream cartons, inexpensive and very useful. Mrs. W. H. Forehand is the chairman. When a club finds something they want to do, they will contact Mrs. Forehand and she finds a leader for them or tells them who to contact. Most of this part of the program is done at extra meetings and workshops.

C. OTHER ACTIVITIES

1. Community Work

The Home Demonstration Club members have been busy this year. Through their club work they have assisted with the T.B. X-ray Clinic having a hostess at the clinic each first and third Tuesdays. Two members are on the T.B. Board, one representative on Practical Nurses Board of Dixie Hospital, two representatives

on the Hampton Citizens Safety Council. The members cooperated with the Health Department by having an exhibit at the Health Fair. The Mother's March is organized by the Hampton Junior Women's Club. In January of 1961 they were very poorly organized. The Home Demonstration Club members were ready to help but had no area assigned to them. Only a few of the clubs were given an area and this just a day or so before the drive. Far less money was collected. This put the Hampton Polio Foundation on their toes. In September the Polio Foundation sent Mrs. H. G. Carter, Home Demonstration Club Chairman, and Mrs. Phillip Larming, Junior Woman's Club representative, to New York to attend the National Polio Foundation Meeting. A Polio Foundation Chapter for the Peninsula was formed this fall with the Home Demonstration Clubs represented on this board. Plans are already made for the areas the clubs are to collect. The Home Demonstration Clubs do not set themselves up to be collecting agencies but chose the Mother's March as the one they would cooperate in collecting, as they chose the T. B. Clinic to hostess.

2. City Home Demonstration Objectives

Fifty-eight women received reading certificates, eighteen clubs subscribed to National Notes, two women from one club attended the State Federation of

Home Demonstration Clubs Meeting and part of Institute of Rural Affairs. The other objectives have been described in community activities.

3. National Home Demonstration Week

For National Home Demonstration Week twenty-one of the twenty-four clubs had an educational exhibit in their local store windows. They used topics of study and handicraft such as tailoring, making a dress, flower arrangements, tote bags, family living, This proves one of the important ways of educating the public on what Home Demonstration Work is about. The women have learned a great deal about putting up educational exhibits. They show improvement each year. They had nice publicity calling attention to the educational exhibits.

The clubs held a Tea and Garden Party at Mrs. Phelps home. They were disappointed that it had to be a rainy day but enjoyed Mrs. Phelps garden as well as her home.

4. Achievement Program

The clubs held their Achievement Program in the form of a covered dish dinner with an attendance of 275. Many husbands attended. The agent feels this is a good indication and makes for a healthy atmosphere. Mr. Henry Martin, member of the City Council, attended with his wife. He gave every indication of being very

well impressed and sold on Extension Service work. A booklet of club accomplishments was given to every one. The reading certificates and club pins were awarded. The main feature of the program was the Fashion Show of garments the women had made.

5. Judging

The home demonstration club leaders are called on frequently to judge at various events. The women assisted in judging for the Woman Club dress contest in the local clubs as well as the district. They judged in the Singer Sewing Junior Contest. Two leaders went with me to judge in the Gloucester County Fair. Several assisted with the judging in our Tri 4-H Fair.

6. Special Club Activities

Chesapeake, Wilken Park, Buckroe, Greenwood and Kecoughtan Home Demonstration Clubs each chose a needy family last Christmas, gave food, clothing and toys to these families.

The Greenwood Home Demonstration Club took a Christmas Display to Patrick Henry Hospital for the Chronically Ill last December. This fall quilted a quilt that some of the patients of the hospital had pieced in their therapy work. This was quilted so it could be sold at the Patrick Henry Hospital Fair, a function for raising money for the hospital. This same club sponsors a 4-H Club even though not a member

has a child old enough to belong to the club.

Other clubs donated to school playground equipment, assisted with Christmas festivities at Kecoughtan Petrans Hospital, assisted with keeping the exhibit at the Health Fair manned, painted cabinets in the Extension Center, make curtains for the center, all clubs donated toward furnishings for the center.

The Hampton Home Demonstration Clubs entertained District XI Federation of Home Demonstration Clubs for their spring meeting. All clubs cooperated with putting this meeting on. Everything moved along very smooth.

D. URBAN WORK

Since all the work in Hampton is with urban families, all programs are geared to urban living. The home demonstration groups develop in different areas and with different groups throughout the city. Interest comes through neighbors, acquaintances and through newspaper publicity. Club members pass information to their neighbors and friends.

Due to the urban way of living, people not knowing each other or family situations, it has been hard to organize home economics committees. Many women, other than club members are reached through the home demonstration program especially in work groups.

Many women are reached by phone calls. They call for assistance on all kinds of home making problems. Information is given, bulletins sent and home visits made to assist women whether in clubs or not.

E. FARM AND HOME DEVELOPMENT

I have not done any work on the Farm and Home development program in this urban area. I have helped women in some money management problems.

III. COUNTY EXTENSION PROGRAM — YOUTH

A. ORGANIZATION

1. 4-H Council

The 4-H Council was made up of the officers of each 4-H Club with the leaders and agents acting as advisors. The officers were: President, Sandra Powell; Vice President, Beth Johnson; Secretary, Ella Jane Wilson; Treasurer, Sharon Forbes; Reporter, Catherine Forbes; Chaplain, Bonnie Brownley and Recreation Leader, Nancy Coats.

The council planned and carried out all activities related to city-wide functions as the Talent and Fun night, National 4-H Club observance, Spring Rally. The full council held two meetings, two committee meetings were held, one council officers meeting was held.

2. 4-H Leaders Organization

The 4-H Leaders Organization was made up of the organizational leaders of each club, project leaders

who would attend, and two parents. Mrs. Roy Wilson was chairman, Mrs. Paul Vavra was secretary. This Organization had two functions: (a) to train and inform leaders, (b) to plan in order to advise the clubs members and council.

3. Home Demonstration Youth Committee

The Home Demonstration Clubs each had a 4-H Chairman with Mrs. Wilson as County Chairman. The main function of this committee was to advise and inform the home demonstration club members of what 4-H Club work is trying to do and inform them of various 4-H activities. These committee members preformed in varying degrees. Some only mentioned this in their club meeting, others talked up 4-H Club work, got interested, and interested their members and children in their community. Two 4-H Clubs were organized this fall each by women who do not have children of 4-H Club age, but were interested in children and what the 4-H Club work could do for them. Members of this committee assisted with putting on and in judging of the Tri 4-H Fair. This Committee can go far in the growth of the 4-H Club work in Hampton.

4. Tri 4-H Committee

The Tri 4-H Committee, made up of 4-H leaders and parents from Hampton, Newport News and York County, plan and put on the Tri 4-H Fair. This committee is

mainly interested in encouraging the 4-H members by giving them an opportunity to exhibit articles made in their project work.

B. 4-H PROJECT WORK

1. Clothing

(a) So You'd Like to Sew

Five clubs with young club members carried this project. The members chose this project to work on because they wanted to learn to sew and at this age are getting interested in clothes.

Leaders were trained in working with the children and in construction of the simple articles the girls were to make. They held monthly project meetings to help the girls, with the leader and agent or assistant agent helping. Most of these meetings were one and one-half to two hours long. Most of the girls got along well. They made the needle case, wrist pin cushion, laundry bag, and apron. Some of the girls made a gathered skirt. Many of these articles were entered in the Tri 4-H Fair.

(b) Make or Remake

Two clubs with older 4-H members continued their interest in clothing with the Make or Remake Project. They learned selection and techniques of working with a wide variety of fabrics and patterns.

Selection of fabric and pattern for the person as well as coordination of clothes and budget was studied. Jean Burgess moved into the Make or Remake group for her first fitted garment. Jean entered in the county contest, was judged for first place. She then entered in the District Junior Dress Revue winning a red ribbon. This stimulated quite a bit of interest for the whole family, even the grandparents came from Fredricksburg to the District Contest in Richmond to see Jean in the contest.

Ella Jane Wilson continued doing good clothing work. She entered county contest was placed first. She entered District Senior Dress Revue was rated in first place. Then in State Dress Revue contest received a red award. She also received red award on her Clothing Achievement record.

(c) Looking Your Best

This was chosen as a second all-over project. The leaders were trained and given material to work with the members in this project. Courtesy was stressed along with topics as posture, care of hands, shoes, hair, clothes and skin.

2. Food and Nutrition

Two clubs worked on the Meal Preparation and Bread projects. The girls in the Cardinal club were young

members interested in learning to cook. Mrs. Vavra, the project leader, took a great deal of interest in the girls. She gave them demonstrations and helped them in giving demonstrations. Each girl chose a demonstration, worked it up and gave it in the project meeting. Two of the girls entered the junior division in District Contests. Susan Vavra rated in the blue award group of Dairy Foods. Susan Crigler rater in the white award group in junior Food Preparation. Mrs. Vavra said when she decided to help the girls with this project as a leader she did it only through a sense of duty because she had two girls in the project. After working with them for several months she said she had never done any thing she enjoyed more and felt a greater sense of pride in doing.

The other group, Clover Leaf Se. members, had worked on Food Preparation from time to time. This year they planned just what they wanted help with and when they wanted it. Mrs. Forbes assisted as leader with the agent giving most of the demonstrations. Each girl chose and gave a demonstration in the project.

3. Wildlife

All clubs chose a study of Wildlife as an over-all project. The assistant agent worked with this

program. She demonstrated making of the bird feeder in three clubs. The interest waned in this project. Only a few members built a feeder. Many were conscious of feeding the birds in the Winter months.

C. OTHER ACTIVITIES

1. National 4-H Club Week

National 4-H Club Week was observed by the clubs having a Talent and Game night. Each club had a responsibility in putting this on as well as some talent numbers from their members. Each club led in some game to be played by all the members. One of the leaders, Mrs. Brattain, contacted Major Walker and Mrs. Walker to bring records and lead the children in some square dance and musical games. This was a big event for the 4-H Club in Hampton.

The clubs planned to have an exhibit in a downtown store window but with the assistant agent leaving Extension work, these plans were dropped. They did have an exhibit at the Home and Hobby Show.

2. Spring Rally

The Spring Rally was held at Jamestown 4-H Camp with York County in June. This was as a picnic and day of recreation.

3. 4-H Fair

The Tri 4-H Fair was held in August with York and Newport News cooperating. The Fair was held in the

Denbigh Community Center in cooperation with Denbigh Day. By having the fair with the Denbigh Day Celebration, many more people saw the exhibits and learned about 4-H Club work especially those in the Denbigh community. This fair takes the place of an Achievement Day and gives the club member an opportunity to exhibit articles made. Recognition is given by ribbons and money prizes.

4. County Contests

The 4-H Club County Contests were held in the Extension Center. Only a very few members entered contests. Three senior dress revue, one senior foods, one in junior food preparation, one in junior dress revue. This has not become important enough to the members to get them interested in entering.

IV. SCOPE OF WORK

A.

	1957	1958	1959	1960	1961
No. H. D. Clubs	16	20	20	24	24
Membership	425	485	458	580	580
No. H D Groups (unorganized)	0	0	0	0	1
Membership	0	0	0	0	16
No. 4-H Clubs	7	8	6	7	6
Membership	94	101	80	105	95
No. YMW Clubs	0	0	0	0	0
Membership	0	0	0	0	0
No. Community Clubs	0	0	0	0	0
Membership	0	0	0	0	0
No. Home Ec. Committees	0	0	0	0	0
No. General Interest Committees	0	1	1	1	0
No. Youth Committees	0	1	1	1	1
No. Other Organizations	0	0	0	0	0
No. Farm & Home Dev. Families	0	0	0	0	0
No. Other Families Reached	800	800	1500	1200	1200
No. Different Families Reached	1350	1000	1200	1500	1500

B. Activity To Increase Scope of Work

There have been a number of activities to increase the scope of Extension Service work in Hampton this year.

1. Publicity

The publicity of the regular Home Demonstration Club Meetings is one of the very important means of reaching and educating the public. Mrs. Charles Wiggs is the publicity Chairman for the home demonstration clubs. She has an article each week on clubs meeting, meeting places, topics to be studied, who gives the demonstrations and any extra work that is going on during the week. Mrs. Hardy, Hampton society reporter, has been very interested in our work for several years and gives the clubs much help in getting publicity. Mrs. Hardy was instrumental in getting good publicity for the window exhibits, achievement program and extra functions of the home demonstration clubs.

We have been getting much better publicity on 4-H Club work in the last few months, as activities increase we can get more. The work of the 4-H Chairman in the home demonstration clubs have given the 4-H work a boost. There are much greater possibilities through this group.

2. Window Exhibits

The exhibits in the store windows put on by the home demonstration clubs during National Home Demonstration Week have been a great help in recognition of home demonstration club work and of the type of work the clubs are doing. There is a lot of work in putting

in these exhibits. The women have created interest in clubs by competing for ribbon awards. The cooperating merchants have become interested in the work. Some look forward to having the exhibit and are keenly interested in what placing their window gets.

3. Home Demonstration Committee

The Home Demonstration Club Committee assisted Extension Service by being on various Civic Organizations such as, the T. B. Executive Board; Dixie Hospital Board for Practical Nurses; Hampton Citizens Safety Council. The Polio Foundation gave good recognition to Home Demonstration Clubs by sending Mrs. Carter to the National Meeting in New York City, then when the new Polio Foundation Chapter was formed this fall, put her on the board.

4. Club members talk up Extension Service work. They pass information learned, where and how they get the information, how much they enjoy and get from the club work and inform neighbors and friends where they can get help. This is a great help in this urban area where the average person knows little about Extension Service work.

V. LEADERSHIP

A. Growth of Leadership

1. Over-all program leaders

	<u>1959</u>	<u>1960</u>	<u>1961</u>
a. County Agr. Ext. Ser. Board	<u>0</u>	<u>0</u>	<u>0</u>
b. Youth Council	<u>0</u>	<u>0</u>	<u>0</u>
c. Home Economics Council	<u>0</u>	<u>0</u>	<u>0</u>

2. Home Demonstration Club Leadership

	<u>1957</u>	<u>1958</u>	<u>1959</u>	<u>1960</u>	<u>1961</u>
No. organizational leaders	<u>61</u>	<u>106</u>	<u>120</u>	<u>126</u>	<u>152</u>
No. project leaders (subject matter)	<u>333</u>	<u>215</u>	<u>200</u>	<u>263</u>	<u>324</u>
No. Federation program of work chairmen	<u>20</u>	<u>21</u>	<u>20</u>	<u>25</u>	<u>25</u>
No. program developemt leaders	<u>17</u>	<u>21</u>	<u>21</u>	<u>25</u>	<u>25</u>
No. result demonstrators	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
No. training meetings by specialists	<u>6</u>	<u>5</u>	<u>6</u>	<u>6</u>	<u>6</u>
No. training meetings by dist. agents	<u>1</u>	<u>0</u>	<u>0</u>	<u>1</u>	<u>0</u>
No. training meetings by agents	<u>5</u>	<u>6</u>	<u>4</u>	<u>6</u>	<u>6</u>
No. training meetings by others	<u>1</u>	<u>2</u>	<u>3</u>	<u>3</u>	<u>4</u>
Attendance at all training meetings	<u>325</u>	<u>300</u>	<u>312</u>	<u>369</u>	<u>476</u>
No. meetings held without an agent	<u>246</u>	<u>236</u>	<u>248</u>	<u>280</u>	<u>310</u>
No. meetings leaders assisted	<u>21</u>	<u>40</u>	<u>21</u>	<u>24</u>	<u>40</u>
Demonstrations by leaders	<u>143</u>	<u>140</u>	<u>210</u>	<u>250</u>	<u>210</u>
Talks and discussions by leaders	<u>150</u>	<u>182</u>	<u>238</u>	<u>250</u>	<u>250</u>

3. 4-H Club Leadership

	1957	1958	1959	1960	1961
No. Club officers	39	36	47	42	42
No. adult project leaders	13	13	14	13	13
No. junior project leaders	2	3	3	2	1
No. result demonstrators	0	0	0	0	0
No. training meetings by specialists	0	1	0	0	0
No. training meetings by dist. agts.	0	0	0	0	0
No. training meeting by agent	4	2	2	2	8
No. training meetings by members club dept.	0	0	0	0	0
No. training meetings by others	1	1	0	0	0
Total attendance at ldr. tr. meetings	60	66	46	24	68
No. 4-H leaders trained individually	10	10	8	6	4
No. club mtgs. held by ldr. without agent	67	54	58	41	48
No. additional meetings at which leaders assisted	75	87	50	62	45
No. demonstrations given by adult leaders	50	38	42	40	40
No. demonstrations given by junior leaders	20	24	18	19	10

B. Leadership Development

Mrs. Hartz is an example of how home demonstration club work is helping some members develop as leaders.

The agent's first contact with Mrs. Hartz was in June five years ago when a small group of women in a low income area got together to talk about organizing a home demonstration club. Mrs. Hartz was one of the group. The agent explained the program and what was expected of the club

members. Since this was early summer the group planned to have another meeting of interested women then be ready to start as a club in September. No one in the group carried through leaving the group to fall apart, due to lack of leadership among the members. Several months later another group in the same general area requested the same help. Mrs. Hartz was in this group too. Still there was not enough leadership in the group to get started. This group met three times even to having a hand workshop. Finally, after the third attempt three years ago, the group met with Mrs. Hartz and were able to get enough members to start their club. Mrs. Hartz was the only one that kept her interest from the very first meeting on through until the club organized. The woman elected as president of the club was very weak in leadership ability. It was due to the interest of the other club members that kept the club going. Mrs. Hartz's first job was Federation Program Chairman of her club. At first she read material sent her and sometimes did not read too well. Later she began adding some of her own illustrations and things she could find to make this interesting. She offered to furnish transportation for leaders to attend the leader training meetings to give demonstrations. She would not attempt to give the demonstration. She started giving demonstrations by showing the women how to do some handwork (popsickle

baskets) she had learned. Later would take an educational demonstration. This year she has been program development leader. She saw to it that leaders attended training meetings, planned hand workshops for the club, got leaders from other clubs to assist her with this. She did many of the things most presidents take the responsibility of doing, such as getting the exhibit set up for National Home Demonstration Week and for the exchange of ideas this fall. She will speak up at city-wide meetings which at first she could hardly do in her own club.

She makes use of things she learns in the club work. This is very evident in her home. The agent remembers her home at the meeting when the club finally organized. The many gaudy prints in one small room, odor, arrangement and general confusion. She moved into another home. All the gaudy prints are gone, the house is clean and in good order.

This fall she decided there should be a 4-H club in her neighborhood. She personally made a visit to each home talking to the mother and child about 4-H club work. When she thought she had enough interest in the parents and children, she contacted the agent and set up a meeting. She opened her home and offered to be the organizational leader. She has no children of her own but is willing to give of her time and open her home. She may not have the organizational ability to do the job some others may have but she is willing to try and learn. She has found she can talk with people and can get help. With the help

of the agents she may be able to go far with this group of children.

When the agent thinks of Mrs. Hartz as she was when she first began to know her and see how far she has come, it gives her great pride in being a part of this development.

VI. A. For Special Consideration

This is the first time the agents and club members have had a workroom to use in any way and time they saw fit. This made planning, scheduling meetings and work much easier. The room has been used for planning meetings, training meetings, workshops, council meetings, club meetings, 4-H council meetings, project meetings, committee meetings, craft display, craft workshops and any other meeting pertaining to Extension Service work. The room is small and limits the number it will accommodate. Fifty people can be seated. Ten in a sewing class fills the room.

The City put in a small demonstration kitchen area with sink, cabinets, stove and refrigerator. The home demonstration club members are raising money to equip the kitchen, sewing and other equipment needed.

The Extension Service has promised one and one-half years ago that they would help with chairs. The first 4-H council meeting was held with the children sitting on the floor. The city loaned chairs after that but keep asking

if Extension Service is going to furnish chairs as they have a use for theirs. This makes for an embarrassing situation and poor public relations.

For November (report month and December holiday month) until the end of May there had been 92 meetings with an attendance of over 1150 people held in this room. There was not an accurate record kept of the rest of the year due to the fact that the agent was away at school part of the time. The room was used quite frequently during the summer and a number of times this fall. These meetings were two to five hours long, and held both day and evening. Most of them the Home Demonstration Agent held or attended and assisted. Quite a years work when she kept up with everything else.

B. Public Relations

The county agent and I work together on common problems as 4-H Club work and ornamental horticulture. I discuss the County Agents work with the women in areas that do not know him and of his work. We assist each other with telephone and office calls.

Since we have been in close contact with the school officials we have tried to cooperate with them and get them to understand our work better. I was most gratified to hear of a remark that the Superintendent of Schools made to one of the teachers. That is, that he would rather have a well supervised 4-H group meet in the schools as any

other organization on the Peninsula. This may seem a small achievement in many areas especially where 4-H clubs meet in schools all the time. But in this urban area and for this person to have this attitude is certainly an achievement.

Our newspaper publicity is one of our main ways of reaching the general public. The regular news article of home demonstration club meetings and the topic of study gives the public the knowledge that we are an educational organization. The enthusiasm of the women in their club work in talking with friends and neighbors increases the stature of our work.

Certainly nothing could be said for good public relations from the condition of our former offices but with a better set up and with the newspaper publicity we have had with our new offices this should change. Keeping the office open and prompt answering of the telephone adds much to the feeling of the general public. If we are out, we inform the secretary of our whereabouts so she can inform those calling either by phone or to the office. She takes messages for us.

The City Manager received a copy of our monthly report each month. The City Manager and City Councilmen are invited to Achievements Programs to see the progress made during the year.

With other professional workers, I belong to the Soroptomist Club which is a service club made up of professional and business women on the peninsula. This brings me and my work before leading women in this area. I, also, belong to Wesleyan Service Guild made up of working women.

C. Professional Improvement

I attended the Human Development Workshop held in the National 4-H Club Center in June and July. This was a most gratifying experience and I hope, helps me understand people especially youngsters and their problems much better. I feel I am much better equipped to work with the women and girls in a much more productive way.

I keep informed through current magazines on home economics. I attended the state meeting of Virginia Home Economics Association. I am a member and take an active part in Soroptomist International. I am active in the Methodist Church through the Wesleyan Service Guild.

I had an agent-in-training, Gem Thompson. Training an agent certainly brings one to check on themselves as an agent.

In working in this urban area with the many and varied calls one gets for information, it is mandatory to keep abreast of the times, to keep up on latest information on so very many different things one keeps looking for information from all valid sources.

I still feel owning a home is wonderful professional experience for any home demonstration agent.

VII. THE LOOK AHEAD

In thinking back over the years program, I feel it was a very good educational program. The home demonstration club demonstrations were of an educational nature of things that were most helpful to the women, the workshops were well attended and those attending did good work. I can see the evidence of leadership development especially among the women.

The 4-H Club work did not fair as well as the home demonstration program. I tried to help develop Gem Thompson, Agent-in-training, by giving her responsibility in developing the 4-H Club work. I tried to work close with her but let her know she had responsibility. Her main interest was getting married. Many things slipped by without my knowing about it until it was almost too late to accomplish some of the work. Also by that time the adult work was so demanding I did not have the ability to switch from one program to the other fast enough.

The best suggestion I have for improving the home economics Extension program is help from an assistant agent who can take the 4-H program and develop it. At this time there are good possibilities in developing a sound 4-H program but it will take most of one persons time and thoughts to get it built up and hold interest against

all the other demands in this urban area. Without this help, 4-H Club work will remain secondary. The demands of very active home demonstration club women, near 500 of these, against the push needed to build up the 4-H program is more than any one person can keep in balance.