

1 9 5 4 P L A N
O F
W O R K

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Local Home
Demonstration
Agent

Southampton
County

Franklin, Virginia

January 15, 1954

1954 PLAN OF WORK

A. B. Gravely
Southampton
County

I County situation considered in working out 1954 program:

Southampton county is located in the Tidewater area where the land is low, level and conducive to growing peanuts, cotton and soybeans. Corn and other crops are also grown. A small amount of tobacco is being produced in one section of the county. For a long time swine has been and still is the major live stock in this county. However, cattle is becoming a part of this predominantly swine land. Through private and public auction sales swine repays the farmer many times over for the food, shelter and care given them during the year. Many ribbons and awards have been won by families who are raising pure bred hogs. 4-H boys are beginning to enter in contests with their pure bred hogs.

The county is 37.12 miles long and 32.19 miles wide with 1,244 of the 2,174 farms being operated by rural Negro families. Two hundred and eight of these 1,244 farms are owned by Negro families.

There are seven registeral districts in the county. There is extension organization work in each district. This organization work includes ten home demonstration clubs, thirteen 4-H clubs and one young adult club with an enrollment of seventeen boys and girls. Three-fourths percentage of the one hundred ninety-six women belonging to these ten home demonstration clubs are housewives.

In these seven districts there are forty-eight grade schools and two high schools. Home demonstration Program Development leaders have found that the school lunch program is one of the major problems in the county. Out of the fifty schools only two are conducting a hot lunch program. These take place in the two high schools. Students in the other forty-eight schools rely on the packed school lunch which through a survey taken in 1949 has not proven up to standards. During the winter months parents in various communities take turns in volunteering to prepare hot cocoa, soup etc. to help with the noon lunch for their children. This, of course, is done just at times during the cold, wet winter days. No Federal aid is given to these forty-eight schools for the hot lunch program.

The Camp Manufacturing Company and St. Regis Paper Company affords work for the Franklin men and women while various Peanut Shellers and farming make up the rural family income in the county.

II What I expect the 1954 program to contribute to family livings:

I expect the various county-wide extension organizations to help spread recommended extension practices as far over the county as possible. These organizations will include the County Advisory Board, County Home Demonstration Committee, Home Demonstration Planning Committee and 4-H Council and Planning Committee. The Home Demonstration, Young Adult and 4-H club members are expected to reach the people, find their community needs and through demonstrations by the agent and Leaders pass out extension information. I expect the 4-H and Home Demonstration club members to improve the packed school lunch which will be Brought from home.

Through the extension service and local health department, sanitary toilets are expected to be improved. Again special interest will be put on home water supply and farm poultry. To help improve these conditions demonstrations, written material, circular letters, surveys and news articles will be used.

I feel through club members and local leaders this program can be used to increase the Extension influence of the county.

III 1954 Program as planned:

A. Subject matter field in which adult program is planned:

*1. Foods and Nutrition

Objectives:

- a. Christmas-time pastries
- b. Packed school lunch

- h.
- c. Preparation fo simple foods
 - d. Increasing milk and egg production

Procedures in carrying out the program:

Leader-training meetings will be given to foods leaders on above objectives. Method demonstrations will be given to members each month by the agent and leaders. Pictures, bulletins and other written material will be distributed to the housewives and those interested.

*2. Home Improvement

Objectives:

- a. Removing finish from furniture
- b. Refinishing furniture
- c. Repairing or building sanitary toilets
- d. Repairing old furniture (arms, rounds)

Procedures in carrying out the program:

Many phases of home improvement have been taken during the past four years but since the program development leaders have found another phase needed in each community, Home Improvement was included again for 1954. Sanitary toilets and indoor baths will be discussed in each community and the health department will be called upon for information and demonstrations pertaining to the correct methods for building sanitary toilets and deodorizers.

*3. Community Life Activity

Objectives:

- a. Organizing club chorus
- b. Learning new songs
- c. Clubs combine for chorus
- d. Encouraging young Sunday School workers
- e. Open month for recreation and club choice
- f. Sanitary toilets

Procedures in carrying out the program:

Community life activity will be conducted during each

month of the year. It is felt that learning community songs and encouraging young Sunday school workers will help the farm family at home, church and at community functions. It will also bring communities closer together through choruses. Each club will participate with the above objectives. Community song leaders will be called upon for help with choruses from time to time. Song books will be purchased for each member; adult church workers will teach young adults more about Sunday school and how to conduct church functions such as socials, seasonal or holiday plays and games and songs.

There will be a tailoring school held in February teaching qualified clothing leaders to make spring suits and coats. There will also be a clinic held on learning to braid rugs. Both activities are for special interest groups.

⊙ B. Subject matter field in which 4-H program is planned:

1. Home Improvement

Objectives:

- a. Making a bath towel
- b. Planning an attractive bedroom
- c. Making a bed correctly and keeping clothes in places provided
- d. Choosing suitable pictures for bedroom
- e. Framing a picture
- f. Making a shoe bag
- g. Making a bulletin board
- h. Making or buying a dresser lamp
1. Providing good lamp for dresser or study table

Procedures in carrying out the program:

The bed room Home Improvement project was started last year and was found to be such an interesting and needed project that the majority of the 4-H girls chose

different phases of the same project again this year. Demonstrations and leader training meetings will be given to all clubs and adult junior project leaders will be trained as often as possible. Tours, news articles and exhibits of removable articles will be held.

Individual folders to hold work sheet and other project materials have been given to each 4-H member; again completion charts have been placed with each club. These charts were used last year to boast project completions and to keep a record of work done each month. Each chart carries the name of every girl in the club. A red star is placed in the block for the monthly project as soon as the girl has completed her work, including her work sheet for that month.

2. Gardening

- a. Locating gardens, securing and using fertilizer
- b. Securing seed and spray material
- c. Planting peas and other early vegetables. Deciding on work to be done and sharing of profit
- d. Caring for garden. Checking records

Procedures in carrying out program:

A garden specialist will be used to help select type of spot for garden and give information needed to start project. Records will be checked often and a visit to each garden will be made twice during the length of the project.

3. Home Ground Beautification

- a. Making a landscape plan. Taking pictures of present conditions

- b. Using the 4-H club check list
- c. Making an attractive entrance
- d. Planting mailbox plantings
- e. Planting shade trees
- f. Transplanting the Dogwood
- g. Studying when and how to plant bulbs
- h. Planting for the foundation

Procedures in carrying out the program:

Demonstrations in a group and individual training will be given to the members enrolled in this project. Written material and circular letters will be distributed among the members. Home visits and tours will be made of the members' yards by other club members. Before and after pictures will be displayed.

4. Poultry (Brooding and Rearing)

- a. Decide purpose for which chickens will be used. Select breed
- b. Locate reliable hatchery and order
- c. Prepare brooder house
- d. Provide feed hoppers, water, utensils and mesh wire for feed and water receptacles
- e. Learn proper care and management of chicks
- f. Clean brooder house after birds are moved out
- g. Learn to cull chickens
- h. Take a trip to the Poultry Slaughter house

Procedures in carrying out program:

Written material and circular letters will be sent out to poultry project members. Home visits to poultry flocks will be made by the agent and specialist. Culling will be taught to project members. Records will be kept of progress made and a trip to a nearby slaughter house will be made in August.

5. Milk, Butter and Cheese

- a. Learning how to milk properly by milking at least two months

- b. Caring for milk by washing, sanitizing and handling milk utensils every day for at least two months
- c. Purchasing a thermometer and learning to pasteurize milk
- d. Making butter two months. Cottage cheese five times
- e. Making American cheese and ice cream two times each
- f. Making milk foods other than ice cream at least two months
- g. Taking a trip to a dairy

Procedures in carrying out program:

Since a small group of girls chose to work on this project, training will be given individually through most of the objectives. Written material will be sent out and home visits will be made to check on records and work accomplished. A trip to the neighboring dairy will be planned in April.

6. During the summer months, members will be supervised in Bread-making and Food Preservation. Records will be kept and recorded on $\frac{1}{2}$ completion charts. Medals and other phases of awards will be given for the one having done the best work in each project for the year.

C. Fields in which young men and women's program is planned:

1. Table setting
 - a. Breakfast
 - b. Lunch
 - c. Dinner
 - d. Buffet
2. Good Grooming
 - a. Care of hair and nails
 - b. Care of clothing
 - c. Correct color schemes in clothing
 - d. Making and equipping a shoe box
3. Simple House Plans
 - a. Planning a home -- 3 rooms and up
 - b. Finding out what it takes to go in a home.

Procedures in carrying out program:

Monthly meetings will be conducted and demonstrations given on related subjects. Written material will be distributed as often as possible. Both men and women belong to this club and have been supervised by the Home Agent only, therefore, it is necessary that both sexes be reached and that the projects will be interesting to all.

IV Other Activities

A. Adult activities planned to aid in carrying out the program:

1. National Home Demonstration Week will be observed by programs, displays of project work, Fashion Review of Tailored Suits made during the tailoring school and news articles. During this week delegates will attend the District Home Demonstration Committee meeting.

2. Achievement Program --- There will be a county-wide Achievement Day program for the purpose of awarding the outstanding extension leaders and members in the county for work accomplished during the year. This program will also be designed to show samples of work done by members of the Extension service.

3. Tours --- The County Advisory Board is planning to conduct a tour of one or more outstanding farms to replace the County Farmers' Conference. The recreation part of the Advisory Board will sponsor the tour with hopes of using farmers in the Live-at-Home project community.

4. Community Improvement Organization ---

There is a community improvement organization carrying thirty-six homes. Twice a year the families in these homes are scored for improvements made during the year. A result demonstration is conducted on five of the families' poultry flocks. This year, starting the second year for the demonstration, Mr. A. L. Dean, Miss Blanche D. Harrison and the county Farm and Home agents are supervising the demonstrations.

B. 4-H Clubs:

1. National 4-H Week --- National 4-H Week will be observed by individual clubs by displaying posters and outstanding work. Agents will use this time to distribute county awards and certificates to 1953 county winners for outstanding project work. These presentations will be made in the 4-H clubs with parents invited.

2. Rural Life Sunday --- Though individual 4-H clubs will observe their own Rural Life Sunday in their own communities, plans are being made for a county-wide Candle Light Service which will take place on a Sunday in a central community in the county. All 4-H boys and girls will be expected to participate.

3. State Short Course and Wild Life Conference -- Delegates will be sent to the Short Course and Wild Life Conference to receive new ideas, current information and the knowledge of working together. To the girls who

attend these conferences it will also serve as a reward trip for having kept up project work and achievement requirements.

4. Achievement Day --- Achievement Day will be combined with the adult program and will be conducted in the same manner. First and second prize work will be placed on the Tidewater Fair in Suffolk, Virginia.

C. Young Men and Womens' Activities

The young men and women will participate in all county wide activities the same as adults and 4-H club members.

V Score of Work

A. Organization:

	#				Goal
	'50	'51	'52	'53	'54
# H. Demon. Clubs	6	7	9	9	10
Membership	107	151	179	193	216
# 4-H clubs	12	12	13	13	14
Membership	269	270	298	301	325
# Young Men & Womens' Clubs	0	0	1	1	2
Membership	0	0	14	17	25
Com. Improvement clubs	1	1	1	1	1
Membership	24	36	36	36	41
Other organizations	0	0	0	1	1

Number of families reached through:

H. Demon. Clubs	105	147	179	191	214
4-H clubs	222	232	251	276	281

	#				Goal
	'50	'51	'52	'53	'54
Young adult clubs	0	0	13	16	28
Special interest groups	30	57	63	69	31
Result demonstrations	23	12	15	17	20
Home visits	472	404	334	334	284
contacts by club members	92	135	162	327	386
Other (Newspaper, radio county meetings)	740	977	1210	1223	1562
Estimate no. different families reached by above	612	722	945	1003	1444

VI Plans for using the following organizations to strengthen the Extension Program in 1954:

A. County Home Demonstration Committee

The Home Demonstration Committee serves as a leader group to guide the home demonstration work in the county. This committee centers its interest around the home demonstration project work and other activities conducted by the women and makes full reports to the County Advisory Board. This year the committee will plan a survey on sanitary toilets and help to improve the same by helping with demonstrations, talks, drives and other necessary methods for improvement. There will be two meetings of this committee, one in April to elect delegates to attend the District Home Demonstration meeting. Information will be brought back to county workers in the form of reports to the committee in an effort to keep abreast of the times. Other activities for the year will be planned at this time. Another meeting will take place when the committee combines with the

committee to decide the 4-H project work for the following year. Also, last minute plans for the Achievement Day program and Tidewater Fair will be discussed.

D. County Honor Club and All Stars --- It is hoped that information can be obtained whereby these two organizations may be used to benefit the people of this county.

E. Professional Workers' Council --- The agricultural professional workers' council in this county is made up of all agriculture workers. This group consists of eight Negro agricultural workers and will meet as often as necessary to conduct work that will be beneficial to the farm families. A Better Rural Homes Contest will be sponsored again this year using homes which plan to make some improvements during the year.

VII Plan for Leadership

A. Home Demonstration

	#				Goal
	'50	'51	'52	'53	'54
# project leaders	12	17	41	67	65
# district goal chairmen	4	14	18	18	20
# prog. development leaders	6	21	9	9	10
# result demonstrations	4	6	17	20	23
# meetings at which leaders were trained by D.A.3	2	0	0	2	3
# meetings at which leaders trained by specialists	0	0	1	3	4
# meetings at which leaders trained by agent	5	5	9	6	4

	'50	'51	'52	'53	'54
Attendance at all training meetings	71	197	21	137	110
# meetings held by leaders without agent present	11	24	42	41	51
Total number of demonstrations given by leaders	6	8	42	26	25
Total number of talks or discussions by leaders	4	10	13	15	20

Plans for training and using leaders in carrying out 1954 program:

Adult leaders in each project to be taken this year will be trained by specialists, the District Agent and Home Agent during the year. These leaders will give demonstrations and lead discussion groups in the absence of the agent and at times when the agent is present.

B. 4-H Clubs

	'50	'51	'52	'53	'54
# 4-H club officers	48	72	117	91	98
# adult project leaders	12	18	23	14	14
# junior project leaders	0	27	26	31	31
# result demonstrators	0	0	0	2	4
# meetings at which leaders trained by specialists	0	0	0	0	2
# meetings at which leaders trained by district agent	0	1	1	0	1
# meeting which leaders trained by agent	1	4	4	5	5
# meetings which leader trained by personnel in 4-H department	0	0	0	0	1

	'50	'51	'52	'53	'54
Attendance at leader training meetings	5	13	37	62	91
# 4-H leaders trained individually	66	82	33	11½	10
# meetings held by leaders without agent	3	17	25	36	40
# demonstrations given by adult leaders	1	17	9	10	20
# demonstrations given by junior leaders	0	6	15	26	20

Plans for training and using 4-H leaders in carrying out 1954 program:

There will be adult project and organizational leaders who will be trained along with the junior project leaders in each club. Two junior project leaders will be selected from each club; one will be responsible for 4-H records; the other will do project leadership work. These leaders will meet together once a year to plan the years program of work. There will be at least one 4-H result demonstrator for every club. She will keep records of project work, have leader check and agent will have at least one meeting during the year.

C. Young Men and Women's Clubs

	'50	'51	'52	'53	Goal '54
# club officers	0	0	6	6	12
# adult leaders or sponsors	0	0	1	1	2

Plans for training and using leaders in promoting the Young men and women's club program in 1954

These men and women will be trained individually

and also with adult and 4-H leaders. The men and women will join in with the adult and 4-H groups for other activities. All programs planned separately will be planned by all the club members.

VIII My most difficult problems in carrying out the Extension Program in this county are:

A. Adult 4-H leadership

Leader training meetings will continually be set in more central locations in the county. Letters will be written to adult leaders reminding them of monthly meetings.

B. Being unable to get certain adult leaders to Home Demonstration training meetings.

Leaders will be trained in own community and will be written material of importance.

C. Getting the young men and women out to their regular meetings each month.

A special meeting will be planned in order to see if a more convenient time can be set for the meetings or to ascertain if a change of meeting place is desired. We shall attempt to plan more extra activities to draw interest.

IX Plans for work with other agencies:

A. Meetings will take place with the home economics, agriculture and veteran instructors and cooperation with their work and mine will take place whenever possible.

B. The Sanitation Officer and health department will be asked to meet with the home demonstration club members to show moving pictures and give discussions

and distribute written material on sanitary toilets and environmental sanitation. Assistance will be given them whenever possible.

C. School Supervisor and Principals

Through the supervision and cooperation of supervisor and principals use of the schools for various extension programs have and will be made possible. Plans are made for both agencies to take part in some of these activities. Assistance to the school programs by the agent will be given.

D. The agent will give her service to the Girl and Boy Scout organizations as long as it does not interfere with her extension work hours.

X Plans for developing good public relations in the county:

A. Elected representatives --- The agent intends to learn to know all representatives and let them know the program of work through personal contact and circular letters. The annual narrative will again be given to the County Board of Supervisors to study.

B. Short talks, discussions, demonstrations and reports will be given to churches, schools and civic organizations whenever it is requested and is possible. News articles will be written for the local and national papers. In planning programs, the agent will call upon ministers, laymen and other interested persons to help promote the program.

C. Co-workers --- Discussion periods will continue with the co-worker each week or as often as necessary or possible to help to better promote the Extension program in the county.

D. Commerical interests --- The five and dime, drug, department stores and other business concerns will be called upon for various aid as use of windows for displays, merchandise for programs or displays and help in any other way possible.

E. Other professional workers --- The agent will attend meetings and give help whenever possible.

XI Plans for recording progress and evaluating programs as planned for 1954:

- A. Training meetings and members to keep records
- B. Home visits
- C. 4-H completion charts
- D. Result demonstrations
- E. Success stories accompanied by before and after pictures
- F. Keeping permanent records for 4-H girls

XII Plans for professional improvement:

- A. 1. I plan to attend summer school for extension courses as soon as release necessary is possible.
- 2. Work will be arranged with permission, making it possible for me to attend any short course made possible by the extension service.
- B. Professional books will be read and useful ideas from magazines and bulletins will be used to the best advantage.

C. Membership in professional organizations such as the Farm and Home Agents' Association, Virginia State College Alumni Association and Boy and Girl Scouts will be continued. Plans will be made to hold membership in the State Teacher's Association and Negro Organizational Society.

D. Cooperating with other organizations by helping with workshops, drives, clinics, programs, etc.

E. It is hoped that an educational trip will be made to Beltsville, Maryland.

Annual Report

COUNTY EXTENSION WORK

Virginia Agricultural Extension Service



1954

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agent

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Southampton

county

TABLE OF CONTENTS

Subject	Page
Annual Narrative-----	1
County Situation-----	1
<u>ADULT PROJECT WORK</u>	
Food and Nutrition-----	2
Home Improvement-----	2
Clothing-----	4
Water Systems-----	5
Home Ground Beautification-----	5
Recreation and Reaching more People-----	8
Other activities-----	9
Result Demonstrations-----	9
Community Improvement Work and Cooperative Projects with Other Groups and Agencies-----	9
H. D. Week-----	11
<u>A-H CLUB WORK</u>	
Room Improvement-----	11
Garden-----	12
Other Projects-----	13
A-H State Short Course-----	13
A-H Wild Life and Soil Conservation Conference-----	13
Rural Life Sunday-----	14
YOUNG MEN AND WOMEN WORK-----	14
SCOPE OF WORK-----	15
<u>ORGANIZATIONAL FUNCTION IN THE 1934 PROGRAM</u>	
County H.D. Committee and Planning Meeting-----	15
County Advisory Board-----	16
County A-H Council & Planning Committee-----	16
Professional Worker's Council-----	17
<u>LEADERSHIP</u>	
Organizational-----	17
Program Development-----	18
Subject Matter-----	18
<u>GROWTH OF LEADERSHIP</u>	
H-D Club Project Leadership-----	18
Growth of A-H Club Project Leadership-----	19
YOUNG MEN AND WOMEN CLUBS-----	19
OUTSTANDING LEADER AND HER ACCOMPLISHMENTS-----	19
ACTIVITIES AND ACCOMPLISHMENTS OF OUTSTANDING FAMILY-----	20
ACTIVITIES AND ACCOMPLISHMENTS OF MOST OUTSTANDING ONE-----	23
WORK WITH OTHER AGENCIES-----	24
BRIEF APPRAISAL OF YEAR'S WORK-----	24

72

ANNUAL NARRATIVE

The Agent, in this annual narrative report, has combined work with adult men and women, older youth, boys and girls and 4-H girls in order to give one complete summary of H. B. work conducted in Southampton County during the 1954 year.

COUNTY SITUATION

The situation of Southampton County during 1954 has not changed its status to any great degree, since 1953. The County is 37.12 miles long and 32.19 miles wide with 1,244 of the 2,174 farms being owned and/or operated by rural Negro farm families. There are seven districts with eleven H. B. Clubs. In the County there are also 13 4-H and 1 Older Youth Clubs with an enrollment of 274 4-H girls and 18 young men & women. The Agent has worked with the young men & women alone.

Since the land is low and level it is conducive to peanuts and cotton. In certain smaller areas of the County tobacco is also produced. Swine is our chief livestock. The trend of producing Pure-bred hogs is steadily growing to the extent where even the 4-H boys are entering their stock into contests and winning awards.

ADULT PROJECT WORK

In planning the program for adult project work for 1954 the County situation and problems were discussed by the program development leaders & other H. B. members. In order to have a well rounded program and at the same time contribute to these community problems the Program included method demonstrations in regular meetings, result demonstrations, special interest groups, county

-wide tours, bulletins and other written material.

FOOD & NUTRITION

The objectives for this project were:

- a. Christmas-time pastries
- b. Packed school lunch
- c. Preparation of simple foods.
- d. Increasing the milk & egg production of farm.

Two leader training meetings were held to train the Food leaders in each club new ways of preparing simple foods, points on the packed school lunch and increasing the milk and egg production on the farm. Sixteen leaders and the Agent gave 20 demonstrations to 137 women on these objectives with and without the presence of the Agent. By demonstrating these projects the leaders and Agents feel that more balanced, appetizing & nourishing diets are being served the farm families throughout the County.

HOME IMPROVEMENT

The objectives for this project were:

- a. Removing finish from furniture.
- b. Refinishing furniture.
- c. Repairing or building sanitary toilets.
- d. Repairing old furniture (arms, rounds etc)

154 women in 11 clubs received 17 demonstrations on refinishing furniture. These women received information along with pamphlets on New Life for Your Furniture. 57 articles were refinished. Ivor club members displayed an

educational booth on the Tidewater Fair. The subject was "The Steps in Refinishing a Table". Their awards was \$10.00 for one of the first twelve best booths,

The Agent also held a floor sanding demonstration on the floors of Mrs. Pearl Pope's new home. Neighboring members and greidns were invited. Fifteen men and women learned to use the sander edger and to see one floor finished and wax. Written material on floor sanding was distributed among members and discussion on the renting of the sander was lead by the family members.

• Miss. Ruth Jamison, Housing Specialist, trained 5 leaders on repairing furniture. This meeting was held August 6, at the County Training School Shop. Four different problems, such as lost dresser drawer knobs, split chair bottoms, small and large chair round broken, were corrected and a demonstration given on refinishing furniture with one of the repaired chairs. Because of the insufficient work space and the need for large, heavy, iron clamps, the leaders and agent planned three work-shops in the two high-schools for all interested women and men. The work-shops were also planned to help the women during harvesting season, making it possible for them to work in the fields and keep up with their projects work, tool. The three work-shops were held on Oct. 1-9-15 and took place from 9 A.M. - 12 noon each day. A total of 17 women and men, two agricultural teachers, the Veteran teacher and the Home Agent were present at the meetings. Repair problems were: a split coffee table, two dressers drawer knobs to be replaced and stained, new rounds for chairs and slats for back

of chairs tightened. The Split rocker, which had been repaired in the August leader training meeting was refinished during one of these workshops. Six leaders assisted with the demonstration.

CLOTHING

Eleven H.D. women representing six out of ten clubs, enrolled in a tailoring school conducted by the Home Demonstration Agent during the month of February. This special interest group made one spring topper, a spring coat and nine spring suits during the six meeting days from 9:a.m. to 4: P.M.. The meetings were held in the serving room of the AME Zion Church, Brown, Doyle Community.

Group demonstrations were given on the following things:

1. making a sleeve board and tailoring ham
2. inner facing hand work
3. tailored buttonhole
4. applying stay-tape to coat
5. heming the bottom lining of coat
6. heming the skirt.

A temporary bulletin board was made by the Agent carrying leaflets showing pictures and giving information on the following:

1. Do you know How to Press?
2. Good Sewing Tools Make Good Sense.
3. Inserting A Zipper in a Skirt
4. Pressing Equipment for Tailoring
5. Sewing secrets for cutting, sewing, measuring and marking
6. Steps in making a tailored buttonhole.

Six men and women visited the school at various times and left having learning at least one idea about tailoring.

The eleven women placed their garments on display in a local drug store window during National H.D. Week in May.

The tailoring school contributed greater knowledge to those women who basically sew for a partial living in that it enables them to produce better quality work thus receiving a larger amount of money for garments in return.

WATER SYSTEM

To help encourage and increase the number of homes in rural areas of the County with pressure water systems, a survey has been made by the Agents. This survey was made, also to show the number of partial and complete water systems and the number that were installed this year.

These are the results of the survey:

1. Number families in the County who installed pressure water systems in their homes in 1954-----11
2. Total number families in the County with pressure water systems-----112
3. Total number complete water systems with bath----- 44
4. Total number partial water systems--68

Water systems in the homes are considered one of the first necessities. It is hoped that the above figures will increase greatly through the coming years.

HOME GROUND BEAUTIFICATION

Dr. W. L. Watson, Horticulturist, Va. State College, visited the Adams Grove and Drewryville communities in

March. Plans were made for result demonstrations on ground beautification at the Adams Grove Church yard and home of Mrs. Naomi Macklin and family who are tenant farmers on one of the Mr. Vernon Leigh's farms. Ten men and women, including the chairman of the Board of Trustees, H.D? Club members and the Home Agent, participated in the tour around the Church Yard; twelve H. D. Women, Mr. Leigh and the Home Agent followed the homeyard tour while plans for the shrubbery, grading the yard, walk-way and drive-way were being made by Dr. Watson. Drewryville H.D? Club members and friends were invited in order to receive information that might be helpful in planning their own yards. Lunch was served to the Agent and Dr. Watson in Mrs. Ethel Chavis's home in Adam Grove. A light refreshment of deviled egg salad, ritz crackers and pepsi colas was served in buffet style by Mrs. Macklin to all visitors at the Drewryville home. Mr. Vernon Leigh, Drewryville resident and owner of the farm, is contributing funds for all cost of work done on the Macklin farm. A day in October was set aside for Dr. Watson, Home Agent & workers to begin on the farm yard but due to extreme dry weather & lack of water the demonstration was post-poned until early in the 1955 year. The church secured the necessary funds to purchase 6 shrubs & replanted suggested shrubs that were already on hand. Work will continue through 1955 until the Church yard meet the plans made for it.



Dr. Watson, Mr. Leigh and club members get a lesson
in home ground beautification



Old, unsanitary toilet give over to the new indoor hot
and cold water baths.



Before picture of the Mecklin's yard with a group
of H. D. members and Dr. Watson.

DISTRICT GOALRECREATION & REACHING MORE PEOPLE

The objectives for the project were:

1. Planning types of community recreation
2. Open month for community-life activity
3. Organizing Club chorus.
4. Learning new songs.
5. Club chorus.
6. Encouraging younger Sunday School workers.
7. Christmas charity.

In this community club members have found a need for more community activities that will hold the interest of all ages of family members and teach the youth the benefit of supervised recreation & a responsibility of religious activities. These problems were discussed in the 1953 planning meeting & included in that program. During the 1954 community - Life - Activity, as we prefer calling it, continued to grow. The following projects were conducted:

A request was made by the H.D. members and all clubs agreed to learn new and more desirable community songs suitable for club meetings and other group gathering. During the year song books were purchased for members in various clubs. Practices have taken place in the club meetings and new songs taught by the Home Agent at every County-wide meeting.

While continuing plans for summer activities in the County Home Demonstration Committee Meeting in May members completed plans for the County-wide chorus which was held

at one of the Community Churches. Seven out of ten clubs were represented with 57 women singing. Clubs were: Drewryville, Zuni, Sand Hill, Capron, Greenhead, Adam Grove, and BrownBoyle. One hundred and thirty men, women & children, including chorus women attended the program.

Among the other activities that 353 men, women, & children in this County participated in were: a visit by the Brown Boyle Club members to see community friends and tour of the Central State Hospital, Petersburg, Va.; a tour of Lurray Caverns and Skyline Drive and a joint picnic at Chowan Beach, N.C., in answer to an invitation by a Hertford County, N.C. H.D. club. An Impersonation Program & Lawn Party were conducted by Capron Club members. In every club community members have urged young adults to attend Sunday School preparatory classes so as to teach Sunday School.

OTHER ACTIVITIES

RESULT DEMONSTRATIONS

There are 24 result demonstrations which are enrolled in the following projects: Poultry, home water supply, sanitary toilets, community-life-activity, foods and nutritions, refinishing furniture, remodeling and building homes, yards, beautification. Of these demonstrations the following demonstrators completed projects: 3 poultry projects, 2 pressure systems, 1 sanitary toilet, 1 family carrying community - life - activity, 2 foods & nutrition, 1 refinishing furniture, 2 homes built and one remodeled and one yard completed.

COMMUNITY IMPROVEMENT WORK & COOPERATIVE PROJECTS WITH OTHER GROUPS & AGENCIES

Mr. Frank W. Wessack, the County Sanitation Officer seemed to be as interested in "doing something" about the health

situation in this County as the H.D. women and agent were. After contacting Mr. Womack and explaining the help desired of him the Agent & the sanitation officer decided to combine clubs that are close together and show three health pictures to members, their husbands and friends. Four nights were given to these movies. The three pictures were: "Water a Friend of Enemy", "Insects and their diseases", and "Environmental Sanitation". Discussion periods were held after the showing of the pictures and the Agent distributed health leaflets to all families present.

These pictures were shown as a means of introducing the project work to the club members and friends for the month of July and August. During July the club enrollment is very poor due to intensive heat & work in the fields. By showing the health pictures at night and to combine club groups it enabled the women to continue in the fields during the day, bring their husbands & friends out and exchange ideas with other community men & women. Children were encouraged to attend movies also. 217 people attend the four meetings. Results have shown that more families are interested in water pressure systems, sanitary wells and sewage disposal and all clubs have secured the County provided insect spray & distributed it among club members. More & more request have been made to the Home Agent & the Health Office for assistance in building sanitary toilets.

Mr. David Bell, connected with the T.B. Department, has called upon all clubs in the County to come to the aid of a T.B. Chest for needy patients who are placed in sanitoriums.

There are certain articles that each patient needs, therefore, a chest is stationed at the Health Dept. to supply these patients who cannot afford the necessary articles. Each H. D. Club who receives all articles from her club^a delivers them to the main chest as the box fills. The women may either make or supply used articles for the chest. This project was taken by all clubs and for an indefinite period.

H. D. WEEK

H. D. Week was observed in many ways. A County-wide display of tailored suits and coats made by 11 women was prepared for a Franklin drug store window; a Post County-wide vaccination clinic was held for all poultry demonstrators and friends. Mr. Peoples, Poultry Department, Conducted the vaccination demonstration. Four different communities with 12 members were represented to receive information on how to vaccinate their poultry flock for any disease that might occur. Seven H. D. meetings were held during the entire month and demonstrations, on removing old finish from furniture, were conducted by the Agent, Mr. Frank Womack, County Sanitation officer, spoke to two community groups on sewage disposal and environmental sanitation. A club supper was sponsored to help raise money for the Capron club, treasure and two news articles were written by the agent.

A-H CLUB WORK

ROOM IMPROVEMENT

The objectives for the project were:

1. Pass in 1953 record sheets.
2. Make a bath towel.

3. Making an attractive bedroom by arranging furnityre, etc.
4. Choosing & framing suitable pictures for bedroom.
5. Making a shoe bag.
6. Making a bulletin board.
7. Making or buying a dresser lamp.
8. Providing good lamp for desk or study table.

During the room improvement project the above objectives were demonstrated. One hundred and twenty three girls completed the required objectives,. Boys & girls were shown how to make a shoe box for polishes, etc. Seventeen boys & 9 girls completed this extra project.

GARDEN

The following were the objectives for this project:

1. Keeping a garden record book.
2. Locating garden, securing seed, fertilizer and spray materials, deciding on work to be done and sharing of the profit.
3. Planting the garden.
4. Caring for the garden.

Mr. Vernon Watts, Associate Extension Horticulturist, Norfolk Experiment Station, and the Home Agent trained 25 adult leaders and 4-8 girls & boys in their garden projects.

The meeting was held at the Courtland Elementary school on Jan. 26. Information concerning newer varieties of vegetables, desired amount of fertilizer and disease control were given to the group through a discussion period and written material. Garden record books were distributed.

Thirteen girls enrolled in the garden project and through record books and individual garden visits by the agent it was found that 9 girls completed their projects. Through these girls the food supply in nine homes has been increased. Also as one girl stated. "I am learning about what I need in order to have a well cared for garden".

OTHER PROJECTS

Yard beautification, bread making, poultry, canning & milk, butter & cheese were also carried by 4-H members during the year. 5 out of seven girls completed yard beautification; 201 out of 260 completed canning; one out of three completed poultry. Four girls were enrolled in milk, butter & cheese but do to being away to college all winter, working in & out of the County in the summer none of the girls completed the project.

OTHER ACTIVITIES

4-H STATE SHORT COURSE

During the 4-H State Short Course at the Va. State College three 4-H girls attended to represent this County. Mrs. Eliza Bailey, Ivor, attended the conference as adult leader for the girls. All delegates returned to the County rich with information pertaining to many different phases of 4-H work. Reports were made by delegates to the County Advisory, Sunday Schools in their communities and to the 4-H Council and club meetings.

4-H WILD LIFE & SOIL CONSERVATION CONFERENCE

Five boys & girls, two leaders and the Home Agent attended the Wild Life and Soil Conservation Conference at Va. State College August 3-5.

While there, lectures and group discussions were held on various phases of the subjects. Movies were shown to

greater instill the knowledge of these two important phases of agriculture into the minds of the 4-H boys & girls. A tour of the College experiment station and a recreational hour were planned to help stimulate interest and for fun.

RURAL LIFE SUNDAY

4-H Rural Life Sunday was observed County-wide with a 4-H Candle Lighting Ceremony on the front lawn of the County Training School, May 23. All 4-H'ers, leaders and friends were invited to attend. The official ceremony was conducted by the narrator and four boys & girls. The complete group circle of 4-H'ers & leaders joined in with lighted candles, songs & the 4-H Pledge.

The Extension Achievement Day was canceled because of "Hurricane Hazel".

YOUNG MEN & WOMEN WORK

The work with young men and women has been more with individuals of the group rather than the group as a whole. Objectives were set at the beginning of the year but members missed meetings which were held at night due to the members working. After their missing meeting making it impossible for the Agent to conduct a meeting at all, individuals persons were contacted for training at various times. It is believed that had the agent had time aside from the field, office & secretarial work to write each member interesting letters or make plans for some special features to draw interest, the group work would grow. The Agent, out of necessity, was carrying both young men & women. No Agent was working with the men. This being so, whatever was planned

for the women had to be planned in a different way for the men. The women would not attend without the men.

SCOPE OF WORK

	1950	1951	1952	1953	1954
No. HD Club or Groups	7	7	9	9	11
Membership	107	151	179	193	206
No. 4-H Clubs	12	12	13	13	13
Membership	269	270	298	301	274
No. other families reached	302	356	120	1129	1703
No. of different families reached	774	507	453	974	1316
No. community clubs	1	1	1	1	1
Membership	34	36	36	35	37

ORGANIZATIONAL FUNCTION IN THE 1954 PROGRAM

COUNTY H.D. COMMITTEE & PLANNING MEETING

The H.D. work in the County is governed by the H.D. committee who in turn reports to the County Advisory Board. This committee is composed of President, vice-president, secretary of each Home Demonstration club in the County. Each year County-wide activities are planned by this committee and 4 delegates are sent to represent the County at the District Committee on County-wide improvements made. This Committee meets in April.

The Planning committee meets in September to plan the project work for the year, and is composed of the President, secretary and program development leader from each club.

club. Among the activities planned & conducted were: Club chorus, Achievement Day, banquet in honoe of H.D. members' husbands and cooperation with Tidewater Fair. The Achievement Day was canceled. Three clubs displayed at Tidewater Fair and won awards of \$10.00 each. 220 men & women attended the banquet.

THE COUNTY ADVISORY BOARD

There is a count Advisory Board disigned to act as an over-all County committee and made up of represented families from each community, that the extension service reaches.

At present there are 79 members on roll.

Each year a man and women are sent as delegates to the State Advisory Board meeting at which time one delegate gives a report on improvements made by the families who are entered in the County-Live-At-Home Community project.

The Annual State Advisory Board met is Sussex County on September 8-9 of this year. It was attended by two delegates and the Agents. Sussex County being a adjoining county other men & women from this county found it possible to attend for the day.

The Advisory Board also helped plan the Achievement Day Program and helped sponsor the 4-H Easter Egg Hunt.

COUNTY 4-H COUNCIL & PLANNING COMMITTEE

These committees is composed of 4-H officers, adult and junior project leaders and agents and serves the purpose of an over-all committee for the 4-H activities in the County.

The Council planned and conducted a 4-H Easter Egg Hunt for all 4-H'ers, Achievement Day and work for the Tidewater Fair.

On Wednesday, June 16, nineteen boys, girls and leaders from 6 of the 13 clubs met to organize the project work for 1955. The meeting opened with a joint session after which girls met separately and, with reports from clubs & much discussion, chose the projects that best fitted the club requests. It is felt that with a joint session first, the separate sessions with reports by jr. project leaders from each club, a list of possible projects before girls and girls and girls working in small groups then forming in one large group for further discussion our program planning has improved.

PROFESSIONAL WORKER'S COUNCIL

The Professional Worker's Council has been a little laxed this year. It still exists but with every agency filled to it's capacity with work it had been a matter of putting off meetings to another date when the work is not so heavy. No one worker has failed to cooperate by individual contact when ever necessary and lend an hand whenever & wherever the opportunity arises.

LEADERSHIP

ORGANIZATIONAL

These leaders are the backbone of each H.D. Club. They have volunteered to render their service for the improvement of their communities and the county as a whole. Through them the club have planned, reached decisions and contacted,

18.
other leaders in order to conduct club work and other activities.

PROGRAM DEVELOPMENT

These leaders have not been established long but have already discovered the important and necessity of their jobs. They realize that their responsibility is an all year one and they have served well in their capacity. Program Development leaders discover the problems of their communities and report them to their club, chairman of District Goals and to the Planning Committee. At times surveys are conducted by them.

SUBJECT MATTER

Subject matter, or project leaders as they are sometimes called, are a definite help to the extension program. These leaders are trained to conduct demonstrations with or without the presence of the agent present. 12 project leader training meetings were held during the year with an attendance of 158 4-H & H.D. leaders.

<u>GROWTH OF LEADERSHIP</u>	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
No. Project leaders(subject matter)	16	26	41	67	95
No. goal chairman	-	18	18	18	11
No. Program Development Leaders	-	-	-	11	11
No. result demonstrators	-	6	20	20	27
No. training meetings by specialist	-	-	1	4	3
by District Agent	-	-	-	-	1
by Agent	1	5	9	7	7
Attendance at all training meetings	12	47	83	137	158

HD CLUB PROJECT LEADERSHIP con'd.	1950	1951	1952	1953	1954
No. Meetings without an agent	10	21	42	41	23
No. meetings leaders assisted	54	50	75	59	72
Demonstrations by leaders	-	-	-	-	16
Talks and discussions by leaders	-	-	-	-	32
<u>GROWTH OF 4-H CLUB PROJECT LEADERSHIP</u>					
No. club officers	84	84	91	91	91
No. adult project leaders	12	12	13	14	13
No. result demonstrations	-	-	-	-	9
No. training meetings held by specialist.	-	-	-	1	1
by Agent	1	4	4	4	2
by district agent	-	-	-	-	-
by member club department	-	-	-	-	1
Attendance at leader training meeting	5	13	37	62	50
No. 4-H Leaders trained individually	12	24	23	9	7
No. Club meetings held by leaders without agent present	16	17	35	36	14
No. of additional club meetings at which leaders assisted	20	95	99	86	64
No. demonstrations given by adult leaders	7	10	9	19	9
by juniors	5	7	15	22	19
<u>YOUNG MEN AND WOMEN CLUBS</u>					
No. Club officers*	-	-	-	5	5
No. leaders	-	-	-	3	3

OUTSTANDING LEADER AND HER ACCOMPLISHMENTS

Mrs. Beatrice Whitfield, Newsoms, Va. Greenhead club has only been a member of the H. B. Club for 1½ years but she has done more to help stimulate the club members and her

community than any other member in so short a time.

Mrs. Whitefield is the Secretary of her club and one of the three community-life-activity leaders. Aside from being a good cooperative member she does more than her share by spreading the news of extension work in other communities and other states. Her attendance at all regular club meetings and county-wide meetings, in which she was asked to attend, has been 100%. Her secretarial records are accurate and clearly given at all times. She has been the instigator for increasing the enrollment & bringing back old members nearly $\frac{1}{2}$.

Among the many activities that Mrs. Whitfield has helped plan and sponsor are: rallies & baby contests to aid the club treasure, a joint club picnic held in the state of N.C., revived spirit among club members for placing work on display for last year's Achievement Day & Tidewater Fair and making artistic and useful household articles & wearing apparel and introducing the methods to the club members. At each meeting the members return home with a new idea, aside from the monthly demonstrations, to work on. Songs, poems, and extension facts are of great interest to Mrs. Whitfield and through this varied interest an H.D. Club has been reborn.

ACTIVITIES AND ACCOMPLISHMENTS OF OUTSTANDING FAMILY

Mr. & Mrs. T.B. McClenny, Wakefield, Va., has been quite popular during the 1954 year. All popularity shown of course is due to progress through accomplishment made by this family. I like to feel that Extension Service has done a lot to help with this progress.

There are six member in the family who live in a six room remodeled, modern equipped home on approximately 90 cleared acres of farm land. Two of the four children are attending the community elementary school while the younger boy & girl are at home lending assistance to the pure-bred spotted pole & china hogs & Mrs. McClenny's 110 hens with which she is a poultry demonstrator. The older boy has been a 4-H member for 3 years and older girl is starting this year for the first time.

Mr. & Mrs. McClenny are very active in many organizations in and around their community. They are members of: The County Advisory Board, 4-H Council, H.D. Committee, Masonic Organization many church organizations and the Agricultural Adult Class. Mr. McClenny is a member of the local, Va., and National Pure-bred Service Breeders Assoc. and is a member of the Board of Directors of the Va., P.B.S.B.A. and many others. Mrs. McClenny is the Secretary of her H.D. Club for which she has been a member for eight years.

Many wonderful things have happened to this family during the past year but here are a few of the most recent ones:

The Family recieved a week-end visitor in the form of a representative from a very popular magazine. Mr. Richard Saunders, from "Our World" Magazine. Mr. Richard Saunders, New York, City, spent Friday through Monday morning living with the McClenny family and making a picture story of their farm & home life. Pictures were taken of home visit made by the Farm & Home Agents, the family going to market, adult class night for the parents and school day for the children.

A community meeting with Mr. & Mrs. McClenny present, farm life with the pure-bred hogs, poultry, tractor work, laundering and many other phases of the McClenny family life were snapped and conversations recorded. The pictures story came out in the May issue of the magazine.

A barbeque, for Agricultural Extension workers and friends was held on the T.B. McClenny's farm and sponsored by the same family on Saturday, June 26. Approximately 85 persons participated in the various forms of recreation offered. Friends present represented Va. State College, Chesterfield, Hansemond, Greenville and Southampton Counties & North Carolina. The afternoon menu centered around the barbequed pork sandwiches. Cake & ice cream was the dessert. Mr. & Mrs. McClenny wanted to show their gratitude to the Extension Service and other Agricultural workers and friends for the help they have received while achieving success with improved farming.

At the State Advisory Board meeting in Sussex County in September of this year the annual award given by the board for the most outstanding farm family in the state was awarded to the McClenny family. This presentation will be made in 1955.

The most recent project undertaken on this farm is yard beautification. Dr. William Watson has made a visit to help plan the grading, shrubbery, trees, drive-way and walkway.

Half of the project is completed. The family will continue work on this project early in the new year!

ACTIVITIES AND ACCOMPLISHMENTS OF MOST OUTSTANDING CLUB

Capron H.D. Club has been an inspiring club during the past year. In spite of the fact that its early members were members of a neighboring club just three years ago. With the growth of interested women in Capron community, Capron organized its own HD club. The enrollment of this club is 31, with a very active membership of 27. There were 12 meetings during the year with 7 demonstrations and 5 discussions. Twelve organizational, program development and project leaders conducted 5 of those meetings. 6 call meetings were held where committee on all members were expected to be present.

Among the activities given by this club aside from regular project work are: one member enrolled in the tailoring school and made an spring suit, fourteen members joined together to represent their clubs at the County-Wide Club Chorus given in June, a supper, a "fish fry" and an Impersonation program were held in order to aid the club treasure and to lend support to an educational & recreational tour of Skyline Drive and Lurray Carvers. The Club is helping with an emergency call for articles for a health chest for tuberculous patients in the County. It also helps the poor by giving charity boxes and is joining other clubs in honoring their husbands this month with a banquet.

Results of these activities are: five new members, husbands who encourage their attendance at the meetings instead of grumbling.

About their envious but harder working members in other clubs throughout the county and happy, ambitious, agreeable Capron Club members.

WORK WITH OTHER AGENCIES

Both the agent and the other agencies have worked very close in locating the problem and trying to solve it among the County farm families.

The Agent has worked with the tubercular department, Farm Home Administration, and the Veteran, H. Economic & Agriculture Depts. Assistance has been given the agents by the Departments, local stores and ministers.

BRIEF APPRAISAL OF YEAR'S WORK

Working with the farm families in this county has been one of the most interesting experiences in my life. It has shown that cooperation, getting along with people, a will to advance and a will to assist go hand in hand toward progress. Progress has been made during the past year. Two new HD clubs have been added with 13 new members. All clubs have been very active throughout the year. The County Advisory Board meetings were beginning to lag behind but with a method formed during the year and with the use of interesting pictureque cartoons used on circular letters interest has grown and members are attending meetings more regularly.