

articles, discussion, group meetings, method and result demonstrations, county-wide and community activities, reports that the application and sharing of information gained that the standard of living for the people have been improved.

Suggestions for Improvement

We believe the home economic phase of extension program could be improved through more and better trained leaders, more specialist help in training these leaders, more activity participation on part of leaders and more flexible program centered around community problems.

Contributions to Family Living - Adult

We believe that the Kitchen Improvement Tour which was reported previously was the adult's activity that made the greatest contribution to family living. Club and non club members were able to see and hear accomplishments from homemakers on improvements made.

Contribution to Family Living - 4-H Club Work

We believe that the continued interest in remaining in 4-H club work beyond elementary school has contributed toward improve family living. During 1959-60 we had an increase enrollment in these older 4-H club groups and we plan to work toward a greater increase during 1960-61.

venetian blinds and curtains; purchase new tables and chairs; purchase home freezer; purchase new gas stove.

This tour was both educational and recreational and representatives from seven of nin clubs were with us. Approximately 45 persons were on the tour. Miss H. B. Ford, Assistant District Agent was our guest for the day. This is one way to inform public of the extension program by touring to see results obtained.

B. Progress In Developing Good Public Relations In County

County workers, general public, elected representatives and other professional workers through: attendance at public gathering, such as churches, P.T.A.'s etc. inviting them to county-wide and other activities; and discussion on problems which are found within our county.

C. Professional Improvement

1. Attended Farm and Home Week
2. Attended Agent Refresher Course in Tailoring
3. Read professional magazines
4. Judged at Achievement programs and county fairs in nearby counties.

VII. The Look Ahead

Through problems based upon needs, interest and desired as brought out by leaders, agents and others the program for 1960 was planned. We believe that through attendance at leader training meetings, reading magazines and newspaper

VI. A. Significant Achievement of Extension in Home Demonstration Club Work

Kitchen Improvement Tour

During the past five years the Home Demonstration clubs of Dinwiddie county have been working on their long-time goal of "Improving The Kitchen for Better Living."

Topics covered during this period were as follows:

1. Improved storage space
2. Convenient arrangement of larger pieces of equipment
3. Color schemes (painting and wall papering)
4. Selection and care of floors and floor coverings
5. Window treatment
6. Instillation of water under pressure
7. Improved lighting
8. Built or remodeled kitchen.

A kitchen improvement tour was held on Thursday, June 23rd to see and hear accomplishments of homemakers on this long-time goal. Eight homes were visited on the tour, they were: Mrs. James Shands - Burgess-Mattox H.D. club; Mrs. Carrie Washington - Rocky Branch, H.D. club; Mrs. Annie Clarke - Hebron, H.D. club; Mrs. Aurelia Lundy - Mckenney H.D. club; Mrs. Louise Skyes - Rocky Mt. H.D. club; Mrs. Myrtle Harvell - Wyatt H.D. club; Mrs. Annie J. Woodyard-Mt. Level H. D. club; and Mrs. Inez Walker - Center Star H.D. club.

On this tour we had a chance to observe the following accomplishments that had been made: Built new kitchen; remodel kitchen; Installed water under pressure, painted walls, Install floor and wall cabinets; purchase new floor covering, Installed

B. Leadership and Accomplishments of an Outstanding Club

West Petersburg Home Demonstration club has done outstanding work on its community project during 1960.

Their community project was "Improving Community Through Clean-up Campaigne." Their main goal was to purchase and erect trash cans on several streets in their area. Plans were made to inform the community about their goal through announcements in church and P.T.A. meetings, letters to each family living in community asking for cooperation and contributions for their project. Each member was assigned streets or area in whic to solicit funds for the project and reports were made at club meetings.

With funds solicited from persons in area along with money raised by club members the club pruchased six barrels, and all other necessary materials to erect these trash cans.

4-H club members painted the barrels and stenciled the word "Trash" on each and other adults in area helped to erect these trash cans in difficult areas of the community.

This club also purchasred a medicine cabinet aid some supplies and plan to present it to local school P.T.A. at its next meeting.

We believe that this community has proven that good planning, hard work on part of leaders and cooperation with others that worthwhile goals can be accomplished.

	1956	1957	1958	1959	1960
No. training meetings by others	0	0	1	1	1
Attendance at all training meetings	176	216	197	178	184
No. meetings held without agents	30	26	29	22	13
No. meetings leaders assisted	72	63	67	75	73
Demonstrations by leaders	35	24	32	47	53
Talks and discussions by leaders	65	37	41	30	32

3. 4-H Club Leadership

	1956	1957	1958	1959	1960
No. club officers	88	84	84	96	77
No. adult project leaders	21	21	15	15	11
No. junior project leaders	11	12	13	12	15
No. result demonstrators	0	0	0	0	0
No. training meetings by specialist	0	0	0	0	0
No. training meetings by district agents	0	0	0	0	0
No. training meetings by agents	3	5	2	16	7
No. training meetings by members club dept.	0	0	0	0	0
No. training meetings by others	1	1	0	0	1
Total attendance at leader training meetings	28	86	27	174	118
No. 4-H leaders trained individually	3	3	3	4	3
No. club meetings held by leaders without agent	3	3	9	1	6
No. additional meetings at which leaders assisted	47	23	18	23	25
No. demonstrations given by adult leaders	26	15	16	20	18
No. demonstrations given by junior leaders	16	10	24	47	49

published their sixeth year book which was distributed among club members, home economic and vocational agricultural instructors, high and elementary school pricipals, school supervisors and other interested persons.

We gave information to families and individuals not in organized clubs, through circular leters, leaders and members sharing information, home visits, office and phone calls and 4-H club members.

V. Leadership

A. Growth of Leadership

1. Overall Program leaders

	1958	1959	1960
a. County Agricultural Extension Service Board	10	10	10
b. Youth Council	12	12	12
c. Home Economics Council	0	0	0

2. Home Demonstration Club Leadership

	1956	1957	1958	1959	1960
No. organizational leaders	55	55	60	60	54
No. project leaders (subject-matter)	78	65	87	98	81
No. Federation program of work chairman	12	10	10	10	9
No. program development leaders	12	10	10	10	9
No. result demonstrators	17	22	24	15	38
No. training meetings by specialist	2	0	3	1	2
No. training meetings by district agents	0	0	1	0	2
No. training meetings by agents	14	20	14	20	9

IV. Scope of Work

<u>A.</u>	<u>1956</u>	<u>1957</u>	<u>1958</u>	<u>1959</u>	<u>1960</u>
<u>No. H. D. Clubs</u>	<u>11</u>	<u>10</u>	<u>10</u>	<u>10</u>	<u>9</u>
<u>Membership</u>	<u>172</u>	<u>150</u>	<u>150</u>	<u>150</u>	<u>137</u>
<u>No. H. D. Groups (unorganized)</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<u>Membership</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<u>No. H-H clubs</u>	<u>11</u>	<u>12</u>	<u>12</u>	<u>12</u>	<u>11</u>
<u>Membership</u>	<u>144</u>	<u>244</u>	<u>230</u>	<u>250</u>	<u>209</u>
<u>No. YMW Clubs</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<u>Membership</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<u>No. Community Clubs</u>	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>
<u>Membership</u>	<u>48</u>	<u>48</u>	<u>48</u>	<u>40</u>	<u>40</u>
<u>No. Genral Interest committees</u>	<u>0</u>	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>
<u>No. Youth Committees</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<u>No. Other Organizations</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<u>No. Farm & Home Evelopment families</u>	<u>9</u>	<u>9</u>	<u>3</u>	<u>3</u>	<u>3</u>
<u>No. Other Families Reached</u>	<u>67</u>	<u>69</u>	<u>70</u>	<u>73</u>	<u>75</u>
<u>No. Different Families Reached</u>	<u>427</u>	<u>437</u>	<u>438</u>	<u>397</u>	<u>399</u>
<u>B. What Was Done To Increase Scope of Work and To Inform Public About Home Demonstration Work</u>					

During 1960 each club member was asked to share information gained at club meeting with non club members, we invited non-club members to special interest workshops, area programs, District meetings and other meetings to acquaint them with home demonstration club work. The home demonstration clubs

C. Other Activities

1. Achievement Day

The joint 4-H and adult Achievement Day program was held at Southside High School, Dinwiddie, Va. on Wednesday night, November 9, 1960.

The 4-H highlights of the program were reports of delegates to State 4-H Short course and Conservation conference.

A Dress Revue was held with 4-H club girls enrolled in "Make or Remake." Garments made in this project.

Judges were home demonstrations club members: Mrs. Stella Roney, Mrs. Lottie Shands and Mrs. Dorothy Rieux. Three young ladies received blue ribbons, 1st place, three received red ribbons, 2nd place and two young ladies received white ribbons, 3rd place.

Occasions represented in these garments were: church wear, school and lounging wear.

The fashion show was enjoyed by the members taking part as well as the audience. We hope that these members as well as others will enroll in clothing project 1960-61 club year.

2. Home Ground Beautification

Several groups took this project and has as its goal to teach h-H club members to make their home grounds more beautiful through proper planning, care and maintenance.

Methods used were: leaders, leader training, group meetings, discussions, bulletins, circular letters, home visits, visual aids, and method demonstration.

Results: h-H club members planted flowers, learned to identify various types of leaves, mowed lawn, raked leaves off lawn, planted shrubbery, painted mailboxes and lawn furniture.

3. Electricity Unit I

Several groups took this as their joint project with the following goal in mind: To help h-H members realize the importance of electricity in home and on farm.

Methods used were: leaders, groups meetings, circular letters, method and result demonstration, exhibits, bulletins, visual aid and discussions.

Results: h-H club members learned how to make and repair extension cords, how to repair lamps, various types, wattage of bulbs and use of each and care of small electrical appliances found in many homes.

B. 4-H Project Work

The following joint projects were carried by 4-H clubs members in Dimwiddie County during 1959-60, "Electricity Unit I," "Home Ground Beautification Unit I and Safety." Individual projects were Meal Planning and Preparation Bread Making and Clothing Units II & III.

The group projects were selected by groups with needs, interests and abilities of club members in mind. Older 4-H club members selected project which would help make them more useful and worthwhile citizens.

1. Safety

Safety was taken by one 4-H club group and has as its goal to teach 4-H club members to recognize and practice safety in home, on farm, on highway and at school.

Methods used were: Leaders, method demonstrations, visual aids, check sheets, home visits, group meetings, discussions and bulletins.

The results of this project cannot be measured in terms of number of persons doing a particular part, we believe that it has been helpful in making more youths safety conscious. Safety is everybody's business and we need to practice safety at home, on highway, at school and on the farm. More accidents are caused by carelessness than any other.

parking area. During our farm tour which was held in August we visited this family and they told their story of their accomplishments. This family is looking forward to completing their other goals along with new goals which will make life enjoyable.

III. County Extension Program - Youth

A. Organizations

1. County 4-H Council

The County 4-H Council is composed of officers, leaders and other key persons from local clubs within our county and held two meetings during 1960. The council serves as an overall planning committee for all county-wide activities sponsored by and for 4-H club work. It planned such activities as annual day of recreation, Achievement Day and ways and means for raising funds for council treasurer.

2. Project Planning Committee

This committee met once during this year and had as its purpose to select group projects which will be carried by 4-H clubs during 1960-61. The projects suggested were "Electricity," and "Home and Family Health." Following the discussion of this committee these projects are presented to each local club and it in turn decided upon the group project in which it will engage with needs, interest and ability of members in mind.

school. This family's long time goals were:

1. New Brick home on U.S. Highway# 1 necessary out-buildings.
2. Education of their children

Short-time Goals were:

1. Furnishing of new home
2. Purchase new automobile
3. Purchase of home freezer
4. Improving home grounds

The cash crops on this farm are tobacco and livestock, he also has an off-farm job at a Button Factory which is located in town of Mckenney.

According to records the health status of this family is good, educational level seventh grade and they take an active part in community, activities such as church, P.T.A. etc. This family plan each activity before attempted such activities. They cooperate with the extension service, soil and water conservation, FHA and other such agencies which is designed to improve family living.

The following results have been noted in this family since working with farm and home development work: completed seven room brick house with complete basement, purchased furniture for home, have modern kitchen with built in oven; purchased new automobile, home freezer, and is working on home ground by seeding lawn, and establishing

E. Farm and Home Development Work

The farm and home development work is being carried on by three farm families in Dinwiddie county.

<u>Problems most often encountered are:</u>	<u>No. Families</u>
Increase of family income	3
Improve or Better Housing	3
Better use of time and facilities	3
Putting into operation more improved farm and home practices	3
<u>Assistance Rendered</u>	
Housing	2
Yard Improvement	1
Farm and home accounts	3
Farm and home Plans	3
Family Food Supply	3
House Furnishings	1
Clothing	3
4-H club work	3

Progress Story of One Family

The Vernon Ragsdale family we believe has done more toward their family long and short time objectives than any of farm and home development families. This family consists of father, mother and five daughters, all the children are in school with exception of the youngest. One is in high school and the other ~~are~~ students in Mckenney Elementary

meeting. The overall objective of these meetings were to better inform the homemakers of the extension program and its contribution to improved living.

3. Achievement Day

Our annual joint adult and h-H achievement day program was held on Wednesday night, November 9th, 1960 at Southside High school with approximately one hundred and twenty-five (125) adult and youth in attendance.

The adult portion was centered around individual club exhibits. Each H.D. club selected one topic covered during 1960 for their exhibit. Seven of the nine clubs displayed their products which included: "Wise use of time and energy in planning and preparing meals," "Quick meals for hurry-up days," "Using more milk and milk products," "Improving Trash Disposals," "Safety In the home," "Food Preservation, Canning and Freezing," and "Equipping the home medicine cabinet." There were no competition between clubs, each club was judged on the following points, educational value, quantity, quality and arrangement of their respective exhibits. Each received ribbon according to these points. One club received first place, two received second place and three receive third place. Judges were Mrs. Elsie C. Lively, Local Home Agent, Chesterfield county and Mrs. L. A. Crawley, retired teacher and former chairman of County H. D. club committee.

2. National H. D. Club Week Activities

In observation of National Home Demonstration Club Week the clubs in Dinwiddie County held three area programs at the following church throughout the county: Big Bethel, Mckenney, Va. - April 24th; First Baptist, West Petersburg, May 1st; and Little Zion Carson, Va. - May 8th. There are nine clubs and three clubs made up each individual area program.

The purpose of these programs were to acquaint the public with the home demonstration phases of the extension program. Leaders served as narrators, furnished appropriate music and gave demonstrations; made exhibits and fashioned garments made in clothing projects.

Approximately one hundred and seventy-five (175) persons were in attendance at these programs.

The Home Demonstration clubs in Dinwiddie county also served as host to District II Home Demonstration clubs on Tuesday, May 3rd at Southside High School, Dinwiddie, Virginia; where approximately three hundred and thirty-five (335) home-makers, agents, supervisors, etc. were in attendance.

There were fifty-five (55) persons from the county in attendance at the meeting. Approximately 90% of these home-makers had not attended the District meeting before. There were three non club members in attendance at the District

it was necessary to get milk in diet through other means, such as main dishes, desserts and various drinks using milk.

Each club had two leaders for this report, These leaders were trained by Mrs. Mary L. Thompson, Associate Food and Nutrition Specialist, Blacksburg, Virginia along with three workshop conducted by the home agent. The leaders used information gained at these training meeting at home with respective families before giving demonstrations before club group.

At close of project the leaders secured information from club members on number of dishes prepared for their respective families using information gained at club meetings. To date one hundred and then homemakers have reported that they have prepared three hundred and ninety-three dishes using milk and milk products in diet for their family. Sixty five percent (65%) of these dishes were new dishes using milk and milk products.

C. Other Activities

1. Home Demonstration Club Community Projects

Each club selected a community project during 1960 which are as follows: church ground improvement - two clubs, Improving mail boxes - three clubs; clean up campaign - one club; Helping needy families - one club and first-aid kit for school - one club. We plan to report accomplishments on these projects in December 1960.

enable her to find and remove unsafe hazards found in and around the home.

b. Following was attempted: To teach homemakers how to make its surroundings a safe place in which to live.

c. People were to learn following: How to practice safety in around the home through application of information gained at meeting and through newspapers, etc.

d. Worked carried out through following: leaders, folders for leaders, check sheets, group meetings, discussions, visual aids, home visits and circular letters.

e. Results obtained were: The homemakers learned that safety is everybody's business. That more people get hurt in home and on farm **than on** highway and that falls cause more accidents than any other. Each homemaker received check sheets to check safety in their home as well as farm. We plan to have complete reports on check sheets in near future and will write final results then.

Accomplishments

We believe that "Using More Milk and Milk Products" was the greatest accomplishments during the past year.

Some of the problems were the need for homemakers to become aware of many ways that milk can be used in the diet other than by drinking it. The majority of homemakers and their families do not like to drink milk, therefore,

breeding places for same as well as proper use of sprays on market. In many instances it will be necessary to get neighbors cooperation to controll such household pests as rats, mice, roaches etc. We can improve appearance of home and farm through proper trash disposals. There are many types of containers on market for trash found in and around farm and that we should use precautions at certain seasons of year in burning trash.

We can make our water supply safer by instillation of pumps in open wells, covering these wells with wood tops, and having water supply insepcted by health department if need be.

That each home should have a well equipped medicine cabinet in accordance with the recommended list of supplies and that all unnecessary supplies should be kept elsewhere. That we should have a first aid kit in family automobile and be familiar with use of kit.

3. Safety

The topic "Safety In The Home" was taken during the months of July since national safety work in observed during that month.

a. Problem or needs of people were: How can home-makers improve present skills and knowledge which will

that time and energy could be saved by planning meals ahead of time, many dishes could be prepared ahead and cooked when needed and that milk could be used in preparing a variety of dishes for family use.

2. Health

Health was taken during months of April and May, September and October, topics covered were: Control of Household Pests;" "Improve Trash Disposals;" "Safe Water Supply," and "Equipping Home Medicine Cabinet."

a. Problems or needs of People: How can homemakers improve skills and knowledge which will enable them to find and remove unhealthy conditions in and around the home.

b. The following was attempted: To teach homemakers to improve health conditions in and around the home.

c. People were to learn the following: (1) Ways to control household pests. (2) Ways to improve trash disposal. (3) Ways to make home water supply safe for health sake. (4) How to make and equip a home medicine cabinet.

d. Work carried out through following: leader training workshop, leaders, method and result demonstrations, group meetings, discussions, bulletins, illustrative material, specialist, circular letters, home visits and folders for leaders.

e. Results obtained were: The homemakers learned that many household pest can be controlled by first destroying

B. Subject - Matter and Special Emphasis Areas

1. Food and Nutrition

The phase of Food and Nutrition was held during the months of January through March. Topics covered were "Wise Use of Time and Energy in Meal Planning and Preparation," "Quick meals for hurry-up days," and "Using more milk and milk products," and "Canning and/or Freezing."

a. Problems or needs of people were: How can home makers improve present skills and knowledge in planning and preparing meals in minimum length of time and at same time have family well fed?

b. The following was attempted: To teach home makers how to plan and prepare meals for the family for family health.

c. People were to learn Following: (1) How to plan meals using 4 Basic Food Groups. (2) How to plan meals for Hurry-Up Days. (3) How to plan and prepare meals using more milk and milk products. (4) How to preserve food for future use.

d. Work carried out through following: Leader training meetings, leaders, method and result demonstrations, bulletins, recipes, home visits, group meetings, circular letters, discussions, visual aids and specialist help.

e. Results were as following: The results brought about from this phase of work were that homemakers learned

such activities as National H. D. Club Week observation Program for 1961, entertained District Home Demonstration clubs, Day of Recreation and purchased yearbooks for club members and other key persons.

(a) County Program Planning Meeting

On Monday, May 23rd, Miss Heidi E. Ferd, District Agent worked with program planning chairmans and presidents from each club on pre-program planning. The purpose of this meeting was to stress importance of knowing our community and problems of people with in our community. Each leader was asked to find out information and problems in their respective communities prior to club planning meeting and present these problem to their club for their considerations. With these problems of community in mind each club brought problems to county planning meeting for consideration for 1961 H. D. Club Program.

Our Annual H. D. Program Planning meeting was held on Monday, July 11th with club presidents, program planning chairman and other key persons in attendance. The purpose of this meeting was to plan 1961 H. D. program based upon problems, needs and interest of homemakers in mind.

= The Subject-Matter Areas included in our program for 1961 are "Food and Nutrition," "Home Management," and "Better Housing."

Approximately 90% homes in county have electricity and 33% have telephones. There is one medical clinic with two doctors at Dinwiddie and one medical doctor and one dentist located at McKenney.

II. County Extension Program - Adult

A. Organizations

1. County Agricultural Extension Service Board

The County Agricultural Extension Service Board is the oldest Extension organization within the county and serves as the overall planning organization in the county. It's membership is made up of men, women and 4-H representatives from each community. Its objectives are: Improve farm and home as a unit; to encourage farm families to keep records and supplement family income through production of livestock, poultry, etc. This organization met two times and planned such county-wide activities as Farm Tour, Achievement Day and sent delegates to the State Advisory Board meeting.

2. County Home Demonstration Club Committee

This organization consist of president, secretary, program planning chairman from each club and other key people within our county. This organization plans all county-wide activities for the Home Demonstration clubs for the county. This organization met twice during 1960 and planned

ANNUAL NARRATIVE REPORT

I. County Situation

Dinwiddie County which is five hundred and seven square miles, (507) is located in southside Virginia; and has as its chief source of income general farming. Products produced are: tobacco, corn, peanuts and small amount of cotton and market gardens.

The population of Dinwiddie County is one thousand, eight hundred and twenty-five (1,825) families; of this number seven hundred and eighty seven (787) are farm operators and one thousand and thirty-eight (1,038) families living in county but do not make their living from farming. Mckenney is the only incorporated town in the county and West Petersburg is densely populated rural non-farm area in the county.

There is one Button Factory and several Saw Mills in the county. Three railroads and two main highways pass through the county and we have bus service on each of these highways.

There are eighteen (18) elementary schools and one(1) high school in the county. Hot lunches are served in the high school and Mckenney elementary school and the milk program is found in four (4) elementary schools. There are twenty-one (21) churches and a health-center in the county.

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ANNUAL NARRATIVE REPORT

**COUNTY
EXTENSION
WORK**

Virginia Agricultural Extension Service

Mrs. E. S. Ferry
Name

Local Home **Agent**
Title

Assistant Agent

Assistant Agent

Assistant Agent



1960

Division
County