

The monthly topics for the Federation Programs are listed under Section II, B, Subject Matter and Special Emphasis Areas. These programs will be presented to each club by leaders and the agent during the coming year. Members will also be encouraged to take this information to their families thus increasing their knowledge of their opportunities as American citizens.

During January the Home Agent presented the topic, Know Your County Government, in the form of a test asking questions about local officials and their responsibilities. Tests will also be given on state and federal government.

Discussions will be conducted on our nation's capitol and all members will be given the opportunity to tour Washington. Women of the county will be encouraged to vote and have their families and neighbors vote.

The agent and the program planning committee feel that this phase of work will greatly contribute toward family life as it will help Home Demonstration Club members to become better citizens of their county, state and nation.

will be given to the Home Demonstration Clubs through the chairman or secretary of each of the drives in the county. The desire of the majority of the club members will rule as to whether or not and how much money will be contributed to each of the organizations. The agent will work cooperatively with the Health Department to inform the people of facilities and other opportunities offered.

8. Individuals and Families

Individuals and families will be contacted through mass media, Home Demonstration Club meetings, 4-H meetings, home visits, office calls, and telephone calls. Individuals will be assisted with their various problems upon request.

B. Professional Improvement

The agent plans professional improvement through studying technical materials and planning for demonstrations, leader training meetings, special interest meetings, and individual assistance. Whenever possible she will attend schools conducted and recommended by the Extension Service.

The agent plans to read special articles in the Extension News, Extension Service Review, Forecast of Home Economics, What's New in Home Economics, Journal of Home Economics, and any other publications with articles designed for professional improvement. She will also read books for professional improvement suggested to her and will keep herself informed on timely information that will assist her in doing a better job as a Home Demonstration Agent.

C. Contribution to Family Living

Perhaps the most significant contribution to family living during the coming year will be the entire Federation Program of Work, Citizenship.

Extension Program with county officials. She will also request their help in planning citizenship Federation Programs. Some of the topics in which she will receive assistance include: Know Your County Government, Know Your State Government, and Know Your Federal Government. Upon request, she will give an oral report to the Board of Supervisors. Home Demonstration Clubs plan to serve the Board a luncheon in appreciation for their support of the Extension Program.

4. Organizations

The Agent will work cooperatively with other organizations in the county in planning and carrying on related work. She will assist in any way possible whenever requested to help in planning these programs.

5. Businesses

The agent cooperates with local businesses upon request in supplying them with any information that she might have on consumer items. The agent will request assistance in giving leader training meetings from a local florist, the Home Economist from the Appalachian Power Company, and representatives from the Singer Sewing Machine Company. Supplies not bearing brand names will be borrowed to be used in giving demonstrations when needed.

6. Mass Media

Cooperation will continue with mass media personnel. Weekly news articles will be placed in The Floyd Press and the public relations photographer of Appalachian Power Company and the Farm and Home Reporter of WSLJ will be asked to attend special county functions and publicize the Floyd County Extension Program.

7. Other Agencies

The Home Demonstration and 4-H Clubs cooperate with the Welfare Department in securing names of needy families to be given food, clothing, toys, etc. Announcements of drives and campaigns of the various groups

on their responsibilities. After training leaders they will be given more responsibility at 4-H Club meetings. Major emphasis will be placed on the summer 4-H project groups. During these meetings leaders will have the entire responsibility with the agent assisting.

VI. FOR SPECIAL CONSIDERATION

A. Plan for Maintaining and Strengthening Public Relations

1. State Extension Organization

The State Extension Organization will be publicized through Home Demonstration Club meetings, news articles, and individual contacts, by offering printed information from the various experimental departments, and by requesting technical knowledge from the specialists when the need arises. Credit will be given to the various departments when their information is used. Specialists will also be requested to present four leader training meetings and one special interest group meeting for Home Demonstration work.

2. Parent Institution

The Home Agent will encourage the people of Floyd County to take advantage of every opportunity to visit and become familiar with VFI with major emphasis placed on the Institute of Rural Affairs, Vegetable Field Day, and the District V Federation Meeting which will be conducted there. She will tell interested girls the opportunities available at VFI and upon request will help them become familiar with the campus.

3. Elected and Appointed Officials

The agent will publish articles in the local paper to inform the County Board of Supervisors and other elected officials of the activities of the Extension Program. When the opportunity arises she will discuss the

3. 4-H Club Leadership

	<u>No. in 1959</u>	<u>Goal for 1960</u>
No. Club officers	207	168
No. adult project leaders	15	20
No. junior project leaders	9	15
No. result demonstrators	0	0
No. training meetings by specialists	0	0
No. training meetings by dist. agents	0	0
No. training meetings by agents	3	3
No. training meetings by members club dept.	0	0
No. training meetings by others	0	2
Total attendance at ldr. tr. meetings	30	50
No. 4-H leaders trained individually	10	15
No. club mtgs. held by ldr. w/out agt.	74	20
No. additional club meetings at which leaders assisted	95	115
No. demonstrations by adult leaders	30	25
No. demonstrations by jr. leaders	115	125

B. Strengthening Leadership

The Home Agent feels that the organizational leaders of the county can be strengthened. She does not plan to increase the number unless the need arises, however, she hopes to work with leaders to improve their knowledge of leadership responsibilities. She plans to visit each Home Demonstration Club president and talk with them about parliamentary procedure as well as their duties of being a Home Demonstration Club president. She also plans to talk with subject matter leaders and encourage them to improve the quality of their demonstrations. The number, however, will not be increased unless the need arises.

There is a definite lack of adult project leaders in 4-H Club work. The agent will visit potential leaders and encourage them to serve in this capacity. She will also work with 4-H'ers in securing names of potential leaders. When leaders are secured, she plans to give individual training

through VPI. During January she will give all Home Demonstration Club members an opportunity to subscribe to the Extension Service News. Non club members are asked to participate in special interest meetings and surveys. The public will also be invited to attend the county achievement day program.

If enough interest is shown in unorganized communities, a Home Demonstration Club will be started. The Home Agent plans to work with people who are not members of Home Demonstration Clubs upon request. Major emphasis will be placed on food preservation and home furnishings. These people will also be reached through news articles, television programs, and printed information which will be sent to these people when the need arises.

V. LEADERSHIP

A. Plan for Leadership

1. County program leaders.

- a. County Agricultural Extension Service Board
- b. Youth Council
- c. Home Economics Council

No. in 1959 Goal for 1960

1	1
0	1
0	0

2. Home Demonstration Leadership

- No. organizational leaders
- No. project leaders (subject matter)
- No. Federation program of work chairmen
- No. program development leaders
- No. result demonstrators
- No. training meetings by specialists
- No. training meetings by district agents
- No. training meetings by agents
- No. training meetings by others
- Attendance at all training meetings
- No. meetings held without an agent
- No. meetings leaders assisted
- Demonstrations by leaders
- Talks and discussions by leaders

No. in 1959 Goal for 1960

126	126
80	78
19	19
19	19
3	1
7	4
0	0
6	3
0	5
281	240
119	120
48	60
147	120
110	240

Home Nursing, Time Management, and Food and Nutrition. These committees are now functioning and the agent plans to continue working with them in furthering the Extension Program. The agent will work with the Health Committee on the possibility of having first-aid classes.

The Time Management Committee recently completed a time management study involving fifty ladies. The agent will work with this committee in determining effective use of the results found in the survey and in presenting special interest meetings on time management problems.

The Food and Nutrition Committee which recently conducted a weight reducing clinic will continue this clinic with meetings at six month intervals. They are considering the possibility of studying the nutritional survey made by the Time Management Committee in order to further emphasize food and nutrition during the coming year.

The agent would like to organize a Youth Committee on 4-H Club work to help plan 4-H activities and carry them through. She hopes to emphasize Farm and Home Development work during the coming year by working with four families. Two of the four families now considered Farm and Home Development Families are not participating in the program, therefore, the agent hopes to either stimulate more interest or work with other families.

B. Plans for Informing the Public About Extension Home Economics Program

The people will be informed of the Floyd County Extension Program through television programs and weekly news articles published in the local paper by the agent. Special emphasis will be placed on the Extension Program during National Home Demonstration Week and each club will be encouraged to set up an exhibit of Home Demonstration accomplishments during the past year. Approximately every six months the agent writes a news article offering her services. She will also write news articles listing publications available

to participate in district and state competition. All senior 4-H'ers will be encouraged to compile achievement record books to be entered in state competition.

11. National 4-H Week

All 4-H Clubs will be encouraged to display exhibits of their achievements during the past year during National 4-H Week. These exhibits will be set up in local store windows and in school classrooms and halls. Special news articles will be published in the local paper and clubs and club leaders will be recognized for outstanding accomplishments.

IV. SCOPE OF WORK

A.

	<u>No. in 1959</u>	<u>Goal for 1960</u>
No. H. D. Clubs	19	19
Membership	377	400
No. H. D. Groups (unorganized)	0	1
Membership	0	12
No. 4-H Clubs	21	24
Membership	375	380
No. YMW Clubs	0	0
Membership	0	0
No. Community Clubs	0	0
Membership	0	0
No. Home Economics Committees	2	2
Membership	12	12
No. General Interest Committees	1	2
Membership	6	12
No. Youth Committees	1	1
Membership	5	6
No. Other Organizations	1	1
No. Farm & Home Development Families	4	4
No. Other Families Reached	800	850
No. Different Families Reached	1490	1500

The Home Agent feels that greatest emphasis should be placed on Home Economics Committees, Youth Committees, and Farm and Home Development Families. The Home Economics Committees existing in the county now include Health and

at Natural Bridge in order that they may become better leaders and further publicize 4-H work.

7. Rural Life Sunday

The 4-H County Council is planning to have a county-wide Rural Life Sunday service with representative 4-H'ers from all clubs participating. Four-H'ers will also be encouraged to have Rural Life Sunday Service in their own community.

8. Achievement Day

The County Council will sponsor a 4-H Achievement Day late in the fall of 1960. During this time 4-H'ers will tell of their experiences while participating in various events during the past year and awards and recognitions will be given to outstanding 4-H'ers for their accomplishments in 4-H work. Parents will be invited and urged to attend.

9. Fairs

Four-H'ers will be given the opportunity to exhibit in fairs in surrounding counties.

10. Contests

Senior 4-H Clubs will be given the opportunity to participate in the WSLC Club Achievement Contest by preparing scrap books telling of their activities. All 4-H'ers will be given the opportunity to participate in the county Share the Fun Contest. Talent will be eliminated in the various schools with teachers serving as judges. Winners in the county-wide contest will be determined by a panel of judges.

All 4-H'ers will be given the opportunity and encouraged to participate in the county demonstration contests. There will be a junior and senior division on a county basis and a panel of judges composed of local leaders will determine the winners. Winners of the county contests will be encouraged

C. Other Activities

1. Community Activities

Four-H'ers will sponsor baskets for needy families or shut-ins next December. They will also make favors for disabled persons on special occasions.

2. County 4-H Camp

All 4-H'ers will be given the opportunity to attend county 4-H camp in Hinton, West Virginia during June. Older 4-H'ers will serve as junior leaders. The camp will be used to encourage individuality, leadership, and increase interest in 4-H club work. The date of camp will be announced several months previous to camp.

3. State Camps

Older 4-H Club members will be given the opportunity to attend Conservation Camp, Older Youth Camp, and District Senior Camp. The 4-H'ers attending will write articles publicizing the week's activities in order to create more interest in 4-H work.

4. Short Course

Outstanding 4-H'ers will be given the opportunity to attend 4-H Short Course and will be encouraged to participate in various contests in order to earn the trip.

5. All Star Conference

Four-H All Stars will be encouraged to attend the All Star Conference and will be asked to publicize the weekend activities.

6. Adult Leader Conference

Adult leaders will be encouraged to attend the Adult Leader Conference

AGRICULTURAL ENGINEERING

Project	Topics to be Included	Number of Clubs, Groups Involved
Electric Unit I	Plan electrical equipment needed by individual families. Proper lighting. Repair service cords. Assemble lamps. Replace fuses. Care for electrical appliances	3

Goals	What Members are to Learn	Plans for Carrying Out Project	Notes on Results, Adjustments, Accompl.
1. To encourage 4-H'ers to become more efficient in caring for electrical appliances. 2. To encourage 4-H'ers to use correct lighting.	Members will learn to appreciate electrical equipment, to plan for electrical appliances needed, repair service cords, and to care for appliances. They will also study good lighting and assemble 4-H lamps.	Four-H'ers will give demonstrations on the various phases of electricity listed. The agent will work with 4-H'ers in planning their demonstrations and also in assembling lamps which the 4-H'ers may order. If there is sufficient interest, a lamp workshop will be conducted during the summer. Record books will be filled in with the assistance of the agent and leaders.	

HOME FURNISHINGS

Project	Topics to be Included	Number of Clubs, Groups Involved
Your Room, Pep It Up	Care for room, partition dresser drawers, re-arrange furniture, grow and arrange flowers.	1

Goals	What Members are to Learn	Plans for Carrying Out Project	Notes on Results, Adjustments, Accompl.
<ol style="list-style-type: none"> 1. To encourage every 4-H club member to take better care of their room and make it more liveable. 2. To encourage all 4-H'ers to give demonstrations. 	<p>The agent will help the members to learn good furniture combinations and arrangement, how to hang pictures, how to partition dresser drawers, how to care for their room, and how to arrange flowers.</p>	<p>The agent will work with 4-H'ers in giving printed materials so that they may give demonstrations on the various topics listed. The agent will assist 4-H'ers in filling out their record books and adult and junior leaders will conduct summer project groups.</p>	

CLOTHING

Project	Topics to be Included	Number of Clubs, Groups Involved
So You'd Like to Sew Make or Remake	Equipping a sewing box, Making wrist pincushion, simple blouse, gathered skirt, and other simple articles. How to plan a wardrobe, use a pattern, and make simple garments.	5

Goals	What Members are to Learn	Plans for Carrying Out Project	Notes on Results, Adjustments, Accompl.
1. To help 4-H'ers learn to equip a sewing box and learn basic steps in sewing and planning a wardrobe.	Four-H'ers will learn to equip a sewing box, make wrist pincushion, make simple blouse and skirt, plan a wardrobe, use a pattern, and to give demonstrations	Four-H'ers will give demonstrations from printed information given to them by the agent and group discussions will follow the demonstrations. The agent will assist 4-H'ers in filling out their record books and adult and junior leaders will conduct summer project groups.	

B. 4-H PROJECT WORK

FOOD

<u>Project</u>	<u>Topics to be Included</u>	<u>Number of Clubs, Groups Involved</u>
Meal Preparation	Demonstrations will be given and discussions will be conducted on setting the table, making and serving to other 4-H'ers desserts such as cookies, fudge, cake, etc., well-balanced meals and the basic seven, a good breakfast and a good lunch, and principles involved in meat cookery, vegetable cookery, and sugar cookery.	9

<u>Goals</u>	<u>What Members are to Learn</u>	<u>Plans for Carrying Out Project</u>	<u>Notes on Results, Adjustments, Accompl.</u>
1. To help 4-H'ers give demonstrations & speak before groups.	The agent will encourage every 4-H Club member to give a demonstration thus helping them to learn to speak before a group as well as helping them to become more familiar with the basic seven and planning meals and refreshments.	Four-H'ers will give demonstrations and the agent will conduct discussions on the various topics listed. The agent will assist 4-H'ers in filling out their record books and adult and junior leaders will conduct summer project groups.	
2. To help 4-H'ers learn to set the table correctly.			
3. To help 4-H'ers make and gracefully serve refreshments.			
4. To help members become more familiar with well-balanced meals.			
5. To help 4-H'ers learn to plan and prepare simple refreshments.			

Special committees of the council are set up to plan and conduct county activities. The objectives of the council are:

- (1) To have each club enter the WLSL Contest.
- (2) To sponsor one or more money making activities during the summer.
- (3) To have each club represented at summer camp.
- (4) To fulfill the county Short Course quota.
- (5) To have each club observe National 4-H Week.
- (6) To have each club observe Rural Life Sunday.
- (7) To have each club represented at county council meetings.
- (8) To support the Honor Club.
- (9) To conduct the Share the Fun Contest.
- (10) To sponsor county achievement day.
- (11) To prepare exhibits showing 4-H work.

3. All Stars

A county All Star Chapter exists in Floyd. The All Stars will work with the agents in selecting All Stars to be recommended to the state All Star Chapter and will continue serving as leaders of 4-H Clubs and young 4-H'ers. They will have at least two meetings during the coming year.

4. Honor Club

The Honor Club, composed of outstanding 4-H'ers in the county, will meet at least twice during the coming year. The Honor Club members will be encouraged to serve as junior leaders, to work with the agents in selecting new Honor Club members and to plan and assemble a county 4-H Year Book.

D. Urban Families

There are no urban families in Floyd County.

E. Farm & Home Development

In 1959, four families were considered Farm and Home Development families, however, all of these families are not actively participating at the present time. The Home Agent hopes to work with four families during the coming year with the following objectives:

- (1) To promote individual assistance on the total farm and home program to special families.
- (2) To assist families in identifying and analyzing their major farm and home problems and in solving these problems.
- (3) To help them improve their home living conditions.

Additional families will be selected through staff conferences and committee recommendations. The agent will assist these families by planning with family members, giving individual assistance on special problems, inviting family members to attend special interest meetings, and by requesting specialist assistance whenever needed. The agent will keep a record, plans, and accomplishments of each family following each visit.

III. COUNTY EXTENSION PROGRAM - YOUTH

A. Organizations

1. County Youth Council

A County Youth Council will be organized when there are sufficient county youth committees and organizations sponsored by the Extension program. This council will work with the agent in correlating all phases of youth work.

2. County 4-H Council

Officers of all 4-H Clubs in the county compose the 4-H County Council.

4. Achievement Day Program

In the fall the Home Demonstration Achievement Program will be conducted to summarize the year's program and to tell non club members of the accomplishments of the Home Demonstration Club program. A report of the year's accomplishments will be given. Club members who have met requirements for the pin, guard, reading certificate, and other items will be recognized. Club members will also be given the opportunity to meet club members from other areas of the county. Committees will plan and conduct the Achievement Day Program and each club will have the opportunity to display some phase of Home Demonstration Club work or their accomplishments for the entire year. Publicity will be given before and after the event.

5. Community Improvement Clubs

There are no active community improvement clubs in the county.

6. Fairs

There is no local fair for the people of Floyd County, however, they are encouraged to exhibit in the Roanoke Fair.

7. Special Tours

A special tour will be planned by the county committee from suggestions given by all clubs. The final decision will be made during the spring planning meeting.

8. Judging by Leaders

The agent will provide an opportunity for leaders to have training in judging if the occasion arises. Leaders will be asked to judge 4-H contests.

9. District Federation Meeting, Institute of Rural Affairs, Vegetable Field Day

Each club will be encouraged to have representatives attend the District V Federation Meeting, the Institute of Rural Affairs, and the Vegetable Field Day.

C. Other Activities

1. Community Projects

Home Demonstration Clubs serve the communities by helping needy and disabled persons during Christmas. Some clubs are also planning to sponsor clean-up campaigns, buy and contribute books to the county library, buy glasses for underprivileged children, erect directional road signs giving names of residents living on roads and erect mailbox and farm name markers.

2. County Home Demonstration Club Objectives

Support 4-H through sponsors and leaders and send a 4-H'er to county camp.

Each club sponsor a community project.

Each club member complete requirements to receive a pin, guard, gavel, quill, key and reading certificate. (Requirements are set up in 1960 Year Book)

Each club participate in Institute of Rural Affairs, District V Federation Meeting, Achievement Day Program, National Home Demonstration Week and county tour.

Study citizenship--every woman vote and encourage others to vote.

Increase club membership by each club member inviting a neighbor to attend a club meeting.

3. National Home Demonstration Week

National Home Demonstration Week will be observed with each Home Demonstration Club placing an exhibit of their accomplishments or of some phase of the club work on display in a public place. Leaders and members who have done outstanding work will be recognized and members will encourage community residents to join their club. Special articles for the local paper will also be published by the agent and the county publicity chairman.

CERAMICS, BOUND BUTTONHOLES, KNITTING

Problem	Topics to be Included	Number of Clubs, Groups or Committees Involved
<p>Women of the county like creativeness and originality, however, they lack the facilities to create on their own, therefore, they need technical assistance, materials and equipment.</p>	Ceramics (Sp. Int.)	<p>All interested individuals will be invited to attend special interest meetings on ceramics and making bound buttonholes. Each club will conduct classes in knitting with local people serving as leaders.</p>
<p>The women enjoy sewing, however, many have not learned an easy method of making bound buttonholes.</p>	Bound Buttonholes (Sp. Int.)	
<p>There is no facility in the county for teaching women knitting.</p>	Knitting (Sp. Int.)	

Goals	What People are to Learn	Plans for Carrying Out	Notes on Results, Adjustments and accomplishments
<ol style="list-style-type: none"> 1. To teach originality and self-expression in making ceramics. 2. To help people have professional looking homemade garments. 3. To help the people appreciate the beauty in handmade garments and to use their time constructively. 	<p>It is hoped that the people will learn good design and graceful lines in ceramics. The people will learn to make neat bound buttonholes and it is hoped that they will also learn to knit simple garments.</p>	<p>Classes in ceramics will be conducted in several areas of the county for all interested H. D. Club members. Local leaders who are familiar with ceramics will assist.</p> <p>A special interest group meeting on making bound buttonholes will be conducted by the Clothing Specialist from VPI.</p> <p>Local instructors are being secured for each of the 20 H. D. Club areas in the county. These instructors will teach all interested club members how to knit.</p>	

A record of accomplishments will be kept by instructors and through achievement questionnaires.

CITIZENSHIP

<u>Problem</u>	<u>Topics to be Included</u>	<u>Number of Clubs, Groups or Committees Involved</u>
The people in the county feel that they are not as conscious as they should be of our responsibilities as a citizen of the U. S. Many people do not vote and are not familiar with our nation's capitol and our privileges as an American citizen. They are not aware of the necessity of Civil Defense, the importance of wills and deeds, and the use of census information.	Christmas Customs in Other Lands Know Your County Government Census Information for 1960 Census How to Become an Informed & Qualified Voter Know Your State Government Know Your Federal Government Our Nation's Capitol Our American Citizenship Privileges Importance of Wills & Deeds Civil Defense Report on Washington Trip	20 clubs will receive information through leaders at each monthly meeting.

<u>Goals</u>	<u>What People are to Learn</u>	<u>Plans for Carrying Out</u>	<u>Notes on Results, Adjustments and Accomplishments</u>
1. To help the people become more aware of their responsibilities and privileges as an American citizen and to encourage them to take advantage of the opportunities that are theirs.	The people will be given the opportunity to study the county, state, and national government, the Bill of Rights, the necessity of Civil Defense, why and how to vote, the importance of a will, and the use that is made of census information. They will also have the opportunity to tour Washington, D. C. to learn more about our national capitol and in December they learned about Christmas customs in other lands.	The Fed. Prog. of Work Chairmen will present 5-minute talks to each club during each monthly meeting. The agent will train these leaders and send them supplementary materials for each month. Individuals interested will be given the opportunity to tour Washington, D. C. The agent will present a talk during Jan. to all Home Demonstration Clubs on Know Your Co. Gov't. A special interest meeting for all interested individuals will be conducted on Know Your County Gov't. by a county official. Results will be measured through achievement questionnaires, comments at club meetings, and leader participation.	

CORSAGE MAKING

<u>Problem</u>	<u>Topics to be Included</u>	<u>Number of Clubs, Groups or Committees Involved</u>	
The women in the county enjoy beauty and being creative, however, they lack the skill of arranging corsages. They also have the materials available and feel that they can be more economical by making corsages than by buying them.	Corsage Making - Materials Involved and Proper Arrangement (Meth. Dem.)	Leaders will be trained in all clubs to present the demonstration.	
<u>Goals</u>	<u>What People are to Learn</u>	<u>Plans for Carrying Out</u>	<u>Notes on Results, Adjustments & Accomplishments</u>
1. To teach creativeness and originality.	The ladies will actually make corsages from the materials that they have available. They will be encouraged to express themselves by being original. They will also be taught the proper procedure for preparing flowers for corsages.	Leaders will be trained to present the demonstration to all clubs. They will also help members make corsages during the meetings. A local florist will be asked to assist with this leader training meeting. Questions in the achievement summary will determine results of the demonstration.	

HOME IMPROVEMENT

<u>Problem</u>	<u>Topics to be Included</u>	<u>Number of Clubs, Groups or Committees Involved</u>
Home Demonstration Club members feel that they cannot afford to buy dried arrangements from florists, however, they enjoy the year 'round arrangements.	Dried Flower Arrangements (Meth. Dem.)	Leaders will be trained in half of the 20 clubs for each of the three method demonstrations. The agent will present the three demonstrations in half of the clubs.
Many members do not have confidence in selecting colors for their home as they have not studied color coordination.	Coordinated Color Schemes (Meth. Dem.)	
Many homes in the county still lack good lighting although this program has existed in the county for several years.	Home Lighting (Meth. Dem.)	

<u>Goals</u>	<u>What People are to Learn</u>	<u>Plans for Carrying Out</u>	<u>Notes on Results, Adjustments and Accomplishments</u>
1. Teach principles of flower arrangement, materials that are available and procedures involved in drying materials for dried arrangements.	It is hoped that the club members will learn the proper arrangement of materials that they have dried in order to make their homes more beautiful throughout the year.	Leaders and agent will present these three demonstrations to all the clubs in the county. The Home Economist from APCo. will assist the agent in presenting the lighting demonstrations.	
2. To teach basic information on combining colors, color harmony, and the effects of the various colors.	The agent will make an effort to help the people learn good color combinations and the effects of the use of light, dark, warm & cool colors. Information will be available in both printed and demonstration materials on recipes for good lighting, new lighting equipment and the importance of good lighting.	The House Furnishings Specialist will assist the agent in planning a leader training meeting on Coordinated Color Schemes and Dried Flower Arrangements.	
3. To encourage good lighting and provide information on the latest lighting developments in order to make the public more aware of the necessity of good lighting.		An achievement questionnaire for each club member will determine the results of these demonstrations.	

CLOTHING

<u>Problem</u>	<u>Topics to be Included</u>	<u>Number of Clubs, Groups or Committees Involved</u>
Many people are not familiar with procedures in getting the most from their sewing machines.	Know Your Sewing Machine (Meth. Dem.)	20 clubs will receive demonstrational information from leaders and agent.
Home Demonstration Club members are not familiar with the newer fabrics, their care and use.	New Fabrics, Their Care & Use (Meth. Dem.)	20 clubs will receive demonstrational information from leaders and agent.

<u>Goals</u>	<u>What People are to Learn</u>	<u>Plans for Carrying Out</u>	<u>Notes on Results, Adjustments and Accomplishments</u>
1. To help Home Demonstration Club members learn to clean, care for, and use their sewing machine.	The people will learn the procedure of cleaning their sewing machina, common adjustments, and if time permits, the use of basic attachments.	Assistance has been requested from Singer Sewing Machine Company for training on the demonstration, Know Your Sewing Machine.	
2. To help members learn more about new fabrics, their care and use.	It is hoped that the people will learn the names of some of the newer fabrics, their uses and how to care for them	Clothing Specialist from VPI will present a leader training meeting to leaders from half the clubs on New Fabrics. The agent will present the demonstration to half of the clubs. The achievement questionnaire in the H. D. Year Book asks questions on these two topics as a method of measuring results.	

B. Subject Matter & Special Emphasis Areas

FOOD & NUTRITION

<u>Problem</u>	<u>Topics to be Included</u>	<u>Number of Clubs, Groups or Committees Involved</u>
The people wanted new ideas in preparing and serving Christmas foods.	Christmas Foods (Method Dem.)	Trained leaders presented demonstration to 20 clubs.
A major problem in the county is the lack of variety of vegetables, their culture and use.	New Vegetables, How to Grow and Use Them (Method Dem.)	Trained leaders and agent will present demonstration to 20 clubs.
Many people have not had the opportunity of attending formal events. Even when the occasion arises many are uncertain of the protocol involved.	Entertaining - Formal Tea or Coffee (Method Dem.)	Trained leaders, hostesses, and agent will practice formal entertaining (Tea or Coffee) in 20 clubs.

<u>Goals</u>	<u>What People are to Learn</u>	<u>Plans for Carrying Out</u>	<u>Notes on results, adjustments and accomplishments</u>
1. To teach new ideas and also principles involved in sugar cookery.	The leaders will be taught principles of sugar cookery and new ideas for Christmas entertaining.	Appalachian Power Co. Home Economist presented demonstration on Christmas foods to leaders of all clubs.	
2. To help food leaders become better leaders by learning to express themselves.	The leaders will learn to speak before their club groups.	The agent attended meetings to see results of dem.; recipes were given to all members.	
3. To improve family nutrition.	The people will learn new vegetables, how to grow and use them.	Mr. Scott, Horticulturist, will present leader training meeting on new vegetables, how to grow & use them to leaders from half the H. D. Clubs. The agent will present the demonstration to half the clubs. Printed information will accompany this demonstration.	
4. To encourage variety in meal planning.	The leaders and hostesses will learn how to give a Tea or Coffee.	The agent will work with hostesses and leaders in presenting a formal tea or coffee.	
5. To help the rural people become more gracious hostesses & guests.		An achievement summary for each member included in the H. D. Year Book has questions concerning accomplishments in each of these nutritional phases.	

During the past year they conducted a reducing clinic and plan to continue this clinic with meetings every six months. They are also considering making a nutritional survey to help the people realize diet deficiencies.

b. Time Management

The Time Management Committee, composed of Mrs. Wade Poff, Mrs. Leslie Bell, Mrs. Graydon Bond, Mrs. Henry Salyer, Mrs. Lester Agee, and Mrs. Morris Phillips, conducted a time management survey by asking fifty women to keep a record of their time use. As a result of this survey a meeting will be conducted to help ladies evaluate and improve their time use. A leaflet will be distributed to all Home Demonstration Club members. This leaflet entitled "How Do You Use Your Time" will be used to help them become more conscious of their time use. The committee will also conduct special interest meetings on time use when the need arises.

c. County Home Demonstration Committee

The County Home Demonstration Committee is composed of the president and program development leader of each local Home Demonstration Club and the Home Demonstration Executive Council. The council is composed of President - Mrs. Poff Simpson; Vice President - Mrs. L. D. Bowman; Secretary - Mrs. Leslie Pugh; Treasurer - Mrs. Dayton Burgess; Federation Program of Work Chairman - Mrs. R. O. Slusher, Jr.; and Publicity Chairman - Mrs. S. B. Alderman.

The committee will conduct two meetings in 1960. During the meetings the committee will select topics of method demonstrations to be given at club meetings and special interest meetings. They will also decide on important items of business concerning the county including the tour, Home Demonstration Achievement Day, etc.

Demonstration Clubs has decreased by the large percentage who are working.

Most major religious denominations are represented within the county including: Presbyterian, Lutheran, Methodist, Missionary Baptist, Primitive Baptist, Church of the Brethren, Nazarene, and Pentecostal Holiness Churches.

The county has a Health Department which has been operating for the past three years. A new medical clinic has recently been completed and is served by two doctors.

II. COUNTY EXTENSION PROGRAM - ADULT

A. Organization

(1) County Agricultural Extension Service Board

A County Agricultural Extension Service Board exists only in the form of a planning board. The board of six supervisors and eight key leaders met in 1957. They studied the county situation and made recommendations for a long range program. Food and Nutrition was the phase of home economics they considered most important.

The board has not met again.

(2) Home Economics Council

A Home Economics Council will be organized whenever there are sufficient special interest committees operating in the county.

This committee will work with the Home Demonstration County Committee in correlating the over-all home economics program.

(3) Home Economics Committees

a. Food & Nutrition

A Food & Nutrition Committee is composed of ladies from various areas of the county--Mrs. Poff Simpson, Mrs. L. D. Bowman, Mrs. Bernard Lee, Mrs. S. B. Alderman, Mrs. Calvin Howell, and Mrs. C. G. Harman.

1960 PLAN OF WORK

Margaret S. Moles
County Home Demonstration Agent
Floyd, Va.

I. COUNTY SITUATION CONSIDERED IN WORKING OUT THE 1960 PROGRAM

Floyd County, Virginia is a rural county located in the Blue Ridge Mountain Plateau of southwest Virginia. Approximately 11,351 people live in the county which consists of 376 square miles. Floyd Court House is the largest village in the county with 550 residents.

White children are transported to the four consolidated elementary schools and three consolidated high schools in the county. These schools are located in Floyd, Willis, Check, and Indian Valley. Colored people are a minority group of approximately 500. Colored children attend the colored elementary school located in Floyd. Colored children of high school age have made application for entrance in two high schools.

Agriculture is the main source of income. There are 2,160 farms in the county. The average size of these farms is 93.7 acres. Seventy-five to eighty-five per cent of Floyd County income is derived from farming. More than half of the farmers are employed away from home. They are employed in nearby towns, Christiansburg, and Roanoke. These farmers farm on a part-time basis. Dairy and beef cattle furnish a large percentage of the farm income. Crops, poultry, hogs, and sheep offer support to the farm income. All of these farm products are shipped by truck to nearby markets in adjoining counties.

A large percentage of the local women are now working at the garment factory, however, the local shirt factory recently closed leaving many women unemployed. The attendance and membership of several of the Home