

ADDITIONAL AREAS OF WORK:

1. Adult Achievement Program

To seek ways of improving the adult achievement program in 1964.

2. County Advisory Board

To seek ways to improve the membership and the programs of the board.

3. Public Communication

To reach all persons who can benefit by services from Extension service through more news articles and circular letters.

4. Home Demonstration Clubs

To organize a committee to seek ways to improve the Home Demonstration Meetings.

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ORGANIZATION OBJECTIVES	SOURCE OF ASSISTANCE	METHOD	WHEN	BY WHOM
To develop community spirit and keep the improvement project moving along.	Active H. D. members Community Leaders Agent	Hold Meeting regularly	Nov.	Leaders Agent

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EVALUATION:

1. Observe the achievement with the community.
2. Keep a progress report on the community.
3. Check achievement with the goals the community has set.

A MAJOR EMPHASIS ORGANIZATIONAL PLAN

PROJECT AREA: Community & Public Affair

PHASE: Antioch Community Improvement Project, Year 1964

The Situation:

There are communities within Henrico County that are in need of improvement. Antioch Community was selected to carry the community improvement project.

The Specific Problem:

The people in Antioch Community need to do more effective work on their community project.

The Program Objective

To encourage all of the people in Antioch to cooperate with community project.

ORGANIZATIONAL OBJECTIVES	SOURCE OF ASSISTANCE	METHOD	WHEN	BY WHOM
To develop the desire to want to improve the community in which one live.	Slides from other countries Extension Sociologist	Talks Slides Conferences	June July	Agent Leader
To encourage certain persons within Antioch Community to began an improvement project.	Key leaders	Circular letters Talks Individual contact Posters	Sept. Oct.	Leader Agent
To plan a joint meeting for all persons in the community.	Extension Bulletins Key leaders District Agent	Pre-planning with District Agent and leaders	Oct. Nov.	Agent District Agent Leaders

ADDITIONAL AREAS OF WORK:

1. Short Course

To encourage ,pre 4-H'ers and leaders to attend from the county.

2. County 4-H Adult Leaders Association

To encourage more leaders to become active in the association.

3. Wildlife Conference

To encourage more 4-H boys and girls to attend the conference at Va. State College.

4. County Achievement Day Program

To encourage all clubs in the county to take part in the program on Achievement Day.

5. County Council

To organize an effectiv county council in Henrico County.

6. County and District Home Economics Contest

To encourage the eligible 4-H'ers to participate in the County and District Home Economics Contest.

ORGANIZATIONAL OBJECTIVES	SOURCE OF ASSISTANCE	METHOD	WHEN	BY WHOM
To help ladies, junior & adult, to organize within their community	Leaders Protential junior leaders Extension Bulletins 270 4-H year book	Discussion Groups Talks	May June	Leaders Agent

EVALUATION:

1. Observe attendance at 4-H meeting.
2. Observe the amount of interest displayed at meeting.
3. Check the number of new members and new clubs.

A MAJOR EMPHASIS - ORGANIZATIONAL PLAN

PROJECT AREA: 4-H and Other Extension Youth Program

PHASE: Community 4-H Clubs, Year 1964

The Situation:

Many youth who would become 4-H do not enroll because their schedule at school does not allow time for 4-H club work. If there were 4-H clubs in all of the community, many of these youth would become members.

Specific Problem:

Many youth in the county who would be good 4-H members are not engaged in 4-H work.

The Program Objective:

To create a 4-H club in each community in the county.

ORGANIZATIONAL OBJECTIVES	SOURCE OF ASSISTANCE	METHOD	WHEN	BY WHOM
To inform the leaders of the communities of the need for organizing a club in the community	Leader Association Members Advisory Board Members	Circular letters Home Visits	March & April	Agent  Leaders
To find out the interest of 4-H'ers in the community	Key Leaders of the community Parents Youth	Discussion Survey Sheets Home visits	April  May	Leaders  Agent

<u>ORGANIZATIONAL OBJECTIVE</u>	<u>SOURCE OF ASSISTANCE</u>	<u>METHOD</u>	<u>WHEN</u>	<u>BY WHOM</u>
To continue with a follow-up of workshop.	Key leaders & Junior 4-H'ers	Continue project in regular 4-H meetings	Sept.	Agent Leaders
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EVALUATION:

1. Check number of leaders helping with workshops.
2. Check percentage of 4-H'ers within the county who attends the workshops.
3. Use questionnaire to determine if workshop has been worthwhile.

A MAJOR EMPHASIS - ORGANIZATIONAL PLAN

PROJECT AREA: 4-H and other Extension Youth Program

PHASE: 4-H Summer Workshop, Year 1964

The Situation:

The 4-H'ers in the county are doing rather well in their 4-H project work. However, they need more detail information in their project work.

The Specific Problem:

The 4-H'ers enrolled in the foods and clothing projects needs detail information.

The Program Objective:

To hold Summer Workshops in foods and clothing for interested 4-H'ers.

ORGANIZATIONAL OBJECTIVE	SOURCE OF ASSISTANCE	METHOD	WHEN	BY WHOM
To stimulate interest in 4-H'ers who should attend workshops.	Leaders Association members Key Leaders	Survey to determine interest Talks in 4-H Meetings	March April	Leaders & Agent
To provide leaders prior to workshop with information about the purpose, function of the Summer Workshops.	District Agent 4-H Handbook Extension Bulletins	Hold County-wide Meeting for leaders Personal contact Circular letters	April May	Agent District Agent
To preplan with leaders the entire workshops	Extension Bulletins on clothing & Sewing	Demonstrations Discussions Talks	May July Aug.	

ADDITIONAL AREAS OF WORK:

House Furnishings:

To develop the ability to select lamps for good lighting in the home.

Family Economics

To develop an understanding tax deductions, advantage and disadvantages of cash and installment buying.

4-H Clothing Project

To give assistance in clothing to all 4-H'ers carrying the clothing project.

TEACHING OBJECTIVES	SOURCE OF SUBJECT MATTER	METHOD	WHEN	BY WHOM
To develop a knowledge of how to plan well-balance appealing meals.	Extension Bulletins MF 395 USDA Bulletin 424 Cook Books Magazines Charts	Discussions Demonstrations Practical Application	May	Agent Leader

EVALUATION:

1. Record weight at start of weight control classes and at end of classes.
2. Observe changes in menu planning.
3. Listen to reports of progress from members.

A MAJOR EMPHASIS - EDUCATIONAL PLAN

PROJECT AREA: EXTENSION HOME ECONOMICS

PHASE: Foods & Nutrition, Year 1964

The Situation:

Many of the women are obese and of the senior citizen group. Therefore, they need to be concerned about choosing foods that will provide wholesome meals and still are not heavy in calories.

The Specific Problem:

Many of the women are too fat, and they do not know what foods are best suited for the older age group.

The Program Objective:

To help the obese women lose weight properly and help them to plan wholesome meals for older members and others in the family.

TEACHING OBJECTIVES	SOURCE OF SUBJECT MATTER	METHOD	WHEN	BY WHOM
To develop an understanding of how excess weight affects ones health.	Health Dept. Book on weight & good health	Talks Discussions	April	Nurse Agent
To help the members learn to control weight through exercise and diet.	Extension Bulletin MF - 395 USDA Bulletin 424	Discussions Demonstrations Displays Practical Application	May	Agent Leaders
To develop an understanding of the food needs of everyone, especially the old age group.	Leaflet 127 Home & Garden Bulletin No. 17  Home & Garden Bulletin No. 5	Demonstrations Exhibits Discussions Talks	Oct.	Agent Leader

EVALUATION:

Observe buttonholes on constructed garments.

Observe accessories used with different outfits the members wear.

Judge with women each step they perform in making handbags, gloves and buttonholes.

A MAJOR EMPHASIS - EDUCATIONAL PLAN

PROJECT AREA: EXTENSION HOME ECONOMICS

PHASE: Clothing, Year - 1964

The Situation:

Many of the women in Henrico County still make many articles of clothing for themselves and others. Many need to know how to select and make accessories to compliment these garments and how to improve on the making of buttonholes.

The Specific Problem:

These Home Demonstration members wants and needs information on the selection and making of accessories and the making of buttonholes.

The Program Objective:

To help the Home Demonstration members achieve knowledge and skill in the making of buttonholes, handbags and gloves; and to help them to select those accessories with are becoming to the outfit and the individual.

TEACHING OBJECTIVES	SOURCE OF SUBJECT MATTER	METHODS	WHEN	BY WHOM
To develop a better understanding and appreciation of correct selections of clothing accessories	Fashion magazines Film strips Charts	Discussion Displays	Jan. & Sept.	Agent & Leaders
To provide the members with knowledge and skill in the making of buttonholes, handbags and tailored gloves.	Extension Bulletins Circular 923 Charts Commerical patterns	Leader training method demonstration actual practice by homemakers.  Workshops	Jan. Feb. Sept.	Agent & Leaders

HENRICO COUNTY

PLAN OF WORK

1964

NAME Claudia H. Payne  
Local Home Agent