

VIRGINIA

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK

ANNUAL NARRATIVE REPORT

Rappahannock

COUNTY

1950

Agent Janet Sollenberger

Assistant Agent

Agent

Assistant Agent

34
72

TABLE OF CONTENTS

I. Highlights of Outstanding Things Done During The Year

- A. Living Room Improvement Program
- B. Recreation for Youth and The Community
- C. Clothing Bank
- D. Health
- E. Increase in 4-H Leaders and Leadership
- F. County Fair
- G. 4-H Camp

II. Adult Work

A. Project Work

1. House Furnishings

- A. "What To Know in Buying Fabrics for the Living Room " and "Window Treatment for the Living Room."
- B. " Window Treatment for the Living Room".
- C. "Special Interest Groups Interested in Chair Reseating, Tying Springs, Refinishing Furniture, Sanding Floors, Slip Covering and Upholstering."
- D. "Rug Making"
- E. "Furniture Arrangement"
- F. "Mounting Pictures"

2. Food Preparation

- A. " Freezing and Canning."
- B. " Meat Cuts and Cookery "
- C. " Cheese Making"
- D. " Salads"
- E. " Candy Making"
- F. " Basic Recipe --Week End Time Savers"

G. " Oven Meals "

H. " Pressure Cooker Testing "

3. Home Management.

A. " Kitchens "

B. " Farm Home Account Books "

4. Crafts.

A. " Stenciled Trays "

B. " Stenciled Cloth "

C. " Candlewickling "

D. " Etching Glass "

E. " Christmas Gifts and Christmas Centerpieces "

5. Clothing.

A. " Cutting By A Pattern "

B. " Sewing Machine Attachments "

6. Landscaping.

B. Other Activities.

1. Recreation Goals

A. " Youth and Community Recreation Goal "

B. " Health "

C. " Institute of Real Affairs "

D. " Community Projects "

E. " Garden Leader Training Meeting "

F. " County Fair "

G. " Radio "

H. " Newspaper Articles "

I. " Recreation Meetings "

J. " U. N. Day "

- K. "Electric Range Study "
- L. "Beltsville Experimental Station "
- M. "Fair Judging "
- N. "District Extension Meeting "
- O. "Illustrative Material "
- P. "Home Visits "
- Q. "Leadership "

III. A-H Club Work

A. Project Work

- 1. "Meal Planning, Preparation and Service "
- 2. " So You'd Like to Sew "
- 3. " Housekeeping "
- 4. " Looking Your Best "
- 5. "Make or Buy Clothing Unit II "
- 6. "Personal Laundry "
- 7. " Home Improvement "
- 8. " Food Preservation "

B. Other Activities

- 1. " Contest "
- 2. " Camp "
- 3. "County Fair "
- 4. "Money Making "
- 5. "Parties and Picnics "
- 6. " Leadership "
- 7. " Window Display "
- 8. " A-H Short Courses "

IV. Older Youth

V. Scout of Work

VI. Organizations that Functioned in 1920 Program

1. County Home Demonstration Committee
2. County A-H Club Council
3. Institute of Rural Affairs
4. District Meeting
5. V. F. W. and American Legion
6. Methodist Missionary Society

VII. Activities of the Volunteer Leaders

VIII. Memoranda of the Year's Work

NARRATIVE REPORT

I. Highlights of Outstanding Things Done During the Year.A. Living Room Improvement Program.

The living room improvement program in the county was one of the most outstanding accomplishments during the year in Home Demonstration Work. This year was the sun up year for the living room improvement program. Last year a few demonstrations were given on this subject but no tours were held and no living rooms specifically pointed out as an improved living room. 11 such living rooms were completed during the year of 1950. These living rooms were completely remodeled, by that it is meant that most of the floors were sanded, slip covers and drapes made, furniture and pictures rearranged etc. It was surprising what great interest was taken in this program. Out of the 10 so to speak communities in the county, 6 communities came through with 1 improved living room, and, in some cases 2 improved living rooms. This is not all that can be said about the living room improvement program. Besides the 11 improved living rooms, many of the Home Demonstration women completed small jobs in their living rooms that greatly increased the beauty of it. These things were for instance; rug making, both braided and crocheted, chair and stool reupholstering including caning chairs, spring tying in furniture, furniture refinishing, reupholstering, curtain and drapery making, slip covering, furniture rearrangement, etc. This living room improvement program went over so big, that it was included in the 1951 program. It is hoped that by the end of 1951, 20 living rooms will be completely remodeled, closing the living room program. The women in the county have finally realized how important it is to carry the same program more than 1 year. So much more can be accomplished and learned by doing this.

B. Recreation for Youth and the Community.

Another big accomplishment for the year of 1950 in Home Demonstration work, was

the installing in the minds of all the Home Demonstration members the importance of Recreation for Youth in their own specific community. Each Home Demonstration Club this year spent two meetings on the subject of "Youth and Community Recreation". At both of these, the Recreation Chairman of each Home Demonstration Club took over. At one meeting the club members learned how to play different types of games for parties or picnics, and, at the other meeting most of the clubs held parties or picnics for the youth in their community. Most of the clubs held short recreation periods at the end of the meetings this year. They found this very helpful to pep up the group and make them have a better time. This program in comparison with last years was much better because, of the fact more time was given in the program for the subject. It was the main goal and not just the secondary goal. 2 of the clubs in the county entertained all the youth of the school in their community by giving them a party. This was a great help to the Home Demonstration Clubs because in this way they got to know all the children in the community. This goal also aided in bringing the older people as well as the young people in play and fun.

C. Clothing Bank

The Home Demonstration Clubs accomplished a great deal this year by participating in the "Clothing Bank". At most of the clubs, both spring and fall, the members brought clothing for children on the Welfare. These were taken to the Welfare Worker and distributed. In some of the section the Home Demonstration members delivered to the needy families clothing that they could use. One club took money out of the treasury and brought 4 outfits for 4 children who were not on welfare but badly in need of clothing.

D. Health

The secondary goal was "Health" this year. It is probably only fitting to say here, as an accomplishment for the year, that around one half to two thirds of the Home Demonstration women in the county attended the T. B. X-ray clinics in Front Royal and Culpeper. This was thought to be a very good percentage.

E. Increase in 4-H Leaders and Leadership

A great accomplishment in 4-H work was the increase of 4-H leaders for the summer 4-H work and their excellent leadership. Last year there were 2 4-H leaders, this year there are 14 4-H leaders making an increase of 5 new leaders. These leaders took over most all the summer 4-H work, leaving the Home Agent free to do other things in the county. 11 leaders out of the 14 leaders carried on 4 4-H meetings in the summer without the agent's presence. This is an excellent comparison with last year's record, since none of the leaders in the county carried on any of the meetings without the agent being present; 6 of the 2 4-H clubs in the county conducted their meetings with just the leaders help. Only 3 clubs had to be worked with directly by the agent. Leaders can do such a much better job than the agent because they can work with the club members more than once a month, and, give them more individual help. All the leaders attended 4-H leader training meetings. Through more leader training meetings, and, more 4-H leaders participating this summer, 4-H club work went forward with leaps and bounds. The "Food Preparation Project" this summer and the "So You'd Like to Sew" project last winter were the two most popular projects, and, the two that were completed to the highest extent.

F. County Fair

The County Fair was certainly a big accomplishment this year and most of it was due to the fine work of the 4-H leaders and Home Demonstration Clubs. All the Department Heads in the adult women's section and the 4-H Section were made up of Home Demonstration members and 4-H leaders. These women did a splendid job and are to be highly complimented. Approximately 1000 people attended the 1 day fair. There were approximately 475 women exhibits and approximately 180 girls, 4-H exhibits. The reason the Fair is pointed out as a main accomplishment of the women and children in the county for the year. It was more or less an achievement day for the 4-H clubs and Home Demonstration clubs.

G. 4-H Camp

More 4-H'ers went to camp this year than have ever attended from Rappah County before. In 1947 there were around 10 that attended from the county. In 1948 there were 19 that attended, in 1949 24 attended camp and in 1950, 40 attended 4-H camp plus two women leaders, the Home Agent and the Assistant County Agent. We feel that such an experience, as camp, is good for the 4-H members, and, that they come back wanting to do bigger and better 4-H work for the coming year.

II. Adult

A. Project Work

1. House Furnishings... More has been accomplished along this line of work for the year than any other. In fact, this subject went over so big this year that we have included the same type of program for next year, 1951. This will be the third year we have done this type of work. The idea of trying a subject more than one year has seemed to work nicely in the county.

(A) "What to Know in Buying Fabrics for the Living Room" and "Window Treatment For the Living Room." were the two main demonstrations given this year along the line of House Furnishings. These came along in the spring of the year, March and April. Much had been done last year to lead up to these demonstration. The main objective was to create in the Home Demonstration members the correct ideas on the buying of fabrics in their living rooms. Too many have bought fabrics without thinking through the situation, so, in this demonstration the women were taught the following things:

(1) Choose fabrics for slip covers and drapes that will blend with the rest of the room and adjoining rooms. That is, choose fabrics that will blend with the walls, wood work and floor. If there is a rug on the floor, the members were told to pick-up colors from it, for drapes and slip covers. If a person was going to

get a new rug, the rug must blend with the rest of the materials in the room.

(2) Another objective set up was not to use more than one design in a room. If the rug is figured, then use slip covers, wall covering and drapes of solid fabrics blending with the rug. If rug is solid use (1) type of figure either in slip covers, drapes or wall covering. In other words, do not get too much design in the room.

(3) Choose fabrics that are vat dyed and pre-shrunk. The meaning of this was brought out.

(4) Many of the ideas were brought forth, all types of good and bad fabrics shown, and, new fabrics on the market shown.

Results obtained would be hard to measure in this demonstration, but, it is safe to say that the Home Demonstration women were exposed to the right principles, and, I believe they thought more before they bought materials, thus, getting more pleasing and satisfactory fabrics. Some of the demonstrations on this subject were given by leaders. They did a splendid job of getting the right principles across to the women on "What to Know in Buying Fabrics for the Living Room".

B. The demonstration on "Window Treatment for the Living Room" seemed to be most interesting to the Home demonstration women. Many pleasing types of window treatments were used by the women. Some of them tried cornices; some draw drapes, plain drapes, 2 sash curtains, unbleached muslin curtains with fringe etc. The main objective set up in this demonstration was that the modern trend is to make the window just as large and massive as possible. If you have different size windows in the living room try using cornices to camouflage the difference in the window shapes. Another modern trend is to use draw drapes in place of plain blinds and venetian blinds. It is important that we get all the light possible during the day and still have privacy at night if we wish. This was another demonstration at which some of the leaders took over. Samples of different type cornices were shown at the meeting, such as, the wooden and cloth cornices. Also, samples of the traverse rod, plain rod, wood rod, etc. were shown and explained. At this meeting different type curtains were

made up and shown to the women, such as; two sash curtains, unbleached muslin curtains with fringe, ruffled curtains, plain curtains, drape sample showing pinch pleats and how to line a drape, and, different samples of materials that would make pleasing drapes. The two above demonstrations certainly had definite results especially with the 11 persons that completely remodeled living rooms during the year. It, also, had definite results with other Home Demonstration women .. reports show that 139 curtains and drapes were made during the year and that 84 slip covers were made. Miss Ruth Jamison, House Furnishings Specialist of V. P. I. came to the county in February to train the leaders and the agent on the two demonstrations, " Window Treatment for the Living Room" and " What to Know in Buying Fabrics for the Living Room."

C. Special Interest Groups interested in Chair Reupholstering . All three types, caning, string type and split bottom, tying springs, refinishing furniture, sanding floors, slip covering and reupholstering were met this year by the agent. At the February demonstration it was announced that each Home Demonstration club could choose one item from the list above, and, have an extra all day meeting on it during the month of March or April. The main reason for this, was to help the women in each section on some specific thing they were interested in. The results of these meetings were wonderful, because, usually the meeting was held at the home of the member, who was going to completely remodel a living room. Another definite result was that it taught the women one definite process, since a whole day was given to it and some times 2 days, much more could be gathered and gotten across to the women than at an afternoon or night demonstration... 4 days were given to slip covering, 11 days given to tying springs, 4 days given to sanding floors, 2 days to chair reupholstering, 11 days to refinishing furniture, 1 day to upholstering, and 1 day to tying springs. Some results on the above demonstrations are: 39 people tied springs as a result of this demonstration, 56 people reupholstered chairs as a result, 21 people refinished furniture, 22 persons re-upholstered, 54 slip covers were made and around 25 floors sanded.

D. Rug Making

Several demonstrations were given on this subject. The clubs had a choice, as to whether they would continue stenciling trays, 2 months, or, take up the subject of rug making. This demonstration certainly ran right along the line of the House Furnishings subject for the year. Definite rules were brought out on the "how" of making the crocketed rug and the braided rug. At one meeting a Home Demonstration member showed her club how to make two other kinds of home made rugs. Pretty good results were received from this demonstration. 27 rugs were reported to be made by some of the Home Demonstration women in the county. A complete record of this was not received, so, many more could have been made. The idea of blending pleasing colors together in making both the braided and the crocketed rug was suggested to all the women who attended this demonstration.

E. Furniture Arrangement .. This was not given as a main demonstration for all the clubs, but, the agent did help the 11 persons who remodeled their living rooms rearrange their furniture. On some cases all the accessories were arranged, definitely, large pieces of furniture changed to a different place in the room, and, of course, pictures entirely rearranged and new prints framed in old frames. By doing this the women learned what accessories they had looked good in their room, and, about the proper placing of furniture. Many other women received suggestions on this subject in the county. A county wide demonstration on this subject will be brought out next year.

F. Mounting Pictures .. This subject was taken up in detail last year in the demonstration on "Accessories for the Living Room". This year reminders were given to many women by the agent on correct placing of accessories, and, on mounting pictures and type of pictures to use in the living room and all over the house. The agent keeps on hand many floral, goody, bird, coaching scenes, horse and dog prints, that the women have bought at a very low cost, and at no profit for the agent. This type of thing encourages the women to use correct pictures in the home.

-8-

The agent helped many women individually in mounting pictures, especially the 11 women who participated in the Living Room Improvement Program.

(2). Food Preparation

This subject was next in importance in the county for the year. At least, a great deal was done along this line. A leader training meeting was held on "Freezing and Canning" by the Home Agent of Culpeper, since a specialist from Washington was ill at the time. Also, a leader training meeting on "Meat Cuts and Cookery" and "Cheese Making" was given by the Foods Specialist of V.P.I. The foods leaders of the different clubs gave most of the demonstrations on "Freezing or Canning" and "Meat Cuts and Cookery".

A. "Freezing and Canning" .. As explained above this was a leader training meeting. It was greatly appreciated by the Home Demonstration members having home freezers and commercial lockers. Canning was also of great interest, because, it is felt that something can be learned from any demonstration, no matter how experienced the person is along the subject. Around 300 bulletins were given out to the Home Demonstration members on both the above subjects. Help, through literature has been asked for constantly. Much was given out afterward, and also, before the demonstration on "Canning and Freezing". According to my records, 10,660 qts. of fruit were canned by Home Demonstration members, 18,424 quarts of vegetables and 4,338 qts. of meat, 2300 lbs. of fruit was frozen, 2167 lbs. of vegetables, and 12,534 lbs. of meat.

B. "Meat Cuts and Cookery"... This demonstration was one of great help to the women, it brought out the main principle of just what cuts of meat were tender and what were tough. It was explained that many tough cuts can be used satisfactorily, if they are but cooked properly. Meat buying expenses could be cut a great deal if the principles brought out in this demonstration were but followed. How to stretch meat to make it go further was another principle brought out. The use of 1 cup of

34
72

milk to 1 pound of hamburger everytime you prepare it, greatly stretches the meat.
60 women reported using information from this meeting.

C. Cheese Making

At the leader training meeting on this subject, only the method for making cottage cheese was given. The agent however gave 1 demonstration during the year or, "Making American Cheese". This demonstration is an excellent one to given when the farm people have an abundance of milk. It was given at this time this year. The farm women are very pleased to learn a new way of using their excess milk. Then too, American cheese is a very nutritious product and can be used on during the year. As a result of this demonstration 1 women in the club sent for rennet and cheese coloring to make the cheese, and, 183 lbs. were reported to have been made both American and Cottage cheese during the year. Of course, this is not nearly the amount that was made, it is felt sure.

D. Salads... Around 1 or 6 demonstrations were given during the year on this subject. This is a demonstration that is always good during the hot months. Women, at this time want new recipes for salad making. At most of the demonstrations 5 to 6 salads were made and 2 to 3 dressings. It was planned, so that, all the salads were of a different nature and ingredients. The principal brought out at the meeting, encouraging the making of your own salad dressing, certainly encourage thrift and a better product. Many women said they tried the salads... also, the salad dressings. The principal of using fresh vegetables from the garden was encourage greatly. This not only makes an inexpensive salad but, a very healthful one.

C. Candy Making ... Around 6 clubs took candy making as a demonstration. The County Committee Chairman went along with the agent to most of the demonstrations and gave the demonstration on making "Mort a Washington Candy." Several other different kinds of candy were also demonstrated by the agent. This demonstration came mostly around Christmas time. The idea was brought out giving candy for Christmas presents. What type of container to package the candy in, and the type of wrapping was brought out at the demonstration, also. All the women attending the demonstration on "Candy"
This one type candy, meaning 15 women tried the candy recipes.

F. Basic Recipe and Week End Time Savers

These were two separate demonstrations and were only given once apiece. They are so similar, which is the reason they are included here together. Both of these demonstrations bring across the principle of making large quantities of breads, and other foods stuffs, that can be served in times of haste. The basic recipe for biscuits, muffins, waffles, and, the master mix were given. The master mix is one from which muffins, waffles, biscuits, pie crust, cakes, etc. can be made. Different quick recipes were given the Home Demonstration Clubs. The material and information given at these demonstrations were definitely used, because, the clubs that asked for demonstrations were having problems of entertaining in quick and easy way.

G. Oven Meals

This demonstration was a carry over from last year. One new club wanted this demonstration. They had done very little meal cookery in the oven, and, wished to obtain recipes on this subject. It was brought out at this meeting that oven meals spell economy, because, you can save a great deal of fuel and time when oven cooking.

H. Pressure Cooker Testing ... This should have been mentioned along with canning, but, was not. The agent tested around 25 pressure cookers this year. Many of the gauges were brought to the office, but, some were checked in the home visited by the agent.

(3) Home Management

No specific demonstrations were given this year along this line, but, through club choice months, and, special days given to this subject, in the county it was promoted.

A. Kitchens ... The Home Management Specialist of V.P.I. spent 1 day in the county this year. In the morning she visited 5 women who were interested in either remodeling or building new kitchens and gave suggestions. In the afternoon, these women and any other interested women in the county were invited to a meeting held

in the county seat with "Kitchens" as the subject. All present were asked to draw a rough sketch of their own kitchen. Then the specialist gave some excellent advice as to how to correct and change their kitchen to make them more convenient and livable. Slides were shown on remodeled kitchens of Virginia. This days service was of special help. One of the women reports putting in a new floor in her kitchen and changing the arrangement of large equipment in her kitchen. Another women, who has just remodeled an old home plans to complete her kitchen according to the specialist's orders in the near future.

B. Farm Home Account Books

There are two women in the county that are keeping farm home account books this year. This kind of account book certainly helps a farm woman. By this she can tell month by month what she has spent in the home, and, eventually will be able to see where she can cut down on expenses, and, other important changes she can make. One of the persons who is keeping a Farm Home Account Book, went along to an out of county meeting held on this subject. The House Furnishing Specialist conducted this meeting and explained in detail the filling out of this book. This was of great help to the person who attended this meeting and the agent.

(4). Crafts

Only 1 craft demonstration was included in the Home Demonstration program for the year, but, many different ones were taken up at club choice meetings.

A. Stenciled Trays

This demonstration was enjoyed by all the club members. It was the craft that was included in the program for the year. These trays besides being a lot of fun to stencil are very useful. They can be used as an accessory on a mantel in a living room, or, hung up as a picture. The most useful way to use it, of course, is for carrying dishes and glassware to and from the table, etc. Most of the meetings lasted all day. 77 trays were stenciled in the county during the year.

©B. Stenciled Cloth

B. Stenciled Cloth.. This was a most interesting demonstration and a carry over from the previous year. It was a very helpful demonstration for the women, because, it showed them an inexpensive method of making presents. Food sacks were used to make aprons, pillow cases, table mats, bureau scarfs, handkerchief, table cloths and napkins. These articles were brought to the meeting and stenciled. Some of the clubs were so interested, that they bought a club stencil set and passed it around to the members in the club. At least 20 articles were stenciled during the year by the club members.

C. Candle-dieing

Only a couple demonstrations were given along this line. Through this demonstration the Home Demonstration women were exposed to the method of making candle-dieed articles, in other words they learned how to do this process. 2 bed spreads have been started in the county, but, have not been completed. Other small articles have been candle-dieed, such as, toilet sets, rugs, housecoats, etc.

D. Etching Glass

1 demonstration has been given this year on this subject. It was given in November, giving the women an excellent idea on making their own Christmas presents, by etching glass. Empty jelly glasses can be made to look so much more expensive with etched initials on them. Other very inexpensive glassware can be decorated by etching designs on it.

E. Christmas Gifts and Christmas Centerpieces

These two demonstrations were given in two different months and were given to most all the clubs in the county. Around 25 to 45 Christmas present ideas were shown to the club members. All were made to fit into anybody's budget. None of them cost over \$1.00 to make, and some only cost 5¢ to 10¢. Many of these ideas will be made and given for presents at Christmas time. The "Christmas Centerpiece" demonstration gave the women 10 different ideas for decorating for Christmas. Most of these were centerpiece ideas, made up so the members would actually see how they were made.

-13-

75 women reported using 1 or more of the ideas.

• (5) Clothing

• Nothing was included in the adult program this year on clothing. Some individual help was given, though, by the agent, and several clubs included this for their club choice month.

A. Cutting by a Pattern

One of the lower income group Home Demonstration clubs wanted to learn how to cut a dress out by using a pattern. This was included as one of their demonstrations. They were taught such principles as; what layout to choose, about the markings on a pattern and what they mean, how to cut a pattern, especially about cutting notches out etc. This greatly helped them, because it is so important that they learned how to make their own clothes. It is so much less expensive.

B. Sewing Machine Attachments

2 clubs asked for this demonstration. The reason for this was they felt that it was useless to have attachments if they didn't know how to use them. The consequence as you have already guessed was a demonstration on how to use the attachments. Expert demonstrators from the Singer Sewing Machine Co in Charlottesville came to two club meetings and gave the demonstration. The club members were asked to bring their own attachments. The demonstrators showed them how to use them. Since these demonstrations the agent has heard many women say that they are so glad they know how to use their attachments now, and, that it conserves so much time when sewing.

(6) Landscaping

There was 1 out of the county meeting held this year on "Landscaping" from which this county could gain some help. Two women from the county attended the Landscaping meeting along with the agent. These women were especially interested in this subject since (1) had just built a new home, and, the other remodeled an old one. They obtained much usable material for their own home landscaping problems.

B. Other Activities

-14-

Federation Goals

A. Youth and Community Recreation goal.. It is felt that very much has been done this year in the different communities along this line. Out of the 10 communities participating in this goal 9 carried on some recreation for youth in their community. Some communities had two socials or outings for the youth in their community. During the year most of the clubs held picnics in the summer and invited everybody in the neighborhood. Some clubs entertained all the children at the school in their section of the county. The Home Demonstration women in the county reported 512 days worked with youth during the year. Each Home Demonstration Club set aside one meeting during the year for the study of community recreation. At this meeting the recreational leaders taught their Home Demonstration club members different games that could be played at parties, socials, and picnics. Many of the Home Demonstration members encouraged 4-H members in their section to go to camp. 3 of the clubs helped send 4-H members to camp. All clubs participated in getting a 4-H leader in their section. 4-H leaders which were also, Home Demonstration members helped greatly in the 4-H County Contest, that was carried on in the county for the first time this year. As already stated in the beginning of the report, a "Clothing Bank" was carried on in the county this year, to help cloth children on welfare, and also, any other needy people in the county. This was mainly worked through the welfare office, but, some of the clubs distributed clothing to needy people in their vicinity themselves. These clothes were picked up both spring and fall.

B. Health

This was the secondary goal for the year. The main thing done along this line was the encouraging of Home Demonstration members to attend T.B. Clinics. Around one half to two thirds of the Home Demonstration members attended the free T. B. Clinics held in Front Royal and Culpeper.

C. Institute of Rural Affairs

2 persons attended the Institute of Rural Affairs in Blacksburg in August

-15-

There were (4) Home Demonstration members that attended, 3 agents and one farmer. This meeting was enjoyed by all that attended, shown by the excellent accounts they gave on their return. Much valuable information was received and through these representatives it was brought back to the county.

D. Community Projects

One of the Home Demonstration club goals this year was for each club to carry on a community project. Most of the clubs did this. The Huntly and Chester Gap Home demonstration clubs gave a party to the graded school, the Washington Home Demonstration Club out fitted A needy children with money from their treasury and bought \$5.00 worth of staples for a very poor old man. The Adamsville Home Demonstration Club is working toward a "Community Center". They are now anticipating a Rumage Sale to make money for this purpose. They, also, helped the Aniseville A-M Club with a Bingo Party to make money for the A-M. The E. T. Valley Home Demonstration Club sent two nice boxes of food overseas, The Woodville Home Demonstration Club sent flowers and fruits to all shut-ins last Christmas. Cantleton gave a very nice community picnic this summer. Also, the Globe Mills and the Flint Hill Home Demonstration Clubs held picnics for youth in their community this summer.

E. Garden Leader Training Meeting

The vegetable garden specialist came to the county A day during last year to talk to the garden leaders of each club on correct principles of vegetable gardening. These leaders went back to their own clubs after this meeting and gave timely hints at each meeting on this subject. 12 leaders attended this meeting from the 2 organized Home demonstration clubs in the county.

F. County Fair

The County Fair has already been mentioned in this report. Little more can be said about it except that through such things as this the agricultural phase of the county grows. This type of thing spurs on heavy competition, thus producing better methods and better entries each year.

-16-

7. Radio

Every week a radio program of 15 minutes is sponsored by the agents of the county Extension Service. Through this a wide scope of people are reached, many more than could be seen individually by the agent. Specialist from V.P.I., women of the county, 4-H members, farm and home agents have appeared on this program. Most all the Home Demonstration members in the county say they listen to this program religiously.

- o A6 radio programs have been participated in by the Home Agent.

8. Newspaper Articles

Articles are sent to three newspapers each week. Two articles go to the adjoining counties, Warren and Culpeper. 1 goes to the Rappahannock County News. This is a comparatively new newspaper. Since the editor of the paper is always especially nice to put the Home Demonstration and 4-H news on the Front Page, it is felt that extension work and what it is doing is getting to the people. All this tends to strengthen the Home Demonstration program and 4-H program. A7 articles were written by the Home agent this year. Below is a typical sample of several news articles taken from the Rappahannock News paper.

sample of regular articles



By Janet Sollenberger H.A.

Schedule

Flint Hill 4-H club will meet June 19, at home of Mrs. Kathryn Riley.
Belle Meade 4-H club will meet at the school, June 19, starting at 10 a.m. and lasting until 2 p.m. All members attending, bring lunch.
Cagleton H.D. club will meet at the home of Mrs. Doris Coughlin, June 20, 2 p.m. The demonstration will be on salad making.
Woodville H.D. club will meet at home of Mrs. R. M. Johnson, June 21, 2 p.m. The demonstration will be on freezing fruits and vegetables.
Slate Mills H.D. club will meet June 21, 7:30 p.m. The demonstration will be on freezing fruits and vegetables. The place of the meeting will be announced to the members by letter.
Flint Hill H.D. club will meet at home of Mrs. E. L. Massie, June 21, 7:30 p.m. Demonstration will be on freezing fruits and vegetables, given by Mrs. Fannie Eastham and Mrs. Gallie Smith.
Washington 4-H club will meet at school, June 22, 10 a.m. and last until 2 p.m. Members attending will bring lunch.

Meetings

Some all day meetings were held last week along the 4-H line. Flint Hill 4-H club met with Mrs. Frank Cary, June 5. Nine 4-H members were present, along with the two 4-H leaders, Mrs. Frank Cary and Mrs. Barbara Gentry. The girls were shown how to make cheese souffle, plan a dinner for a week and set a table, by Mrs. Gentry. This was all done in the morning. In the afternoon the girls divided into groups, according to the projects they were taking. Mrs. Cary helped the ones taking clothing to fill out their clothing manuals. Mrs. Gentry helped the girls taking foods to fill out the foods manual, and the Home Agent talked to the Room Improvement project girls, about what they wished to do to their room this summer to improve it. The leaders are doing an excellent job in this club with their members. They plan to meet three times more with the club during the summer without the agent's presence.

Washington Jr. and Sen 4-H club had a large turn-out. 13 members were present at the meeting, June 7. This was just an afternoon meeting but a great deal was gotten across to the members. Mrs. Ada Mae Anderson, 4-H leader, helped two clothing project girls cut out two dresses. The agent talked to the girls on filling out their foods and clothing manuals. A demonstration was given on how to make macaroni and cheese and how to make a tossed salad, by the agent. The girls actually measured out the ingredients for the salad and cheese dish. By the next meeting the girls are to set the table every day, plan a meal every day for a week, make a milk dish at least six times and a salad at least ten times.

Mrs. Lucile Kilby held the Sperryville 4-H club at her home, June 8. She is doing an excellent job with the club and will meet with them every week for the next four weeks until they complete their project. At this meeting Mrs. Kilby showed the girls how to make four or five different kinds of salads. She, also, had the girls plan meals and explained what to include in a meal to make a nutritious one. The girls gained so very much from this meeting.

An all day meeting of the Forest Grove 4-H club was held at the home of Mrs. Clarence Scott. All the girls in this club are taking clothing. The two leaders and the agent helped the girls cut out their skirts and blouses. Mrs. Scott and Mrs. Doris Coughlin, the two leaders for this club, are planning to hold three more similar meetings for the club this summer. At these meetings the girls will have a chance to complete their garments.

H.D. Clubs Meet

Three home demonstration clubs met last week.
Huntly club met June 6 at the home of Mrs. Pearl Mills, with Mrs. Lewis Harrison and Mrs. Henry Mills giving a demonstration on canning fruits and vegetables.

**Timely Information From
The H.D. Agent's Office**

Rugs and carpets—which often have a habit of showing up their bare spots and frayed edges in the spring sunshine—can often be mended at home, says Mrs. Bess Morrison of the Bureau of Human Nutrition and Home Economics, U. S. Dept. of Agriculture. One of the easier rug repair jobs is rebinding the edges.

Rugs may need binding when old binding becomes worn, "serged" edges begin to fray, or when a rug is cut down to get rid of spots or to make smaller rugs, Mrs. Morrison explains. A serged edge is machine-made and resembles a buttonhole finish.

Tools needed for the binding job include strong, sharp shears, a sharp knife, or a single-edged razor blade for cutting. Big darning or embroidery needles or a large-eyed sewing needle is best for rugs. And a thimble is a "must."

Thread and binding had best be the same kind the commercial repairman uses if you want professional-looking results, the textile specialist advises. Linen carpet thread is desirable and should be a good color match. Binding, which also needs to match in color, should be twilled carpet binding about 1 1/4 inches wide. Look for carpet thread and binding at rug or upholstery shops or on notion counters of big department stores. Mail order houses usually have them too.

Frayed edges of the rug should be cut off before binding. Begin the binding job by sewing together the right sides of binding and carpet. Use a whip stitch and catch the stitches about 3/8 to 1/2 inch into the carpet. Turn over the binding and whip the edges to the under side of the rug.

Remember that carpet bindings have only a narrow edge showing on the right side but an inch or more showing on the under side.

More Trash, Less Garbage

The increasing use of the packaged and ready-prepared foods is a point to consider in planning a

new or remodeled kitchen, says Lenore Sater Thye, of the U. S. Dept. of Agriculture. Mrs. Thye notes that kitchen waste today includes more trash but often less garbage than in the past. There are more bottles, cans, wrappers and packages to throw out, but fewer trimmings, peelings, or leaves and stalks of vegetables or other waste parts of food. Thus, while the kitchen waste-basket overflows, looks unsightly, and is clumsy to carry out and empty, the garbage pail may be too large and no longer justify the space it occupies.

One convenient device for trash might be a portable, metal-lined bin with an opening on the outside of the house as well as in the kitchen, Mrs. Thye suggests. Such a bin could be carried or rolled away from the outside opening to save totting through the kitchen and the trash would be closed out of sight so the kitchen would look neater. If the kitchen adjoins the garage, the bin might be opened from the garage side for emptying.

Farm families or others with gardens may have trimmings from their home-produced food to need ample kitchen garbage pails. But they also are using more packaged food than in former days when many staples were sold in bulk. Thus, they need to plan for easier, neater and larger trash disposal containers.

Sample of timely information sent in the 3 papers each week

Amesville H. D. Club Shows Active Program

A meeting was held by the Amesville H. D. club, November 9 at the home of Mrs. Katherine Riley. Mrs. Joe Hitt, the president, called the meeting to order. Many items of business were brought up. A square dance to be sponsored by the club is in the air, and will be decided upon at the next meeting. Mrs. A. C. Latham brought vanilla and lemon extract to the meeting. This was given out to each member, to be sold by them, and make money for the club. The members filled out accomplishment sheets for the year. Some very nice pieces of clothing were brought by the ladies for children on welfare.

The president appointed the following leaders for next year: house furnishings leaders, Mrs. Will Walter, Mrs. Kathryn Riley and Mrs. Smith; foods leaders, Mrs. Sarah Latham and Mrs. Lois Walter; federation goal chairman, Mrs. A. C. Latham.

A demonstration was given by the agent on "Candlewicking" and much interest was shown.

Sample of feature articles that always go on the front page

almost
ghostly
interference
in these
conflict at
these times



for almost
entire meeting
no one would talk
very long at all

want to do so I would
want to travel to see the interest-
ing parts of the world.
I would never repudiate a debt.
I would never lie to anybody.
I'd know something about the
sky. I would know all that science
could tell about the beginning of
everything.
I would do everything to main-
tain health.
I would read good books.
I would rejoice if my children
could make music on instruments
or with their voices.
I would realize from the oppor-
tunities afforded by America and
the lives of our great Americans
that there was no place on earth

Washington Theatre

Show Starts at 7:15 P. M.

FRIDAY - SATURDAY
JUNE 16 - 17

JOHN WAYNE
-IN-

"THE FIGHTING
KENTUCKIAN"
Also SERIAL Chapter 11

TUESDAY - WEDNESDAY
JUNE 20 - 21

One Show Wednesday 8 P.M.
JOHN WAYNE
-IN-

"SANDS OF
IWO JIMA"
Also NEWS

1. Recreational Meetings

Two out of the county recreational meetings were held last year. 2 of the recreational leaders of the county attended these two meetings. Jane Farwell, well known for her recreational abilities conducted one of the meetings. Mrs. Livingston conducted the other. The leaders learned a great deal, which they brought back to their own club. It was certainly timely because both meetings came before the meeting at each Home Demonstration club on "Youth and Community Recreation."

2. U. Nations Day

One U. N. flag was made in the county by a volunteer group. One more school has asked for a flag, and, this committee will make it and present it to the school in the near future. On U. Nations Day the volunteer group that made the flag and the Home Demonstration County Committee presented the flag to the County High School. After the short presentation a very impressive U. Nations program was given by the High School.

3. Electric Range Study

1 electric range studies were conducted by the agent during the year in the Woodville area. This study was conducted for the purpose of finding out how much the electric stoves were used in this section, also, to find out what type of stoves were liked best, and, what attachments they liked best. These were sent into Blacksburg to be studied.

4. Beltsville Experiment Station

The agent attended a 1 day tour to Beltsville Experiment Station, Beltsville, Maryland in the spring. This was a most informative and worthwhile experience.

5. Fair Judging

The agent judged at the Culpeper Fair this year in September. She along with another Home Agent judged all the county 4-H entries.

6. District Extension Meetings

The agent attended 4 District Extension meetings, this year. These meetings are most educational and helpful to the agent.

8. Illustrative Material

At least 100 to 150 pieces of illustrative material was given out each month to different persons by the agent.

9. Home Visits

Approximately 200 home visits were made this year in conducting Home Demonstration and 4-H work. This is certainly a means of reaching people, and, a means to get to know people better. There were many reasons why home visits were made such as: individual aid, household problems, 4-H parent visits for the purpose of securing places to hold summer meetings, visits to 4-H parents to explain 4-H camp and to see whether their child would like to attend, visit adult 4-H leaders to explain 4-H program, visit to living room adult recuit demonstrations etc. All this tended to educate the agent to the people and the people to the agent.

10. Leadership

2 of the Home Demonstration clubs have club officers which include a president, vice president, and secretary and treasurer. The total number of club officers for the county is 27. Last year there were 8 clubs organized with 24 officers. A federation handbook was given out to each of the presidents and the order of procedure for club meetings was discussed. These officers arranged the monthly meetings and programs, conducted the monthly meetings and in general gave inspiration and leadership to the club as a whole.

There were seven subject matter leaders which included a youth and community recreation chairman, 2 house furnishings leaders, 1 garden leader, 2 foods leaders, 1 program development leader and 1 or 2 4-H leaders. 1 of the House Furnishings leaders gave a demonstration to their clubs on "What to Know in Buying Fabrics and" 1 of the leaders gave a demonstration on "Window Treatment". The foods leaders gave excellent demonstration on "Meat Cuts and Cookery and Freezing and Canning" without the agent's presence. Most all the Youth and Community Recreational Leaders carried on 2 recreation meetings during the year.

XII. A-H Club

A. Project Work

1. Meal Planning Preparation and Serving .. This was one of the most popular taken by the A-H members this year. It is believed that increased attendance at summer meetings was due to the fact the girls enjoyed this project. 63 were enrolled in the project and there were 43 completions. The A-H leaders did a wonderful job in getting this project across to the girls. The 43 completing this project reported planning the family dinner 807 times, preparing and serving a club meal 46 times, setting the table 3166, making cakes 238, making cookies 230 times, preparing a milk dish 204 times, making salads 295 times, serving club refreshments 41 times and judging food at club meetings 39 times. All the above processes were demonstrated to the members first by the leaders. They kept daily records on what they did on all projects.

2. So You'd Like to Sew .. This was a most popular winter project. 31 enrolled in this project and 31 completed which was the best record of completion of any project during the year. 31 girls made needle cases in this project, 32 aprons were completed, 31 stuffed toys were made, 2 guest towels, and 55 kitchen towels were finished, 10 broom stick skirts were made, and, 13 pot holders were completed by the group. This is a simple project, and, one that all 10 year olds and new comers in A-H club work are encourage to take as their project.

3. Housekeeping... This project is always popular and is one that is usually carried by some club. There were 48 enrolled in the project and 36 completions. The leaders certainly helped out a great deal in this project. There were 5 project leaders for this project. This project certainly does a great deal to encourage a girl to keep her room clean and neat at all times. 36 girls reported carrying for their rooms for 3 months, 15 girls reported carrying for their room 12 months. The requirement to complete the project was 3 months. The following number of girls completed the following housekeeping jobs at least 2 months; 4 mended linens, 32 washed dishes 13 cleaned lamps, 36 set the table, 17 cared for the garbage and 33 brought in fuel 36 of the girls made a dustless dust cloth, covered a broom and made a set of table

note.

4. Looking Your Best ... This project is always of great interest to the older girls. Her problem is to look her best at all times. In this project the girls learn how to care for their feet, assemble a shoe shining kit, press woolens, laundry sweaters, put in a hen, shampoo and care for their hair and store clothes seasonally. 31 enrolled in this project, 20 completed. There were 2 project leaders for this project this year.

5. Make or Repair Clothing Unit II .. The older high school group chose this project last winter. They are at the stage to be conscious of their clothes; many of them have very little money to spend on clothes, so, this project interested them a great deal. To complete the project a girl must secure a pattern, cut out by a pattern, and make a garment, either a skirt or blouse, jumper and blouse, or, a dress. 42 enrolled in the project, 34 completed. 55 garments were made by the girls amount to \$112.97. The average cost per garment was \$2.05.

6. Personal Laundry.... Only 5 girls took this project during the year. They seem to enjoy it very much. 4 completed the project. All 4 washed all their personal things during the year, all 4 learned to iron, and, all 4 washed at least one sweater. They brought to the club contest in the spring samples of their work, including a well pressed slip, a nicely laundered sweater, etc.

7. Home Improvement ... The Home Improvement project was participated in by only a few girls, but, had a very good end results. Of the girls taking this project placed 3rd in the State Area contest. She practically completed her bed room this summer. She sanded floors, made curtains, bedspreads, dust clothes and refinished a couple of pieces of furniture for her room.

8. Food Preservation ... This project with a very backward 4-H club, last summer meetings met with very poor results. The girls in this club live so far apart, that it is very difficult for them to be reached in the summer. However this project is a fine one, and, one that most of the active clubs like to take in the summer time.

B. Other Activities

1. Contests.... Clubs, county and area contests were participated in by the members of the Rappahannock girls 4-H club. Along about May of last year club contests were held for the purpose of the best in each club for winter project work. Blue, red and yellow ribbons were awarded to the winners. At the completion of the summer along the last of July, another club contest was held and the blue ribbon winners in each club participated in the county contest. One winner in each summer project was picked... these winners entered the area contest, where they compete against other girls from other counties. Three girls went from this county; one entered the Food Preparation contest and came in second, one entered the clothing construction contest and she came in third, and, one entered the Room Improvement contest and she came in third.

2. Camp—This was probably the most outstanding activity during the year. More attended 4-H camp this year than has ever before. Heretofore 10 to 12 was the highest attendance ever secured. Last year 24 attended camp and this year the fine record of 18 attended 4-H camp besides 2 leaders and 2 agents. This shows there is more interest in 4-H club, and, that there will even be more in the future, because, camp usually spurs the members on to do better work for the coming year.

3. County Fair This has been mentioned several times in this report, but, one more thing should be mentioned about it. The girls 4-H exhibits were superb this year. This was mainly due to the grand 4-H leadership this year. A "Fair" is a wonderful thing, because, of the competition it brings forth. When a child wins a prize one year he or she wants to do better next year, so as, to win more prizes. It must not be left out here about the excellent help the 4-H members were at the Fair. Without the 4-H members the fair would not have been a success.

4. Money Making... Most of the 4-H clubs did something this year to make money to send 3 delegates to 4-H camp and pay part of their expenses. The Huntly 4-H sold candy all year, making \$20.00 which sent 4 members to camp and paid all expenses. The Flint Hill 4-H club sold bakery pies, making a profit of \$25.00.

They were able to send 5 members to camp and pay \$5.00 of their way. The Washington and Sperryville 4-H clubs sponsored a square dance each, and, made around \$60.00 a piece. The Aisleville 4-H held a community bingo party and made \$54.00. Forest Grove 4-H club sold vanilla extract to make money. Through working together like this for a common cause, the clubs are knit together, tighter and tend to do better work.

5. Parties and Picnics Most of the clubs have some type of outing during the year. Then, of course, the Home Demonstration clubs in each section had a picnic or party during the year for the 4-H club members in their section of the county. This, of course, at each meeting there is some amusement, through the games played and music. Last winter the Aisleville 4-H Club went on a "Movie Party". The Sperryville 4-H Club had a square dance. All the clubs in the summer either went swimming or on picnics. "All work and no play makes Jack a dull boy." This certainly holds true in 4-H Club.... If you don't provide some amusement for the members they become disinterested and eventually drop out.

6. Leadership This subject may not come in at just this place, but, anyway something should be said about it. All of the 2 4-H clubs had a president, vice president, secretary and treasurer, song leader, game leader and reporter this year. Each club has been very fortunate in their choice of leaders; all chose ones that were capable and dependable. All the necessary material was given out to each officer, and the officers were given something to do. Disinterest in officers usually come when they are given nothing to do.

7. Window Display All the clubs in the county participated in decorating windows with 4-H products during National 4-H Club week. These windows were decorated in Sperryville and Washington. The display was kept in the window during the entire National 4-H week. It was felt by doing this, the general public would get a better idea of what the 4-H members are doing in the county.

8. 4-H Short Course 4 girls and 2 boys attended the State Short Course this year. This is the largest number that has attended from the county for some time.

1. woman leader went along to the short course and, of course the 2. agents making a total of 2. persons from the county. This type of state meeting is an excellent one for A-H members to attend. They receive a better idea of what A-H club is, and, how important it is to keep good records, if they ever expect to get any place along the state level. Seeing the all Stars being taken in was very impressive and made them want to come back and do better work so that some day they may become an All Star.

IV. Older Youth... There are no specific older youth clubs in the county, but, there are younger women in the Home Demonstration Clubs between the ages of 21 and 30 years old. There are 52 women of this age in the Home Demonstration Clubs in the county.

° V. Scope of Work

	1948	1949	1950
Number Home Demonstration Clubs or Groups	11	12	13
Membership	198	248	262
No. A-H Clubs	8	9	9
No. Older Youth Groups	130	133	130
Membership	-	-	-
Members of other families reached	150	175	383
Total No. of families reached	525	725	775

VI. Organisations that functioned in the 1950 Program

1. County Demonstration Committee..... The County Home Demonstration Committee held its two annual meetings this year, one in the spring and one in the fall. The spring meeting is held for the main purpose of seeing how far the clubs have gone in carrying out the program set up for the year. This year there were brief progress reports from each club president. Each president reported on what had been done by their club toward the goal set up for the year, and, what yet, they planned to do to carry them out. The "County Fair" was discussed by the agent. She explained that in the very near future a county wide Fair meeting would be called. The main emphasis of this meeting was to put on the subject of what the program development leaders of each Home Demonstration Club would do in the next two or three months. Now, this leads up to the Fall Home Demonstration Planning meeting. The program development leaders of each club gathered all the ideas

of what their club wanted for next years program, and, in September of every year the Home Demonstration program for the following year is made out. This method is especially nice, because, then the clubs know what they will have along the demonstration for the following year, in September. Also, the agent knows, and, can plan her work ahead of time. So ... saving up this at the fall meeting a complete schedule of a month by month program is made up for the following year.

2. County 4-H Club Council ... One meeting of the County Council was held this year. This was for the main purpose of electing new officers, and giving help on leadership for each new officer in the council, and, also, each officer in the individual club. At regular club meetings there is so little time for this, so, at least once a year it is good to have a council meeting, and let the officers know their duties. Also, the goals for 1950 were set up by the club officers present. These were so very good that, I will include them here:

1. Have four members from each club go to camp this summer. Also the president and secretary of the council. The council pay the way of the president and secretary.
2. Have another county fair this fall.
3. Have one council meeting this year.
4. If a member has not started his or her project within (30) days of the time commencing this project, the member will be dropped from the club.
5. Any boy or girl who has been a club member and did not carry a project within the school year, following his or her joining may not rejoin the 4-H club until he or she has a project under way.
6. Club contest for the purpose of getting the best organized club in the county. The best will be determined by:
 1. Largest number of completion of projects
 2. Largest number of attendance of club meetings
 3. Have greatest number of officers attend 4-H council meetings.

3. Institute of Rural Affairs... A Home Demonstration women from the county attended the Institute of Rural Affairs at Blacksburg, Virginia the first week of August. Women attending the Institute came back with so much more enthusiasm for Home Demonstration work. 1950 farm women and men attend this Institute each year. The programs are so very informative and inspiring.

4. District Meeting ... A district meeting were attended by the agent this year. All these meetings are most instructive, and, are so planned to help solve many of the agent's problems.

5. V. E. W. and American Legion ... The agent is a member of these two organiza-

tions and participate in their meetings. A demonstration on "Stenciling Trays" and "Stenciling Cloth," at one of the regular meetings.

5. Methodist Missionary Society ... The agent is a member of this Society, and, regularly attends all the meetings. She took part in a play given by the society and has taken many parts on the program.

VII. Activities of the Volunteer Leaders... Leaders in both A-H and Home Demonstration work have done a fine job this year. More has been done by leaders this year than has been done for many years. 12 of the 14 leaders reported in the county were most active this year. Wonderful attendance was had at all adult leader training meetings, and, it would be safe to say that over 3/4 of all the leaders who were supposed to attend the leader meetings did so. They all came back to their own clubs and gave an excellent demonstration.

<u>Growth of Home Demonstration Club Project Leadership</u>	1948	1949	1950
No. project leaders and goal chairman	40	42	54
No. Training meetings held by Specialist by Agent	3 8	5 11	5 12
No. Club meetings held by leaders without agent	10	19	32
Attendance at all training meetings	130	180	229
No. Club meetings at which leaders assisted	21	12	43
<u>Growth of A-H Club Project Leadership</u>			
No. adult project leaders	5	9	14
No. junior project leaders	0	0	9
No. training meetings held by Specialist Agent	0 7	0 18	3 14
Attendance at leader training meetings	8	25	71
No. A-H leaders trained individually	5	9	7
No. Club meetings held by leaders without agent present	0	0	23

Ho. club meetings at which leaders assisted	15	45	90
Ho. demonstrations given			
By Leaders	20	40	50
By adult	-	15	40
By Junior	0	0	10

VIII. Significance of the Year's Work

The significance of the year work is more or less down in black and white on the preceding pages. The programs of both the Home Demonstration Club and the 4-H club was so set up to best meet the needs of the women and children in the county. The programs were well thought through by officers and leaders and members of both clubs before a final decision was made. These programs it is believed to have brought about better homemaking, better rural living and believed to have improved people both adult and junior. Not only were the members of the Home Demonstration Clubs helped a great deal with the Living Room Improvement Program carried on during the year, but they were helped with food problems and other household problems. The improvement of 11 living rooms in the county, and, other small improvement in the living room appears to have been of great significance, and, brought about better living. Leaders aided a great deal in bringing about the ~~success~~ in the living room program. They helped others, and were thus able to make the program a far reaching one.

The 4-H girls chose projects both winter and summer that gave them help on Sewing, Cooking, Preserving, Housekeeping, Laundry, good grooming and Home Improvement. This is believed to have been very beneficial... teaching of this kind helps build better women for the future.