

desire to attend meetings. Each year it becomes necessary to find and adapt methods of supplying information suited to her needs if our program is to serve the women of the county effectively.

It is especially necessary to find ways to serve young families and to let them know what help is available.

Mass media may be the answer to some of these problems. In a county whose interests and economic situations are so diverse as in Orange, it will also be necessary to give a great deal of attention to specific requests for information.

6. The local press is most cooperative. The agent has tried to work with them in ways that help them get material in the most convenient way.
7. When necessary, the agent confers with members of the Health Department, Tuberculosis Association, Welfare Director and other agencies in regard to joint projects. She tries to cooperate when asked to help in their projects as well as asking help in hers.
8. Personal contacts are frequently made with members of the County School Board, school administrators on all levels and school sponsors in an effort to promote mutual understanding of projects and problems.
9. The agent attended the National Award Ceremony for the Extension Staff of Madison County on June 30.
10. The agent served as a judge in the crafts department at the district meeting of Junior Women's Clubs of Northern Virginia in Orange on April 4.

C. Professional Improvement

1. The agent has attended district and state meetings of the Va. R.D.A.A. She is a member of both state and national Home Demonstration Agents Assn. and Home Economics Assn.
The agent attended the state meeting of the Virginia Home Economics Association in Roanoke in March.
2. The agent will retire on December 31, 1939.

VII. THE LOOK AHEAD

The average homemaker's life, already crowded, rushes on at an accelerated pace. As each year goes by she has less time and less

and has contributed time and effort as a judge at Extension Service events in surrounding counties.

Bobby Roberts, a son about 12 years old, has been brought up on Extension Service tradition. Eager to emulate his older sister, her joined 4-H as soon as he was old enough. He has already been successful with several animal projects, and has much promise for the future.

Barbara, a little sister, is now eagerly waiting for the time when she, too, will be old enough to become a 4-H member.

B. Public Relations

1. Frequent conferences are held with co-workers in county Extension offices.
2. Every effort is made to respond to requests from general public promptly, courteously, efficiently.
3. Conferences are held with elected representatives when necessary to inform them or ask counsel about home demonstration work.
4. The agent has an annual conference with the manager of the local farm cooperative store to help him make up his order for recommended varieties of vegetable seed. This is done at his request.
5. There are frequent conferences with officials of the 3 banks in the county in regard to several matters with which they assist in 4-H and adult work. The agent at intervals writes a formal letter of thanks to the Boards of Directors, some of whose members would not otherwise know about the details of some of these matters.

competed in the district contest three times. She has also been outstanding in baby beef projects, and in foods, house-keeping, money management.

Rebecca's leadership ability was recognized by her classmates while she was in elementary school. She has held practically every 4-H Club office as well as class officers. She has served as secretary of the High School 4-H Club and is now secretary of the County Council.

Rebecca was made an All Star in 1958. She has been an excellent junior project leader for the past two years, also junior counsellor at district 4-H Camp two years. She and Cynthia Estes were responsible for the organization of a 4-H Honor Club in the summer of 1959.

"Becky", a student of high scholastic standing, has also won other school offices. She is editor of the 1959 school annual and a member of the basket ball team, and a member of the Honorgram Club.

The secretary of the local Farm Bureau encouraged Rebecca to enter the Farm Bureau youth contest this fall. She progressed from local to district competition and has just been crowned as the state winner of this honor. Both Becky and her mother credit her 4-H record as the greatest factor in her selection as state "queen".

Mrs. Roberts has used information from the home demonstration tailoring school in her profession as seamstress. She also attended an Extension Service judging school with the agent

Gynthia has attended state leadership training camp and has also attended 2 out-of-state All Star meetings.

In addition Gynthia's projects have increased in both quality and number. Through animal projects and others she has earned and saved enough money for her freshman year in college.

Gynthia's leadership activities were not limited to 4-H. She was co-captain of the 1959 varsity basketball team at school and business manager of the High School Annual staff. For years she has been active in Sunday School, often playing the piano for services.

Gynthia's academic standing in school was high throughout her career.

Gynthia is excellent material for consideration as an International Farm Youth Exchange.

VI. FOR SPECIAL CONSIDERATION

A. The Extension Service has played a significant part in the development of the Wilson Roberts family of Somerset.

Mr. Roberts' mother, Mrs. R. W. Roberts, was a member of the Blue Hill Homesteaders from the time the club was organized. She brought her daughter-in-law into the club as a bride.

Rebecca, the oldest child of this marriage, joined the 4-H Club as soon as she was old enough. Her mother served as leader, and later as president, of the Somerset Homesteaders Club, and also as 4-H Club leader.

Rebecca, now a senior in High School, steadily increased both the number and the size of her projects. Her main interest is clothing; she has won the county dress revue and

B. Gynthia Estes is an outstanding example of the part 4-H Club work can play in developing leadership potential. Gynthia graduated from Orange County High School in 1959 and is now a freshman at W.P.I. In spite of all the stress and competition of a modern High School career, Gynthia not only kept her enthusiasm for Club work but consistently grew in ability and accomplishments, and carried this with her to college.

Gynthia joined 4-H 8 years ago. She had the encouragement of her family; both mother and father had contributed much to 4-H work in the way of adult leadership, and an older sister had been a 4-H member. At first Gynthia was chiefly interested in projects, but as she grew into adolescence her fellow club members began to recognize her ability as a leader. She held practically every office in her club and two years ago became County Council president. In 1957 Gynthia was made an All Star, and became very active in that organization.

For the past 2 years Gynthia has done very outstanding work as leader of a group of girls meeting in her home during the summer months. The first year Mrs. Estes assisted as adult leader; this year Gynthia worked alone.

Gynthia was one of 2 All Stars who were responsible for organizing a local 4-H Honor Club this year. She also served as a junior leader at district 4-H Camp. She has great magnetism for younger girls; has been responsible for bringing at least 10 members into the 4-H Club. In 1958 4 girls went to camp because she was going as leader.

2. Home Demonstration Club Leadership

	1955	1956	1957	1958	1959
No. organizational leaders	12	13	11	11	10
No. project leaders (subject matter)	54	46	45	35	40
No. Federation program of work chairmen	12	10	11	11	10
No. program development leaders	12	13	11	11	10
No. result demonstrators	2	4	5	5	6
No. training meetings by specialists	2	4	4	2	4
No. training meetings by dist. agents	1	1	1	2	1
No. training meetings by agents	3	2	7	8	8
No. training meetings by others					1
Attendance at all training meetings	131	110	102	78	121
No. meetings held without an agent	53	31	23	29	44
No. meetings leaders assisted	34	25	13	30	15
Demonstrations by leaders	53	31	30	29	44
Talks and discussions by leaders	43	60	50	45	50

3. 4-H Club Leadership

	1955	1956	1957	1958	1959
No. Club Officers	40	40	40	40	50
No. adult project leaders	17	12	13	10	7
No. junior project leaders		2	2	2	2
No. training meetings by agent	2	3	1	4	3
Total attendance at ldr. tr. meetings	19	20	4	19	
No. 4-H leaders trained individually	17	12	8	10	7
No. club mtgs. held by ldr. w/out agent	22	21	12	25	15
No. demonstrations given by adult ldrs.	22	21	12	25	8
No. demonstrations given by junior leaders	2	4	6	9	20

IV. SCOPE OF WORK

A.

	1955	1956	1957	1958	1959
No. W. D. Clubs	12	13	11	11	10
Membership	260	270	250	265	255
No. 4-H Clubs	8	8	9	8	10
Membership	260	265	279	245	264
No. Home Ec. Committees		1	1	1	1
No. Youth Committees	1	1	1	1	1
No. Farm & Home Dev. Families			7	7	7
No. Other Families reached	1800	1800	1800	1800	1900
No. Different families reached	2100	2100	2100	2100	2200

B. The public is informed about home demonstration work through news articles, radio programs over our local station, and word-of-mouth information from club members and other interested persons.

This year for the first time women of the county also gave a television program which featured our safety project. This took place on September 24 over Station W.R.V.A. - T.V., Richmond

V. LEADERSHIP

A. Growth of leadership

1. Overall program leaders

a. County Agricultural Extension Service Board	<u>1957</u>	<u>1958</u>	<u>1959</u>
b. Youth Council	—	—	—
c. Home Economics Council	—	<u>7</u>	<u>7</u>

3. The executive committee of the County Council and the agents honored Mr. Leslie Minor, boys' leader who has done outstanding work, with a luncheon and gift at the President Madison Inn on March 6. Mr. Minor, who had been agricultural representative at the National Bank of Orange, had resigned to take a position as state bank examiner.
4. A 4-H county picnic, attended by 225 Club members, leaders and parents, was held at Palmyra Beach on June 17.
5. Three girls attended State Short Course. Ann Gail Shotwell was made an All Star.
6. The Key Award banquet of the All Stars in Luray on March 24 was attended by a party of 5 from the county. Among them were Rebecca Roberts, 1959 recipient of the award, her mother, Mrs. Wilton Roberts, and Cynthia Kates.
7. Eighteen girls and the agent attended Holidatey Lake Camp the week of July 6.
8. A committee of 4-H girls assisted in the Girls Department of the Orange School Fair on September 4 and 5.
9. A 4-H Honor Club was organized in July. Members put up an excellent 4-H exhibit at the County School Fair.

Keeping house free of clutter (2)

C. Other 4-H Activities

1. An achievement day program and talent show were held in the auditorium of the Orange Elementary School on the night of March 20. This proved a very successful way of getting a good attendance of both parents and club members. There were 2 age groups in the talent show competition; 10 through 13, 14 through 18. Johnny Altman won in the younger group, and was awarded an all-expense trip to 4-H Camp at Holidley Lake. In the older group there was not enough competition for an award to be made.
2. An assembly program put on by 4-H members at Orange High School on March 10 was one of the outstanding events of the year. This was a very effective piece of public relations, and did more than anything yet tried to inform the faculty and student body of 600 about 4-H Clubs. Award winners for the year were presented. Talks on various phases of 4-H work were made by Cynthia Estes, Council president, Rebecca Roberts, All Star. Holly Pendleton and Sarah Penn Fraser. ~~...~~ Gail Shobwell, former president of the High School Club, presented a book, "The 4-H Story" to the school library. On behalf of the 4-H Council, Austin Shepherd, assistant county agent, presented 4 dogwood trees from the Club to beautify the school grounds. The culminating feature was a presentation by the home agent of a diamond clover award to Mrs. Evelyn Woolfolk, a faculty member who has served as 4-H leader more than 20 years.

A 4-H exhibit was placed in the school library during National 4-H Club Week.

12 girls made a spending plan

10 girls reported greater satisfaction in the use of their money.

Some comments from the girls:

"I found that making clothes paid."

"I've spent more wisely, saved more."

"I don't dash off and buy the first thing I see."

"My parents spend more money on me than I thought."

3. Foods

- a) The most interested and interesting group in foods projects were the little girls who took a bread project under a junior leader. Their comments were interesting; all agreed that learning to measure accurately was their most important achievement. All of them made exhibits in our County School Fair. One little girl wrote, "I entered biscuits and a cake and received ribbons on each. It was a thrill for me."

4. Safety

Five high school girls took safety projects.

Each girl checked her home and home grounds for safety hazards. All five reported making improvements in home and/or grounds, and four reported improvements in personal safety habits since becoming more safety-conscious.

Some improvements noted were:

Improved lighting (2)

Cleaning grounds (5 girls)

Cutting dead limbs off trees

practically all of her clothes for use in her freshman year in college.

Rebecca Roberts represented the county in the district dress revue.

2. Home Management

a. House-keeping was the project chosen by 180 girls in six school groups. The girls selected this because most of them have regular house-keeping duties at home. They wished to learn quicker, more efficient methods so that less time would be necessary for routine chores.

Where possible, routine demonstrations, such as dusting with both hands, were made more interesting by having members compete on a time basis, one using old methods and the other the new way just demonstrated. This added a lot of spice to jobs usually considered quite dull.

Some accomplishments reported were:

95 made improvements in methods of dish washing

135 made improvements in methods of dusting

162 made improvements in methods of bed making

122 made improvements in methods of table setting

121 improved storage space for small toilet articles and clothing

b. Thirteen girls in High School took "Money Management" projects. They kept account of expenditures from 1 to 4 months as a basis for a spending plan, tried the plan, and then reported how it worked.

subsequent practices and accomplishments varied widely.

Some of the most notable were:

- 33 improved complete rating appearance
- 14 with a very high rating maintained that throughout the year
- 23 stopped biting their nails
- 27 improved posture
- 30 took better care of their hands
- 30 improved the storage of clothing
- 19 took home information gained about use of cold-water soaps for woolsens and synthetics
- 21 told mothers about new methods of moth-proofing clothing
- 8 learned to choose more becoming colors
- 7 improved use of cosmetics

- b) Clothing construction is done at summer meetings. It is also carried as an all-year project by a few older girls who are quite experienced. Two of these older girls, Cynthia Bates and Rebecca Roberts, have served as most efficient leaders.

Because of intense competition for young people's time, even during the summer vacation, there have been few enrollments in the construction phase of clothing work. The beginners who did enroll made articles from the instruction sheets furnished by our state office.

- c) Make or remake

Four older members continue to do very outstanding work in this project. Together they made a total of 53 garments, with an estimated cost of \$225 and savings of \$300. One girl made

171. YOUTH PROGRAM

A. Organization

1. County 4-H Council

The County 4-H Council is composed of 4-H Club officers, volunteer leaders, a few members-at-large and the Extension agents. It plans county-wide activities and promotes publicity for 4-H Club work.

2. Honor Club

An Honor Club was organized on the evening of July 23. Special objectives chosen were the promotion of interest in 4-H Club membership among High School students and personal improvement in project work and record keeping.

B. Project Work

Each 4-H group in the elementary school selected its own project by popular vote, since there was not enough time during the school period allotted for more than 1 demonstration.

Since High School members had had more experience and many were continuing projects formerly taken, each girl chose her own project. Demonstrations of general interest to the group were given during meetings in school, and members carried on their project work at home with individual, assisted if needed.

In summer project groups each member chose the project she wanted.

1. Clothing

a) Unit I, "Lookin' Your Best", was very popular, with 60 girls enrolled. This was conducted in school. Since ages varied from 10 to 17, the demonstrations and

General publicity in the county paper and over the local radio also serves to take information to these families.

Contacts through 4-H Clubs have also been useful means of becoming acquainted with some of these families and serving them in ways individually requested.

E. Farm and Home Management

A farm and home management program in its most complete sense really does not exist in Orange County. Families with whom the farm agent works in this program have not desired complete home plans, although often wishing help with special problems; likewise families emphasizing home development have often been those whose main income is not from farming, hence not wanting help from the farm agent.

Two families have completed their planned improvements. Another has made a plan, but is waiting for the route of a highway to be determined before finally deciding what will be undertaken. Another family has continued on its schedule of improvements, adding running water and a bath to the home this year.

Another family has become discouraged in its present location - a farm belonging to the husband's father - and is planning to build a home elsewhere.

Two other families are in the formative stage of landscape planning.

morning. Feeling themselves on television was a big thrill for all who participated, and of course this broadcast attracted the interest of a wide group of families and friends. The agent was very pleased that the large number of women who participated in this event represented a cross section of membership, with a large percentage of young Homemakers.

After completion of the program and lunch at the studio the group enjoyed touring the Valentine Museum and the White House of the Confederacy.

Both tours were made in chartered commercial buses.

b) The agent and 5 other Orange County women whom she secured assisted in judging at the Calpper Fair.

c) The county-wide safety project has been reported under section B 2.

D. Procedure for Developing and Carrying out Program with urban families.

Orange, which is the largest town in the county, has a population of about 3,000, counting new residential areas just beyond town limits. We are entirely a small-town-and-rural county, but among our population are a number of families who have moved in from urban areas. Their needs are met through individual help, and through efforts to enroll them in Homemakers Clubs by way of helping them become an integral part of the community.

However, even though we are technically classified as rural, each of the 3 small towns - Orange, Gordonsville, Barboursville - has its own distinct character and needs. Efforts have been made to adapt our program by making changes suggested by the women themselves in each of these places.

Mr. A. G. Smith, Jr., and the agent visited "Ilex Orchards", a holly farm near Rhoadesville, on February 12.

Assistance has been requested for planning improvements on the grounds of the Country-Town Club, a new recreational organization in the county.

Work continues on the long-time improvement of grounds planned by 7 families last year.

The agent has given help in planning to 5 other families.

C. Other Activities

1. Nineteen women attended the district meeting of the Virginia Federation of Home Demonstration Clubs in Fork Union on April 23. The agent and 4 women attended the State Federation meeting at V.P.I. One of these was Mrs. N. C. Bailey of Orange, former Federation president, who, with other former presidents, was honored by a reception on the evening of July 27.
2. a) Two very successful tours were taken - 42 women went to the National Capital Flower Show on March 11. This was an activity which fitted into the year's study of flower arrangement.

Fifty-four women travelled to Richmond and participated in a television program on station W.R.V.A. - T.V. on September 24. The county safety program was described by Mrs. C. H. Edwards, project chairman. Mrs. N. C. Bailey was honored with an orchid corsage from the station in recognition of her accomplishments as past president of the Virginia Federation of Home Demonstration Clubs, and as Virginia State Mother of 1958.

A recording of this program was made and broadcast the following

other local women gave demonstrations in others.)

In March the agent organized a tour to the National Capital Flower Show in Washington. Forty-two women went on this trip and were most enthusiastic about it; it stimulated interest and resulted in acquiring some new club members.

By request the Fair Committee set up some new premiums for women who are not Garden Club members. This stimulated interest in exhibits by beginners.

In October Mrs. Mary C. Cook home advisor of the Virginia Electric Co-operative in Bowling Green, gave a beautiful demonstration of Christmas decorations for club leaders who were most enthusiastic about her practical and usable ideas. During November leaders were responsible for this demonstration in all Homemakers Clubs but 1.

At the end of the year, half of the women had made use of this project. They had used their information to beautify homes, churches and public buildings on many occasions. One club sponsored a series of lessons by a professional teacher for women in their community.

6. Landscaping

Landscaping is a phase of the long-time program continued this year. An institute was conducted in March by Mr. A. S. Beecher and F. H. Scott. Unfortunately this came at a time when there were conflicts which caused a very poor attendance.

Mr. Beecher has furnished help to the School Board by making plans for the grounds of the new elementary school at Unionville.

banks and explained objectives. All 3 banks were greatly interested and cooperated in giving it publicity. The two Orange banks announced the meeting in their regular paid weekly advertisements.

Unfortunately account books offered women attending this meeting were slow in coming through from the state office, which meant a delay in beginning record-keeping essential to sound planning.

At the end of the year, 10 women had kept records of some types; 4 kept complete records. Five families used information gained in making decisions about spending, 3 used information in decisions affecting family savings.

5. Rural Arts - Flower Arrangement

Objectives: Help women to learn to use fresh flowers and dried materials to add beauty to their homes.

There was so much interest in this project that 3 club demonstrations were included in the program:

June - Flower Arrangement, and Collecting Material for

Dried Arrangements

Sept. - Dried Arrangements

Nov. - Christmas Decorations

Help for these demonstrations was secured through local Garden Club members who were very generous with their time and services.

The agent attended some lessons sponsored by 1 of the local Garden Clubs, and these were very helpful to her in putting on demonstrations which she gave in several clubs. (Garden Club members and

learning good storage methods and modern methods of mending and repair.

Methods;

Devote 2 Homemakers Club programs to clothing: February, "Mending and Repairing the Modern Way"; March, "Seasonal Storage of Clothing".

Have special interest groups for "Pattern Adjustment",

The specialist trained leaders for the March demonstration and for "Pattern Adjustment", the agent for mending and repairing.

Although little interest was shown when planning the program, a check in mid-summer showed that more women had used "Modern Methods of Mending and Repairing" than any other demonstration, including the popular foods demonstrations.

There were requests for only 2 special interest groups on pattern adjustment. The agent conducted 1 at Mine Run, a leader 1 at Somerset. Final results showed that 7 women made use of this information and passed it on to 2 other people.

Seasonal storage" proved useful to 25% of the women reporting.

4. Home Management

One of the topics selected for long-time planning by the County Home Economics Committee was "Family Financial Planning". Mrs. Ocie O'Brien, home management specialist, met a group of club leaders and other interested persons to give some training in this in May.

An interesting feature of this project was the support given it by the banks in the county. The agent visited executives in all 3

county gave on Station W.R.V.A. - T.V. in September.

Of course results of a program of prevention are hard to evaluate. Here are a few tangible reports which came in on our questionnaire at the conclusion of the project:

Better lighting on stairs - (most often reported)

Better lighting on grounds

Front steps repaired

Back steps repaired

New wiring in home

Replaced old electric cords

Checked fence controller

New stove pipes

New chimney; new fireplace

Cleaned and repaired flues

Figured out exits in case of fire

Discarded old medicine

Stored medicine safely

Stopped waxing stairs

Slip-pads under rugs

Knife-rack installed

Put in running water

Built baby-gates

Made new playground for children

3. Clothing

Objectives:

Help families learn to take better care of clothing by

they could use in club meetings. The agent also distributed numerous posters and bulletins and gave them names and addresses from which to secure other materials. From that point each group was on its own, and methods used were as numerous and diverse as the clubs themselves.

Some noteworthy methods were:

Posters put up in conspicuous places

Home safety checks distributed to and by members. An agreement was made with the Fire Company to distribute fire safety checksheets to be carried home by every child in school, but the Fire Company later assigned this task to Boy Scouts.

Demonstration of home fire extinguishers in each club.

Posters made by children of club members displayed in community.

Two clubs showed colored slides of safety measures for pre-school children.

News articles in county paper. Cartoons featuring one aspect of safety run in county paper weekly for 1 month.

Safety was featured in radio programs.

The "Porto-Clinic" from the Governor's Highway Safety Committee was operated 2 days at the County School Fair under the auspices of Homemakers Clubs. The "Porto-Clinic" calls attention to and tests aptitudes for safe driving. It was of much interest, particularly to boys and girls hoping to learn to drive soon.

A report of the activities of the safety program was chosen for emphasis on a television program which women of the

Information and guidance from a friend or neighbor they respect more readily than from other sources. She recruited leaders whose training and ability enabled them to work successfully in such a program, and continued working closely with them until the project was completed in the fall.

2. Safety

In planning the 1959 program the Home Demonstration Club Committee felt that promotion of safety in the home, on the farm and on the highway is one of our greatest local needs.

To carry a year-long program, the Committee asked each club to devote one monthly program to this subject, and then to choose some special topic which it would give county-wide publicity during 1 month of the year. Topics chosen were:

- Jan. - Protection against winter hazards
- Feb. - Kitchen Safety
- March - Protection against poisons
- April - Prevention of falls
- May - Clean-up campaign
- June - Vacation In Safety
- July - Safety for pre-school children
- Aug. - Safety on the Highway
- Sept. - Gun Safety
- Oct. - Fire prevention
- Nov. - Safety for senior citizens

At a leader training meeting in January an official of the Orange Fire Company helped leaders with facts and methods

own neighborhoods.

On April 29 the agent gave a demonstration for this group. Twelve colored women, most of whom are teachers, were present. There was also 1 registered nurse in the group. In addition, the secretary of the Orange County Tuberculosis Association was there. They were a most attentive, interested group.

Later in the summer the agent secured jar closures for each of these women to use in canning demonstrations.

Through consultation with the colored supervisor the agent kept in touch with the project throughout the season, and supplied information and help when requested.

Results as reported to the agent were:

48 women trained by these 12 leaders carried help to 62 families who planted gardens.

41 families canned 1,236 quarts of food (Some of these had not done any canning before)

134 quarts of this food contributed to school cafeterias
This program meant contact with 122 colored families through leaders of their own race.

In the agent's opinion, this is the outstanding accomplishment of the year for two reasons; first, it promoted good relations with colored citizens in a time of unrest and tension; second, it meant a great multiplication of effort through leaders. Much of this credit is due the school supervisor, Mrs. Gussie Taylor, who recognized the fact that the majority of colored families will accept

menus, 2 or 3 members read their menus which were then discussed by the group.

About a fourth of the women participating reported that this information was useful; the others seemed to prefer the "7 Basic Foods" plan. Probably another case where time is required for a change of thought-patterns.

The agent has also been called upon to help plan menus, estimate quantities and give recipes for serving many meals for large groups served by Granges and church organizations. The agent has also given recipes and suggestions to 3 school cafeterias. The new book of quantity recipes from the Beltsville Experiment Station was loaned to these managers for examination. At least 1 cafeteria bought a copy.

An interesting piece of work in connection with both menu planning and food preservation was conducted with the colored women of the "Health Clubs". In February the agent was invited to a meeting of both colored and white leaders at Prospect Heights Elementary School (one of 3 colored schools in the county) to discuss general plans for improvement of home life of our colored citizens. This movement was initiated by colored women in the Health Clubs, led by the colored school supervisor. The agent offered assistance, and was asked to train a group of colored women in the principles of nutrition and advise them about planting home gardens. They, in turn, would each work with several families in their

feeding.

2. a) The Homemakers Clubs planned 4 food demonstrations in their program:

Dec. - Party Foods and Games

April - Menu Planning

June - New Methods of Making Jams and Jellies

October - Candy Making

For the December meeting, club leaders prepared and served party foods, using the V.P.I. bulletin, "Christmas Everywhere", as their source of material. This made a party of each December meeting, a social function which was greatly enjoyed by members. At the end of the year, more than one-third of the members reporting had used this information.

The agent also published recipes and suggestions for holiday foods in her weekly news column and in her radio programs, and answered many individual calls for recipes and suggestions. Wedding anniversaries are frequent subjects for consultation.

Menu planning, the topic for April, was requested because homemakers found this a monotonous task. The agent gave these demonstrations in club meetings, using the new colored charts showing the 4-point method of planning. After explanation of the charts, members were supplied paper and pencil for listing foods most often used, and charts for writing out menus for a week. After time for working out

2. County Home Demonstration Committee

The County Home Demonstration Committee plans and executes programs for the Homemakers Clubs and cooperates with all other home demonstration projects. In addition to club programs, it plans and carries out special events, such as a tour to the National Capital Flower Show in the spring of 1959, and an Orange County program on W.R.V.A.-T.V. in September, given by 54 local women.

At the Orange County School Fair, the County Committee also set up and operated the "Porto-Clinic", used by the Governors' Highway Safety Committee to test driving abilities.

The Committee is composed of club presidents, executive officers, program chairmen and a few members-at-large.

B. Subject Matter and Special Emphasis Areas

1. Foods

After studying local needs, the Committees and the agent set up these objectives:

- a. Help homemakers learn a simpler way to plan well-balanced meals.
- b. Help homemakers with problems of entertaining, particularly for entertaining at parties and club meetings.
- c. Help homemakers learn up-to-date methods of making jams and jellies.
- d. Assist families of the county with food preservation problems.
- e. Assist schools and others with problems involved in group

or 33%, are 4-H Club members

A Public Health Unit, located here, serves Orange and 3 adjoining counties.

The rural women with whom the agent works are definitely interested in improving their homes, their churches, their schools. Beneficial objectives for 1959 were improvement of home grounds, better financial management, greater safety in the home, on the farm and on the highway.

II. COUNTY EXTENSION PROGRAM - ADULT

A. Organization

1. Home Economics Council

A start was made in organizing a Home Economics Council in the fall of 1957, and continued in 1958 and 1959. However, interest in this is slight, due, perhaps, to a general feeling that the Home Demonstration Clubs really plan and carry out the home demonstration program in the county. It will take time to change this concept of home demonstration work.

Three areas of work selected in 1958 for a long time program have been continued:

- a. Beautification of home grounds, with special effort directed toward the development of grounds around new homes.
- b. Family financial planning
- c. Health and safety

family chauffeurs, transporting children as well as adults to numerous activities carried on outside the home. Older women who do not work away from home often care for the children of younger members of the family who are employed.

There are many organizations of all types - over 50 - so many, in fact, that few of them are very large in numbers or influence. After the churches the rural organizations which are strongest are the 4 Granges, the Para Bureau and the 2 Buritan Clubs.

The county has a well-balanced agriculture, with the main sources of income derived from dairying, beef cattle and poultry. This was a good crop year, with abundant rainfall.

Orange, the county seat of approximately 3,000 population, and Gordonsville, with 1118, are the main trading centers. The county is situated within easy travelling distance of Richmond and Washington, Charlottesville and Fredericksburg, with all their advantages of urban life. Two railroads, and several bus lines, traverse the county. Over 75 miles of paved highways in the county help solve transportation problems. Three cooperatives and the Virginia Electric & Power Co. make electricity available in all parts of the county. It is also well supplied with telephone service.

School population follows the general population trend. In 1950, there were 1,395 white children in elementary schools; by 1957 this number has increased only 22 to 1,417. In 1950, the secondary school population was 450. Six years later this has grown to 615. Of the white school girls of 4-R Club age, 265

I. COUNTY SITUATION

Orange is a rather small county, with a total area of 355 square miles and a population of 12,755, a figure which has varied little during the past two decades. However, while the total number of residents varies little, there is actually a very large turnover, with many people from the northern states coming and going in industrial work and in dream-farming. Of the number above, about two-thirds are white, the remainder negro.

Orange county, which lies in the fertile rolling Piedmont area east of the Blue Ridge, follows the national trend toward fewer farms. From 1119 in 1950, the number dropped to 848 in the 1954 census. Of these 740 are white, 108 negro. Along with the decrease in farms has come growth in industrial development and the use of more land by rural non-farm families.

Each year more women are employed outside their homes. By far the largest employer of women is the American Silk Mill, in the town of Orange. Smaller numbers work in other industries, and in stores and offices in Orange and Gordonsville.

Here, as elsewhere, the employment of large numbers of women away from home has brought definite changes in family and social life. Many homemakers, particularly those in the lower age brackets, buy practically all food and clothing ready for use. There is little interest in any methods of homemaking which are not mechanized and quick in producing results. Also many women in both town and rural areas spend a large part of their time as

TWO HIGHLIGHTS OF YEAR'S WORK

Looking at the year's work in perspective, the project with colored families of the county seems important. This stands out for two reasons: tangible results accomplished, and an example of good public relations in a time of racial tension and strain.

This has been fully reported under Section II B 1, page 8, "Health Clubs".

The tours taken by the Homemakers Clubs were another highlight. These probably made a greater contribution indirectly to the entire program than they did through the stated educational objective of each. They stimulated interest among members of long standing who felt that club work had become somewhat monotonous, and attracted other women who have since become club members. They also interested other women who had no other contact with the home demonstration program. These are reported under Section II D, page 18.

The tour to the National Capital Flower show is fully reported under Section II C, page 18.

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ANNUAL NARRATIVE REPORT

COUNTY EXTENSION WORK

Virginia Agricultural Extension Service

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Title

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1959

ORANGE

County