

1958 PLAN OF WORK

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Fairfax
County

I. COUNTY SITUATION:

Fairfax County lies in the Northern most part of Virginia. It is adjacent to the District of Columbia. The Northeastern and Eastern part of the County is a part of the greater Washington area. These sections are the most heavily populated. However, this great influx of population is rapidly taking over the greater portion of the County of the 410 square miles, a possible two-thirds of the County has been and is being developed into housing projects.

Statistics of October 1, 1957, show that in Fairfax County there are about 2,121 farms homes on 1,153 farms; 16,477 non-farm homes, and 34,681 urban homes. This constitutes a population of 202,529 people as of October 1, 1957.

A County Executive form of government is in effect. The master plan has been adopted though the actual development of it is slow and will continue slow development. Because of the proposed federal projects for the County, such as highways, proposed county hospital, and housing developments the people are going slow on personal property work.

The money income of the County people comes from government positions, work in stores and industrial plants. Tourist probably brings in the largest amount of money. Most of the farm people have part time jobs to add to their income. The most important farmers are dairy, general, livestock, and ornamental plants and shrubs.

The greatest problems are (1) housing shortage; with an added one of maintenance of those homes already built; (2) crowded schools, too few teachers and integration; (3) crowded population conditions, enhanced by further increases in population an annual increase of about 20,000 people; (4) juvenile delinquency; (5) constantly increasing traffic problems; (6) serious water conditions; (7) garbage disposal; (8) sewerage problems; and (9) increasing prices on all necessary items causing growing economic problems

- since incomes are on the decrease. Each of these problems is being worked upon but on a long time basis.

Home Demonstration groups, 4-H groups and all farm groups cooperate with civic and service groups to work to help these economic and social conditions. Interest in County Extension work is constantly growing.

This County situation affects the Home Demonstration program of work not only for economic reasons of keeping down homemaking expenses, but also along community and county interest to help clear up these problems. This is also financial because of increased taxes.

The situation as stated above and outlook material featuring rising prices in 1958; different tastes and preferences in selection and buying; the increasing number of shopping centers and thousands of stores in the Washington area, the increasing housing developing bringing a larger population determined a County Home Demonstration program very similar to our 1957 program of work. A program that would be of an economical aid in a County of such diversified interests; and, composed of people of such varied incomes, education and personalities.

II. COUNTY EXTENSION PROGRAM - Adult

A. Organizations

1. County Agricultural Extension Service Board

This Board is in the process of the making. It is the hope to have this overall Board far enough advanced to be able to have a joint meeting for reports and plan for a joint County project.

2. Home Economics Council

It is the plan to organize a Council Board of Home Economics and lay people to determine the needs of the people and to plan how to help them.

3. General Interest Committees

- a. There is one general interest committee in the county at present. A Garden Institute program of six nightly meetings once a week for the general public. The program is handled by a committee of lay people, two Home Demonstration women and the Agents. This feature is to give landscaping information and help to the people who cannot and do not take advantage of the Home Demonstration program. This has been in effect for 3 years. A home lighting program is being worked on.

- b. In 1958 it is the plan to organize and carry out another such program to give pertinent information to the public. A committee of lay people will decide what this program will be and how to carry it.

4. County Home Economics Committees

Determine through background information on county problems in Home Economics the most important items, the areas who need work on these items; try to find out these persons who are potential leaders. Try to interest these people through personal visits. A committee of four to six persons should be best at first - with the idea of enlarging. The purpose of the committee to plan features of work to benefit the people at large. This group will plan and carry out one such feature. There will be a committee of six people.

5. County Home Demonstration Committee

At present this committee has one hundred seventy members. It is the official organ of the home demonstration program. The Board's duties are to promote and sponsor county extension work, to plan and carry out program of work; to advise and help the Home Demonstration Agents; and to sponsor 4-H youth work and community work. The program planning meeting will be held one day with the District Agent. There will be committee meetings to plan goals, objectives, and the calendar. The Specialists will be interviewed prior to the committee meetings. This committee determines how to and helps carry out the Home Demonstration Program.

B. PROJECT WORK

The 1958 project work has, for the most part, an overall general theme - "Money Management", yet stressing this in several phases of Home Economics Subject. The women want to save money, save time and have more time for their families.

1. Home Management

- a. Where Your Money Goes
- b. Types of Credit and Financing Plans for Family Use.
- c. Wise Buying of Home Appliances.

The State Home Management Specialist will train the Agents in these subjects. The Agents will be responsible for giving this project work in the various club groups. The agents will request assistance

from the club leaders. The general objectives to help women to see where they

- a.
 1. Are over buying
 2. Where money may be saved
 3. Plan to work toward securing something wanted
 4. To improve family understanding and relationships
- b.
 1. To have at least 5 Family Record Keeping groups
 2. To have at least one member of each club group as a result demonstration a possible 33 result demonstrators.
- c. That the "findings" of these result demonstrators will induce non-members to participate.

2. Foods and Nutrition

It is planned that the State Food Specialist will train leaders. The leaders will present this project work to their club members.

The present shopping of women in all areas near a large city is to shop for all purposes in the general food stores. The main objective is to try and get women to see that "leakages" in such buying cannot show true pictures of expenditures.

- a. Getting the most for your Food Dollar
- b. Money saving menus with good family nutrition - savings in time and money
- c. One meal casseroles - stressing good nutrition - time saving
- d. Freezing prepared foods - fruits and vegetables - meats - poultry - for good family nutrition - time and money saving

It is desired this program will result in:

1. More better family nutrition
2. More improved eating habits
3. Better shopping habits
4. Keeping correct food buying records
5. Fewer shopping trips to save time, fuel and money
6. Better food preservation techniques
7. It is hoped to have at least one member per club as a food buying demonstrator

3. Clothing

It is planned that the State Specialist will train the leaders in this project work. The leaders will present the project to club members. The agent hopes to further the program with the assistance of a member of the National Clearing Council

- a. Care and Storage of Clothing
(Dry cleaning - removing spots and stains for types of materials.)
- b. New Clothing Fabrics easy on Energy, Time and Money
(Suitable and comfortable for all the family.)

In view of higher cost of clothing to help women:

1. To do better buying - to cut clothing bills
2. To do more of own "Clothing Construction" - to use materials of good quality; yet, requiring little care
3. To care for clothing wisely
4. To have at least one member per club as a result demonstrator in "Better Care of Clothing".

4. Club Choices

Three months are set aside for club choices. This method gives each club an opportunity to have a desired topic - a topic, not in the county program. These choices furnish interest, further educational opportunities and time to finish up work requiring more time. The Christmas Club Choice is on subjects with the objective of showing the True Christmas Spirit.

5. Gardening and Small Fruits

One County-Wide Home Garden Meeting is planned with the help of a Vegetable Specialist and Small Fruit Specialist. The monthly sheet in Garden Ideas sent out by the Specialists will be distributed.

6. Crafts

Crafts are not in our program as crafts - such work done in the county is coordinated with rural arts - and carried as special interest work - most of this is done by the leaders who the Agents have taught. Only such articles that are practical and useful are made. Leaders get reports.

C. FEDERATION PROGRAM OF WORK

1. Health

This is a long time program because the importance of health for the individual and the family is of major interest. The women hope by keeping this as a long time goal to have more and

more people become more and more health minded. It is hoped to promote better family health by:

1. Promote programs of Virginia Health Council on Health and Medical care for your family by:
 - a. Giving blood when possible.
 - b. Having a chest X-ray.
 - c. Having a complete Cancer Examination and a County-Wide Cancer Meeting.
 - d. Periodic check and discarding of old medicines in medicine or first aid kit.
 - e. Know County Health Facilities.
2. Urge each Club member to give more attention to physical and mental health by:
 - a. Eating well balanced meals.
 - b. Resting daily.
 - c. Learning to control emotions in everyday living.
 - d. Having a complete physical examination annually.

2. Safety

Highway safety and safety in Civil Defense is of grave concern. It is hoped to promote "Safety" by:

1. Take part in Civil Defense Work:
 - a. Learn who to call in any emergency, fire, police and ambulance.
 - b. Find out what to do for flood relief.
 - c. Every member should know first aid.
 - d. Food preparation under attack.
2. Make our highways safer by:
 - a. Improving our own driving tactics.
 - b. Being more courteous.
 - c. Eliminating blind driveways.
 - d. Erect signs where children are playing.
 - e. Make sure proper speed limits are marked.
 - f. Report to Highway Department, any needs for repair or improvements in the highways.

3. Art in Daily Living

1. AIM: To Enjoy Living by Learning to Appreciate the Beautiful and Worthy of All Aspects of Daily Life.
 - a. To encourage to true meaning of Christmas.

- b. To encourage better family relationship.
- c. To recognize the Art of Homemaking in Daily Living.

Ways to Present Arts in A Club Meeting

1. Literature:

- a. Have exhibit of books that are good to read to children, such as the Golden Books or Book Clubs for Children.
- b. Pick out topics and books from pamphlet "Good Reading for Home Demonstration Clubs", such as the "Gift from the Sea" by Anne Lindberg.
- c. Have a local club book exchange box in charge of one member.

2. Art and Music:

- a. Arrange a tour to a local art gallery with a guide (around Christmas).
- b. Workshops in local club with qualified teacher on these handicrafts.
 - 1. Beginners and advanced textile painting. Encourage free hand designing by members of the class.
 - 2. Glass Picture Painting.
 - 3. Simple lamp shades.
- c. Make a county-wide meeting on antique glass and china. Include in this, ways to recognize reproductions from an antique.

D. OTHER ACTIVITIES

1. County Objectives:

Each group will adopt his county objectives - work on them and report accomplishments

- 1. To serve more people.
 - a. Increase membership.
 - b. Give information and demonstration to other groups.
 - c. Give assistance in the formation of new Home Demonstration Clubs in nearby areas.
 - d. Provide information of county and state service available to County residents.
- 2. Sponsor County-Wide Highway Safety

3. Sponsor First Aid and Civil Defense.
 - a. Encourage Club discussion and group participation in first aid and civil defense programs.
4. Each Club sponsor and provide leaders for 4-H or older youth groups in the community.
5. Cooperate in county health and safety program.
6. Each Club hold seven monthly meetings without agents.
7. Encourage completion of work by holding club exhibits and encourage all Clubs to have an exhibit at Achievement Day program.
8. Encourage participation in County-Wide Extension program.

2. District Federation Meeting

Fairfax County will entertain the 1958 meeting.

It is planned that (1) a federation program chairman have a full club report into county chairman on time for county report to be on time to state chairman; (2) all club groups be well represented at the annual district meeting; (3) that all groups will contribute to "Pennies for Friendship Fund". Constant conferences and information to club executive committees and chairman stressing those points will be given by agents.

3. Institute of Rural Affairs

It is planned to encourage attendance for at least one representative from all groups to the Institute of Rural Affairs. Information on the programs will be given as soon as possible to all clubs by agents. From time to time the agents will stress the importance of this state meeting. The state program is directly related to and coordinated with the Home Demonstration program in subject matter.

4. County Achievement Program

This is planned to be a combination of the year's work in subject matter, community, county and state work and any national work that may come into the program during the year. Club groups start early in February to plan educational exhibits. This meeting is carried on directly by the county executive committee. All clubs participate, the agents advise with, suggest and help to promote these plans. Suggestions for the program are sent in from clubs and by individuals. The 1957 achievement program will be held in March of 1958.

5. National Home Demonstration Week

It is planned to:

- a. All clubs represented at District Federation Meeting
- b. All clubs contribute to Pennies for Friendship
- c. Hold an International Tea
- d. Club exhibits

6. Garden and Lawn Institute

This institute as written in the Federation program, will be used not only to give real information and help to many more people - but as a means to secure more and greater coordination of the whole county in Home and Community Beautification - and to promote greater interest in the Home Demonstration program.

7. Community Projects

Improving Home Demonstration and Community Halls

- a. It is planned to keep on the improvements started in 1955 or before, of halls already constructed; the building itself and the landscaping, the follow-up with recreational areas.
- b. It is planned that as many groups as possible have a community meeting to discuss local problems, plan to and overcome them with a speaker on public relations pertinent to the time. These meetings will be planned and carried on by club groups with conferences for suggestions and help of the agents. This community work is in relation to and coordinated with the educational subject matter of the Home Demonstration program.

8. Judging by Leaders

For years all judging in 4-H work and county features has been done by local leader homemakers who are professional home economists (some of these are ex-home demonstration agents). The exception is any home demonstration work - and here the home demonstration women prefer to have home demonstration agents to judge their work.

We have eleven leaders not professional home economists who were trained in judging by state specialists. These leaders have been called on by the agents constantly to help with preparation, arranging, and planning for county features - but not judging in their home county. Some of these leaders will judge 4-H club work.

9. Farm and Urban Week

All club groups will have some feature on this subject to promote better understanding of these areas - and their interdependence on each other. The agents will have broadcast programs on this subject.

10. Broadcasts

The Home Demonstration Agent hopes to improve her ten minute weekly broadcast on "Keeping You Up to Date".

11. Fairfax County Fair

The Home Demonstration members will exhibit and demonstrate home demonstration work.

12. Publicizing

It is planned to publicize home demonstration work by means of news articles, broadcasts, county-wide meetings, cooperation with other county agencies, through home demonstration and 4-H members, and help and services to other organizations and by exhibits and demonstrations at fairs. The agents hope to improve communications.

III. FARM AND HOME DEVELOPMENT

The very rapid and continuous turn over of farm land to housing developments, increase of industrial areas, and super highway belts and systems create a major difficulty for a Farm and Home Development Program. The Agent is endeavoring to do some of this work - most of it is with just the Home Demonstration homemakers either rural or non-rural who need some help in this line. The people with whom the agent was working have either stopped or moved. But she has some prospects for 1958.

IV. COUNTY EXTENSION PROGRAM - Youth

A. 1. Youth Council

The County Youth Council is in the process of organizing. It is hoped to be completed this year. At present there are eight

members - three meetings. It is hoped for definite work. Some family night work has been done. On this council are youth, 4-H leaders and lay people.

2. County Youth Committees

At present there are no real committees

3. County 4-H Council

County Council meet quarterly in January, April, July and October. All officers of a 4-H Club are members of this. The Council decides for the overall planning of 4-H activities in Fairfax County. In order for this council to do it's job there should be more interest taken in the meetings and more attending then there is at present. We hope to have more clubs participating.

4. All Stars

The County All Stars are not as active as it could be - we hope to improve this. This organization meets four times a year. This group recommends members to become All Stars.

5. Honor Club

The Honor Club meets regularly with a planned business and recreation program. Each club member selected a goal pertaining to leadership. He or she reported at each meeting on goal worked on or accomplished. A recognition ceremony was held at the 4-H Achievement program. Members are recognized and receive certificates of recognition. There are 67 members. It meets four times a year.

6. Project Planning Committee

The Project Planning Committee leaders and girls presented this proposed project work to their groups for adoption. This program is used throughout the year.

7. Other

It is planned to organize leaders:

1. To know each other
2. To understand each others club work
3. To exchange ideas
4. To promote club work
5. To attend State Short Course
6. To attend State Leaders Meeting

B. 4-H Project Work

1. Clothing

Members are enrolled in "Looking Your Best" and "So You'd Like To Sew". Individual club members are taking the "Make and Remake" project. The objectives are to improve personal appearance, develop sewing skills and reduce clothing budgets. Club members will receive training from agent, adult and junior leaders.

2. Foods

Members are enrolled in "Meal Preparation". Developing good eating habits, planning well balanced meals, improving cooking techniques and attractive service are the objectives. Leaders and agent will present project work. School clubs plan to bring hot plates to the school meeting. The club members will bring food and cooking equipment for the demonstrations. Junior Leader training will be given to the members.

3. Health

Members are enrolled in the Health project. The main objective is to develop a healthy mind and body. The agent and leader will train the club members. The agent plans to secure help from the County Health Department and the Power Company for the program on Good Lighting. At least one tour is planned for visiting the County Health Department.

4. Rural Electricity

Members are enrolled in project Unit I and II of Rural Electrification. Their objectives are to become familiar with the best in lighting, how to care and repair equipment. The agents and power companies will work together on this project.

5. Home Improvement

Members are enrolled in "Your Room Pep It Up" project, and in "Your Furnishings". Their main objectives are to learn and practice good arrangement, have better knowledge of selection of furniture as related to price and design. The agents and leaders will train the club members. More tours to club members homes will be helpful in the program.

C. 4-H Activities

1. County 4-H Achievement Day

This is an annual feature held on National 4-H Achievement Day. Planned by junior council, leaders and agents but conducted

by Junior Council. This is observed for the purpose of (1) bring-club groups together, (2) for club groups to learn of each others work, (3) to give more members an opportunity to participate before county groups, (4) to award honors and medals to club members and leaders and (5) for a good time, and (6) to promote interest in club work.

2. 4-H Handbook

A new committee will meet as usual to plan the 4-H handbook. Agents and leaders will assist. The book is designed to present to Fairfax 4-H Club programs to each club member in the county.

3. Camps

a. County - This camp is an annual event. It is educational and recreational. The main objectives are (1) to teach, (2) to have fun, (3) to experience good sportsmanship, (4) to learn to know other club members, (5) to learn to do and live in groups. Camp control is handled by the Honor Board composed of the tribal executive chiefs. Handicraft, vespers, educational work and recreation are handled by leaders and agents. Previous plans for camp are made by county council and leaders with agents assisting. It is hoped to have an increase in attendance.

b. State Conservation Camp - Plans are to have at least one or two girls attend. It gives members an opportunity to know members from other counties, to have concentrated work on conservation and wildlife. This camp is planned by the State 4-H department. County Agents assist.

c. State Short Course - This is planned and carried out by State 4-H Department. Agents assisting. It is hoped to have an increase of girls attending from this county.

4. County Junior Fair

This fair is an annual event. This is an opportunity for club members to exhibit and compete with county members. The home economics section of the fair committee plans, arranges and carry out these plans. Agents assist, advise, and help in background arrangements. County contests in girls work will be held at the fair if club members think its advisable to do so again.

5. Contests - Club, County and Area

a. Some groups will hold a contest in subject matter carried. Club officers with the help of leaders and agents will plant and conduct these. The particular objectives are: (1) club members

to become familiar with handling such affairs; (2) to allow members and others to see and hear about each others work; (3) to show good techniques learned; and (4) reward club members for good work.

b. Agents, leaders, and club members plan for and conduct the County Contest. The particular purpose of County Contests are: (1) to publicize club work; (2) to give participants more experience; and (3) to select area representatives. It is hoped that the County Contest will be held at the 4-H Fair again. More members participated there.

c. Participation in Area Contests is planned and arranged by agents with leaders help with the objective; (1) to give club members greater experience; (2) that each may see work of members from other counties; (3) for greater interest in club work and (4) for selection of district and state contestants. The agents will give concentrated help with individual members entering the area contest.

6. County Fun Night

This is a feature held each year for:

1. Amusement
2. To encourage initiative
3. To select representative to State Contest

7. National 4-H Club Week

This week will be observed by clubs with special publications, and some special feature according to the particular club group. Club groups and leaders will plan for and carry out these plans. Agents will advise with and help. Club exhibits will be displayed in community buildings. Ribbons will be awarded to groups having worthwhile exhibits. Programs will be given at Chapel and P.T.A. meetings.

8. County Picnic

This is an annual event. It is planned for a good time with good wholesome fun and recreation. This is planned and carried out by the leaders and club members for County Council. They select the picnic site and plan the program.

9. Rural Life Sunday

Club groups will plan to observe Rural Life Sunday by attending church in a body or individually on that day. Wherever possible the minister will be requested to have a special message for 4-H Club members and leaders. Members and leaders will participate in Sunday School and Church services.

10. Family Fun Nights

These meetings are held monthly in any areas they can be planned:

1. For fun
2. To acquaint families with one another
3. To promote get-to-gethers
4. To promote working together

D. Young Men and Women's Work

1. Program

1. The Honor Club and All-Stars are groups of young adults. The objectives are (1) educational, (2) recreational, (3) to know one another and (4) to train more people to be leaders and responsible citizens. The All-Stars and older 4-H members are included in Older Youth Activities. Two home demonstration clubs are considered young adult groups. All of the groups should assist in leadership activities in their club and county programs. They will be encouraged to attend camps, conferences, etc. and will assist in planning and carrying out 4-H activities. Agent will assist at regular meetings, at conference and at special interest meetings.

2. There are three home demonstration clubs - all young married women - in all probability there will be more of these groups in 1958 - young women carry the home demonstration program of work.

2. Activities

The Honor Club members will assist as junior leaders in their clubs. All-Stars will select prospective All Stars for 1958, will act as leaders in their individual clubs and will assist in other 4-H activities. The two home demonstration clubs will carry on project work as planned and leaders will give demonstrations and attend leader training meetings.

V. SCOPE OF WORK

A. Organization	<u>No. in 1957</u>	<u>Goal 1958</u>
Number of home demonstration clubs	33	35
Membership	1291	1300
Number of 4-H Clubs	32	33
Membership	483	500
Number of young men and women's clubs	12	13

Organization	<u>No. in 1957</u>	<u>Goal 1958</u>
Membership	305	320
Number community improvement clubs	0	0
Membership	0	0
Number home economics committees	1	2
Number general interest committees	1	2
Number youth committees	1	2
Number other organizations	0	0
Number farm and home development families	3	4
VI. PLAN FOR LEADERSHIP	<u>No. in 1957</u>	<u>Goal 1958</u>
A. Over-all Program Leaders (Organization leaders for county extension service board)	14	18
B. Home Demonstration Club Leadership	<u>No. in 1957</u>	<u>Goal 1958</u>
Number organizational leaders	327	340
Number project leaders (subject matter)	466	500
No. Federation program of work chairmen	195	200
Number program development leaders	35	37
Number result demonstrators	35	38
Number meetings at which leaders were trained by specialists	6	7
Number meetings at which leaders were trained by district agents	1	1
Number meetings at which leaders were trained by agent	34	36
Attendance at training meetings	689	700
No. club meetings held by leaders without agent present	522	550
No. club meetings in which leaders assisted	163	200

	<u>No. in 1957</u>	<u>Goal 1958</u>
Total number demonstrations given by leaders	197	210
No. talks or discussions by leaders	141	150

The leaders will have meetings for planning and developing years program with call meetings if necessary. There will be an executive committee planning meeting prior to meetings. There will be an officers training meeting and a program development chairman training meeting early in the year. The county home demonstration committee is definitely the agents' official organization for carrying out the county extension program for home demonstration women.

C. Over-all Youth Leaders (Organization leaders for county youth council)	<u>No. in 1957</u>	<u>Goal 1958</u>
	6	8
D. 4-H Club	<u>No. in 1957</u>	<u>Goal 1958</u>
Number 4-H Club officers	160	175
Number adult project leaders	33	36
Number junior project leaders	8	9
Number result demonstrators	10	12
No. meetings at which leaders were trained by specialist	0	1
No. meetings at which leaders were trained by district agent	0	0
No. meetings at which leaders were trained by agent	8	12
No. meetings at which leaders were trained by personnel in 4-H Dept.	1	2
No. meetings at which leaders were trained by others	1	2
Attendance at leader training meetings	86	100
No. 4-H leaders trained individually	17	20
No. club meetings held by leaders without agent present	267	270

	<u>No. in 1957</u>	<u>Goal 1958</u>
No. club meetings at which leaders assisted	41	50
No. demonstrations given by adult leaders	131	140
No. demonstrations given by junior leaders	59	65

The leaders will be trained in groups, individually, will be visited, and will be kept informed. There will be a leaders yearbook and a leaders organization. Leaders will be encouraged to attend State Leaders meeting.

E. Young Men and Young Women's Clubs	<u>No. in 1957</u>	<u>Goal 1958</u>
Number club officers	72	81
Number adult leaders or sponsors	39	41

Trained Home Demonstration women will be used, young women themselves will be trained in groups and individually. They will be kept informed.

The Honor Club is planned to meet quarterly. Its particular functions are (1) to supply All Star recommendations, (2) to supply junior project leaders and (3) to provide recreation and social contact for the older 4-H club members, and (4) to provide assistance to agents and leaders in 4-H club activities.

The All Stars are planned to meet at least twice a year. This group should furnish leaders, help select All Star recommendations, give scholarships, sponsor the Honor Club and help promote club work and youth work.

Young womens clubs in Home Demonstration work will carry and work the Home Demonstration program of work.

VII. PLANS FOR WORK WITH OTHER AGENCIES

A. County Educational Organization

- a. Cooperate with and advise with
- b. Cooperate in programs and exhibits and fairs
- c. Call on Home Economics teachers for judges
- d. Use of school buses for camp
- e. Cooperation in scheduling meetings in schools
- f. Talks and demonstrations in schools and P.T.A. Association

B. County Health Department

- a. Cooperate with Health Department - keep people informed
- b. Assist when called on
- c. Help in Cancer Campaign
- d. Help in Polio Campaign
- e. Help in T.B. X-ray Campaign and others
- f. Have members of Health Staff help in the Extension Program

C. Welfare

- a. Help when called on
- b. Have members of Welfare Staff help in Extension Program

D. Red Cross

- a. To work with through clubs and individuals on drives and other calls.

E. Garden Clubs

- a. Use members as judges
- b. Furnish information and help when requested
- c. Use men to train club members
- d. Judge at their affairs

F. County Chamber of Commerce

- a. Plan to work in county features such as Fairs

G. Civil Defense

- a. Plan to cooperate in every way possible to keep people informed
- b. Call on County Defense Staff to help in Extension program

VIII. GOOD PUBLIC RELATIONSHIP

A. Co-workers

- a. Conference as often as possible
- b. Joint work and travel where possible, for judges
- c. Special information
- d. Request to be project demonstrators and speakers in home demonstration and 4-H work.
- e. Do all possible to help them in their work

B. General Public

- a. Invite to county-wide meetings
- b. Have club members give information to non-members, invite these to club meetings and to become members
- c. Request help and information and demonstrations from professionals and those who do special things, serve as judges
- d. To serve as leaders, where eligible
- c. To give advice

C. Elected Representatives

- a. Call on for speakers, especially in Legal Affairs program in clubs and community meetings
- b. Invite to county and community features
- c. Secure informational literature

D. Commercial Interests

- a. Request for speakers, judges, demonstrators, and some awards
- b. Request for information literature - sample products

E. Other Professional Workers

- a. Cooperate with
- b. Advise with
- c. Request help as speakers, judges, demonstrators
- d. Invite to special programs

The agents will cooperate and advise with and work with all agencies when called upon and where they can be of service.

IX. RECORDING PROGRESS AND EVALUATING 1958 PROGRAM

- A. Check and revalue planned program quarterly
- B. Improve own daily, weekly, monthly records and reports
- C. Improved leaders record keeping
- D. Improve annual statistical and narrative report
- E. A more organized office and the home demonstration agents' desk
- F. Check quality and kind of 4-H work through club and county exhibits, 4-H fair, and 4-H county contest

X. PROFESSIONAL IMPROVEMENTS

A. Organized Study

1. School - Evening classes at U.S.D.A.
2. Take advantage when possible for Extension Training Courses when offered
3. Attend National Geographic Societies and exhibits

B. Professional Publications

1. Continue reading professional magazines, books and publications
2. Reading good books other than professional

C. Membership in Professional Organization - Am a member of

1. State and National Home Demonstration Organization
2. State and American Home Economics Association
3. National Geographic Society
4. Member of American Association of University Women
5. Member of Grange

D. Participating in Programs, Etc. of Other Organizations

1. Take advantage of these when possible

E. Planned Educational Trips

1. Farm and Home Agents Meeting at V.P.I.
2. Institute of Rural Affairs at V.P.I.
3. District Planning Meetings
4. State Home Economics Meetings - National Home Economics Meeting
5. National Home Demonstration Association
6. Attend National Council of Home Demonstration Women

XI. COOPERATIVE PLANS

There is good cooperation in the Fairfax Extension Service Department. The 4-H program is integrated in county and club features and planning. In the Home Demonstration, the Farm and Home Departments cooperate in many county meetings and exchange help and services when called upon and as often as possible. The agents are working on and will continue to work on a unified county extension program. To date the special committees begun will be worked on more extensively.

XII. PROBLEMS IN CARRYING OUT EXTENSION PROGRAM - These problems always exist

A. Transportation

This is and has been a major problem in both home demonstration and 4-H club work. Solution - (1) walk and (2) one person bring as many as possible. Club attendance will be cut in both adult and junior groups. Many mothers will not allow their children to walk because of convicts working.

B. Illustrative Material

1. Lack of time to prepare
2. Lack of money to buy

C. Small Homes a Problem in Organizing New Groups

Churches and schools are completely out of meeting places. The women say their homes will only hold from 8 to 10 women comfortably; if children come even 10 women are too many. This, of course, is in the unorganized housing divisions. Housing developments are growing in number and population.

D. Lack of Place to Hold 4-H Groups

Overcrowded schools cut down on attendance at 4-H meetings because of lack of places to meet. Only solution would be to secure more 4-H leaders who would organize and direct more out of school 4-H clubs, but transportation presents a problem then. Club members discourage easily because of lack of time and space available in schools. Girls are often times involved in other activities that also keep them busy. The County Council may be requested to secure such places.

E. Securing 4-H Leaders

4-H leaders are hard to secure in certain communities because many of the women work away from home. Raising children sometimes puts the active leader on the inactive list. It is possible that the Honor Club and the County Council could service leaders.

These problems are with us, sometime they seem to lighten and grow less in one section, but, to crop up in another. The women and girls, themselves are trying to work out solutions.