

VIRGINIA..... 1924

BERKSFORD COUNTY... NEGRO HOME DEMONSTRATION AGENT ANNUAL REPORT

<u>Index</u>	<u>Page</u>
5 b 3 ..... Construction . . . . .	5
6 a 12..... Public schools.....	2, 18
6 c 2.52..... Jr. short courses.....	11
9 a 2.1 .... Bread. . . . .	6
9 c 2.2..... Jr. canning club . . . . .	7
11 g.....Health habits. . . . .	10
13 h..... Room improvement club . . . . .	9
13 i..... Refinishing furniture.....	9

NEGRO HOME DEMONSTRATION WORK BOARD

Bedford Co.

Dec. 1, 1923 - Nov. 30, 1924

Annual Narrative  
- Report



Youtha B. Flagg

Local Home Dem. Agent

Table of Contents	Page
Clothing (Junior) - - - - -	6
Clothing (Adult) - - - - -	20
Community Clubs - - - - -	18
County Fair - - - - -	21
Co. Farmers' Conference - - - - -	22
Food Preparation - - - - -	6
Food Preservation (Junior) - - - - -	7
Food Preservation (Adult) - - - - -	19
Fairs - - - - -	23
Girls & Boys State Short Course - - - - -	11
Home Gardens - - - - -	4
Home Poultry - - - - -	5
House Furnishings - - - - -	0
Home Management - - - - -	24
Programs of Work, goals established etc. - - - - -	3
Progress Report - - - - -	16
Programs of Work 1925 - - - - -	12-13-14-15
Statute of Extension Organization - - - - -	1-2
Sanitation - - - - -	25
Summary of Activities (Junior) - - - - -	17
Summary of Activities (Adult) - - - - -	16

### III. Status of extension organizations.

(1) The Advisory Board is the principal organization in the County. It is made up of men and women from the nine magisterial districts. It has grown from a membership of 9 to 39. They assist the Agent in planning and executing any project for the Co.

(2) Other organizations are Community Girls and W. D. Clubs. Each club has a project leader, whose duty is to advise, help and encourage the work during the absence of the agent.

In developing the program of work the members of the Advisory Board are asked to state the needs of their communities, these suggestions are carried to the different clubs and the project leaders, members of the clubs and agent make out jointly a program to suit each community.

(3) There is a friendly relation existing between extension clubs and other county organizations viz - school leagues. The result is the organization of district associations in three of the magisterial districts. The membership of these associations is made up of community clubs and school leagues. They meet monthly going from one community to another. The ministers are becoming interested in these meetings and cooperating to the extent of joining and encouraging, from their pulpits, others to become members.

A farmer said - "Although Sat. is a busy day for those of us who carry our products to town to sell, I am willing and I believe all of us are willing to go in on Fri. once a month and hold our meetings on Sat. so that the teachers may attend these district meetings without losing time from their school work. This work is too important and beneficial to let any thing get in the way." All agreed and the next meeting 83 people were present.

IV. Program of Work, goals established  
methods employed & results achieved.

① After visiting a community and talking over extension work with some of the farmers, farm women, teacher and if possible the minister I visit the church and talk to the people. Some of the farm people with whom I have talked become interested and endorse the work at church.

Always a date is set to come and organize one or more clubs in the community

Having visited the homes and learned something about conditions there, I begin to think of the projects and to ask the people what they would like to do. Suggestions are made and we talk them over. An agreement is reached and the program of work is made out.

EDUCATIONAL BOARD

Project Activities and results

Seven extension projects are represented in Bedford County viz - Bread, Cooking, Canning, Clothing, Gardening, Poultry and Room Improvement.

1 Home gardens

One garden club was organized with an enrollment of 10. 2 method demonstrations were given. 6 girls kept records for a while but none of them completed their projects.

English peas, potatoes, string beans, bute, tomatoes, and corn were planted. Some of the vegetables were sold and others canned.

Total value of these gardens	-----	\$141.00
Total cost	-----	17.50
Net profit for the year	-----	\$123.50

I

5

Home Poultry

One club was organized with an enrollment of 5. No pure bred cockerels were placed and most of the baby chicks died.

2 method demonstrations were given, in culling.

18 birds in the flocks.

6 were discarded.

The club members are not discouraged and say they are going to try again this year.



### Food Preparation

There are 2 bread clubs and 2 cooking clubs in the county with a total membership of 26.

The girls are taught that foods must be chosen to fit the bodily needs and must be suited to the age, health and occupation of the person for whom the food is intended.

8 method demonstrations were given  
6 girls completed their work.

These girls exhibited at the County and State Fair and won 4 ribbons and 50¢ in prizes.

On account of an epidemic of measles the rest of the club members did not finish their work.

A father of an 11 year old bread club member said proudly "My little girl can now make bread as good as her mother. She has been a club member for two years and I want her to continue in club work."

### Food Preservation

There are 3 canning clubs in the Co. with an enrollment of 29. These club members are trained and given enough practice in canning to enable them to can without much loss.

8 method demonstrations were given.

29 recult demonstrations started.

21 put up the required quantity of fruits and vegetables but only 12 sent in record books.

711 qts. of fruits and vegetables were canned by members completing.

1177 total number of qts. canned.

The club exhibited at the State and Tidewater Fairs and won \$5.25

Clothing

There are 7 active clothing clubs in the Co. with an enrollment of 112. These girls are taught how to select materials, make and mend their simple garments and the use and care of the sewing machine. 56 method demonstrations were given. 112 occult demonstrations started. 52 completed.

472 required and other garments made.  
390 garments and articles mended.

These clubs exhibited at the Community, County, Lynchburg, State and Tidewater Fairs.

\$28.75 won in prizes.

The 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> prizes offered for 1<sup>st</sup> and 2<sup>nd</sup> years sewing at the State Fair were won by Bedford Co. also 1<sup>st</sup> prize for 3<sup>rd</sup> year sewing.

House Furnishings

One organized Room Improvement Club with an enrollment of 7. 6 members completed.

These girls improved their rooms by remodeling broken chairs and tables, making shelves, wood and flower boxes and painting old furniture, oiling floors, making curtains, runners, sofa pillows, rag rugs and a bed-room set.

4 method demonstrations were given. Exhibits were made at community, county, state and Tidewater fairs \$7.25 worth in prizes.

Chairs bottomed with shucks, by club members, attracted a great deal of attention at the county fair. One lady said "Please tell me what these chair bottoms are made of? Oh how told 'shucks' she remarked "Well, I think it is remarkable for children to do such excellent work as this and I want to get your club members to bottom 4 chairs for me at once."

## Home Health

Although there are no organized clubs, 145 club girls are adopting recommended practices in the Care of the teeth, Care of the skin and hair and Prevention of colds.

A health play was given by club members and pledge made by each member to carry out the practices and to get others to do the same.

Girls' and Boys' State Short Course.

This Short Course was held at Hampton Inst. Aug 19-23. More than 200 girls and boys were in attendance. The reports were interesting and the meetings presided over entirely by the state officers of the boys and girls clubs. 14 girls and 1 club leader attended this conference.

The much prized "Loving cup" that was offered by the District Agent and won by Bedford Co. for the best record of work done in the state last year, was again won by Bedford Co.

Cooperative Extension Work  
 in  
 Agriculture and Home Economics  
 State of Virginia  
 -1925-

Program of Work for Bedford Co.

Mrs. G. B. Flagg Local H. D. Agent.

Organized Adult Work Continued from 1924.

County Advisory Board

President ----- Dr. G. L. A. Pogue ----- Bedford.

Secretary ----- Ch. P. Dyke ----- Gordons.

Community Clubs

<u>Name</u>	<u>Pres.</u>	<u>Address</u>
Altha Gore -----	Mr. John Davis -----	Forest R. 2.
Chestnut Gore -- --	Mr. Carroll -- --	Forest R. 2.
Coleman Falls -- --	J. G. Christian -- --	Coleman Falls R. 1.
Montvale -- -- --	James Seales -- --	Montvale
Whitten Road -- --	Mrs. Lizzie Miller -- --	Lynchburg R. 5.

Organizations and Project Work for 1925

Altha Gore	"	Bedford
Homes to be built... 2		School
Homes to be remodeled... 2		Improvement.
<u>Coleman Falls</u>		
Homes to be white-washed... 3		Whitten Road
Yards to be improved... 3		Homes to be screened... 2

Women's Work for 1925

<u>Name</u>	<u>Pres.</u>	<u>Address</u>
Coleman Falls	Mrs. Nellie Hamlet	Coleman Falls R. 1
Forest	Miss Lucy Ponder	Forest
Ervette-town	Mrs. Sarah Ervette	Forest R. 3
Oak Mountain	Mrs. Sarah Fowler	Ervington R. 2

<u>Coleman Falls</u>	<u>Oak Mountain</u>
Sewing	Sewing
Canning	Schools
Better laundry practices.	Improvement.

<u>Ervette-town</u>	<u>Forest</u>
Sewing	Sewing
Gardening	Poultry

Organized Junior Work Continued from 1924.

Girls' Clubs

<u>Name</u>	<u>Pres.</u>	<u>Address</u>	<u>Leaders</u>
Altha Grove	Theresa M. Daniel	Coffee	1
Bedford	Jacqueline Pogue	Bedford	1
Coleman Falls	Nannie Hale	Coleman Falls R. 1	1
Ervette-town	Mrs. Mary St. Ervette	Forest R. 3	1
Goode	Lindie Duke	Goode	1
Montvale	Bessie Flood	Montvale	1
Oak Mountain	Eula Hicks	Lewry 1	1
Whitton Road	Helena Davis	Forest R. 2	1

\* new club.



Organizations and Project Work for 1925

Altha Grove

Sewing  
Canning  
Bread

Bedford

Bread  
Cooking

Coleman's Falls

Sewing  
Canning

\*Everette town

Sewing

Goode

Room Improvement  
Canning

Montvale

Room  
Improvement.

Oak Mountain

Poultry

Whitten Road

Sewing.

Clubs to be organized

Longwood  
Oak Grove  
Mount Rock

Co. Office Work

County Fair	-----	1
Leaders' Conference	-----	1
Delegates to Hampton Farmers' Conference	-----	2
County Farmers' Conference	-----	1
Advisory Board Meetings	-----	2

Community Work

No. community clubs to be organized	-----	2
" picnics to be held	-----	4
" poultry houses to be remodeled	-----	2
" pure bred cockerels to be placed	-----	1
" community fairs	-----	4

Adult Work

No. leaders to be secured	-----	3
" kitchens to be improved	-----	4
" bed-rooms to be improved	-----	4
" yards to be improved	-----	5

Junior Work

No. girls' clubs to be organized	-----	3
" picnics to be held	-----	2
" rally days	-----	2
" delegates to Short Course	-----	8

- 1924 -

## Progress Report

Work Planned	Work Accomplished
No. poultry houses to be built. -- 2	1 poultry house built.
" " " to be remodeled. -- 2	1 " house remodeled.
Pure bred cockerels to be placed. -- 2	1 cockerel placed.
No. homes to be screened. --- 8	6 homes screened.
" " to be white washed. -- 7	8 homes white-washed.
" " " painted. --- 5	5 homes painted.
" picnic to be built. --- 2	1 picnic built.
" kitchens to be improved. -- 8	6 kitchens improved.
" flocks to be culled. --- 6	3 flocks culled.
" flocks to be treated for lice & mites. --- 6	3 flocks treated for lice and mites.
" delegates to Short Course. -- 14	14 delegates to Short Course
" " to Hampton Conference. -- 1	No. delegates to Hampton Con.
" Co. Farmers' Conference. --- 1	1 Co. Farmers' Conference held.
" picnics. --- 2	1 district picnic held.
" rallies to be held. --- 1	1 rally held.

Summary of activities and  
accomplishments.

- 8 organized Junior Clubs in the Co.  
 145 enrolled members.  
 12 girls entered higher schools this year.  
 105 method & result demonstrations held.  
 \$160.34 raised by club members to  
 purchase material.  
 Exhibits made at County, Lynchburg  
 State and Tidewater Fairs.  
 1 picnic and 1 club rally held.  
 300 people present.  
 114 girls attended State Short Courses.  
 Silver Lining Cup won by Junior Clubs.  
 226 home visits made in conducting  
 extension work.  
 2 1/2 days spent in field.  
 71 " " " " offices.

Community Clubs.

There are 5 organized community clubs actively engaged in community work.

\$300 raised by 3 community clubs to help build a Rosenwald School.

Altha Grove Club painted the school house, white-washed out houses and entertained the Co. Farmers Conference.

Whitten Road Club raised \$60.00 to help build a porch to the school.

Christina Grove Club raised \$50.00 to supplement the teachers salary.

Coleman Falls Club raised \$50.00 to help build a new church.

Montvale Club put in new stone at the school-house.

Food Preservation

There are 3 organized H. D. Clubs with a membership of 30. These workers meet from house to house for demonstration work and discuss the difficulties they have in canning.

1125 qts. of fruits and vegetables canned.

853 qts. jelly and preserves made.

426 qts. pickle made.

575 lbs. fruits and vegetables dried.

Exhibits were made at the State Fair and \$2.25 won in prizes.

Clothing

There are 3 organized adult clothing clubs with a membership of 30. Some of these workers followed the out-line that the Junior Clubs used and completed the first year's sewing. Others felt that they wanted to learn more about children's clothes, especially baby's out-fit. 22 workers completed the year's work. 63 dresses and coats were made. Exhibits were made at the Co. and State Fairs. \$16.50 worth in prizes.

County Iowa.

On July 16, Miss L. A. Jenkins,  
District Agent and Mr. J. B. Pierce,  
Field Agent, visited Bedford Co. and  
made a tour of Altha Gore and  
Whitten Road Communities.

9 homes and farms were visited  
and inspected. The farmers and  
their wives were much pleased  
with these visitors and in  
return received a great deal of  
information concerning their  
crops and homes.



Co. Farmers' Conference

This conference was held at Althea  
Grove Church July 17. About 350  
people were present. The program  
consisted of music by club girls,  
addresses by Mr. J. B. Pierce, Miss  
L. A. Jenkins, Mr. D. B. Clay, Supervisor  
of Forest District and a Rooster  
Crowing and Hen Cackling Contest.  
68 exhibits were made of the  
clothing and canning clubs.

Fairs

A total number of 93 exhibits were made at the following fairs -  
 Community, County, Lynchburg,  
 State and Tidewater.

The 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> prizes offered for 1<sup>st</sup> and 2<sup>nd</sup> years sewing at the state fair were won by Bedford Co. also 1<sup>st</sup> prize for 3<sup>rd</sup> year sewing.  
 \$41.75 won in prizes.

Home Management.

The women are beginning to see the wisdom in purchasing labor saving devices.

6 kitchen cabinets

9 gasoline irons

2 ironing boards have been purchased.

7 homes have installed carbide lights.

Sanitations

Five houses were screened for the first time this year and ten houses followed other methods of controlling flies for the first time.

Summary of activities and  
accomplishments.

3 organized H. D. Clubs.

30 members enrolled.

\$38 raised to purchase material.

Exhibits made at Co. & State Fairs.

\$16.75 won at fairs.

1 club leader attended Boys' and  
Girls' Annual Short Course at Hampton.

5 organized community clubs.

1 Co. Tour made.

1 Co. Farmers' Conference held.