

ANNUAL NARRATIVE REPORT

COUNTY
EXTENSION
WORK

Virginia Agricultural Extension Service

KATE ESTES HOGE

Name

HOME DEMONSTRATION

Agent

Title

DIXIE A. FRAME

Assistant Agent

EVANGELINE C. SWAIN

Assistant Agent

Assistant Agent



1958

MONTGOMERY

County

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I. Highlights of the 1958 Program

The Extension Agents believe that the Home Demonstration, 4-H and Community Improvements Clubs have contributed much toward better rural living. Many of the families realize the part a well balanced diet plays toward successful family living. They are interested in knowing how to do the job of homemaking more efficiently.

The home agent has been pleased with the progress made by the club members in the various phases of homemaking and especially the changes that have taken place in the people themselves over the years.

The Community Improvement Clubs have done a great deal toward bringing the people of the community together. Some people have taken part in community activities that have never participated in any type of community affairs before. Hidden talents and abilities have been brought to light and used for the good of all.

A number of the 4-H beginners in the 4-H clothing construction project have made much improvement. These girls have shown much interest in constructing simple articles and garments. Some of the older girls are making practically all of their own clothing as well as clothing for other members of the family, and outsiders. The agents believe that 4-H has contributed largely to this.

The girls in the 4-H food projects have contributed much to family living by their food preparation and food preservation projects. In some cases the 4-H'er has taken over much or all of the preparation of family meals.

A number of families have been able to stretch their family living dollar by being able to know what to look for in making economical, as well as, nutritional food purchases; knowing what to look for in buying clothing for the family.

The home demonstration clubs have carried community projects. They have worked with needy families in the community and with local schools in getting needed equipment and supplies. They have improved local churches and community buildings by painting, landscaping, etc.

The agents believe the program has been strengthened over the past year, but there is still much room for improvement. The agents need to work more and more closely together, to give more time to training and developing more and better leaders in both the Youth and Adult Program.

II. County Situation

In developing the 1958 program, the club members discussed their needs, the community and its needs, and the county needs.

In 1950, the population of the county was 29,780. During the 10 year period 1930-1940, the population increased 8.2%. From 1940-1950, the population increased 40.4%. The number of farms are on the decrease. In 1945 there were 1,660 farms with an average size of 96.2 acres. In 1950 there were 1,596 farms with an average size of 94 acres. In 1954 the total number of farms was 1,447, with the average size being 98.7. The average value of land and buildings is \$9,006,000.

The percent of residence in the county shows that 21.2% are urban, 57.2% rural non-farm and 21.6% are rural farm families. The median age is 24.2 years. The median income being \$136.00 with 63% having an income of less than \$2,000.

Agriculture in recent years has become of less importance in the County's economy. In 1950, the value of farm products sold amounted to about two million five hundred thousand dollars- livestock being about 93% of these products. Dairy has been the most rapidly developing farm enterprise and its total farm sales increased from 31% in 1944 to 42% in 1949. Meat animal production mostly cattle, was the principal source of cost farm income 1949, a little more than 45% of the total.

About 32% or 48,000 acres of all land in farms is woodland. Thirteen and nine-tenths percent of this is pasture. Seventeen thousand eight hundred and five acres is in the Jefferson National Forest. There are also a number of commercial forests making the total woodland about one hundred and fifty thousand acres. This is about 60% of the entire area of the county.

A livestock market is located at Christiansburg. Livestock is brought to this market from ten surrounding counties. The average weekly sale being about \$50,000, approximately 1,400 head of livestock being sold. Many of these people spend a part of this money in Montgomery County

The regional office of one of the large milk companies in the county is located at Christiansburg. They handle 60 million pounds of milk annually, paying its patrons 2 million annually, about one-half of which is paid to Montgomery county farmers. Much of this money is spent in the county.

The City of Radford and the incorporated towns of Blacksburg, Cambria and Christiansburg, with a total population of more than 16,000 people provide markets for farm products.

The kind of program as well as the time of meeting has been effected by the fact that a number of homemakers are working outside of the home. They are employed at the Radford Arsenal Plant, the Blue Ridge Overall Factory, and a small number at the Green Hill Meat Packing Plant, Kenrose Manufacturing Company, and the Rose's 5 and 10¢ Store. More and more the club members are changing their meetings from afternoon to evenings. This also gives the young homemaker who does not have and cannot afford a "baby sitter", an opportunity to attend the meetings.

In developing the County Extension Service Program, the following are fields in Agriculture and Home Economics that the people felt needed more consideration: efficient production, record keeping, more grading of products, better markets, money management, food and nutrition, farm and home development, youth leadership and supervised recreation, health, roads, housing, and clothing. Farm buildings and mechanical equipment were listed as needing more consideration later.

The fields in which the Home Economics Council felt that work still needed to be done in were:

Home Economics

Clothing
Money Money Management
Food and Nutrition

General Interest

Housing
Water systems

Youth

Supervised Recreation

III. County Extension Program-Adult

A. Organization

1. County Agricultural Extension Service Board

The County Agricultural Extension Service Board is composed of representatives from the following groups: Chairman of the Home Demonstration Committee, Chairman of the County Home Economics Extension Council, Chairman of the Community Improvement Council, Chairman of the County Youth Council, President of the County L-H Council, President of the L-H All Star Chapter, Master of the Pamona Grange, President of the County Farm Bureau, Chairman of the Commodity Groups, which are: tobacco farmers, forestry committee, Producers Marketing Association, Wool Pool Committee, Feeder Calf Sale Committee, Purebred Beef Cattle Association, Dairy Herd Improvement Association, Artificial Breeding Association, The Pulaski-Montgomery Grade "A" Milk Producers Association, Grade "C" Milk Producers Association, Soil Conservation Service, Farmers Home Administration, Health Department, Health Committee and Farm and Home Development Committee.

This board is composed of 36 committees and 46 different members. The members of this Over-All Board worked with their respective committees in setting up goals for their 1958 program of work.

2. Home Economics Council

The Home Economics Council is composed of the chairmen of the two Home Economics Committees (money management and food and nutrition) and the County Home Demonstration Club Committee. This council worked together in correlating the work of the three groups which proved helpful in carrying out the 1958 goals.

3. General Interest Committee

This committee functioned through the Community Clubs and stressed Health, Safety, Civil Defense and Lighting.

4. Home Economics Committees

This committee is made up of certain key persons of the county, non-club members, as well as, some home demonstrations club members.

The committee worked on food and nutrition and money management. The County Home Demonstration Club Committee was kept informed on progress of work being done.

5. County Home Demonstration Club Committee

This group is composed of the president of each of the home demonstration clubs and county officers. They met twice during the year - once in the summer to plan the program and train officers, and again to make plans for carrying out the 1959 program.

B. Project Work

1. Subject Matter Field

A. Home Management

- a. Your money - where it comes from and where it goes.
- b. How much are you paying for credit.
- c. Doing business at the bank.
- d. Your food \$ - (more nutrition for your food \$).
- e. Your clothing \$.
- f. Making a family spending and savings plan.

Objectives

1. To determine the sources of one's income and for what it is being spent.
2. To find out what the various types of credit cost.
3. To teach doing business at the bank.
4. To teach how to get the most from the standpoint of nutrition for the food \$.
5. To teach what to look for in spending the clothing \$.
6. To teach club members how to make a spending plan.
7. To have at least 75% of the club members put one or more ideas gained from the above demonstrations into practice.

Methods Used

In carrying out the above program three leader training meetings were held, at which time the leaders were trained by a local banker, the State Clothing Specialist, and the county home demonstration agent.

At the first meeting, 30 leaders, representing 15 of the 19 clubs were trained in "What are we paying for credit" and "Doing business at the bank" by the home agent and Mr. Billig, a local banker. Four leaders were trained individually by the home agent.

The second meeting on "More nutrition for your food" was attended by 27 leaders representing 16 clubs. The home agent trained these leaders. Three leaders were trained at a later date individually by the home agent.

The third meeting on "Your clothing" was attended by 35 leaders, representing 16 clubs. The training was done by the State Clothing Specialist. Three leaders were trained individually by the home agent.

During the year two demonstrations on money management "Your money—where it comes from and where it goes", and "Making a family savings and spending plan" were given by the home agent and the assistant home agent to the 19 home demonstration clubs in the county.

As a result of the three leader training meetings, the leaders gave a total of 57 demonstrations, at which time each club member was given a copy of material, including bulletins and other printed matter pertaining to the demonstration. Thirty-eight demonstrations on money management were given by the home agents. Ninety three per cent reporting, report that they know where their income comes from and where it goes. Forty-one per cent report they have a spending and savings plan. Thirty-six per cent report they are planning to make a family spending and savings plan. Eighty-three per cent report they have put information gained from these demonstrations into use.

B. Home Management

1. Study of laundry supplies
2. Study of modern fabrics and how to care for them.

Objectives

1. To teach the use of the various laundry supplies on the market
2. To teach the kind of fabrics found on the market and how to care for them.
3. To have at least 75% of the club members put into practice one or more of the suggestions or ideas gained at the club meeting.

Methods Used

Two leader training meetings were held at which time 35 leaders representing 16 clubs were trained by the State Clothing Specialist on "A study of modern fabrics and how to care for them". Three leaders were trained individually by the home agent.

Twenty-eight leaders representing 12 clubs were trained by the home agent on "A study of laundry supplies". Six leaders were trained individually.

As a result of this training meeting 37 demonstrations were given by the leaders to their respective clubs and one was given by the home agent.

Printed material and information on the above subjects were given each club member.

Eighty-seven per cent reported they had gained helpful information on the above subjects. Seventy-five per cent reported they had been able to put the information into use.

C. Clothing

1. Making a simple dress (special interest)
2. How do you look at home.

Objectives

1. To teach the use of a pattern, alterations, etc.
2. To teach line and design suitable for the various type figures.
3. To teach the selection of materials.
4. To teach the construction of a simple dress.
5. To have each member taking the course to construct a simple dress.
6. To teach the club member how to be neat in their personal appearance around the home.

Methods Used

A four-day school on "Construction of the simple dress" was held by the home agents and one local leader in the community, who in previous years had had special instructions and help in clothing construction from the home agents. This leader proved most helpful in carrying through with this class.

Twenty homemakers signed up for the class. Sixteen garments were completed. The four not making garments were especially interested in special phases of clothing construction such as; pattern adjustment, laying patterns, putting in zippers, etc. The needs of these women were also met. A display of clothing made was featured in one of the local store windows. A leader training meeting was held on "How do you look at home". Twenty-eight leaders representing 12 clubs were trained by the State Clothing Specialist. Six leaders were trained individually by the home agent. 8/24

As a result of this training meeting 18 demonstrations were given by the leaders. The home agent gave one.

D. Food and Nutrition

1. Better use of farm products in the diet.

Objectives

1. To teach ways in which home produced foods can be used in the family diet for better nutrition.
2. To have at least 60% of the club members put some idea or suggestions into practice.

Methods Used

A leader training meeting was held by the home agent on "Use of farm products in the diet", at which time 27 leaders representing 16 clubs were trained. Three leaders were trained individually by the agent.

Seventy-eight per cent of those reporting, reported that they gained helpful information. Sixty-four per cent report they have used the information in family meal preparation.

Recipes and other materials pertaining to the demonstration were given each club member.

E. Garden

1. The home garden.

Objectives

1. To encourage better home gardens.
2. To keep the club members informed by timely suggestions each month on gardening.

Methods Used

Sixteen home demonstration clubs in the county have a garden leader, who were furnished a garden manual from the Extension Division. These leaders were also sent monthly garden letters. They gave a total of 190 talks on gardeners by giving timely garden tips, varieties of vegetables to plant, etc.

F. Poultry

1. The home poultry flock.

Objectives

1. To keep the club members informed by timely suggestions each month on the home poultry flock.

Methods Used

Ten home demonstration clubs had a poultry leader who was furnished a poultry manual along with timely poultry letters from the Extension Service. These leaders gave a total of 120 talks on poultry and its care. The leaders state the information has been most helpful.

G. Home Economics County Committee

1. Home Management
 - a. Money Management

Objectives

1. To continue the campaign on "Better food for your money".
2. To make people more conscious of the importance of managing the family income.

Methods Used

Material and information was given each club member on the food & as well as other phases of money management.

Two articles were in the local newspaper.

A window display was set up in one of the local stores with pamphlets and booklets available for those wishing help. This created quite a few favorable comments.

An illustrated talk was also given on the subject of money management to the Agricultural Service Board.

2. Food and Nutrition

- a. Better nutrition for teen-agers.
- b. More milk in the family diet.

Objectives

- a. To put on a special program for teenage education in nutrition.
- b. Make homemakers more conscious of the importance of milk in the diet.

Methods Used

The results of the survey on "What high school boys and girls eat for breakfast" were given each home economics teacher in the 4 high schools in the county.

These teachers promised their help and cooperation in carrying through on this program. Special programs were put on by the home economics girls emphasizing the importance of starting the day with a good breakfast. Material on a "Better breakfast for teen-agers" was given each home economics teacher. One high school teacher had a girl write an article for the school paper on "Why eat a good breakfast".

The Food and Nutrition Committee met with the County Dairy Committee and set up plans to put on a special drive for more milk consumption during the month of June. Radio, newspaper and TV programs were put on. A quick milk check was used in all the home demonstration clubs and PTA groups in the county. Sixty-three per cent of the home demonstration club members report they increased the amount of milk being used by their families.

H. Federation Program of Work

1. Family Life

Objectives

1. To help the club member understand the part she plays in obtaining satisfactory family living.
2. To understand small children and the part they play in the family group.
3. To understand the teen-agers and the part they play in the family group.
4. To help the family understand its responsibility to the community, the State and Nation.

Methods Used

The County Federation Program of Work Chairmen and her committee held a leader training meeting for the Club Federation Program of Work Chairmen, at which time the leaders were trained on the following monthly topics:

- December - Desirable characteristics of a well adjusted family.
- January - Mental Health
- February - Improving radio and TV programs. Supporting educational programs.
- March - Suggested reading material for the family.
- April - Desirable and undesirable behavior of teenagers.
- May - Erect behavior has on physical and mental well being.
- June - Family Council (family altar)
- July - Family responsibility to the community, State and Nation.
- August - Club chores - family phone suggested.
- September - Ideas for family entertainment.
- October - Better our knowledge of the United Nations, its functions and international understanding.
- November - Summarize year's work.

Each chairman was given a packet of material on the above subjects with suggestions where additional material and information could be obtained. The county program of work chairmen and two committee members attended the Family Life Work Shop.

A display of Family Life material was set up at the Achievement Day meeting. Many favorable comments were given by visitors and club members.

Sixty-three per cent of the club members report having received help from the above Family Life program in helping them to improve their own family life.

C. Home Demonstration Community Projects and Community Improvement Work done in the County

1. Home Demonstration Community Projects

The home demonstration clubs of the county sponsored one or more community projects during the year.

During the past few years, several members of the Garbria Community have died as a result of cancer. The Garbria home demonstration members became very much interested in helping with an indigent patient in the community. This year they took local cancer work as their main objective. The club took an active part in the county cancer work.

The club ^{was} represented by two members at the Cancer Society meeting in Richmond and attended the county officers training meeting in Christiansburg.

They were represented at the Montgomery County kick-off dinner and seven members helped with the cancer drive.

Literature on cancer was distributed to all Cambria and Blacksburg road families. The club sponsored a cancer film at the local school with a doctor and nurse to answer questions.

The club members taught 3 other groups in the county to make and sterilize surgical dressings. The following articles were secured for cancer patients from the loan chest in V.F.W. homes:

2 walkers	1 rubber ring
2 hospital beds	1 bed pan
1 hot-water bottle and syringe combination	
600 tri-pads	1 mattress
1 mattress cover	

The following articles were donated by the club:

6 pillow cases	1 bed pan
5 boxes tissues	1 bed jacket
3 bottles alcohol	2 gowns
3 boxes cotton	10 wash cloths
9 Johnny coats	3 pair footies
draw sheets	2 bed pan covers
Christmas cheer box	

The club members cooperated with the local Cancer Society in setting up and keeping open the cancer booth at the county fair. A total of 2,489 surgical dressings have been made.

The Cambria home demonstration club has been given special recognition for its outstanding work through the local newspaper and at a Cancer Society meeting in Radford, Va.

A memorial gift to the Cancer Society was made by the club in memory of Mrs. Dixie A. Frame, assistant home demonstration agent in Montgomery County. The wife of one cancer patient was taught to give hypodermics.

The Cambria club also made a special effort to get its local people to the chest x-ray clinic. They were largely responsible for getting out 122 persons for x-rays. The most successful clinic the town has had.

The Pines Fork home demonstration club continues to sponsor the local youth group. They meet regularly at the community center for dancing, card games, etc. Through the Blaineburg Community Federation, they were able to secure a **BBQ** which they had been working on for two years. The club gave \$150.00 for repair work and improvement on the community center.

The Belmont club took as its main project the local community center. They gave \$100 for a service of 60, made and gave 6 Large and 1 small banquet cloths to the center. They also made a large contribution toward the purchase of chairs for the center and cooperated with the community club members in serving a group of 200 persons for a money making project.

They made a special drive to get members to get a chest x-ray. This was accomplished 100%.

The Roanoke Valley club bought swings for the local school which cost \$80.00. They also held a community clean-up campaign.

The home demonstration clubs have cooperated with the Red Cross Blood Program in furnishing sandwiches, cookies and workers. Two of the clubs have furnished nurses. All of these workers have given many hours to this program in the county. The clubs have cooperated with the Veterans Facility in Roanoke, furnishing 8 grey ledges. They have served parties, phonies, coffee hours and filled Christmas stockings for the patients.

Needy families in the communities have been given assistance by the clubs, such as, getting patients to doctors, clothing for needy school children, food, furniture and bed clothing to families losing their homes by fire and clothing for one person in a state institution. A number of local community churches and organizations have been improved through the efforts of the home demonstration clubs.

2. Community Improvement Clubs

Montgomery County has four active Community Improvement Clubs, with two of these clubs participating in the Area Judging Contest.

The Community Improvement Clubs and the local home demonstration clubs have worked hard in hand on local community projects. The Belmont Community Improvement Club, first place winner in the county, has continued its work on its community building, which included the

Laying of a tile hearth, closed in the stairway with knotty pine paneling, painted the woodwork on outside of building, installed ceiling lights with switches and receptacles, poured concrete floor in basement, purchased and installed a new oil furnace, installed an electric range and made 5 folding tables.

They made \$1,026.61, by donations, white elephant sales, auction sale, supplies, etc.

They paid \$500.00 plus \$135.00 interest on the community house debt. Many hours of labor were given by the men of the community.

The community center is used by many. One Sunday School class meets there each Sunday, the monthly meeting of the church circle, the home demonstration clubs meet there 3 or 4 times during the year, and the DAV of Montgomery County hold monthly meetings.

The Allegheny Church has used the center for dinner meetings and the daily Mbl's school was held there.

As a result of the better garden program, a garden specialist from VPI was guest speaker for one meeting. There were 65 home gardens in the community having 21 different vegetables, Agriettes, fertilizers, sprays, etc. used were those recommended by the VPI Extension Service. Two thousand, four hundred, twenty-five pounds of food were frozen and 3,477 quarts were canned from the home gardens.

One program was on safety on the farm and in the home. Fifteen homes reported having fire prevention inspection. A first aid class was organized and is now underway.

The Bethel Community Improvement Club has continued its work with the local school by grading and growing the parking lot, bought an electric polisher for the school, landscaped the school grounds, and the shrubbery and trees were donated and planted by community members. The community club earned 230 gallons of apples for use in the cafeteria. One church in the community was painted and another one is in the process of being restored. Donations from the club were made to both churches.

A number of farms and homes was improved through farm home objectives set up, such as, soil and livestock improvement programs, home lighting and beautification.

Outside speakers were brought in on the various subjects.

Home demonstration members gave demonstrations on food preparation and preservation, also encouraging the use of more milk in the diet.

The club also sponsored the local 4-H club, furnishing four leaders during the year. 4-H'ers also appeared on one program during the year, telling what 4-H was doing for them.

The H. Labor club has continued to work on its local community building, which is being used by many groups in the community.

All clubs have had guest speakers on the various phases of farm, home and community improvements set up in their objectives.

Many farms and homes have made improvements in accordance with Extension recommendations that would not have been made without the inspiration and encouragement received at the community improvement clubs. The agents are pleased with the progress made in the four active communities.

D. Other Activities

1. County Objectives

- a. Club members subscribe for reading certificates.
- b. Continue eradication of objectionable weeds and poisonous plants.
- c. Stress improvement of home grounds.

All clubs were furnished with a list of recommended books. Thirty nine club members earned a reading certificate. Over 600 books were read by the club members during the year.

Fifty per cent of the club members report they have worked on the eradication of objectionable weeds and poisonous plants, using methods recommended by the Extension Service. The community clubs in the county have cooperated with this project.

Eighty seven per cent of the club members report they have worked on home ground improvement, such as, planting and pruning shrubbery, edging walks and driveways, planting flower borders, screens, removing unsightly objects, lawn fertilization, etc.

2. Club Objectives

These were discussed to some extent under community work done by home demonstration clubs.

3. National Home Demonstration Week

All clubs celebrated national home demonstration week. Thirty-five members attended the District V meeting held in Galax.

Open house was held in most of the clubs, at which time, all non-club members of the community were invited. One club had a special meeting at which the entire community was invited. The leader put on the regular demonstration with the president telling the story of home demonstration work and what it had meant to the club members.

Two window displays were worked out by the county committees showing two phases of the 1958 program, one on easy management and the other on clothing, making the simple dress.

The county publicity chairman had an interesting editorial in the Montgomery News Messenger, telling what the Extension program is and how one might become a member of the home demonstration club. Ten new members were added.

4. Achievement Program

An achievement program was held in October, with an attendance of 150 persons. A summary of the year's work was given by the county chairman. A summary of the program of work, Family Life, was given by the county program of work chairman. The guest speaker was Mrs. Margaret S. Miles, an Ivy to Brasel, who gave an illustrated talk on "Home making and life in Brasel."

5. Montgomery County Chorus

The Montgomery county chorus functioned under the leadership of Miss Kathleen Hunter. They render musical programs at various county functions. Each year the group takes an educational trip and this year they visited Canada.

6. Montgomery County Fair

The home demonstration club members took an active part in the county fair. They helped plan for the homemaking exhibits, were superintendents of the various homemaking departments, as well as, entered a large number of exhibits at the fair. The judges felt that the quality of exhibits showed much improvement over the past year.

7. Work in Unorganized Communities

The home agent visited families in the county, who are borrowers of the FNA, giving help in meal planning, food preparation, food preservation and house furnishings. Several homemakers joined the nearest home demonstration club. All homemakers were invited to become members of the club.

The home agent also met with one group in McBryde Village.

8. Judging - Local Leaders

Four local leaders in Montgomery County attended the judging school held in Neosho in 1958. These leaders held with judging 4-H exhibits, and at two community fairs and one county fair, and proved most satisfactory in their work.

IV. Farm and Home Development

A. Problems encountered most often:	No. Families
<u>Food and Nutrition</u>	<u>47</u>
<u>Home Management</u>	<u>30</u>
<u>Housing, Repair, Remodeling and Storage</u>	<u>20</u>
<u>Health</u>	<u>16</u>

B. Subject Matter Areas and Assistance Given

	Short-Time Goals	Long-Time Goals	Outlook In-Formation	Byline In-formation	Exercises and Methods	Improved Methods	Specialist Assistance-Demonstrations
<u>Food and Nutrition</u>	47	30	18	20	22	4	
<u>Vegetable Gardening</u>	39	24	20				
<u>Clothing</u>	20	18	18	20	12		
<u>Housing</u>	14	6			4		
<u>Home Management</u>	27	27		27	10		
<u>Home Furnishings</u>	12	12		12	10		
<u>Yard Improvement</u>	7	6			6		
<u>4-H Club</u>	7	7		7	7	7	

C. Project Stories

The farm and assistant home agent started work with the Broce family in 1955.

Gilbert Broce and his wife are a young couple with three small boys, two of the boys are in school. They live on the farm owned by Mr. Broce's father. The home and farm were given to him by his father who lives with them. They are to take care of him as long as he lives. The Broce's have recently bought 100 acres of land that joins the original farm. Mr. Broce has been following farm management programs worked out by the Agricultural agents, such as, strip cropping, 3 year crop rotations and improving pastures by liming and fertilizing. A pond was added in 1956 and stocked with fish. The family has also been able to use it for swimming. The three children learned to swim this past summer.

The Broce family are raising beef cattle and feeder calves. Mr. Broce is employed at the Hercules Powder Plant. This has added much to his income.

In 1955 the assistant home agent worked with the Broce family on the following long time plans:

1. To add a living area in the basement.
2. To install a bathroom.
3. To put water in the house (bathroom and kitchen).
4. To build kitchen cabinets.
5. To purchase needed living room furniture.
6. To buy and make new living room curtains, and draperies.
7. To purchase a home freezer.
8. To fix porch.
9. To paint outside of house.
10. To put up new yard fence.
11. To repair roof to house.

In 1955, the Broce family enlarged the basement making a living and dining area together. They poured a concrete floor, covering it with tile. The walls were painted, curtains and draperies were added.

In 1956, water was put in the house, installing a bathroom upstairs and adding water to the kitchen. A 27 cubic foot freezer was installed. The assistant home agent worked with Mrs. Broce on freezing and canning. Today the freezer is full and Mrs. Broce canned 330 quarts of food this past summer. The Broce's also raise their own pork and beef, which they cure and freeze.

In 1958, the Broce's painted the house and remodeled the porch by adding a new ceiling and columns. Mr. Broce does this work on his days off and after work.

During the winter, Mrs. Broce made and quilted 6 quilts which the family needed badly.

In 1959, they plan to add kitchen cabinets. Mr. Broce will do most of this work himself. The home agent plans to take the housing specialist to this home to help with plans for these cabinets.

This family is now taking part in the local church and taking the children to Sunday School and Church every Sunday. Mrs. Broce says it has meant so much to her family.

The V. B. Henley family (2 in family) have been working on long time goals set up in 1954 on both the farm and home.

The Henley's have a grade A dairy farm, which had to be almost entirely replaced due to vesicular-stomatitis effected the dairy herd last summer. They now have 34 dairy cows with 8 heifers to be bred this fall.

One new machine shed and poultry house have been added. A new barn and calf shed is almost complete. Lightning rods were put on the milk house. The road has also been improved to the barn. Plans are underway for the rest of it to be improved as soon as the barn is completed.

Mrs. Henley too, has been busy around the home. A new paling fence has been added across the front, which she is painting. The house and roof have been painted and new storm doors and windows have been installed. The front porch and steps were in bad repair; new concrete steps have been completed with the porch floor having been replaced where needed.

On the inside of the house, Mrs. Henley has added a new clothes closet to one upstairs bed-room; painted 4 bed-rooms, bathroom and hall.

Downstairs a mantel piece has been removed and a new flu put in. Storage space was added where the old flu came out.

Last winter Mrs. Henley made a 9 x 12 oval rug for her living room. She now has material to braid a woolen rug for the den which she plans to do this winter.

Mrs. Henley takes care of their $\frac{1}{2}$ acre garden. This past summer she canned 350 quarts of fruits and vegetables and froze 100 quarts. They have 1 hog and 1 beef to be butchered later and a flock of 25 hens that keep them in eggs, with some to sell.

Mrs. Henley also feeds the hired help on the farm which is usually one or more extra persons a day.

The Hanley's have not made ~~as~~ much progress as they had hoped. Mrs. Hanley says some of ~~the~~ money they had planned to use on the home had to go into replacing the dairy herd.

V. County Extension Program

A. Organization

1. County Council - Youth

This council is made up of representatives from the 4-H clubs, 4-H leaders, all stars, etc., and from committees interested in youth. They in turn are represented on the Extension Service Board, where they are in a position to bring back to their groups the over-all Extension program that relates to their groups. The Extension Service Board has helped sponsor the 4-H program.

2. County 4-H Council

The 4-H Council is made up of the officers of the various clubs. This group met in the fall, at which time the officers were trained for their respective duties. A plan of work was developed and and requirements for camp etc., were discussed.

A second council meeting was held to check work accomplished and to make plans for the various contests. Short course and camps were discussed.

At the third meeting, plans for completing the 1958 projects and getting in records were taken up.

3. County All Stars

The all stars have been most helpful in helping to carry out the 4-H program. They have backed the program in the various committees, have served both junior and adult leaders, and cooperated with the 4-H program being carried on in the various schools.

4. County 4-H Project Planning Committee

This committee is composed of the adult 4-H project leaders and president of the clubs. This group worked on what projects would be carried as over-all projects and how they would be carried out.

B. 4-H Project Work

1. Food and Nutrition

- a. meal preparation
- b. bread making
- c. food preservation

Objectives

- a. To teach better nutrition through meal planning and preparation.
- b. To teach the latest approved methods of food preservation.
- c. To develop some skill in food preparation and preservation.
- d. To have 95% of the girls complete the food projects.

Methods Used

The leaders were given training in the various food projects by the agent.

The 4-H groups carrying food projects exhibited products at the Montgomery County Fair. Club contests were held. Food products were exhibited at the club meetings and judged as to appearance, flavor and texture.

As a result of this, two girls entered the district contest, one girl winning in canning and winning a trip to short course, where she competed in the state contest.

Seventy-seven girls carried and completed 77 projects in meal preparation, serving a total of 1,156 meals and preparing 16,919 other dishes.

In bread making 158 girls took the project with 150 completing. These girls made bread a total of 2,391 times. The food preservation project was carried and completed by 10 girls. They canned 1,261 quarts of food, freezing 483 quarts and 72 lbs.

2. Clothing

- a. Learn to sew
- b. Looking your best
- c. Make or remake clothing

Objectives

- a. To teach the girls the use of simple sewing equipment through the construction of a few simple articles.
- b. To teach some of the simple stitches used in hand sewing.
- c. To teach garment construction, selection of suitable materials, patterns, alteration, cutting, etc.
- d. Encourage the girls to make use of garments already on hand by altering if necessary.
- e. To teach proper care of clothing, taking into consideration material, storage, repair, cleaning, etc.
- f. To teach the girl to be neat and attractive by the development of certain daily, weekly and monthly habits.
- g. To teach the girls to plan a suitable wardrobe.
- h. To have 80% project completion.

Methods Used

The leaders were given training by the agents. The leaders, assisted by junior leaders, gave demonstrations at club meetings. A County clothing contest was held, exhibits were made at community and county fairs and club members modeled garments at local home demonstration clubs.

3. Room Improvement

Objectives

1. To help the club member see what is needed in his room and how to plan for improvements.
2. To help the members make the best use of furnishings already on hand.
3. To teach the club member to restore or make simple accessories for the room.
4. To teach the club member how to take care of his room.
5. To have at least 70% of the club members complete the project.

Methods Used

The leaders and home agents gave demonstrations at the club meetings on various phases of room improvement. The members also collected pictures showing improvements they would like to have made. Materials on room improvement prepared by the State Extension Service were given each club member.

This project was carried by 95 club members with 89 completing the project, with 352 articles having been made, remodeled or bought, 89 rooms were improved, 34 of these made improvements in lighting.

4. Home Management

Six projects were carried and completed in home management. These included housekeeping, money management, washing and ironing.

5. Home Ground Beautification

Objectives

- a. To teach the club members to identify certain flowering shrubs, evergreens, and trees (deciduous and evergreen)
- b. To teach how to make and use home mulches.
- c. To teach the making of simple christmas decorations from native shrubs.
- d. To teach the rooting of shrubs and starting seedlings.
- e. To teach the principals of home ground design.
- f. To make a home ground plan.
- g. To have 80% completion.

Methods Used

Demonstrations and illustrated talks were given by the agents to the groups carrying the home ground beautification project.

As a result of these talks and demonstrations 75% of the girls completed this project.

6. Electricity

Objectives

- a. To teach the use of electricity in the home and on the farm and show how it can save time and energy.
- b. To teach the 4-H'ers to read a meter and how to figure the cost of an electric bill.
- c. To teach good lighting in the home.
- d. To teach the care of electrical equipment on the home and on the farm.
- e. To teach the club member how to make simple repairs.
- f. To have 70% of the club members complete the project.

Methods Used

Demonstrations and illustrated talks were given by the agents at the various club meetings. As a result of these talks and demonstrations, 89% of the girls carrying this project completed.

7. Safety

Objectives

To have the club member:

- a. Check his own home for various hazards and correct same.
- b. To check hazards on the farm and make corrections.
- c. To practice safety rules so they become a habit.
- d. To be alert to highway hazards.

Methods Used

Demonstrations and illustrated talks were given the club member by the leaders and agents. As a result of these 100% of the girls completed the safety project.

G. Other Activities

1. Camps

The Montgomery county camp was held in connection with two other counties at Camp Summers, Hinton, West Virginia.

Previous to camp, the leaders (junior and senior) were given training in handicrafts to be made at camp. As a result of this training, the leaders took much of the responsibility for the handicraft classes. Plans for carrying through on camp plans were worked out in detail by the county and home agents from the three counties well in advance of camp week. Each person knew what was expected of him as a leader or agent. Those in charge of carrying through the camp program and the campers, reported a most successful camp.

Classes taught at camp were: handicraft, which included rope halters, paper weights, and baskets made from ice cream sticks, radio, song leadership, swimming and forestry. A total of 22 girls and 24 boys, 8 adult leaders and the agents from Montgomery County attended this camp.

Montgomery County had 6 boys and 6 girls to attend 4-H short course which was held at VPI.

The district senior 4-H camp was held at Camp Farrier with 3 boys and 2 girls from Montgomery County attending.

The older youth camp was held at Camp Farrier, Virginia Beach, Va., with 3 boys and 3 girls attending from the county.

2. Rural Life Sunday

The 4-H clubs in the county observed Rural Life Sunday in a **body**. A special service was held on Sunday afternoon in Squires' Hall on the VPI Campus. The service was in charge of a minister employed by one of the local churches to work with the VPI students. This was a most interesting service and the agents were pleased with the participation.

3. Montgomery County and Community Fairs

A special section was set aside at the exhibit booths for the 4-H boys and girls. The agents and judges felt there was an **improvement** in the quality of work done over the previous years.

The 4-H girls won 24 first, 14 second and 14 third places.

A community fair was held in the Prices Fork Community with a special section for 4-H boys and girls. The 4-H'ers of the community had good exhibits and won a number of prizes.

4. Club Contests

Club contests were held for each project, at which time the winner was selected to compete in the county contest. From the county winners those to compete for district contest were selected. Seven girls entered the district contest.

5. Achievement Day Program

An Achievement Day Program was held at which time each club gave a summary of achievements for the year. Fosters were used to illustrate accomplishments and were used by the club officers in giving their reports. Much interest was shown in these reports. County medals were also presented at this meeting. This program was attended by approximately 140 persons.

6. Share the Fun Program

In connection with the Achievement Day Program, "A Share the Fun" Program was held. Each club was allowed to put on a talent program. The Nanoke Road Club won first place at this program. They represented the county at the L-H short course "Share the Fun" Program.

D. Young Men and Women's Work

The year's work done with young men and women in the county was done mostly on an individual basis in taking care of individual problems, which included food preparation problems, freezing and canning information, refinishing furniture, house planning, color schemes for the home, selection of house furnishings, landscaping, and clothing selection and construction.

VI. Scope of Work

A.

	1954	1955	1956	1957, 1958
No. H.D. Clubs or Groups	21	20	21	19
Membership	460	475	470	474
No. L-H Clubs	19	18	21	21
Membership	307	310	322	332
No. YM Clubs				
Membership				
No. Community Clubs	5	5	7	6
Membership	586	505	297	661
No. Home No. Committees		2	2	2
No. General Interest Committees				1
No. Youth Committees			1	1
No. Other Organizations			7	6
No. Farm & Home Dev. Families			50	47
No. other families reached	1650	1650	1650	1650
No. different families reached	2420	2420	2430	2440

B. What was done to increase scope of work and to publicize Home Demonstration Work

All clubs celebrated National Home Demonstration Week. Most of them did this in connection with their regular meetings, at which time they had open house and invited all non club members of the community to their meeting.

A committee appointed by the county chairman arranged two window displays at the county seat showing two phases of the county program being worked on during the year, namely, money management and clothing construction.

The county publicity chairman had an editorial in the paper during National Home Demonstration Week. She has also given publicity to other county wide meetings. Each club publicity chairman has been responsible for the publicity of activities of its club. The work has also had radio and TV publicity during the year.

VII. Leadership

A. Adult - Contributions of the following leaders to the program

1. Organizational

Each organized home demonstration club in the county has the following officers: president, vice-president, secretary and treasurer. Each new officer was given help with her duties as officer at the planning meeting, or by the home agent individually. These officers function for a period of one to two years and are responsible for all meeting places and transact all business of the club.

2. Program Development

Each home demonstration club has a program development leader. The state home demonstration agent -at- large was in charge of a leader training meeting held for these leaders on "How to help the club members decide on their next years program". The agents were pleased with how well these leaders carried through on this phase of the program.

3. Subject Matter

Each club has from 2 to 6 subject matter leaders, depending on the size of the club and whether or not they had garden and poultry leaders. These leaders gave a total of 131 demonstrations. The garden and poultry leaders gave a total of 310 timely discussions on their respective subjects at the club meetings during the year.

4. Federation Program of Work

A leader training meeting for the 19 clubs' program of work chairman, was held by the county program of work chairman. The county program of work chairman and her committee had worked up a packet of material to be used by the club chairman in their monthly discussion. As a result of this training, the leaders gave 216 discussions on the monthly topics that were set up by county program of work committee.

B. Growth of Leadership

1. Overall program leaders (organizational leaders for County Ext. Service Board) No. 1957 No. 1958

47 47

2. Home Demonstration Club Leadership:

	1954	1955	1956	1957	1958
No. organizational leaders	114	108	114	123	76
No. project leaders (subject matter)	60	78	76	78	76
No. Federation program of work chairmen	21	20	21	20	20
No. program development leaders	20	19	20	19	19
No. result demonstrators	12	12	16	5	
No. training meetings by specialists	4	5	3	3	3
No. training meetings by dist. agents	1	1	1	1	1
No. training meetings by agents	4	6	2	4	4
No. training meetings by others				1	1
Attendance at all training meetings	245	260	220	227	240
No. meetings held without an agent	157	180	170	182	176
No. meetings leaders assisted	2				
Demonstrations by leaders	167	152	160	182	157
Talks and discussions by leaders	204	172	63	74	70

3. Overall Youth Leaders (Org. leaders for County Youth Council) No. 1957 No. 1958

3 3

4. L-N Club Leadership

Mrs. Gibson, with the help of her committee, trained the 19 clubs' program of work chairman. As a result of this training, the leaders felt they were better prepared for the job ahead. The club members as a whole were well pleased with the program.

Mrs. Gibson gave an excellent report on the accomplishments of the County Program of Work - Family Life at the Achievement Program.

This leader is most faithful in attending the State and District Federation meetings, and has brought back to the county excellent reports. She has not missed one for many years.

	1954	1955	1956	1957	1958
No. Club Officers	86	108	110	126	127
No. adult project leaders	35	28	31	40	48
No. junior project leaders			7	7	5
No. result demonstrators			3	4	1
No. training meetings by specialists			1	1	1
No. training meetings by dist. agents					
No. training meetings by agent			7	2	
No. training meetings by members club dept.	1	1	1	1	2
No. training meetings by others				1	1
Total attendance at ldr. training meetings	38	148	151	119	115
No. 4-H leaders trained individually	5	7	7	10	6
No. club mtgs. held by ldr. w/out agent	22	30	48	56	71
No. additional club meetings at which leaders assisted	47	92	43	69	54
No. demonstrations given by adult ldrs.	10	7	170	172	170
No. demonstrations given by junior ldrs.	10	7	11	14	16

C. Activities of one leader

Mrs. Magane Gibson, Route 1, Christiansburg, has been a home demonstration club member for 28 years. During this time she has served for several years as organizational leader for the Bain Shop 4-H club. In addition to this she has held almost every office in the Bain Shop home demonstration club.

The Gibson's have two children, both are now married. They were both 4-H'ers. The daughter is now a leader in the home demonstration club and is taking her rightful place in the community as a young homemaker. Mrs. Gibson has always done a good job in whatever capacity she has served. This past year (1958) Mrs. Gibson was county chairman for the Federation Program of Work - Family Life. She attended the District Family Life Work Shop. Her committee did an outstanding job on setting up the 1958 Family Life Program for the county. In addition to this, many hours were spent in getting together material on each of the suggested monthly topics. Along with this material was also given a list of where additional material and information might be obtained.

Mrs. Gibson, with the help of her committee, trained the 19 clubs' program of work chairmen. As a result of this training, the leaders felt they were better prepared for the job ahead. The club members as a whole were well pleased with the program.

Mrs. Gibson gave an excellent report on the accomplishments of the County Program of Work - Family Life at the Achievement Program.

This leader is most faithful in attending the State and District Federation meetings, and has brought back to the county excellent reports. She has not missed one for many years.

She has also been an active member of the Agricultural Service Board, working on the county nutrition committee in promoting the use of more milk by Montgomery County families. As a result of this work two attractive milk signs have been placed on Route 11.

She is an active member of the local community improvement club, serving as chairman of the home improvement committee and was responsible for helping organize the community improvement club in her community. Mrs. Gibson is not only active in the County Extension Program, but has also been active in the local Farm Bureau Organization. She is also active in the local church, teaching the woman's Bible class and has served on many money making project committees for the community.

D. The Activities and Accomplishments of a family

The Roy Collins, Route 2, Christiansburg, have been an outstanding family. They have two daughters, ages 17 and 6. They own a small farm and Mr. Collins is employed at the local post office.

Mrs. Collins has belonged to the home demonstration club for 16 years and has served as president, vice-president, secretary, treasurer and project leader for her club. She has held the following county offices: chairman - county home demonstration committee, county secretary, county program of work chairman and county publicity chairman. She has never failed to carry her part of the load and has sought help and information from the Extension Service in order to do a good job of whatever she undertook.

Mrs. Collins has not only taken an active part in home demonstration work, but is an active 4-H club leader in her community. She was responsible for the organization of a 4-H club in her community 6 years ago. Since that time the club and its members have won a number of awards and prizes.

For the past two years, both Mr. and Mrs. Collins have gone to 4-H camp as leaders.

This year Mrs. Collins taught a class in radio, which proved very popular with the boys and girls. Mrs. Collins has had charge of vesper services and been a handicraft leader for two years at 4-H camp. She also attended 4-H conservation camp as a leader.

Libbie, the older daughter has been an outstanding 4-H'er in the county. To date Libbie has completed a total of 39 projects winning 37 awards. This year Libbie won a trip to 4-H short course and conservation camp. She was also taken into the 4-H All Star Organization.

Kathy, the younger daughter, has been carrying a 4-H project since age 4. This year she would have won first place in the junior forestry project except for her age. She gave an excellent demonstration and had an outstanding scrapbook on forestry.

The Collins family is also very active in other community activities. Mrs. Collins has charge of the young peoples work in the local Presbyterian Church.

The farm and home have also shown improvement from time to time. This year the living room and dining room were remodeled and painted, putting an arch between the living and dining room, adding much needed space to the living room, especially when entertaining. The Collins are a family who work, play and worship together.

E. The Activities and Accomplishments of a Club

Several years ago the Prices Fork community got a new school building and the old one was bought by the Prices Fork community for a community building.

The Prices Fork home demonstration club has worked on this for several years as one of its main community objectives, as well as making a contribution toward its purchase, they have helped furnish the kitchen, paint, etc.

For the past two years they have sponsored the youth group in the community. They meet once each week at the community center. During the summer months they meet twice a month. Two club members chaperoned each get together. (This is done by volunteers) The center is set up for dancing and card playing. The club furnishes simple refreshments.

The home demonstration club is represented by its president on the Blacksburg Community Federation Committee. After working for two years on a Hi-Fi record player for the center, the home demonstration club obtained it this year through the Federation.

They say, "it was really worth waiting 2 years for as it makes such a difference in our dance music."

This year the club made a quilt and sold chances on it at the community fair, making \$65.00 on it. They also sold black pepper to make money. With some of the money they made they contributed \$100.00 toward repair work and other needed improvements on the community center.

The Prices Fork home demonstration club not only worked on community projects, but carried out all plans and suggestions on their regular home demonstration program, as set up by the county committee.

The leaders gave all demonstrations that were set up in the program for them to do. The club members have been most pleased with the work done by these leaders.

VI II. Work with Other Agencies

A. Welfare Department

Several of the home demonstration clubs of the county have worked with needy families in the community. They have contributed clothing, food, house furnishings and other needed articles toward this work.

B. Health Department

The county home agents have made an effort to keep informed about work being done by the Health Department and have urged the public to take advantage of various clinics that have been held from time to time. This year the home demonstration club members were responsible for more than 150 persons getting x-rays.

C. Red Cross

The county home demonstration agent is a member of the Red Cross Executive Board. The home demonstration clubs in the county have done much to forward the blood program, as well as, work with the Veterans Administration in Roanoke.

II. Public Relations

A. Co-Workers

Staff conferences are held at which time the county Extension personnel work together on cooperative programs being carried on in the county. The personnel work up programs together and share jointly on seeing that these are carried out as planned. Work is often done by one agent for another when this can be done just as efficiently to save time and travel.

B. General Public

The home agents have tried to meet requests coming from the general public and have served on various committees that have been set up for the interest of the public. The home agents have served on the Montgomery County Fair Committee and is a member of the Montgomery County Red Cross Executive Board.

The agents have worked with the Montgomery County Librarian in helping to get better book coverage over the county and encouraging the reading of more books by the county people.

C. Elected Representatives

The home agents have made an effort to know personally the elected representatives of the county and have exchanged help and information where needed.

D. Commercial Interests

The AEP Company employees have been most cooperative with the Extension personnel in helping to carry out various phases of the Extension Program, such as, 4-H electric projects, lighting programs, etc.

The local stores have also cooperated in carrying recommended lamps, bulbs, etc.

E. Other Professional Workers

The home agents have worked with the home economics teacher in the county on the Montgomery County fair committee on homemaking exhibits for the county fair.

The agents have also worked with the home economist in homemaking in the county. This group in turn has furnished judges for the Montgomery County fair, and the Prices Fork Community fair.

The home agents have also worked with the agricultural teacher on local fair committees, as well as, cooperating with the Farmers Home Administration Supervisor, visiting recommended families from their borrowers' list; taking information on clothing, food and nutrition, and other home making problems.

I. Professional Improvement

The home agents are members of their professional organizations which are: The Virginia Home Economics Association, The American Home Economics Association, The Virginia Home Demonstration Agents' Association, and The National Home Demonstration Agents' Association.

The agents read regularly the following magazines: The Journal of Home Economics, The Forecase, and What's New in Home Economics. They also read articles of special interest in the Extension Service Review, National 4-H News and numerous Farm and Home magazines, as well as, books of special interest.

The agents have attended professional meetings of the Virginia Home Economics Association and Home Demonstration Agents' Association, these meetings were held in the state this year.

II. Improved Office and Working Conditions

Two new desk lamps have been added to the home demonstration agents office. These have been most helpful, especially on dark, cloudy days.

III. The Look Ahead

After the home agents have summarized the year's work, they have a real opportunity to see the weak and strong points of the past year's program. The home agents can see many points that need to be strengthened.

They believe that more and stronger leadership needs to be developed in most communities. The kind of Extension Program being carried on in each community reflects directly the type leaders and their ability to carry back to the community information gained at the leaders training and other meetings. Not only is stronger leadership needed in the home demonstration program, but in 4-H and special interest groups, too.

The agent feels that she has failed almost completely in getting homemakers to serve on committees who are not already home demonstration club members.

The agents hope that at the end of 1959 they will be able to see a great deal of growth along this line.

The farm and home agents believe there are many ways in which they can strengthen the County Extension Program by working more closely together and involving more people in the Extension Program.