

ANNUAL NARRATIVE REPORT

COUNTY
EXTENSION
WORK

FILED

Virginia Agricultural Extension Service

EVA F. FOSTER
Name

HOME DEMONSTRATION
Title **Agent**

Assistant Agent

Assistant Agent

Assistant Agent



1961

GOOCHLAND
County

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This report was prepared by Mary Hille McCoy while the Home Agent was on sick leave. It includes the work of Mrs. Eva F. Foster, Home Demonstration Agent, December 1, 1960-November 30, 1961 and Mrs. Nelda Rose Sanders, Assistant Home Agent in training, September 1, 1961-October 15, 1961.

HIGHLIGHTS OF THIS YEAR'S PROGRAM

The entire 1961 home demonstration program was centered on the management of time, energy, and income. Homemakers have been concerned with management of time in the kitchen through the use of carefully selected equipment, meals planned ahead, and using time-saving methods in meal preparation. Many time-saving methods, it was found, are also energy savers. Income management was approached as determining the percentage of the family dollar to spend for various categories, followed by helpful demonstrations on buying clothing and house furnishings wisely. Information on social security was also tied into the management program. Management principles were stressed throughout the year. The interest evidenced in this area at the time of program planning has been enhanced by the management centered programs.

The 4-H Project on health and safety has been well worth while as evidenced by the interest shown by club members and the comments of teachers and parents. Good programs were planned with the cooperation of capable leaders and the use of visual aids.

Not to be overlooked is the interest in rural arts. Greatly increased interest in birds has resulted throughout the county as homemakers learned to identify birds and to attract them to their homes.

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I. COUNTY SITUATION AS IT AFFECTED THE PROGRAM PLANNED

Goochland County, Virginia, is a small rural county of 287 square miles. The total population of 8,934 according to the 1950 census is fifty per cent Negro. Of the 1,985 families in the county, there are approximately 554 white farm families and 601 white rural non-farm families. There are 558 farms in the county according to the 1959 census of agriculture, 466 having an acreage of less than 100 acres. 403 farms are white operated. 347 farmers reported off-the-farm employment and income exceeding the value of agricultural products sold. The main sources of farm income rank in the following order: livestock and livestock products; dairy products; poultry and poultry products; field crops; forest products; vegetables and fruits.

There is no industry in the county. Off-the-farm income is from employment at the State's penal institutions, located in this county and in the adjoining county; from sawmill operations; the railroad; and a large stone quarry. Most of the young homemakers able to work are either employed in this and neighboring counties or commute to Richmond for part or full-time employment, as do a considerable number of the part-time farmers. Nearly everyone able to get away from home for the day is employed or seeking part-time employment to supplement the family income.

This situation affects membership in Home Demonstration Clubs, and leadership of 4-H and Home Demonstration Clubs. It creates what should be an abnormal social condition but since the trend of a homemaker away from home most of the time is general, it cannot be considered unusual.

It changes the pattern of living to such an extent that in many families there is little home life or family unity.

There are two white elementary schools in the county; Cardwell Elementary School completed in 1953 and the Goochland Elementary School completed in 1957. The Goochland Elementary School has a cafeteria which serves hot lunches. The Goochland High School with slightly less than three hundred students has been in use since 1934. It is seriously in need of more classroom space, and in 1959, closed the cafeteria so that space might be used for classrooms.

The entire county can be reached by telephone and almost every Home Demonstration Club member, as well as others, can be reached either directly or through a neighbor. This has facilitated getting information to the club members and from them and has cut travel considerably. It has also made an increase in the amount of time necessary in the office. Few of the homes in the county are without electric power. Only one family of 4-H Club Members reported not having electricity last year.

There is a County Health Department with a County Nurse, Sanitation Officer and a Director who serves Goochland along with two other counties. The Health Department is responsible for conducting pre-natal clinics, pre-school clinics, etc. There are three doctors located in the county; one having come to the county in 1958, one coming in 1956, and the other doctor having been here since 1935. Until the coming of the above-mentioned doctors, he had the full load.

The only recreation available in the county for the young people is provided through the schools and churches. This means there is great demand for the family car to go to Richmond to movies, bowling, skating, etc. In many instances, it has meant buying a second car so that the children would have their own transportation, thereby developing other

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problems.

There is a local livestock market where the farmers are able to sell. Other marketing outlets are through the Extension-sponsored feeder calf and feeder pig sales and the Junior 4-H Club Premium Stock Show and Sale. Considerable poultry, especially broilers, are produced under contract, and the sale is made at the farm. The farm families living in the lower end of the county carry their own produce to market. Many of them have private customers which they reach by door to door selling. This means two days a week - one day in preparation and one day in selling for these families. Eggs not sold in this manner are frequently sold at the grading station which means reduced price for the producer.

The homemaker finds shopping for family food and clothing a matter of ordering from the catalogue or making a trip to Richmond. Few clothes are available in the county and these of a very limited selection. The stores have an adequate selection of everyday foods, canned and frozen, but a rather limited selection of fresh vegetables and fruits except in peak season. Many of the homemakers make a weekly trip to the supermarket and conscientiously save their trading stamps.

II. County Extension Program - Adult

A. Organization

1. County Agricultural Extension Service Board

The County Agricultural Extension Service Board is composed of two men and two women leaders from each of the three magisterial districts in the county. This committee sets the long-time goals for the County Extension Program and checks on the progress of these goals. This board sets up the necessary committees for carrying out these goals, and gives publicity

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to the work being done through the County Extension Program.

2. Home Economics Council

The Home Economics Council is made up of two women leaders of each of the three magisterial districts in the county. This committee works with representatives of the Home Demonstration Committee to determine the special interest needs of the women in the county, the goals to meet these needs, the goals to be met and the committees and committee members needed to carry out these goals. The Agent works closely with this group in setting up the programs recommended by the committees, providing educational material and training for the leaders. The special interest committees for 1961 are Rural Arts, Home Management, Good Grooming, and First Aid.

3. Rural Arts Committee

A spinning and weaving exhibit and demonstration presented by special request at the Tri-County Fair and at the State Fair has been a major interest of this committee. The spinning demonstration was presented two days at the Tri-County Fair.

Spinning and weaving were exhibited and demonstrated for three days at the Virginia State Fair. Mrs. J. H. H. Verloop who moved from the county in June returned to help make the exhibit and demonstration a success. Mrs. D. T. Boisseau was narrator on "Governor's Day" and helped to collect articles for the exhibit and make the display as did the Agent-in-training, Mrs. Nell Rose Sanders. Mrs. A. W. Whaley of Richmond assisted the group with weaving on Wednesday and Thursday. Thousands of interested

spectators stopped and watched with keen interest the spinning of wool into thread and the weaving of thread into fabric. For most of them it was "the first time I ever knew how thread was made" and for others "I remember my grandmother spinning". but for one woman it was "You ain't adoin' it right, " and she was game to show how it should be done.

From before the exhibit was in place until it was being moved there was an audience from the Democratic nominee for Govenor and the Board of Directors of the Virginia State Fair, to the youngsters who watched wide-eyed with interest. There were so many grateful compliments and such keen interest that 11:00 a.m. until 7:30 p.m. was all too short a time. Even when everyone of the group was too hoarse to talk, it was difficult to close up shop. The time spent was well worth while in showing a phase of Rural Arts that was unknown to so many of our people.

4. Home Demonstration Club Committee

The Home Demonstration Committee sets up the Home Economics Program for the county. This committee is made up of the Home Demonstration Club Officers, the Program Development Chairmen, the Program of Work Chairmen, and the Special Interest Chairmen. These committee members worked in their club in finding the needs and interests of the club members and presented these recommendations to the committee. One training meeting was held for the Program Development leaders and one meeting for the training of the Program Development and Program of Work Chairmen.

B. Subject Matter and Special Emphasis Areas

1. Management: Time and Energy

PROBLEM:

Through a survey made in the Home Demonstration Clubs, the Program Planning Committee found that the management of the homemakers' time, energy and income needed much emphasis if the homemaker is to make the wisest use of these resources. The working homemaker finds these resources at her disposal in unequal and unevenly distributed portions. There are many demands on the homemakers' time which can be met through careful planning of their time in the preparation of foods and in the selection and using of kitchen equipment. Much labor-saving and time-saving equipment has been purchased by the homemaker which is not now being used.

TOPICS TO BE INCLUDED:

1. Selection of time-saving kitchen tools for Christmas giving.
2. Preparing quick, easy, nutritious meals for the family.
3. Using time-saving kitchen equipment.
4. Space savers for the kitchen.

NUMBER INVOLVED:

8 Home Demonstration Clubs
8 Special Interest Groups

GOALS:

To help the homemaker utilize her time and energy efficiently that she may have adequate time for her family and community activities.

WHAT PEOPLE ARE TO LEARN:

1. There are many kitchen tools on the market that will save time and energy in preparing foods and many that are simply useless, space-consuming gadgets. Through study, the homemaker learn to distinguish between the two and to make use of those that serve a real purpose.
2. Through planning, the homemaker can use her time in such a manner that she can prepare nutritious meals for her family in a limited amount of time, thereby leaving time for other activities. This topic will concern lunch and dinner.
3. Much of the new equipment now being purchased has time and energy-saving features which the homemaker will learn to use.
4. The homemaker will learn to make and use space savers for her kitchen which will save time and energy in storing and using her kitchen tools and utensils.

METHODS USED:

1. A leader training meeting was held on time-saving kitchen tools for Christmas giving, and leaders gave the demonstrations in eight clubs. Members brought their favorite tool and told why they liked it.
2. A leader training meeting was held on Preparing Quick, Easy Nutritious Meals with 15 members from 7 clubs attending. Leaders gave the demonstrations in eight clubs.
3. One leader training meeting was held on Using Time-Saving Kitchen Equipment. Leaders gave the demonstrations in eight clubs.

4. Eight special interest meetings on building and using space savers for the kitchen will be conducted by the Agent. News articles relative to the particular subject will be featured in the county paper. The cooperation of other groups and professional workers will be used.

Time being an intangible commodity to measure, it will be most difficult to measure results except in the attitude the homemaker has toward her own time and the use of it.

RESULTS:

If the amount of interest and discussion following the demonstration can be used as a gauge, members learned much about wise selection of small kitchen tools and utensils. The selection of useful, and if possible dual purpose tools was emphasized. Members report using suggestions in buying gifts at Christmas.

Members report that they have put to use many of the suggestions made in the meetings on preparing quick, easy, nutritious meals, and using time saving kitchen equipment.

A demonstration on Use of Time Saving Kitchen Equipment presented in Richmond by VEPCo Home Economist was attended by 28 club members.

Club exhibits at the Tri-County Fair and at the Achievement Program were made on Time Saving Kitchen Gadgets and on Quick and Easy Nutritious Meals.

2. Management: Income

PROBLEM:

Families lack a foundation for determining the percentages of

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the family dollar to be used for food, clothing, shelter, saving education, and other purposes.

TOPICS TO BE INCLUDED:

1. Managing The Family Dollar With Sense.
2. Buying Quality With The Clothing Dollar.
3. Buying Durable Goods With The House Furnishings Dollar.
4. A Family Business Center.

NUMBER INVOLVED:

- 1., 2., 3. - 8 Home Demonstration Clubs
4. - 8 Special Interest Groups

GOALS:

1. To learn to manage the income so as to get the best returns for the money spent.
2. To plan use of income so that savings may be realized.
3. To set aside funds for replacement of goods.
4. To establish a business center.

WHAT PEOPLE ARE TO LEARN:

1. To distribute available income so as to meet the needs of the family for food, clothing, shelter, saving, education, etc.
2. To manage the income so as to give satisfaction to the family.
3. To provide a place for keeping records of the income so that record keeping will be easier for the homemaker.

METHODS USED:

1. A leader training meeting was held on managing the family dollar and setting up a family business center in the home by the Home Management Specialist with three clubs represented,

and the leaders will give the demonstrations in the clubs.

2. A leader training meeting was held on Using the Family Dollar for Buying Clothing. Five clubs were represented and gave demonstrations in 6 clubs. Ten leaders from 6 clubs were trained by the specialist on Using the Family Dollar for Buying Durable House Furnishings, followed by demonstrations in the clubs by the leaders.
3. News paper articles were used to give information on these activities.

RESULTS:

Fair and Achievement Day exhibits on Buying Quality with the Clothing Dollar and Buying Durable Home Furnishings helped show the interest of the women in these topics as well as illustrating the message for others to see.

3. Clothing

PROBLEM:

1. There is need of impressing on the homemaker the desirable qualities of good grooming.
2. The homemaker needs help in knowing what to look for in buying quality with the family's clothing dollar.

TOPICS TO BE INCLUDED:

1. Good grooming and the selection of cosmetics.
2. Buying Quality With The Clothing Dollar.

NUMBER INVOLVED:

- 8 Special Interest Groups
8 Home Demonstration Clubs

GOALS:

1. To encourage the homemaker to be better groomed for her family and to encourage good grooming habits with the children.
2. To recognize quality when buying clothing.

WHAT PEOPLE ARE TO LEARN:

1. To learn the simple procedure necessary for good grooming.
2. To learn to recognize features indicative of quality workmanship in clothing construction.

METHODS:

1. A special interest meeting was held to assist the homemaker with good grooming practices and selection of cosmetics by the Crozier Club. Other clubs were invited to participate.
2. A leader training meeting was held by the specialist on buying quality with the clothing dollar.

RESULTS:

Special interest meetings on good grooming had been planned by each club. Three clubs held meetings, two by the agent and one by leaders. All seemed to create high interest and participation.

Goochland women are interested in clothing construction, and the helps on wise choices in buying were appreciated and have been put to use effectively.

4. Art in Daily Living:

PROBLEM:

The demands of the times are terrific. There is a need of a program to contribute something towards human happiness. There is a constant seeking of beauty, pleasure, comfort, peace of mind, happiness and even pure joy.

TOPICS TO BE INCLUDED:

1. Learning to identify the native birds.
2. Attracting birds to the homegrounds.
3. Special interest meeting on building bird houses and feeders.
4. Special interest meeting in spinning and weaving.
5. Club program on good reading.

NUMBER INVOLVED:

- 8 Home Demonstration Clubs
- 8 Special interest meetings on bird houses and feeders.
- 1 special interest committee on spinning and weaving.

GOALS:

1. To develop an awareness to people, things and relationships.
2. To learn to appreciate beauty wherever it is found.

WHAT PEOPLE ARE TO LEARN:

1. To recognize the beauty of our native birds by song, color and mode of flight.
2. To attract these birds to our yards by feeders, houses, water and by the planting of shrubs and wildlife strips.
3. To appreciate the early crafts and to revive interest in a fading art.

METHODS:

1. Training meeting by the County Program of Work Chairman to train the club chairmen.
2. The use of slides showing the native birds.
3. Workshops to construct bird houses, feeders and waterers.
4. Special interest meetings on learning the art of spinning and weaving.

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5. Three club meetings devoted to rural arts--learning to identify birds, attracting birds to the homegrounds, and a club choice program.

RESULTS:

See II, C 2, Federation Program of Work, Page 14 for results in this area.

5. First Aid

Plans were made to sponsor a program for one month's demonstration on a First Aid Kit for the Home or Car with the help of the county nurse. The points emphasized by this were well illustrated by an achievement day exhibit.

6. Social Security

The Home Demonstration Club Program for 1961 included a study of "You and Social Security." Mr. Lyman S. Hammaker of the Regional Office worked with three groups representing six clubs on this subject. The Agent worked with one group representing two clubs. Considerable interest was shown on this subject and all were surprised to learn that over five hundred people are drawing about \$30,000 per month in Social Security benefits in Goochland County. Not one of the group realized the effects of Social Security on our economy here in the county.

An exhibit on this topic was displayed at the Achievement Program.

C. OTHER ACTIVITIES

1. County Home Demonstration Club Objectives:

1. Continue to encourage exchange of leaders.

- 2. Encourage the earning and awarding of reading certificates.
- 3. Encourage each club to invite another club to a program or social event.
- 4. Stress importance of every person having four shots of polio vaccine.
- 5. Use available Medical Center facilities.
- 6. Stress importance of each member attending and supporting workshops and special meetings.
- 7. Encourage each club to assist with 4-H Club Work:
 - a. Invite 4-H Club Members to give demonstrations at H. D. C. Meetings.
 - b. Assist 4-H Club Members with keeping project records.
 - c. Provide scholarships to 4-H Club Camp or State Short Course.
 - d. Strengthen 4-H All Star and Honor Club Organizations.
- 2. The Federation Program of Work:
 - 1. Sponsor the study of birds; learn to identify them by song, color, and mode of flight; learn to attract them by feeders, houses, and planting of wildlife strips.
 - 2. Sponsor a club program on good reading or rural arts.
 - 3. Encourage members to enroll in a First-Aid Class and furnish a First-Aid Kit for the home.

Two monthly meetings were devoted to the Federation Program. The January program was on Learning to Identify Native Birds. Through the use of slides secured from the "Art in Daily Living"

Chairman and Mr. John B. Redd of the Virginia Commission of Game and Fisheries, a most interesting program was presented before the clubs, helping them to learn to appreciate and to recognize our native birds. The Manakin Home Demonstration Club followed their meeting with a workshop on making bird houses and feeders with seven members present and with the husband of their Program of Work Chairman assisting them. They report having enjoyed studying the birds and are learning to recognize them. Mrs. Jean Baden showed slides and gave a talk at the Sheppards Road Home Demonstration Club and has ordered materials for the workshop for her club. Approximately 60 bird houses were made.

In March the Program of Work Chairmen presented the demonstration and talk in their clubs on "Attracting Birds to the Homegrounds." These leaders had been trained by the Program of Work Committee, and were well-prepared to give the demonstration. The meetings were interesting and certainly showed the value of this program to the homemaker during these winter months. Questionnaires were filled in by the members after the talks by the Chairman, and added to the interest of the meeting.

A Community Christmas Doorway Decoration Contest was sponsored by the Goochland Home Demonstration Club. The contest was in two parts. The first section featured the back door of those in the community who find all paths lead to the back door. This contest was open to all in the community. Due to snow and sleet, several contestants were unable to exhibit their doorway decoration, though ten were there. Three exhibits were made by non-club members. The outstanding exhibits were featured in the Sunday Times-Dispatch.

The editor had requested only one picture, possibly two, but found the exhibits so outstanding, he used four! All entries featured kitchen utensils or foods from the pantry and native greens.

The second section featured the front door and again was for all of the community. There were twenty-three entrants, fifteen of whom were not club members.

This doorway decoration contest was considered very successful, and it was most gratifying to have so many participating.

At the Achievement Program and at the Tri-County Fair club exhibits on Birds in Home Decoration and Attracting Birds to the Homegrounds attracted much attention.

3. National Home Demonstration Club Week:

National Home Demonstration Week was observed in the county by encouraging club members to attend church on the Sunday beginning this week. Ministers were asked to give some recognition to Home Demonstration Week. One club member wrote a news article for the paper.

4. Achievement Day Program:

The annual Achievement Day Program was held as an afternoon meeting and tea with all clubs represented and participating. The Home Agent, recovering from an operation, was not present. Mrs. E. M. Armentrout, County Chairman, presided over the program which featured Thanksgiving table centerpieces and club exhibits. From the dozen displayed three were selected as winners and prizes were given to the exhibitors. The two winning exhibits were used attractively on the tea tables for the social hour following the program. Club exhibits were made on topics selected from the year's

program. The booths featured: Time-Saving Kitchen Gadgets, Birds in Home Decoration, You and Social Security, Attracting Birds to the Homegrounds, Quick and Easy Nutritious Meals, First Aid Kit for the Home, Buying Quality with the Clothing Dollar, Rural Arts, and Buying Durable Home Furnishings. Club presidents reported on an outstanding event during the year. Randy Strawderman and Robert Ford, 4-H Club boys, furnished entertainment. A report of 4-H Club activities was made. The county scrapbook was on display.

5. Tri-County Fair:

The Home Demonstration Club Members have continued to support the Tri-County Fair and served as superintendents of the various departments. The educational exhibits featuring some phase of the year's work have improved and made a definite contribution to the success of the Fair.

The person making the greatest number of exhibits was chosen as Queen of the Fair. This year's winner displayed 57 exhibits in eleven departments.

6. Town and Country Institute

The Agent and six club members participated in the Town and Country Institute held in Blackstone. Weed control and house furnishings were of particular interest to all the women. This was considered a wonderful opportunity to get the latest information in the various fields.

7. Tours:

Members of one club enjoyed a cultural tour of Richmond visiting several places of historical interest and the Virginia Museum.

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Another group celebrated the clubs' birthday by a luncheon and tour of the Continental Bakery in Richmond.

8. Judging

Local women who have been trained in judging have assisted at neighboring fairs. Four leaders assisted at the Chesterfield Fair.

D. There are no urban families in the county

E. Farm and Home Development

Since the homemaker of the three Farm and Home Development families are active Home Demonstration Club members, participating in the club program, serving as members of various committees and as leaders in their club, they are worked with very closely by the Agent and feel free to ask for information as needed.

The Agent's work with these families has been entirely through the homemakers during the past year. Each family has made consistent progress towards their goals; however, I do not feel that such outstanding progress has been made by any of these families as to deserve a complete story.

III. County Extension Program - Youth

A. Organization

The County 4-H Council will hold an annual meeting to plan for the activities in which the County 4-H Club will participate. Committees will be set up to carry out programs including Rural Life Sunday, National 4-H Club week, 4-H Camp, County Fair and attendance at Atlantic Rural Exposition. The County Council, is made up of the Officers of the 15 4-H Clubs in the county.

A committee from this Council planned the 4-H Club Projects for

the year as has been done in the past. This county-wide project in which all of the schools will participate is Health and Safety. The individual projects will be left to the individual members.

B. 4-H Project Work
Health and Safety

TOPICS TO BE INCLUDED:

1. "Look Better, Feel Better - The 4-H Way".
2. "Keen 4-H'ers Eat Well"
3. Safety with Christmas decorations.
4. Safety with firearms.
5. "Fashions in Breakfast"
6. "How 4-H'ers Have and Keep Good Teeth"
7. "Good Posture Promotes Good Health"
8. "4-H'ers Study Good Manners"
9. "4-H'ers Learn to be well Groomed"
10. "Safety When Fishing"

NUMBER INVOLVED:

- 15 In-School 4-H Clubs
- 1 Out-of-School 4-H Club

GOALS:

1. To improve the eating habits of 4-H Club Members.
2. To develop safety habits.
3. To improve dental care.
4. To develop good posture habits.
5. To develop good grooming habits.
6. To develop good manners.

WHAT MEMBERS ARE TO LEARN:

1. Check their eating habits.

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2. Study the guide to good eating.
 3. Become familiar with the Four Basic Food Groups.
 4. Study safety with Christmas decorations and firearms, and learn how they can help to make their homes a safer place to live.
 5. Members will learn the importance of a good breakfast and the effect of a good breakfast on good health.
 6. 4-H'ers will learn how to take care of their teeth and the importance of dental care to good health.
 7. Check on posture habits and learn how posture affects good health, good grooming and the over all appearance of the club member.
 8. 4-H'ers will learn to be well groomed by studying and practicing good grooming.
 9. Learn the effect of good grooming in their relation with other people.
 10. 4-H'ers will learn good table manners, will learn to make introductions and to show respect for parents and elders.
 11. Members will learn safety when fishing and good sportsmanship as they participate in a county-wide fishing contest.
 12. 4-H Club Members will learn water safety as they enroll in the water safety program.

METHODS USED:

4-H Club members received training on giving talks and demonstrations in their clubs on their Health Project, emphasizing each of the topics included in the Health and Safety Project. The Leader worked with the members in preparing these talks and demonstrations assisted by the Agents. Representatives of the Health

Department met with the clubs, a minister talked to the children on showing respect for parents and elders, and leaders worked with the members on the fishing contest.

RESULTS:

In December 4-H Club members appeared in programs giving safety hints on how to decorate the house safely for Christmas and on safe handling of firearms. In January a film "The Color of Health" was shown. Members learned the necessary foods for good health with emphasis on breakfast.

In February the clubs emphasized good dental care. Mrs. Paul Halla, wife of the local dentist, gave a talk to all of the Senior 4-H Clubs on Good Dental Care. All other clubs were given a brief resume' of Mrs. Halla's talk and shown a picture on "Save Those Teeth" and "Swab Those Choppers" from the Virginia Department of Health, Dental Division. In each of the fifteen clubs, the members voted for the King and Queen of Smiles, and a prize of tooth brush and tooth paste provided by Dr. Halla was awarded to the King and Queen. This was excellent cooperation between the Extension Service and other professional people in the county and is a real tribute to our 4-H Club Program.

The May program was "Let's Dress Right." Each member told seven ways that he or she has improved as a result of the meetings during the year in "Better Grooming." These reports were excellent. Club members were interested in record books for this project and turned them in well.

March meetings on good grooming were well received by the members, teachers, and parents, and many favorable comments have come from

these programs. Their subjects were Care of Hands and Feet, Care of the Skin, Care of the Hair, Care of the Shoes, and Care of the Clothing. Five members in each club gave talks, and in some clubs showed a "kit" of articles necessary for the well-groomed look.

The April Program for the 4-H Clubs was most interesting with a minister speaking to each club on showing respect to parents and elders followed by a discussion in some clubs on the subject. The Agent gave a demonstration on table manners to the clubs and they were allowed time for questioning and discussion on good table manners. Each child was given a sheet on "4-H Club Members Learn The Knife and Fork Rules" which they could use at home with the other members of their family. The teachers who worked with us on the 4-H Club Program said that the April Meeting was by far the most helpful program that had been held in school this year. They were all pleased with the program and offered their cooperation in helping to encourage the children in both subjects.

Automotive Care and Safety Project:

Following a agent/leader training meeting this project was initiated in the county with 33 members participating. A month-by-month program was planned. A trophy has been offered to the safest teen-age driver boy and the safest teen-age driver girl in the county. A secret committee was appointed to select the winners.

C. Other Activities:

1. National 4-H Club Week

A special program observing National 4-H Club Week was held at Salem Baptist Church on March 13 at 7:30 p.m. This was supervised by Lu Knibb, 4-H member, chairman of 4-H Club

Sunday, and by 4-H Club boys, girls, leaders, and All Stars. The value of 4-H and an outline of county 4-H projects were featured in the program.

Ministers were asked to devote a few minutes on the morning of March 13 to recognizing the 4-H Club members, their work, and National 4-H Club Week.

Letters and copies of the 4-H paper, Head, Heart, Hands, and Health were sent to local businessmen asking them to place the paper out for public use.

2. 4-H Club Camp

63 4-H Club members and leaders attended the Jamestown 4-H Club Camp this summer. The experience of sharing activities with other boys and girls is a rewarding one for young people. Much interest was shown in the camp classes, photography and handicraft proving to be the most popular. The Agent was in charge of all camp handicraft and with the help of the leaders was able to teach 182 children a craft. The articles made were knife racks, wooden bowls, gun racks, bird houses, and stools. Three children made paper weights. When the articles were completed, each tribe made an exhibit of their crafts which were judged for quality of work. The judges remarked that this was the best display of useful articles they had seen at camp. The camp personnel were most complimentary of the type and amount of craft done.

The Agent taught two classes in photography to the entire camp group. The first day was devoted to using the camera.

34
72

Colored slides were used to emphasize errors in photography, such as focus, background, composition, etc. By using two projectors, a correct picture was shown at the same time. This made the error more emphatic.

3. Short Course

Two boys and two girls attended the 4-H Club Short Course at Blacksburg.

4. 4-H Club Float

The Goochland 4-H Club prepared a float for the July 4th parade.

5. Fairs

At the Tri-County Fair 88 4-H Club members entered exhibits. Those exhibiting were eligible to attend the State Fair as a group, and fifty-seven members attended the Virginia State Fair.

6. Share the Fun

Seven 4-H Club members participated in the annual 4-H Club Talent Show at the Annual Southern States Meeting. Two members furnished entertainment for the H.D. Achievement Day and for the Farm Bureau Meeting.

7. Ruritan Supper

The Goochland Senior 4-H Club was all set to serve the Ruritan Supper, an important event to the club members, especially. The parents were ready to prepare the food, the decorating committee had made all plans for decorating the tables and the serving committee had their green and white outfits ready to go. Along came rain, snow, sleet and more snow; schools closed (and remained closed all week), meetings of all kinds were cancelled, and so was the Ruritan Supper.

Turkeys had to be disposed of; they were already thawing; cranberries sold, sweet potatoes returned to the pantry shelf and the 4-H'ers helped to call one another and say "better luck next time." Some families were served apple pie for supper, unexpectedly, too. The supper the members almost served would have been a good one, the experience would have been wonderful, and the income would have provided scholarships to camp. Too bad it sleeted!

The supper was served in January to 58 members, the largest attendance the club has had since the 4-H members served the supper 2 years ago.

IV. SCOPE OF WORK

A.	1957	1958	1959	1960	1961
No. H. D. Clubs	9	9	8	8	8
Membership	250	257	157	157	130
No. H. D. Groups *(unorganized)			1	1	
Membership			6	6	
No. 4-H Clubs	11	13	13	13	15
Membership	323	348	322	362	404
No. YMW Clubs					
Membership					
No. Community Clubs					
Membership					
No. Home Ec. Committees	2	2	2	2	2
No. General Interest Committees	1	1	1	1	1
No. Youth Committees					
No. Other Organizations					

IV. SCOPE OF WORK: (continued)

A.	1957	1958	1959	1960	1961
No. Farm & Home Dev. Families	4	4	4	4	4
No. Other families Reached	606	615	616	620	135
No. Different Families Reached	956	965	965	743	525

*Report all groups that met 3 or more times a year.

Information has been relayed by club members to individuals not participating in home demonstration clubs. These families have been reached through news articles, fair exhibits, home visits, telephone calls, and open activities.

During the year the Home Agent has twice undergone surgery. During her absence the program has advanced largely according to plan, but it has not been possible to increase the scope of the program. Some new people have been reached during the year in the county. The rural arts activities have had far reaching audiences as a result of the invitation to exhibit and demonstrate three days during the state fair.

Telephone calls and home visits are important means of helping people with information on such subjects as house furnishings, house plans, furniture arrangement, selection of fabrics, paints, floor coverings and related home problems.

V. LEADERSHIP

A. Growth of leadership	1959	1960	1961
1. Over-all program leaders			
a. County Agric. Extension Service Board	6	6	6
b. Youth Council			
c. Home Economics Council	6	6	6

2. Home Demonstration Club Leadership (Give in table below)

	1957	1958	1959	1960	1961
No. organizational leaders	65	53	48	48	41
No. project leaders (subject matter)	63	68	56	72	58
No. Federation program of work chairmen	10	9	9	9	9
No. program development leaders	10	9	9	9	9
No. result demonstrators	13	21	90	68	99
No. training meetings by specialists	4	7	3	3	5
No. training meetings by dist. agents	1	0	1	0	0
No. training meetings by agents	3	6	3	4	1
No. training meetings by others	1	1	1	0	1
Attendance at all training meetings	139	184	126	106	55
No. meetings held without an agent	44	57	42	43	54
No. meetings leaders assisted	36	38	35	36	28
Demonstrations by leaders	73	66	58	56	68
Talks and discussions by leaders	81	93	47	73	88

3. 4-H Club Leadership (Give in table below)

	1957	1958	1959	1960	1961
No. Club Officers	77	91	91	64	60
No. adult project leaders	18	18	18	18	18
No. junior project leaders	12	13	10	14	7
No. result demonstrators	4	7	6	106	
No. Training meetings by specialists	0	1	1	0	1
No. Training meetings by dist. agents	0	0	0	0	0
No. Training meetings by agent	2	2	0	1	0

3. 4-H Club Leadership (Give in Table below)

	1957	1958	1959	1960	1961
No. Training meetings by members club dept.	2	0	0	0	0
No. Training meetings by others	1	2	0	0	0
Total attendance at ldr. tr. meetings	117	98	4	2	8
No. 4-H leaders trained individually	25	31	10	22	18
No. club mtgs. held by ldr. without agent	29	16	5	5	43
No. additional mtgs. at which ldrs. assisted	64	28	30	44	35
No. demonstrations given by adult ldrs.	29	10	5	34	52
No. demonstrations given by junior leaders	38	35	39	70	22

As the result of a homemaker attending the Adult Leaders' conference one small group of 4-H Club Members has been organized.

B. The most outstanding development of a member into a leader has been in the president of the Centerville Home Demonstration Club. When she was elected president of her club two years ago, she accepted with the greatest humility, saying she did not know how to do the job but would do the best she could. With the help and encouragement of the Agent and the members, she has done a wonderful job, always having the material requested from the club in on time and gave a most outstanding report of her club's activities at the Annual Achievement Day Program. Truly the Home Demonstration Club Program has helped to development a potential leader into a leader in her own community.

The greatest need for leadership is in the field of 4-H Club Work. The Agent works with all of the children during the school year, but as schools close, the contact is limited. Special

effort will be made to secure additional 4-H Club Leaders and to train them in working with the young people during the summer months and to assist them in carrying individual projects during the school year. Junior 4-H Club Leaders will be trained to assist the younger members in carrying their projects.

Four Junior 4-H Club Leaders assisted with the 4-H Camp Program at Jamestown.

VI. FOR SPECIAL CONSIDERATION

A. Significant Achievement

Because of its wide audiences the rural arts program is probably the most significant county achievement in 1961. This work has been reported in section II C 2 on page 14.

B. Public Relations

Every attempt has been made to build on the established base of good public relations with county workers, general public elected representatives commercial interests, and other professional workers. In all such relationships the Agent has endeavored to give prompt efficient information, to cooperate in any way possible, to keep people well informed, and to have a genuine interest in all the people and problems of the county.

C. Professional Improvement

The Agent attended all Agent's training classes made available to her and every opportunity was taken to learn to do the type of program that will produce the desired results.

Professional publications were read and used to improve demonstrations and to supplement educational material available from V.P.I.

New methods and practices recommended were tried out in a home situation enabling me to do a better job of giving information.

Active membership was maintained in the National Home Demonstration Agent's Association, the American Home Economics Association and the state organizations of the same in Epsilon Sigma Phi and the Virginia Museum of Fine Arts.

VII. The Look Ahead

Interest in the 1961 program has been high. Home demonstration programs were centered around a basic theme of management, this giving a sense of unity to the work. Sufficient lenity was included in the program through Federation program of work activities in Art in Daily Living. The excellent leadership displayed by the women has been a key factor in maintaining activities during the Agent's absence.