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III. As happens every year, many women who could benefit from participation in the Home Demonstration program in the county did not get to meetings in 1951 as often as they might have because of the distance between homes, and in some instances, a lack of transportation. Then, too, as time goes on there are more and more activities of other groups which require time and energy from the same women who are reached by the Home Demonstration program. An active Woman's Club in the county takes considerable time and energy. During 1951, the home agent has worked closely with this group in order to avoid duplication of effort whenever possible.

There has been no health department in the county but plans for setting up a health unit for the county will be completed by December 1, 1951.

A community center near the King William High School affords recreational facilities for the entire family. It is a good meeting place for the men and women. A Teen Club is sponsored by the Woman's Club which meets once a week. The school alumnae association sponsors athletics, and the churches of the county have athletic teams which compete with each other. During 1951 the spirit of cooperation between the various organizations, the ministers of the churches, parents and friends, has made the recreational facilities the finest of any time in the county.

IV. CONTRIBUTIONS OF THE 1951 PROGRAM TO BETTER FAMILY LIVING

The 1951 Program for the county was planned to interest present club members to attend meetings more regularly and to draw in new members who would benefit from demonstrations planned to:

1. Bring about economy of effort in meeting family needs.
2. Improve the use of leisure time and family recreation.
3. Enable family members to conserve materials on hand.

In an effort to carry out the first objective, a demonstration on pressing and pressing equipment was given at Home Demonstration Club meetings one month. The homemaker was not only taught how to press properly but was given the opportunity to make for her own use, pressing equipment which would help in saving energy and in saving dry cleaning costs.

A demonstration on the freezing of baked foods contributed to economy of effort in meeting family needs. Simple party refreshments also helped.

The improvement of family recreation and the use of leisure time was done in several ways. A demonstration on the making of leather articles, the making of baskets, stenciling furnishings and articles of furniture, the making of dried arrangements from materials gathered from the woods and fields, all contributed to the use of leisure time. Family and club picnics were also a part of the recreation program.

Family members learned ways to conserve materials already on hand through the demonstrations on dried arrangements, the selection of clothing accessories, stenciling furniture and furnishings and glass etching. A furniture refinishing clinic and one on slipcovers also contributed to conservation of materials.

The L-4 program included clothing projects which contributed to economy of effort in meeting family needs and in enabling members of the family to conserve materials on hand. Progress was made toward the long-time goal of more people learning to do their own sewing.

As compared with the 1950 program the 1951 program took in some phases of family needs which were not stressed before. Definite progress has been made in 1951 towards better family living especially in treating the family as a unit. The 4-H program was coordinated with the Home Demonstration program in many instances especially in a joint achievement day observance.

V. ADULTS

A. Project Work

1. Clothing

One month was devoted to learning how to press and to make equipment to be used in pressing garments in the home. Twenty-seven tailors' cushions were made and twenty-five sleeve rolls constructed. Four new irons and two adjustable ironing boards were purchased.

A demonstration on the selection and use of clothing accessories was given at all club meetings. Emphasis was placed on using accessories on in new ways.

2. Freeze

The freezing of baked foods was studied by all clubs. Six new freezers were purchased by homemakers. Many who already owned freezers learned how to make better use of them.

Simple party refreshments were demonstrated. This was most helpful since all clubs serve some light refreshments at meetings. The use of dry skimmed milk was emphasized in the party refreshments. One club had a demonstration on ices and sherberts.

3. Home Furnishings

In order to use odd pieces of glassware, a demonstration on glass etching was given. Some homemakers used this as an inexpensive way to make gifts for Christmas and other occasions.

Two clubs made a total of sixteen bread baskets for use in the home.

The demonstration on stenciling of furniture and furnishings was most helpful and it enabled the homemaker to return to usefulness many articles on hand.

The Home Demonstration groups requested all day meetings on making stool seats from fibre cord rope. Twenty-four stools were done at these meetings. Three chairs were re-seated.

The making of dried arrangements to beautify the home during the winter months was helpful and most interesting. Women exhibited their own arrangements at the Achievement Program.

An all day clinic on refinishing furniture and one on slipcovers helped a group of women from all over the county who were interested in these two particular types of home furnishings.

4. Housing

The home agent assisted several families in making plans for minor improvements in housing. She attended a Housing Workshop to learn new methods to be used in assisting families with housing problems.

5. Recreation and Use of Leisure Time

The women were most interested in leatherwork. Over fifty leather articles were made consisting of billfolds, key rings and change purses. So great was the interest that the home agent took to meetings each month for the rest of the year the leatherwork equipment. The county Home Demonstration Committee purchased leatherwork tools which were used by all clubs.

Twenty-two persons did something individually for older people and shut-ins and one club as a whole invited and entertained the older folks at the Christmas meeting.

Several clubs contributed refreshments for an older youth group meeting the first month of the year.

B. Other Activities

National Home Demonstration week was observed by the county women being co-hostesses with another county to the District Federation meeting. Over four hundred persons attended from the district. The meeting took place at the community building and the county women served drinks and ice cream to supplement lunch brought by the visiting group. Also in celebration of National Home Demonstration Week a letter contest was conducted in the county on "What Home Demonstration Club Work Has Meant to Me." A subscription to the local paper was donated by the editor as the award.

Home Demonstration Clubs sponsored a union prayer service for peace at a local church in December, 1930.

Home Demonstration Club women contributed to a "piggy bank" which the 4-H Clubs were trying to fill to send to V. P. I. for the International Youth Exchange Fund.

Home Demonstration Clubs contributed to March of Dimes and EB Fund and Pennies-For-Friendship.

All Home Demonstration Clubs made a mattress cover for Jamestown 4-H Camp.

Pressure Cooker gauges were tested.

Ten bed jackets for Patrick Henry Hospital were made by Home Demonstration members.

One Home Demonstration member attended the National Home Demonstration Council meeting and gave a report on it at the fall Achievement Program.

A county Home Demonstration exhibit was set up at the Local Fair. Home Demonstration women from the Indian Reservation exhibited their pottery and other articles made at club meetings.

A joint 4-H and Home Demonstration Achievement Program was held one night in the fall. It was well attended. (Program attached)

Home Demonstration women in cooperation with 4-H girls furnished the materials and remodeled 10 upholstered chairs to be used in the Community Building as their part in encouraging the "Freedom Through Youth" Contest sponsored by the Woman's Club. Thirty dollars was contributed for this by the Home Demonstration Committee.

Home Demonstration Clubs collected scrap paper and sold it amounting to ten dollars and fifty cents.

Two women from the county attended the Institute of Rural Affairs at V. P. I.

A Home Demonstration Yearbook was printed and sponsored by a local pulp mill (copy attached)

The County Home Demonstration Committee served supper to the Farm Bureau netting thirty-one dollars for the treasury. A county-wide meeting on the Pasteurization of Milk was sponsored by Home Demonstration Clubs with a dairy specialist from V. P. I. giving the demonstration.

An exhibit on the etching of glass was set up at the local Fair which won third place.

The home agent gave each Home Demonstration Club in the county a subscription to "National Notes" as her personal award to clubs at the Achievement Program. Ribbons were awarded to the club returning the most annual reports to the home agent's office and to the club having the greatest attendance at the Achievement Program.

Methods which the home agent used to reach people were a weekly newspaper column, a radio talk every four weeks, bulletins, home visits, films and slides, and through cooperation with other agencies in the county especially through the Woman's Club. (Sample Achievement Program, radio talk and news clipping attached.)

RADIO TALK
STATION WBL
WEDNESDAY, APRIL 10, 1951
BY ROSE H. ADAMS
HOME DEMONSTRATION AGENT
KING WILLIAM COUNTY, VIRGINIA

Happy springtime, folks! April is such a lovely month. Even when spring comes late, April is still a lovely month, promising many things: soft zephyrs instead of wintry blasts, and the young green of shrubs and trees, and best of all, that rebirth which comes each year with the Easter season.

Those threatening clouds overhead cannot be dispatched by a fresh spring breeze, of course, but they are easier to endure because our spiritual strength is renewed at Eastertide. Perhaps no other year have we been so aware of this privilege of religious freedom, and the opportunity it brings to us, of drawing upon our belief for spiritual sustenance.

I remember a springtime when the lilies-of-the-valley were in bloom. I saw the tiny fragile shoots of a lily-of-the-valley had somehow pushed its way through a garden walk, and was blooming out of stone as vigorously as the rest which grew in a bed at the corner of the path. This spring, with the threat of war so much in our thoughts, the memory of this lily-of-the-valley seems like a symbol. Just as religion could not be stamped out of Nazi Germany so Communism could never lay its oppressive hand upon us. Even in the Communist controlled countries of Europe, belief must surely flourish, like that lily-of-the-valley pushing its way through the walk, blooming sweetly and in dignified solitude.

Well, folks, as we speak of April and spring, I think of one of the outstanding events of this time of year which is of interest to home demonstration

club women. I am speaking of the 5th District meeting of the Federation of Home Demonstration Clubs. We in King William County are especially interested this year for we are to be hostesses along with King and Queen County. The meeting will be held at Central Garage in King William County on May 3rd. It will be an all-day affair starting at 10:30 A.M. Miss Maude S. Wallace of the Extension Service at V. P. I. will be the guest speaker. The theme of the meeting will be "Family Responsibility in Today's World". There will be a special ceremony at which all clubs in the district will present their "Pennies for Friendship". Some musical numbers and a round table discussion of what home demonstration clubs are doing in each county of the district will round out the program. So —don't forget everybody — reserve the day. Bring your friends and your lunch. Let's have every club in the district represented.

4-H Clubs in the county are making plans for Rural Life Sunday which will be held in May. They are also preparing for a county public speaking contest in which boys and girls will compete. One boy and one girl will be selected from the county and will receive as their reward a trip to the State Short Course to be held the last week in June. There they will compete with other boys and girls from the State.

As usual I would like to give you homemakers a few tips before I finish. To clean gilt frames rub them with a cut lemon and sponge with water containing a tablespoonful of baking soda to the pint. Or stir one tablespoonful of baking soda into the white of the egg. Sponge the mixture on the frame.

If your zipper refuses to zip, and that happens to me often, rub the lead of a soft pencil up and down the middle. The carbon in the lead oils the zipper and makes it run smoothly.

Too many toys are confusing - especially to a preschool child. And he may tire of them quickly. So why not use a "rotation" system - put some of the toys away, and bring them out later when he is tired of the ones he is playing with. Even old toys will seem new and novel after they've been stored for a while.

Of course, there will be a few toys which your child will want left out all the time. For instance - his blocks. A convenient arrangement is to keep the blocks in a small cart or wagon. Then when the child wants to play with them, all he does is pull out the cart, instead of having to carry two or three blocks at a time from a shelf out to the floor.

In closing, I would like to read for you a verse which I found the other day entitled "Song for Little Things".

Today went by and little things were all
That I accomplished -- laundering a dress,
Making a fluffy padding, helping small
Fingers with work until they found success,
Learning to whistle back to a whistling bird,
And answering a letter long neglected,
Telling a friend a good thing I had heard
About him, happy, wholly unexpected,
And reading but one chapter in a book.
Nothing has happened that was consequential,
But I saw peace in my beloved's look,
And thought, how beautiful and how essential

It is that, between larger happenings
We have so great a store of little things.

GoodBye.

VI. 4-H CLUB

A. Project Work

1. Clothing

The majority of 4-H girls carried the "So You'd Like to Sew" project with some of the older girls taking "Make and Re-Make". Work on these projects was done in three project groups out of school and in two clubs which met in school. The Indian Club exhibited shirts, aprons, scarfs, and sewing boxes at a special program one day for the Governor of Virginia. County clothing contests were held, a winner being selected in the dress revue and the clothing achievement contests who will enter district contests in February 1952. A clothing meeting on the selection of materials for garments was held at a department store in Richmond which was attended by 4-H Adult leaders to help the girls in their clothing projects.

2. Room Improvement

Several girls carried as an extra project room improvement. One girl made a slipcover for a bedroom chair and stool which she used in the county contest. She had entered the District contest on room improvement early in the year of 1951 winning third place in the district for 1950. She tried again by entering the county contest of 1951 and will enter the district contests again in February 1952.

3. Food Preparation

Several girls carried food preparation as an extra project and entered this county contest. The winner will enter district contests.

4. Food Preservation

Several girls carried food preservation as a continuation of the project taken several years ago. The county contest winner will enter district contests.

5. Dairy Foods

One girl carried dairy foods and will enter district contests.

B. Other Activities

The A-H Council met twice during the year to plan programs and set up goals and to carry them out.

Ten girls attended Jamestown Camp. Four girls attended Short Course.

Rural Life Sunday was observed by the protestant A-H members at a Baptist Church in the county and the Catholic members at the Catholic Church. A-H members only took part on the program but Home Demonstration members, parents and friends attended.

The A-H boys and girls prepared and served a dinner for the Buriton Club and netted fifty-one dollars for their council treasury. The girls also served as waitresses at a dinner for the Farm Bureau and donated cakes which they made themselves in cooperation with the Home Demonstration Committee.

The A-H Council donated thirty-five dollars to the redecoration of the Community Building fund.

The A-H Council gave as awards to A-H adult leaders a subscription to each leader to the National A-H News.

An all day picnic to Jamestown Camp was held for all A-H members in order to interest more in attending camp week. About 50 attended. The A-H Council furnished lunch for the group.

4-H girls prepared and exhibited a "So You'd Like to Sew" exhibit at the Tidewater Fair, winning second place.

4-H contests were held in the county for the girls. Entries were made in food preparation, dairy foods, dress revue, clothing achievement, room improvement and canning. The winners gave their demonstrations again at the joint 4-H and Home Demonstration Achievement Program in the fall. The president of the 4-H Council gave the devotional, and 4-H girls were ushers.

An adult 4-H leader made the 4-H awards. This was a most successful program.

Attendance was better than in previous years.

King William 4-H boys and girls were featured on the 4-H Hour from radio station WRNL three times during the year. Three girls attended practice in Richmond regularly for the 4-H Chorus which sang on the 4-H Hour.

A yearbook for 4-H members was made as a guide for boys and girls during the year. (copy attached).

A "piggy bank" was carried to all 4-H meetings in order that those who wished might contribute to the International Youth Exchange Fund. When full the bank was mailed to the 4-H office at V. P. I.

VII. YOUTH

Two older youth groups which were organized in 1950 disbanded in January 1951. One reason for the failure of the groups to thrive and grow was the withdrawal of membership by young men who entered military services. Another factor which contributed was the fact that the groups met once to organize before the previous home agent left the county. Then the county was without an agent two months and after the arrival of the new agent, the young adults interest had waned and even though the new agent worked to renew the interest, it did not revive. The groups struggled along for several months with planned

programs for meetings and even set up a yearbook for the year but attendance did not increase. After consultation with the officers of each club by the home agent, it was agreed to disband. It is hoped that some day in the future the groups may again be reactivated.

VIII. SCOPE OF WORK

	<u>1948</u>	<u>1949</u>	<u>1950</u>	<u>1951</u>
Number Home Demonstration Clubs or groups	8	9	9	8
Membership	176	190	161	165
Number 4-H Clubs	4	4	4	4
Membership	97	98	52	65
Number 4-H Groups	0	0	2	0
Membership	0	0	37	0
No. of Other Families Reached	145	120	435	251
Total No. Families Reached	620	635	713	416

IX. ENTIRETY OF ORGANIZATIONS

1. County Home Demonstration Committee

The County Home Demonstration Committee met twice this year to plan programs and to coordinate activities of the Home Demonstration Clubs in the county.

2. County 4-H Club Council

The county 4-H Council met twice this year to coordinate the program of the 4-H Clubs. It made plans for the 4-H yearbook, programs for each month

of the year, radio program, money raising activities, etc. (See VI B, Other L-4 Activities).

X. LEADERSHIP

A. Each Home Demonstration Club in the county had four organizational leaders in 1951, president, vice-president, secretary and treasurer. These officers performed their usual duties.

Each club's vice-president served as the program development leader for her club. All the program development leaders did a better job this year in working out plans for the new program. Each club had four subject matter leaders. Three meetings during the year were set aside for these leaders to give the demonstrations in the absence of the agent. In most instances these leaders gave the demonstrations.

In L-4 Club work, there are five adult leaders who work with the girls on project work.

B. Growth of Home Demonstration Club Project Leadership

	1948	1949	1950	1951
Number project leaders and pool chairman	64	81	40	40
Number training meetings held by Specialist	1	3	3	3
Agent	23	9	6	2
Attendance at all training meetings	46	47	30	35
Number club meetings held by leaders without agent present	19	14	16	17

	1948	1949	1950	1951
Number additional club meetings at which leaders assisted	17	6	3	6
Number adult project leaders	2	2	3	5
Number junior project leaders	0	0	0	4
Number training meetings held by				
Specialist	0	0	3	1
Agent	11	0	5	0
Number 4-H leaders trained				
individually	2	2	2	5
Number club meetings held by leader without agent present	5	9	14	11
Number of additional club meetings at which leaders assisted	10	15	3	4
Number demonstrations given by Leaders				
Adult	7	9	4	11
junior	5	4	0	2

C. One of the 4-H adult Leaders is of foreign extraction. She did not receive the educational opportunities which most girls do. However, she has been most generous with her time and energy in trying to help her own daughter and the girls in her neighborhood. She herself has benefited more from the Home Reconstruction program, being a member of the Local Home Reconstruction Club and from her work with the girls, than any other woman in the county. Her influence in her own home has improved and increased as well as in the community.

XI. COOPERATION WITH OTHER AGENCIES

The home agent has worked with the Upper King William Woman's Club in its program of recreation for teen agers. She serves as chairman of the Committee in charge of Teen Club which meets every other Saturday night at the Community House for planned and wholesome recreation. She was instrumental in having a handbook for the Teen Club mimeographed (expenses of which are paid for by funds of Teen Club treasury), in getting equipment for games, in planning and assisting with the program each night and in giving it publicity. Many of the teen age 4-H Club members attend these Teen Club programs. The Home Demonstration women and the 4-H girls financed and furnished the necessary labor to paint and make covers for 20 cushions for ten chairs used in the Community House as their part in cooperating with the Woman's Club in their "Build Freedom Through Youth" Contest. Interest was high in this contest and the entire redecoration of the building at a cost of about one thousand dollars has been accomplished through the efforts of all agencies in the county working together.

The home agent in her weekly news column as well as at club meetings has called attention to the War Bond Drive, Red Cross, March of Dime, Pennies-for-Friendship and TB programs. Home Demonstration clubs contributed to each of these programs.

The home agent planned and presented the program at a meeting of the W.C.D.A. Council before it was changed to the Mobilization Committee. She attended two such meetings during the year.

The home agent attended a Home Nursing Class sponsored by the Red Cross.

The home agent is a member of the Community House Committee which governs the use of the building. She attended the meetings of this committee during 1951.

The home agent spoke at a meeting of the P. T. A. at the parochial school at Port Richmond one night discussing the Extension program and showing a movie on A-I Leadership. After the meeting a P. T. A. member volunteered to serve as leader for the Local A-I Club.

The home agent was invited to speak at the Junior Woman's Club meeting in West Point one night which she did, discussing color in the home, and using color slides and posters.

XII. ACHIEVEMENTS OF THE YEAR'S WORK

The home agent feels that the Home Demonstration and A-I programs have been strengthened in the county this year. Even though figures for the year on the statistical report may be lower for the year of 1951, than in previous years, the figures are true ones and ones which show a stronger and more worthwhile and beneficial program. Goals which were set up for the year were met more nearly than in previous years. In setting up the goals, only those which the women really felt they could carry out were set up -- a more down-to-earth program. The A-I program shows more improvement than anything else. The home agent feels that the work done with boys and girls in 1951 has had far greater effects on the adults of the county as well as on the youth than in previous years. There is still much to be done but a good start has been made which should show results in future years.