

women attended the class "Getting to Know Your Sewing Machine." They will be used as adult leaders in the sewing project. It is believed that project work in groups will follow in 1962.

B. Uniting Agricultural and Home Economics Work

Again, there is room for growth but some work has been done along this line. Three new committees have been added to the Lunenburg County Board of Agriculture. The committees are: Clothing, Foods and Nutrition, House Furnishings. The home agent feels that there will be progress in this area in 1962.

C. Adult Leadership

Adult 4-H leadership is beginning to grow. Leaders help with special activities (such as camps and achievement day). Adult leaders in the 4-H Community Club are helping, but many leaders are needed.

D. Publicity

Publicity of all club activities has been better this year and in some instances there has been more to publicize. H. D. and 4-H reporters have been actively at work. Leaders have reported some county-wide activities, but much of that has been done by agents. There is room for growth along this line. Training meetings for 4-H reporters and individual training and encouragement for H. D. leaders has boosted this work.

E. Reaching Mothers of Young Children

This is a weakness of the present Extension program. There has been some improvement because of farm and home development work. The agent encouraged club members to distribute information to mothers of young children and this has been done a great deal.

F. Membership Decrease

The Home Demonstration membership has decreased, but the inactive members asked that their names be dropped from the roll. Several new members have replaced the old members, but the Home Demonstration program needs more time spent on organizing new clubs and reaching new people in the county. The Home Demonstration Agent feels if some of the clubs would disband and an unorganized club be formed, the program would be stronger in the Non-Intervention and Bethel Hill section.

were of great value to the clubs in the federation program. Bulletins pertaining to health and family life were distributed as a part of the federation program.

8. County Welfare Officer

The home agents talked briefly about the local welfare program with the welfare officer.

9. Home Economists

The home agents have worked with home economists from power companies on better home lighting, the 4-H Electric project, and home appliances in the local programs. They also attended professional meetings with them. The home agents know home economics teachers through a closer understanding and cooperation could be established. The home agents have talked with graduate home economists living in Lunenburg County.

10. Agricultural Workers

The home agents work with agricultural workers through the County Board of Agriculture and at other times during the year.

C. Professional Improvement

1. In-Service Training

The home agent attended Home Management-Family Housing workshop school, "Getting to Know Your Sewing Machine," Working with Groups workshop, and district meetings.

The home agent attended Institute of Rural Affairs, Annual Extension Conference, and the Town & Country Institute. She attended the NHDAA Convention.

2. Reading

The home agents read several novels and professional magazines.

3. Membership in Professional Organizations

The home agents joined the AHER, VREA, VHDAA, and NHDAA.

VII. The Look Ahead

Areas needing improvement include:

A. Home Economics Project Work 4-H

This was a weak phase of the 1961 program. The home agent planned to do more effective work along this line, but succeeded only in laying the ground-work by training junior leaders, becoming acquainted with parents and club girls, and arousing interest. Four

Red, Frozen Foods; Edwina Gill, Red, Meal Preparation; Betty Jean Alder, White, Meal Preparation; Margaret Berkley, Blue, Electric; Franklin Hiltzheimer, Blue, Electric; David Rash, Blue, Forestry.

After all demonstrations were completed, the judges gave pointers on how to improve each demonstration before the District Contest.

B. Progress in Developing Good Public Relations:

1. General Public

The home agents are active in local church work, have attended many school and community activities throughout the county, and use personal and business opportunities to establish good public relations.

2. Elected Representatives

The home agents know elected representatives personally and through letters. Local and district representatives have been invited to important Extension activities.

3. Commercial Interests

The home agents have used opportunities to become familiar with local commercial interests through professional and personal contacts. The home agents know and endeavor to work with press personnel serving Lunenburg County.

4. Other Professional Workers

School Personnel -

The home agents work with the school superintendent, principals, and teachers in arranging 4-H Club meetings and activities. Classroom teachers serve as club sponsors and leaders.

5. Ministers

Various contacts have made it possible to meet and work with ministers in the county.

6. Medical Personnel

The home agents make an effort to know medical personnel and become acquainted with medical facilities available locally. They have discussed with them to some extent health problems and needs that might be met through Home Demonstration and 4-H Clubs in programs related to health and preventive medical care.

7. County Health Personnel

The home agents have talked with the county nurse, sanitation officers and Lunenburg Health Nurse (and local health program) about services offered by them. The County health offices

B. Story

The Berkley Family and 4-H

Sports, Clubs, hobbies, church, school and community activities are characteristics of the C. M. Berkley family of Victoria. Mr. Berkley is a retired railroad man. He is not working with the Artificial Breeders' Association. He is teaching an adult Sunday School Class, and sings in his church choir.

Mrs. Berkley's favorite hobbies are baking and sewing. In scout work, 4-H and Bible school, she has taught leather crafts, sewing and making stools.

Margaret Berkley, 17, is a seventh year 4-H'er and has already won the district Electric Achievement Record Contest. She has won in bread, clothing, garden, safety, Home Economics, health, leadership, recreation, safety, wildlife, meal preparation, canning, and home grounds beautification in county contest. She has been district winner for the past two years in the electric contest. She gave a demonstration at the Electric Congress this year.

Margaret's parents work very closely with her in her work. This year Margaret made a scale model home in her electric demonstration. She and her parents made the furniture by hand for the house.

Margaret plays for the Kenbridge Methodist Church. She plans to have her own organ and piano recital this spring.

Mrs. Berkley has attended camp as a counselor. Margaret is now conducting a junior electric project group in her home. They meet one time each month. The Berkley's have encouraged club members to complete projects.

VI. A. Special Significant Achievement

County Contest Held for First Time

The Lunenburg County demonstration contest was held in Kenbridge, Virginia, on April 15, 1961 at the Pecht Gas Company. Judges for the event were Miss Bertie Yates, Home Demonstration Agent of Charlotte County, and Mr. McElfresh of VPI.

The following won ribbons: Mary Ann Gill, Blue, Poultry Consumption; Mary Jane Blackburn, Blue, Dairy Foods; Doris Sadler,

V. Leadership

A. Growth of leadership

1. Over-all program leaders

	1959	1960	1961
a. Co. Agricultural Extension Service Board	6	10	10
b. Youth Council			
c. Home Economics Council			

2. Home Demonstration Club Leadership

	1957	1958	1959	1960	1961
No. organizational leaders		41	44	40	41
No. project leaders (subject matter)	101	109	61	82	91
No. Federation program of work chairmen	13	10	11	10	9
No. program development leaders	13	10	10	9	9
No. result demonstrators	1	6	6	0	1
No. training mtgs. by specialists	7	7	3	7	4
No. training mtgs. by dist. agents	0	0	0	0	0
No. training meetings by agents	2	1	2	2	6
No. training meetings by others				1	1
Attendance at all training meetings				112	117
No. meetings held without an agent	110	44	59	83	41
No. meetings leaders assisted	2	10	10	3	2
Demonstration by leaders	133	109	58	87	47
Talks and discussions by leaders	315	130	124	87	93

3. 4-H Club Leadership

	1957	1958	1959	1960	1961
No. club officers	99	102	92	104	102
No. adult project leaders	0	4	4	11	11
No. junior project leaders	4	15	15	23	27
No. result demonstrators	1	4	2	1	0
No. training mtgs. by specialists	0	0	1	0	0
No. training mtgs. by dist. agents	0	0	0	0	0
No. training mtgs. by agent	2	5	12	24	31
No. training mtgs. by members club dept.	1	0	0	1	0
No. training mtgs. by others	0	0	0	3	0
Total attendance at ldr. tr. meetings	18	20	59	123	117
No. 4-H leaders trained individually	3	19	15	12	5
No. club mtgs. held by ldr. without agt.	0	8	16	17	21
No. additional meetings at which leaders assisted	0	20	15	6	7
No. demonstrations given by adult ldrs.	0	0	0	14	2
No. demonstrations given by junior ldrs.	1	31	40	27	41

IV. Scope of Work

A.

	1957	1958	1959	1960	1961
No. H. D. Clubs	12	10	10	9	8
Membership	242	185	187	160	153
No. H. D. Groups (unorganized)					
Membership					
No. 4-H Clubs	16	16	15	15	17
Membership	218	220	228	250	231
No. YMW Clubs					
Membership					
No. Community Clubs		1	1	1	1
Membership					
No. Home Ec. Committees					5
No. General Interest Committees					
No. Youth Committees					
No. Other Organizations					
No. Farm & Home Dev. Families			90	67	67
No. Other Families Reached	125	650	642	100	109
No. Different Families Reached	495	650	702	100	107

B. Increasing the Scope of Work and Informing the Public

The Home Agents worked in the following ways to reach more people and inform the public about Home Demonstration Club work:

1. Announcements, general publicity, and subject matter information on the radio and in newspapers. These have led to some requests from persons not reached before.
2. National Home Demonstration Club Week programs. (see section II. C)
3. Visits made to farm and home development families and 4-H members. Especially when visiting 4-H members, the agents offer help to parents and explain that serving them is a part of Extension work.
4. The South Central Fair offers opportunities to teach and meet more persons.
5. Clubs invite non-members to certain programs and special events. Home Demonstration pin requirements and trophy standards encourage this, also teaching non-club members.

c. Committees were set up to secure speakers and carry forth the plans in each church. The work was done by the committees with some assistance by the agents.

d. The programs were well presented and well received by about three hundred persons.

7. 4-H Club Yearbook

1961 Objectives:

- a. To promote better Club organization.
- b. To have Club members better informed.
- c. To help parents better understand 4-H.

Teaching Methods:

- a. Have Honor Club compile and sponsor Yearbook.
- b. Have Yearbook distributed to members in January.

Results:

- a. The Honor Club compiled a Yearbook which was distributed to Club members, leaders, county and Extension officials.
- b. The Yearbook was compiled nicely and met the goals listed above.

8. 4-H Club Journal

1961 Objectives:

- a. To publicize 4-H work through the press.
- b. To give Honor Club members experience in journalism.
- c. To stimulate leadership among Honor Club members.

Teaching Methods:

- a. To have an Honor Club committee work on the journal.
- b. To publish the journal and distribute to club members and leaders.
- c. To have committee cooperate with representatives of the local paper.

Results:

- a. A committee of Honor Club members formed the staff of the Lunenburg 4-H Journal.
- b. The staff met with the agents for training and to plan the Journal.
- c. The staff planned the articles, sold ads, and compiled the paper. All Honor Club members took part in writing the articles and assembling the material.
- d. The agents advised the club members on all the phases of the project.
- e. The Journal was distributed to all club members, leaders and to all who subscribe to the Kenbridge-Victoria Dispatch, local paper.

5. Share-The-Fun

1961 Objectives:

- a. To recognize outstanding talent.
- b. To encourage the development of talents.
- c. To share talents with others.

Teaching Methods:

- a. Have County Council sponsor County Share-the-Fun Contest in March.
- b. Have each junior club enter one number.
- c. Have senior clubs enter several numbers.
- d. Have senior winners participate in talent program at Short Course.
- e. Publicize contests through press, radio, letters, and meetings.

Results:

- a. A Share-the-Fun program was held in Victoria in March, 1961, with 153 4-H Club members participating in the program. There was a junior and a senior division.
- b. The senior first place winner participated in the State Contest.
- c. The County Contest was well attended by parents and friends of 4-H members.

6. Rural Life Sunday

1961 Objectives:

- a. To emphasize the Heart "H" to Club members.
- b. To inform the public of this phase of Club work.
- c. To have Rural Life Sunday Services reach a larger number of club members.

Teaching Methods:

- a. Plan with County Council for County and community observance.
- b. Enlist the cooperation of ministers.
- c. Publicize program through radio, press, letters, and meetings.

Results:

- a. County observances were planned by a committee of the County Council. Services were held in two local churches.
- b. Club members participated in the program by singing, ushering, reading scripture, sitting together as a group, and reading a suitable piece on Rural Life Sunday.

Teaching Methods:

- a. Give publicity to 4-H work through press and radio.
- b. Have each senior club make a 4-H display.
- c. Have special 4-H section in local newspaper.

Results:

- a. Senior 4-H members exhibited posters and displays in Kenbridge and Victoria.
- b. The Honor Club published a special edition of the county paper to publicize 4-H work.
- c. Special news articles were run in the regular editions to the local paper.

4. Club Contests

1961 Objectives:

- a. To develop skills to a finer degree.
- b. To develop standards for achievements through competition.
- c. To develop wholesome attitudes by competing contests.

Teaching Methods:

- a. Help members keep and submit records of work done.
- b. Help club members learn to give demonstrations.
- c. Have Honor Club sponsor County Contests.
- d. To have 4-H'ers participate in county and district contests.

Results:

- a. Members were assisted in keeping good records. Junior leaders assisted in helping younger members.
- b. Four dairy club members participated in district Dairy Judging Contest. The team won second place.
- c. One of our older 4-H members won in County Tractor Drivers Contest. He took fifth place in the District Contest.
- d. Eight livestock club members were given training in Livestock Judging. In district competition this team placed third.
- e. Two poultry club members competed in district competition in egg grading. They placed first in the contest.
- f. One club member participated in the district poultry consumption contest winning second place.
- g. One club member participated in the District dress revue contest.
- h. A demonstration was given in Forestry at District Contest.
- i. All contests were well publicized.
- j. One club member participated in district public speaking.

e. Eight girls and eight boys attended Short Course at VPI. Bonnie Nelson, Victoria, ran for second vice-president of the 1962 Short Course, but was not elected.

f. Agents arranged transportation to Camp Farrar, and Holiday Lake, by county school bus and to Short Course on a chartered bus.

g. Twelve Honor Club members and All Stars attended a recreational and inspirational week-end camp in August at Holiday Lake 4-H Camp. The weekend activities brought the members closer together in fellowship and understanding.

h. Fifteen attended the All Star Recognition Banquet held in July at Holiday Lake 4-H Camp. Eight All Stars stayed for the weekend camp.

i. One leader attended the Leaders' Conference at Natural Bridge, Virginia.

2. Achievement Day

1961 Objectives:

- a. To evaluate club work for the year.
- b. To recognize outstanding work.
- c. To publicly present medals and awards.

Teaching Methods:

- a. Plan program carefully with County Council.
- b. Give advance publicity through radio, newspaper, letters and meetings.
- c. Have county Achievement program in November.
- d. Have more club members participate on the program.
- e. Tell the story of club work in an interesting way.

Results:

- a. The 4-H Achievement Day program was held at night in Victoria High School. The program was planned by the County Council.
- b. County winners received awards in achievement, home grounds beautification, boys' agricultural program, bread, canning, citizenship, clothing, dairy, electric, entomology, field crops, meal preparation, forestry, frozen foods, home economics program, room improvement, laundry, leadership, poultry, recreation, safety, swine, tractor, and dress review.

3. National 4-H Club Week

1961 Objectives:

- a. To acquaint the public with 4-H work.
- b. To stimulate interest in the 4-H program.
- c. To have more members participate in activities.

Two of the girls won first place as district winners in demonstrations. They attended Short Course.

Bonnie Nelson and Suellen Clarke participated in Share-the-Fun.

Bonnie Nelson won a trip to National Club Congress on Achievement record book in Health.

Lucy Hawthorne won a trip to National Club Congress on Achievement record book in Home Improvement.

C. 4-H Activities

1. Summer Camps and Short Course

- a. To fill county quota to attend District Camp and Short Course.
- b. To have more members who have not been to camp participate in this activity.
- c. To help develop 4-H members both physically and emotionally through participation in camp activities.
- d. To stimulate greater interest in camp throughout the county.
- e. To have each senior club represented at Short Course, and senior camp.
- f. To stimulate leadership and fellowship through camp experiences for Honor Club members and All Stars.

Teaching Methods:

- a. Give advance publicity to these events at club meetings in April and through press and radio.
- b. Encourage club members who have attended these events to share their experiences with other members.
- c. Have Home Demonstration Clubs encourage camp activities and provide financial assistance.
- d. Hold a week-end Honor Club - All Star camp.
- e. Arrange a camp program to include both recreational and educational activities.

Results:

- a. The Lunenburg County quota was filled at 4-H Camp Farrar. Each community in the county was represented.
- b. Twenty-three 4-H members attended Holiday Lake. This was the overflow from Camp Farrar.
- c. Thirty-one boys and girls attended district camp for the first time.
- d. Interest in camp was strong.

In Kenbridge, Mary Ann Gill and Doris Sadler worked with a group of sixth and seventh grade girls. Clare Garden, and Mary Jane Blackburn worked with a group of fifth grade girls.

In the Victoria clubs, the Home Agent worked with the fifth, sixth and seventh grade in meal preparation.

4. Your Room

1961 Objectives:

- a. How to make a bed and dustless dust cloth properly.
- b. How to keep top of dresser and drawer storage space orderly by providing partitions for the dresser drawers.
- c. How to arrange their furniture properly for comfort and ease in caring for their rooms.
- d. How to select a good study lamp.
- e. How to make three simple flower arrangements and select the proper containers for the arrangement.
- f. How to equip a cleaning basket for greater ease in caring for their rooms.
- g. How to keep proper records.
- h. The importance of neat, attractive rooms and how to accomplish this.

Teaching Methods:

- a. Individual training meetings by Home Agent.
- b. Method demonstration on each topic was given at each meeting of junior leader and agent.
- c. Telephone, home visits and bulletins by Home Agent and junior leader.

Results:

- a. This year Lucy Hawthorne worked with 4-H members in Your Room Project. Lucy helped the project group with fair exhibits. Thirteen club members completed their projects in Your Room.

5. Miscellaneous

The following girls participated in County Contest: Edwina Gill, Meal Preparation; Mary Ann Gill, Poultry Consumption; Doris Sadler, Freezing; Margaret Berkley, Electric; Ann Yount, Dress Revue; Mary Jane Blackburn, Dairy Foods; and Betty Jean Alder, Meal Preparation.

The following girls participated in District Contest: Mary Ann Gill, Poultry Consumption; Doris Sadler, Freezing; Margaret Berkley, Electric; Ann Yount, Dress Revue; Mary Jane Blackburn, Dairy Foods.

Teaching Methods:

Demonstrations:

- November - Safety with Firearms
- December - Traffic Code and Responsibility as a Driver
- January - Highway Safety
- February - Owner's Manual
- March - Car Keeping
- April - Car Cost and Keeping Records
- May - Pedestrian Safety and Bicycle Safety

Results:

- a. All meetings were carried out as scheduled.
- b. All demonstrations and programs were carried out very effectively by the agents and leaders.

3. Meal Preparation

1961 Objectives:

- a. How to set a table correctly.
- b. How and why to serve nutritious and attractive refreshments.
- c. Basic rules for menu planning.
- d. Why and how to plan and serve better breakfasts.
- e. How to vary and prepare nutritious and attractively packed lunches.
- f. Table manners.
- g. What and how salads add to a meal.
- h. Proper way to buy and cook canned, frozen and fresh vegetables.
- i. Basic four groups.
- j. Basic fundamentals of cooking.
- k. How to assemble and keep complete up to date records.

Teaching Methods:

- a. Individual and leader training meetings by agent.
- b. Method demonstration on each topic was given at each meeting by Home Agent or junior leaders.
- c. Telephone, home visits and bulletins by Home Agent.

Results:

- a. Four senior 4-H girls in Lunenburg County, for the second time, conducted a class to help younger 4-H girls in their projects. These classes were conducted as part of the junior leadership program in the county.

B. 4-H Projects

1. Forestry Appreciation - Junior county-wide project

1961 Objectives:

- a. Learn what a forest is, why forests are important.
- b. Learn to name some forest trees by sight.
- c. Learn to tell the difference in a forest tree and tree growing in yard.
- d. Collect leaves and mount them in a notebook or to make leaf prints. Label each leaf.
- e. Exhibit leaf collection.
- f. Learn some wood and wood products and the value of forests to man.
- g. Learn some enemies of the forest.

Teaching Methods:

Demonstrations:

- November - Filmstrip and Introduction to Forestry.
- December - How a Tree Grows, Safety with Christmas Greenery.
- January - Wood and Wood Products
- February - Value of Forests to Man
- March - Enemies of Forests
- April - Leaf Prints
- May - Tree Identification Contest

Results:

- a. All monthly meetings were held on schedule.
- b. All monthly programs and demonstrations were given good response by the individual club members.
- c. The local newspapers carried articles several times concerning the project.
- d. The records were collected in May and September.

2. Safety - Senior county-wide project

1961 Objectives:

- a. Learn to keep records of, care and upkeep of a car.
- b. Study the owner's manual.
- c. Learn pedestrian safety and bicycle safety rules.
- d. Learn traffic code and responsibility as a driver.
- e. Learn how to handle firearms safely.
- f. Learn to recognize and correct safety hazards wherever they may be.

3. 4-H Honor Club

The Honor Club is composed of 29 outstanding 4-H Club members. This group meets ten times a year. The Honor Club stimulates club work for the individual members and gives them an opportunity to enjoy fellowship together. Many opportunities for developing leadership are provided. Outstanding contributions are junior leadership, compiling a yearbook, and compiling a special edition of the local newspaper for National 4-H Club Week.

Monthly Program:

- November, 1960 - Plan for Achievement Day, Select new members
- December, 1960 - 4-H Yearbook, Recreational meeting
- January, 1961 - Introduce New Members
- February, 1961 - 4-H Journal
- March, 1961 - 4-H Journal
- April, 1961 - District Contests
- May, 1961 - Planning Summer Activities
- July, 1961 - Honor Club Camp
- October, 1961 - Organization, Planning Year's Program

1961 Objectives:

- a. To learn more about parliamentary procedure.
- b. To invite the outstanding 4-H Club members who are eligible to join Honor Club.
- c. To compile and sponsor a county 4-H Yearbook.
- d. To compile a special edition of the county paper in celebration of National 4-H Club Week.
- e. To hold a Week-end 4-H Honor Club Camp.
- f. To serve as junior leaders in the 4-H Club program.

Results:

- a. Three girls and three boys were taken into Honor Club in 1961.
- b. The Honor Club compiled an excellent county 4-H Club Yearbook. (see activities)
- c. The special edition of the paper was compiled and published. (see activities)
- d. The Honor Club members are taking the "Junior Leadership Project." They turned in completed junior leadership record books this year. Most of them at least completed the basic requirements to have a completed leadership project.
- e. The Honor Club week-end camp was held August 4-5, 1961.

- d. 4-H Achievement Day program was held in November.
- e. Assisted with distribution of county 4-H Yearbook.
(see activities)
- f. Officer training meeting held in September.
- g. Sponsored project contest in the junior club and provided \$14.50 for awards.
- h. Contributed \$8.50 to the senior clubs to help pay for recognition in school annuals.
- i. The president and vice president of County Council attended the County Board of Agriculture meetings and reported on the 4-H Club program.

2. 4-H All Stars

The Lunenburg County All Stars met three times during the year. All Stars are active members of this group. Big Chief, Lesser Chief, Scribe, and Medicine Man are elected from the group.

The All Stars will help in planning and developing the 4-H program. Outstanding contributions include leading 4-H projects and promoting 4-H events.

1961 Objectives:

- a. To carry on the 4-H Tractor Maintenance Project in the county with a minimum of assistance from the County Extension workers.
- b. To assist 4-H Club members in their respective communities with their 4-H project work.
- c. To promote 4-H member participation in contests.
- d. Select the county candidates for All Stars.

Results:

- a. Most of the active All Stars in the county are also Honor Club members. Some of them serve as leaders for the Honor Club. Others are regular Honor Club members, but do not hold offices or take the prime positions of leadership in the organization.
- b. The All Stars did an outstanding job in teaching the classes in the Tractor Maintenance Project. Their effective leadership is reflected in the better quality work done and in the excellent project completion. The All Stars planned and helped carry on the Tractor program.
- c. All Stars nominated Rosa Lee Bishop, Margaret Berkley, Alvin Austin, and Henry Clay Nelson, Jr. for membership into the Virginia Chapter of 4-H All Stars. Rosa Lee, Margaret and Alvin were tapped at the 1961 4-H Short Course.
- d. The county All Stars and parents attended the District Recognition Banquet at Holiday Lake.

(Included are presidents, vice-presidents, secretaries, treasurers, reporters, and song leaders.) Officers of the Council are elected from the membership of the group. The Council will meet three times during the year as follows:

January: Plan 1961 Program, Elect Officers
 April: Plan for certain activities to take place in the spring and summer.
 September: Receive training in conducting meetings. Plan for Achievement Program.

1961 Objectives:

- a. Sponsor a county Share-the-Fun Contest in March. The Share-the-Fun Contest is a contest in which 4-H members display their talents.
- b. Observe Rural Life Sunday. Rural Life Sunday is a time when 4-H members attend church together and assist in the service. 4-H Club work is recognized.
- c. Sponsor 4-H Club Year pins for all 4-H members who completed their county projects.
- d. The County Council sponsors the 4-H Achievement Day Program, at which time outstanding 4-H members, leaders and sponsors are recognized. Appropriate awards are given.
- e. Assist 4-H Honor Club with the county 4-H Yearbook, by distributing yearbook to members, leaders and parents.
- f. Cooperate with other counties participating in International Farm Youth Exchange Program by contributing \$5 which helps send an IFYE to a foreign country.
- g. To buy at least one 4-H Club welcome sign to be placed on a road leading into Lunenburg County.
- h. To sponsor a county-wide project contest in the 5th, 6th, and 7th grade 4-H Clubs. Awards of \$7.50, \$5, and \$3 to the winning clubs.
 1. To have each club represented at District Camp.
 - j. To contribute a maximum of \$8.50 to the senior Clubs to help pay for a page in the annuals at Kenbridge and Victoria High Schools.
- k. To hold officer training meeting for 4-H Club officers in October.

Results:

- a. 4-H Share-the-Fun Contest was held on April 14, 1961. (see activities)
- b. Rural Life Sunday was observed on May 27, June 10, in different areas of the county. (see activities)
- c. 4-H Club year pins were bought for members who completed their projects. (see activities)

The Assistant Agent has worked with this family in helping them to understand specific needs, comfort, convenience, and utility that would be desirable for this family. Construction materials, price ranges, advantages and disadvantages were weighed carefully and thoroughly with the family

The Assistant Home Demonstration Agent worked with this family on hardwood floor finishes, electrical outlets and spacing them in all rooms, proper lighting and color scheme. The original kitchen plan was inconvenient and at the homemaker's request, the Assistant Agent drew an alternate kitchen plan which was accepted.

The family has requested Extension help in landscaping the grounds next spring.

III. County Extension Program - Youth

4-H Club

Situation:

The 4-H Club program in Lunenburg County was carried out in sixteen organized clubs, thirteen of which were held in school, and three senior clubs on a community basis. In the two high schools a club was organized in each section of the 5th, 6th, and 7th grades. The agents and leaders meet each of the sixteen organized clubs monthly to conduct the business and project work. In the one elementary school, we have an organized club for the 5th, 6th, and 7th grades. The total enrollment in Lunenburg County is 231 girls and 210 boys.

There are 1430 boys and girls between the ages of 10 - 21 in the county. The average age of 4-H members is about 13 with an average tenure of about three years.

The County Council, Honor Club and All Star organizations are used to plan all phases of the 4-H Club program. All junior 4-H members are required to carry the junior county-wide project and all senior 4-H'ers are required to carry the senior project. The Council selects several junior and senior county-wide projects; then the entire club membership selects the county-wide project on a junior basis. Club members with proper facilities have the opportunity to carry on other projects as in Agronomy, Livestock, Dairy, Clothing, Food, Home Improvement, etc.

A. Organizations

1. 4-H County Council

The Lunenburg County 4-H Council is composed of the officers of all 4-H Clubs in the county and the 4-H Honor Club.

c. Individual help has been given to families concerning yard lighting and study centers.

9. Judging by Leaders at Special Events

Mrs. C. M. Berkley of Victoria helped judge at the five-county fair in Farmville. She worked with the dress revue.

D. There are no urban families in Lunenburg County.

E. Farm and Home Management

The Assistant Home Demonstration Agent began the year with sixty-one families, has contacted 36 families, and has worked intensively with three of these families.

Listed below are problems most often encountered and type assistance rendered:

1. As in last year's report, housing, house furnishings, and equipment problems are ones most requested. The Assistant Agent has worked with these families in helping them to understand basic principles involved in remodeled homes, in selecting furnishing and equipment which meet family needs, comfort, convenience and utility. Bulletins from Extension Service, USDA publications, and home magazines have been distributed in an effort to help the families solve their problems.

2. Foods and nutrition continues to be a problem particularly in those areas where poor nutrition exists such as in teenagers and the overweight. These problems are being met by helping the homemakers understand good nutrition and its importance to health. A class has been conducted in Weight Control with good attendance and completion. The class now meets the third Monday night in each month. Discussions during home visits and bulletins covering these topics have been used by the Assistant Agent and Home Demonstration Agent in this respect.

Progress of One Family

The James Eggleston family consists of the parents. They are engaged primarily in tobacco farming and as in most families in the county, the entire family works with the tobacco crop.

The Assistant Agent has worked with this family for several months mostly in remodeling plans. She has been assisted with remodeling plans from every angle. Alternative plans with advantages and disadvantages have been presented to her.

Achievement Day Program. The program was well planned by a county committee. Mrs. Mary Armistead Milton, IFYE to Belgium, and Mr. J. A. Reynolds, Associate State 4-H Club Agent, spoke on the IFYE program. Approximately 133 persons attended.

- b. Publicity was good. It was handled by leaders in cooperation with the Home Agent.
- c. The County Chairman reported on Home Demonstration Club work in the county.
- d. Lochleven Home Demonstration Club received the trophy. Dundas and Kenbridge Clubs took second and third places.
- e. Thirty-eight reading certificates were presented.
- f. Club reports were given in the form of scrapbooks which were on display.

- 6. Home Demonstration Club Year Pins
Thirty-six members received year pins.

- 7. Fair
Five clubs exhibited at the South Central Fair in Chase City, Mecklenburg County. Six clubs sponsored contestants in the Fair beauty contest.

- 8. Lighting Tour
Objectives
 - a. To show and explain proper lighting in one or more rooms.
 - b. To show improved lighting in as many homes as possible.
 - c. Create interest among more families for improved lighting.

Plans

- a. Work with Lighting Committee and local power suppliers in learning what proper lighting is.
- b. Contact all communities in county in effort to have as many homes open as possible for tours.
- c. Have the home lighting tour with the farm tour.

Results

- a. Home Demonstration Agent has worked with twenty families in selecting lamps. Twenty-seven approved lamps were purchased by these families. Four lamp workshops have been conducted. A total of sixty-nine lamps were wired and twenty-nine of these lamps were approved lamps. The remainder were decorative lamps.
- b. One new home has been wired according to specifications. Several families have received help in rewiring homes that are being remodelled.

Plans

- a. Members will be notified about District meeting.

Results

- a. Fifty-one members attended the District H. D. meeting held at Blackstone Methodist Assembly Center in Nottoway County.
- b. Lunenburg Home Demonstration Clubs contributed \$46.62 to pennies for friendship.

4. Institute of Rural Affairs

Objectives

- a. Stimulate greater interest in club work.
- b. Have each club represented at Institute.

Plans

- a. Notify Clubs and club members of Institute through press and meetings.
- b. Encourage clubs to send delegates, paying part expense if possible.
- c. Have club members attending report later at club meetings.

Results

- a. The Institute of Rural Affairs was well publicized through the press and meetings.
- b. Club members were encouraged to attend at meetings, through visits and phone calls, and club funds were provided to pay or defray expenses of delegates.
- c. Four club members and the Home Demonstration Agent attended the Institute. Press releases on the Institute were followed with interest.

5. Achievement Day Program

Objectives

- a. To evaluate club work for the year.
- b. To publicly recognize outstanding Home Demonstration Club work.
- c. To present year pins, reading certificates to club members.

Plans

- a. To have each club president submit a record of accomplishments for members in October.
- b. County Chairman will appoint committee to plan program.
- c. Publicize program through radio, press, letters and meetings.
- d. Recognize outstanding club with trophy.

Results

- a. The Home Demonstration Achievement program was held November 14 in Victoria High School auditorium with the 4-H

C. Activities

1. County Objectives

- a. Increase club membership.
- b. Support 4-H Club work.

Results

- a. Women were encouraged to join Home Demonstration Clubs by the Home Demonstration and Assistant Home Demonstration Agents through informal visits and publicity.
- b. One club of nine members disbanded for the current year. Five of the members joined a club in the next community. Several members left the county, some newcomers joined the club.

2. National Home Demonstration Week

Objectives

- a. Have each club participate in National Home Demonstration Club Week.
- b. Inform the general public of Home Demonstration Club activities.
- c. Stimulate greater interest in Home Demonstration Club work.

Plans

- a. County Home Demonstration Chairman will write articles to appear in three local newspapers explaining Extension work through Home Demonstration Clubs and its purpose.
- b. Circular letters will be mailed to non-club members informing them of National Home Demonstration Week in an effort to reach more people and to explain Extension work.
- c. Each club will have a part in planning the Family Night program.
- d. Each club will be able to participate in the program.

Results

- a. The County Chairman wrote an interesting article on Home Demonstration Clubs and the county program for the year.
- b. The observance of National Home Demonstration Week was held in Victoria High School cafeteria with good attendance. The program was planned and carried out very effectively. The agent thinks the family night will be made an annual observance of National Home Demonstration Week.

3. District Home Demonstration Meeting

Objectives

- a. Have club members attend district meeting.
- b. Take part on the program as requested.
- c. Cooperate with Powhatan County and District officers. Powhatan was host county.

- c. To determine how the ground area is to be used.
- d. Locate the areas on the map.

Plans

a. Mr. Paul Smeal, VPI Horticulturist, conducted a leader training meeting. He demonstrated how to make a landscape plan including all the areas in the plan.

Results

a. Leaders gave out material and gave a talk on making a landscape plan. Leaders used a set of slides to illustrate a correct plan. Eleven families have been assisted in complete landscaping plans.

6. Health

Health was chosen as the Federation Program of Work for 1961. The following Program of Work was set up by a committee appointed by the county chairman:

December: Hospital Service - Explanation of Program for the year.
 January: Stress importance of mass chest X-Ray and Distribute Literature.
 February: Canvass Individual Community for Mass Chest X-Ray.
 March: Stress Physical Check-up.
 April: First Aid Kit in the Home.
 May: Stress Blood Type.
 June: Allergies.
 July: Club Choice.
 August: Arthritis.
 September: Diabetics.
 October: Rheumatic Fever.
 November: Congential Heart.

Mrs. Hallie Coffey, then County leader for Federation Program of Work, set up the following plans for carrying out the program:

- a. Have ten minute discussion of topic listed each month.
- b. Stress Health

Results

a. Favors or refreshments were made and sent by club members to neighboring hospitals and nursing homes for December and again in November, 1961.

Results

a. The demonstrations were well received by the members. Members learned they could keep records for filing income tax. The Home Demonstration Agent feels this training will be most beneficial to the homemaker, since many women needed to know how to keep the farm records. Extension bulletin, "This is How We Get Our Income," and USDA bulletin, "Family Record Book," were distributed to all members. Mr. W. J. Nuckolls, specialist, conducted two county-wide meetings; twenty-one women attended.

The Home Demonstration Agent set up an exhibit of the different types of soaps and detergents. Bulletins were distributed to all members.

3. Clothing

Objectives

a. To have homemakers alter a pattern to fit body measurements.

Plans

a. Leaders will be trained by specialist.

Results

a. At random evaluation by the Home Demonstration Agent, it showed that the homemaker is making muslin garments to determine alterations. They are able to take body measurements accurately and adjust muslin to fit.

4. House Furnishing

Objectives

a. Homemakers be able to care for small electrical appliances.

Plans

a. Mrs. Anne McGowan, Home Economist from REA, conducted leader training meeting. She demonstrated how to clean a lot of the small electrical appliances and make simple repairs.

Results

a. The demonstrations were well received by the members. Members learned they could make the simple repairs on electrical appliances. Homemakers learned how to care for small electrical appliances.

5. Home Grounds Beautification

Objectives

- a. To learn advantages of a landscape plan.
- b. To make a landscape plan.

Plans

a. Leaders trained by specialist, Mrs. Mary Thompson, will give method demonstration at club meetings on "Homemade Mixes," and "Freezing Ready to Serve Foods." Leaders trained by Home Demonstration Agent, Miss Slate, will give method demonstration at club meetings on "Party Foods, Cooking to Save Food Value, New Breakfast Ideas, and Low Calorie Meals."

b. Distribute recipes on buffet and luncheon menus.

Results

a. This demonstration was greeted with great enthusiasm by club members. A questionnaire sent out by the Home Demonstration Agents reveals that Homemade Mix recipes were given to 129 non-club members. A total of 73 club members reported they have used the master-mix one or more times. The club members reported 92 non-club members were given recipes for frozen ready-to-serve foods. A total of 73 club members reported they have used the frozen ready-to-serve foods one or more times. The Club members reported 72 non-club members were given recipes for new breakfast ideas. A total of 103 club members reported they have used the new breakfast idea. The Club members reported 52 non-club members were given recipes for cooking to save food value. A total of 92 club members reported they have used the recipes for cooking to save food value. The Club members reported 37 non-club members were given recipes for Low Calorie Meals. A total of 60 club members reported they have used the recipes for low calorie meals.

2. Home Management

Objectives

- a. Understand how to keep records for filing income tax.
- b. To understand how to keep family records.
- c. To keep family record book.
- d. Learn what we must set aside for fixed expenses.
- e. Learn to buy the type of laundry supplies and household cleaners that will give the desired results at the lowest cost.
- f. Learn to understand advertisements of these products and recognize what they mean.
- g. What to buy.
- h. Where to buy.
- i. How much to buy.
- j. When to buy.
- k. Read the label before buying.

Plans

a. Home Demonstration Agent trained by Mrs. O'Brien, specialist. Leaders trained by Miss Slate, will give method demonstration in club meetings. Leaflets and bulletins were distributed.

The March meeting in 1961 was devoted to reports from chairmen of the above named committees, of the 4-H County Council and Home Demonstration County Committee as to the work done in committees and plans made by them.

2. Lunenburg County Home Demonstration Club Committee
Composition

The Lunenburg County Home Demonstration Club Committee is composed of the county officers and leaders, club presidents, and program development leaders. The county leaders include chairman, vice-chairman, secretary, treasurer, federation program of work leader, program development leader, home management leader, food leader, clothing leader, and home furnishing leader. The first four are organizational leaders, the second two leaders are chosen according to the project work in the program for that year. The project leaders make arrangements for leader training meetings and obtain supplies for them.

The executive committee met in January to become familiar with the work and organization of the county committee. The county committee met in February to plan activities for the year, in the summer to plan the program for 1961, and in the fall to formulate plans for the coming year, plan for the yearbook and achievement day. Activities of the Home Demonstration Committee are described in II C.

3. Lighting Committee

A lighting Committee, appointed by the county chairman, organized in 1959 and met with the home agents and power company home economists in March and November to study lighting, discuss possibilities of promoting better lighting, and plan for improvement. Results are reported in the section on subject matter.

B. Subject Matter and Special Interest Areas

1. Foods

Objectives

To help homemakers:

- a. Plan and prepare meals from the freezer.
- b. Learn new and interesting ideas for nutritional snacks and club refreshments.
- c. Learn new ways to use the freezer to save time in food preparation.
- d. Learn nutritional food facts.
- e. Plan and prepare home-made mixes.
- f. To understand and control snacking.
- g. To make snacks count nutritionally.
- h. To use foods from basic food groups for snacks instead of concentrated sweets.

The people are cooperative and public spirited. When the need for doing a job has been established, the people will work long and hard to accomplish it. Interest in developing a more effective Extension program is strong and growing.

Four doctors and two dentists have offices within the county. Our people are also served by medical personnel in South Hill, Farmville, Keysville, Chase City, Petersburg, and Richmond. The nearest hospital is in South Hill, twenty-two miles from the center of the county. Hospitals in Farmville, Petersburg, and Richmond also offer medical care to Lunenburg citizens.

II. County Extension Program - Adult

A. Overall Program

1. Lunenburg County Board of Agriculture

The Lunenburg County Board of Agriculture is composed of three men and one woman from each of seven magisterial districts, four business men from the two towns, the County Extension Agents, the chairman of the Home Demonstration Club County Committee, County Foresters, Superintendent of Schools, ASCS Office Manager, SCS Technician, FHA Supervisor, Agricultural Instructor, and the president and secretary of 4-H County Council. Members named by the directors and approved by the group, serve a term of four years on a rotation system with one-fourth of them starting their terms each winter. The chairman, vice-chairman and secretary are elected for one-year terms of office.

Two membership dinner meetings are held annually in March and November. Executive committee meetings are held prior to membership meetings to plan for them, and to thrash out details in order to shorten the time of the regular meetings.

Visitors are invited to the fall meeting so that more county people will be familiar with the work of the Board.

Committees on agronomy, livestock and poultry, dairy, forestry, soil and water conservation, farm and home management, and farm and home lighting functioned this year. These committees were composed of members of the Board and a few other key leaders, including local power suppliers, home economists and engineers. Extension agents met with the committees, presented facts that pointed out problems in the county, worked with the committee in selecting objectives and goals to be worked toward in a long range program and during 1961. These plans and results are reported in detail elsewhere in the county agent's and home agent's narrative report.

I. The County Situation

Lunenburg County is located in the Southern Piedmont Section of Virginia. It is 430 square miles in size. The county is rural, having two small towns, Kenbridge (population 1181) and Victoria (population 1737). The nearest town, Petersburg, is fifty-five miles away. Telephone service reaches about 333 families and has improved a great deal in the past few years. More improvements are underway at the present time.

The total population has a racial division of 7926 white and 6190 negro people. There are 8981 persons who live on 1846 farms. The farms average 96 acres in size and are valued at \$5,686 each. The majority of these farms seek off-farm employment. A large percentage of young people leave to work in cities where there are more opportunities for employment.

Agriculture is the principal source of income with flue-cured tobacco being the principal crop. Tobacco quotas have fluctuated from 7000 acres for the county in 1945 to 4546 in 1959. Over 200,000 acres in commercial and farm forests make a large contribution to county income. There have been recent increases in dairy and beef herds.

With decreasing tobacco allotments, industry has become more important. The shoe factory in Victoria employs approximately 150 part-time. The tobacco plant in Kenbridge employs about 200 women from September until December and during 1960 a cigar wrapping plant has gone into operation employing 75 persons.

A \$325,000 water system for Kenbridge was completed and began operations at the beginning of 1960. Civic and industrial groups worked toward securing more industry for the county and have succeeded in getting a furniture factory just outside Kenbridge which will afford employment for 250 persons. In addition the county has a small hosiery mill and button factory.

Organizations in the county include the following clubs: two Lions, one Rotary, four Kuritan, three Women's and nine Garden. There is a Farm Bureau, Farmers' Union, two Chambers of Commerce, several Boy Scout and Girl Scout Troops, two high schools and three grade schools. These, plus the churches and Extension service organizations provide most of the entertainment and recreation for the county. There is one industry supported recreation park in Victoria, a theater in Kenbridge and one drive-in theater.

Several churches are built or improved.

OUTSTANDING CONTRIBUTIONS

1. Since the Home Agent was appointed to her position in Lunenburg September 15, 1960, she feels that becoming acquainted with Club members and the general public and establishing good public relations was the most important phase of her work. She set the goal of visiting all Club members at least once during the first year. To date, she has visited only forty-one percent of the Home Demonstration Club members and twenty-nine percent of the 4-H members. Of course, county and club leaders and those requesting special attention have been visited a number of times. The Home Agent has also made a special effort to meet county officials, members of the Board of Supervisors, ministers, school personnel, business people, civic leaders, and leaders in agriculture and home economics. She has not fully accomplished this goal, but has used many opportunities and planned activities to do so. The Home Agent has planned many club meetings in order to become better acquainted.

2. There has been an outstanding improvement in the 4-H Club work. This has been especially true both in the quality and the quantity of work among the senior club members. Information contained elsewhere in this report verifies this fact. There has been a tremendous growth in leadership among the members. The agents feel, too, that the club work has received outstanding recognition by the public.

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ANNUAL NARRATIVE REPORT

COUNTY
EXTENSION
WORK

FILED

Virginia Agricultural Extension Service

F. JANE SLATE

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HOME DEMONSTRATION **Agent**

Title

AVOY S. GLOVER

Assistant Agent

Assistant Agent

Assistant Agent



1961

LUNENBURG
County